

AFTERSCHOOL CARE SNACK SERVICE NATIONAL SCHOOL LUNCH PROGRAM FACT SHEET

Reimbursement for snacks served in afterschool care programs that serve children through the age of 18 is now available. The intent of this option is to assist schools to operate organized programs of care which include educational or enrichment activities to help reduce or prevent children's involvement in juvenile crime or other high-risk behavior.

Program Requirements

To be eligible for reimbursement under the National School Lunch Program (NSLP), afterschool care programs that serve snacks must:

1. Be operated by a school food authority that participates in the NSLP. The school food authority must retain financial, administrative, and management responsibility of the afterschool care program.
2. Provide organized, supervised, and structured activities that are designed with the purpose of caring for children in afterschool settings.
3. Include educational or enrichment activities for children. Athletic teams do not qualify for the afterschool care snack service.
4. Serve all children.
5. Operate only after the school day has ended. Snacks cannot be reimbursed in programs operated before or during the child's school day.
6. Operate only when school is in session. Snacks are not reimbursable on weekends, holidays, or school vacations.

The school food authority must review each afterschool care program two times per year. The school food authority must make the first review during the first four weeks that the after-school care program is in operation each school year.

Reimbursement

Under this provision, schools may claim reimbursement for one snack per child per day.

There are two methods of reimbursement:

1. **Area Eligibility Sites.** At sites served by a school in which at least 50 percent of the enrolled children are eligible for free and reduced-price meal benefits, all snacks are claimed at the free rate. All children are served free at this site regardless of the individual child's eligibility. Snacks for area eligible sites must be claimed on line 14 of the Child Nutrition Programs Claim for Reimbursement.

2. **Non-area Eligibility Sites.** Sites which are not served by a school with at least 50 percent of the enrolled children eligible for free and reduced-price meal benefits must claim snacks based on income category (free, reduced-price, paid) of the enrolled children. Snacks for non-area eligible sites must be claimed on lines 15, 16, or 17 of the Child Nutrition Programs Claim for Reimbursement.

Under no circumstances can children be charged for snacks claimed at the free rate of reimbursement. The maximum charge for a reduced-price snack is \$.15.

Eligible Children

Children are eligible to participate through the age of 18. If a student's 19th birthday occurs during the school year, reimbursement may be claimed for snacks served to that student during the remainder of the school year.

Snacks served to individuals, regardless of age, who are mentally or physically disabled and enrolled in the after-school care program, qualify for reimbursement.

School food authorities that sponsor the afterschool programs can have community programs where the children participating do not have to be enrolled as students with the school food authority.

Content of Snacks

Snacks must meet the meal pattern as established in the National School Lunch Program regulations. Snacks must contain two different components from the following four:

1. A serving of fluid milk as a beverage, on cereal, or used in part for each purpose.
2. A serving of meat or meat alternate.
3. A serving of vegetable(s) or fruit(s) or full-strength vegetable or fruit juice or an equivalent quantity of any combination of these foods. Juice may not be served when milk is served as the only other component.

- A serving of whole-grain or enriched bread; or an equivalent serving of cornbread, biscuits, rolls, or muffins made from whole-grain or enriched meal or flour; or a serving of cooked whole-grain or enriched pasta or noodle products or cereal grains; or an equivalent quantity of any combination of these foods.

Sweet-type desserts such as cookies, granola bars, or sweet rolls, may be used to meet one serving of grain or bread per day. Sweet-type desserts or snacks should not be served as a snack more than twice a week.

MEAL SUPPLEMENT (SNACK) CHART FOR CHILDREN			
Portions for children ages 13 through 18 shall be no less than the portions for the 6-12 age group, and larger portions should be offered to the older children.			
SNACK (SUPPLEMENT) FOR CHILDREN	CHILDREN 1 AND 2	CHILDREN 3 THROUGH 5	CHILDREN 6 THROUGH 12
(Select two different components from the four listed)			
1. Milk, fluid	1/2 C	1/2 C	1 c
2. Meat or meat alternate ¹	1/2 OZ	1/2 OZ	1 oz
3. Juice or fruit or vegetable	1/2 C	1/2 C	3/4 C
4. Bread or cereal: Enriched or whole-grain bread or	1/2 slice	1/2 slice	1 slice
Cereal: Cold, dry or	1/4 C ²	1/3 C ³	3/4 C ⁴
Hot, cooked	1/4 C	1/4 C	1/2 C

- Yogurt can be used as a meat alternate. Four oz (weight) or 1/2 c (volume) of plain or sweetened and flavored yogurt to fulfill the equivalent of one oz of meat or meat alternate.
- 1/4 c (volume) or 1/3 oz (weight), whichever is less; 1/3 c (volume) or 1/2 oz (weight), whichever is less.
- 1/3 c (volume) or 1 oz (weight), whichever is less.

Snack Menus

Snack menus for ten weeks of cold snacks appear in Exhibit A. Portion sizes (indicated in parentheses after each menu item) are for ages 6-12. The minimum serving sizes specified in the meal pattern may not be sufficient for older students; additional items or increased serving sizes may be appropriate. The *Food Buying Guide for Child Nutrition Programs* should be used to determine specific amounts of food items that meet the minimum required serving size of each meal pattern component.

Record Keeping

At a minimum, school food authorities participating must maintain the following records for the period of time required in the regulations:

1. If all meals are claimed free, documentation that the site is located in an area served by a school in which at least 50 percent of the enrolled students are certified eligible for free or reduced-price meals.
2. For all other sites, documentation of free and reduced-price eligibility for all children served free or reduced-price snacks that are claimed.
3. Meal counts by category for non-area eligible sites.
4. Total meal counts for area eligible sites.
5. Documentation of individual child's attendance on a daily basis.
6. Documentation of compliance with meal pattern requirements through production records.

For More Information

Contact Nutrition Programs and Support Services, Illinois State Board of Education, 100 North First Street, Springfield IL 62777-0001, 800/545-7892 or 217/782-2491, cnp@isbe.net

EXHIBIT A

SNACK MENUS

Snack menus must include two of the four food components. The abbreviation to the left of each menu item indicates the meal pattern component supplied. The following abbreviations are used: GB = Grains/Breads; MA = Meat/Meat Alternate; FV = Fruit/Vegetable; M = Milk; O = Other Food (non-creditable); A = Additional Foods (creditable).

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
GB M	Graham Crackers (2 lge) Milk (1 c)	MA FV	Mozzarella Stick, part-skim (1 oz) Grapes (¾ c)	FV O GB	Carrot Sticks (¾ c) with Lowfat Ranch Dip (2 oz) Wheat Crackers (.7 oz)	GB FV	Blueberry Muffin (2 oz) Orange Juice (¾ c)	A MA M	Celery Sticks (4) stuffed with Peanut Butter (2 T) Milk (1 c)
FV MA	Mandarin Oranges and Pineapple Tidbits (¾ c) with Vanilla Yogurt Topping (½ c)	GB M	Animal Crackers (.9 oz) Milk (1 c)	FV MA A	Apple Slices (¾ c) with Peanut Butter (2 T) and Raisins (2 T)	MA GB A	Sliced Turkey and Cheese (2 oz) with Saltine Crackers (.7 oz) 100% Juice Blend (¾ c)	FV O GB	Cucumber and Carrot Slices with Lowfat Dip (¼ c) Pretzel Thins (.7 oz)
GB M	Oatmeal Raisin Cookies (2.2 oz) Milk (1 c)	FV GB	Banana (1 med) Wheat Crackers (.9 oz)	O MA FV	Popcorn (2 c) with Shredded Cheese (1 oz) Grape Juice (¾ c)	FV GB	Carrot Raisin Salad (¾ c) Wheat Crackers (.9 oz)	GB A M	Wheat Bagel (2 oz) with Peanut Butter (1 T) Milk (1 c)
GB MA A	Rice Cakes (3) with Peanut Butter (2 T) and Raisins (2 T)	FV GB	Cantaloupe and Watermelon Chunks (¾ c) Vanilla Wafers (1.1 oz)	GB MA	Banana Squares (2.7 oz) Fruit Yogurt (½ c)	FV GB	Sliced Peaches in Light Syrup (¾ c) Graham Crackers (2 lge)	A MA GB	Pasta Veggie Salad with Cheese Cubes (1 oz) Whole Grain Roll (2 oz)

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
GB MA A	Ritz Crackers (7) Cheese Cubes (1 oz) Apple Slices (½ c)	FV MA A	Fruit Salad – Oranges, Bananas, Grapes, Apple, Pineapple (¾ c) Strawberry Yogurt (½ c) Granola Topping ⁴ (2 T)	GB O M	Golden Cornbread (1.1 oz) with Whipped Honey Butter Milk (1 c)	MA A A FV	Trail Mix with Peanuts (1 oz), Raisins (1 T), and Dry Cereal (½ c) Orange Juice (¾ c)	GB FV A	Soft Bread Sticks (.9 oz) Vegetable Sticks – Carrots, Celery, Pepper (¾ c) with Herbed Cottage Cheese Dip (¼ c)
FV A GB	Cinnamon Applesauce (¾ c) with Raisins (1 T) Fig Bar Cookies (2.2 oz)	GB A M	Assorted Cold Cereal (¾ c or 1 oz) Sliced Strawberries (¼ c) Milk (1 c)	MA GB A	Fruit Yogurt (½ c) Graham Crackers (2 lge) Apple Juice (½ c)	GB A O M	Raisin Bread (1 slice) with Peanut Butter (1 T) and Honey (1 t) Milk (1 c)	FV MA	Apple Wedges (¾ c) Cheese Cubes (1 oz)
GB FV	Cheese Crackers (.7 oz) Choice of Apple, Orange, or Grape Juice (¾ c)	MA GB A	Hummus Dip (¼ c) Snack Crackers (.7 oz) Carrot Sticks (½ c)	GB M	Pumpkin Muffin (2.2 oz) Milk (1 c)	FV O GB	Garden Salad (¾ c) with Italian Dressing (2 T) Garlic Breadsticks (.9 oz)	O GB M	Vanilla Pudding (½ c) Graham Crackers (2 lge) Milk (1 c)
GB A A FV	Nacho Chips (.9 oz) Shredded Cheese (1 oz) Salsa (¼ c) Apple Juice (¾ c)	FV GB	Pineapple Chunks (¾ c) Rye Crackers (.7 oz)	GB M	Chocolate Chip Cookies (2.2 oz) Milk (1 c)	GB FV O	Biscuit (.9 oz) with Sliced Strawberries (¾ c) and Whipped Cream (2 T)	M GB A	Chicken Salad (1/3 c) in Pita Pocket Half (.9 oz) with Shredded Lettuce and Tomato (¼ c)
GB O FV	Bagel (3 oz) with Cream Cheese (1 T) Pineapple Juice (¾ c)	GB MA A	Hard Pretzels (.7 oz) Cheese Cubes (1 oz) Red Grapes (¼ c)	FV O GB	Raw Broccoli and Cauliflower (¾ c) with Lowfat Dressing (2 oz) Crackers (.7 oz)	GB MA A A	Soft Tortilla Shell (.9 oz) Refried Beans (¾ c) and Cheese (½ oz) Lettuce and Tomato (¼ c)	FV GB	Applesauce (¾ c) Gingersnaps (1.1 oz)
MA A GB FV	Ham (1 oz) and Cheese (1 oz) wrapped in Soft Tortilla Shell (.9 oz) Orange Juice (¾ c)	GB M	Applesauce Raisin Cake (2.7 oz) Milk (1 c)	GB FV	Soft Pretzel (2 oz.) Apple Juice (¾ c)	A O GB M	Peanut Butter (1 T) and Jelly (½ T) on Wheat Bread (2 slices) Milk (1 c)	GB O A FV	Waffle (1.1 oz) topped with Frozen Yogurt (½ c) and Berries (¼ c) Apple Juice (¾ c)

Sample Format—For discretionary use only.
 Format can be modified and/or copied to meet record
 keeping needs. Please keep completed forms in file.

First Review

Second Review

**SCHOOL FOOD AUTHORITY
 REVIEW OF AFTER-SCHOOL CARE SNACK SITES
 National School Lunch Program**

NAME AND TITLE OF PERSON CONDUCTING REVIEW	NAME OF SITE
	<input type="checkbox"/> Area Eligible <input type="checkbox"/> Non-Area Eligible

- | YES | NO | N/A | |
|--------------------------|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 1. Is the site claiming snacks served to children 18 years and under, to students turning 19 during the school year, and to mentally and physically disabled students? |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 2. Is the site claiming one snack per child per day? |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 3. Does the site provide after-school care, educational, or enrichment activities? |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 4. Are the snacks served only after the school day has ended? |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 5. Do the snacks contain two of the four food components? (Food components are meat or meat alternates, fruits and vegetables or full-strength vegetable or fruit juice, grains and breads, and fluid milk.) |
| | | | 6. Are the following records maintained accurately? |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | · Daily attendance records |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | · Total count of snacks served to eligible children for area eligible sites |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | · Counts of snacks served by income category of child for non-area eligibles sites |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | · Daily snack menus and production records |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | · Approved household applications for children enrolled in non-area eligible sites |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 7. Are snack counts taken on a daily basis? |
| | | | Pricing Programs Only |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 8. If charging for snacks, are they priced as a unit? |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 9. If charging for snacks, does the charge for reduced-price snacks not exceed \$.15? |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 10. Does the meal counting system prevent the overt identification of children receiving free or reduced-price snacks? |

FINDINGS:

_____ Date

_____ Signature of School Food Authority Reviewer