7 HABITS (OR SO) OF THE EFFECTIVE BUT SLIGHTLY STRESSED OUT EDUCATOR

Steve Woolf
swoolf@usd101.com
Twitter: @stevewoolfsr
Performance of Low-Achieving Students After One Year

- With Effective Teacher: 53rd Percentile
- With Ineffective Teacher: 14th Percentile

39
Student Performance
5th-Grade Math Students Over 3 Years

With 3 Consecutive Years of Effective Teachers  With 3 Consecutive Years of Ineffective Teachers

83rd Percentile

54

29th Percentile

Copyright 1999 Milken Family Foundation. All Rights Reserved.
If I Could Live Life Again…

• Reflect More
GONE FISHIN’ INSTEAD OF JUST A WISHIN’
...my wife. 😊
...Dinoboy
...Dinoboy.
If I Could Live Life Again…

• Reflect More

• Take More Risks
• 3 Things I Would Do If I Could Live Life Again…

• Reflect More
• Take More Risks
• Do More Things That Will Last On Long After I’m Gone!
SHAUN
“We are what we repeatedly do. Excellence, then, is not an act, but a habit.”

-Aristotle
HABITS: Where your skill, knowledge, and desire intersect.
HABIT 1:  BE PROACTIVE

• Response/Able
• We can choose our responses (Go Pavlov!)
• Circle of Influence
HABIT 2: BEGIN WITH THE END IN MIND

• The Habit of Personal Leadership
• All things are created twice - mentally, then physically
• Personal Mission Statement
VISION

• A compelling dream of the future with a concrete plan for achieving it.
Steve Woolf’s Mission Statement

To live, to love, to learn, to leave a legacy while keeping my priorities of being first a husband, second a daddy, and third an educator.
KNOW THE DIFFERENCE BETWEEN THE BIG ROCKS AND THE LITTLE ROCKS IN YOUR LIFE
HABIT 3: PUT FIRST THINGS FIRST

The Habit of Personal Management which involves organizing and managing your time according to those things that matter most to you.
<table>
<thead>
<tr>
<th>URGENT</th>
<th>NOT URGENT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>I</strong></td>
<td><strong>II</strong></td>
</tr>
<tr>
<td><strong>IMPORTANT</strong></td>
<td><strong>NOT IMPORTANT</strong></td>
</tr>
<tr>
<td>• Crises</td>
<td>• Preparation, Prevention</td>
</tr>
<tr>
<td>• Pressing Problems</td>
<td>• Relationship Building</td>
</tr>
<tr>
<td>• Deadline Driven Projects, Meetings, Preparations</td>
<td>• Empowerment</td>
</tr>
<tr>
<td>• Needless Interruptions</td>
<td>• Planning, Needed Relaxation</td>
</tr>
<tr>
<td>• Unnecessary Reports</td>
<td>• Trivia, Busy Work</td>
</tr>
<tr>
<td>• Unimportant Meetings, phone calls, mail</td>
<td>• Some Phone Calls</td>
</tr>
<tr>
<td>• Other people’s minor issues</td>
<td>• Time Wasters</td>
</tr>
<tr>
<td>• Escape Activities</td>
<td>• “Junk” Mail -Too Much TV</td>
</tr>
</tbody>
</table>
HABIT 4: THINK “WIN - WIN”

- The Habit of Interpersonal Leadership
- A frame of mind and heart that constantly seeks mutual benefit in all human interactions.
- A “Win - Win” person possesses 3 Character Traits: Integrity, Maturity, & an “Abundance Mentality.”
HABIT 5: SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD

EMPATHETIC LISTENING - Listening with the other’s frame of reference.
HABIT 6: SYNERGIZE

• The habit of creative cooperation or teamwork.
• Cooperation: $1 + 1 = 2$
• Collaboration: $1 + 1 = 3$ or more!
• Valuing the differences - the mental, emotional, and physiological differences between people - is the essence of synergy.
HABIT 7: SHARPEN THE SAW

The Habit of Self - Renewal
...475 miles to go.
…the World’s Largest Ball of Twine.
...sleeping arrangements.
“THE FIRE WITHIN”

- SPIRITUAL
- MENTAL
- PHYSICAL
- EMOTIONAL
4th Grade... Rockin’ the Glasses!
5th Grade... the Ladies’ Man. 😊
…Miss Haslouer (Mrs. Bevilaqua)
GET IN THE ARENA & DARE GREATLY!!!