I. HOW TO CHOOSE

A. Proper Diagnosis
   1. Disorder versus Targeted Symptoms

B. Other Treatment Options
   1. Environmental
   2. Behavioral
   3. Non-traditional
   4. “Hygiene”
   5. Therapies

C. Risks versus Benefits

D. Genetics
   1. Family History

E. Compliance

F. Placebo

II. MED CLASSES

A. Stimulants
   1. Uses
      a. Short, medium, long-acting
   2. Ritalin Products
      b. Ritalin
         (1) Focalin
      c. Metadate
         (1) Ritalin LA
      d. Focalin XR
      e. Concerta
      f. Daytrana (Patch)
   3. Adderall
      a. Adderall
      b. Adderall XR
   4. Dexedrine
      a. Dexedrine
      b. Dexedrine Spansules
      c. Vyvanse (Prodrug)
   5. Provigil
   6. Non-stimulant ADHD medication
      (1) SNRI - Strattera
B. Blood Pressure Meds
1. Uses
2. Clonidine
3. Tenex
4. Inderal

C. Antidepressants
1. Uses
2. SSRIs
   a. Prozac
      (1) Weekly
   b. Celexa
      (1) Lexapro
   c. Paxil
      (1) Paxil CR
   d. Zoloft
   e. Luvox
3. Effexor
4. Wellburtrin
5. Remeron
6. Serzone
7. Cymbalta (SSNRI)
8. Tricyclics
   a. Desyrel
9. Ensam (MAOI Patch)
10. Pipeline Drugs

D. Antianxiety
1. Uses
2. Benzodiazapines
3. Non Benzo-Antianxiely
   a. Buspar
   b. Gabitril
4. Non Benzo – Sleep
   a. Ambien
   b. Zolpidem
   c. Rozerem

E. Mood Stabilizers
1. Uses
2. Lithium
3. Seizure Meds
   a. Depakote
   b. Tegretol
   c. Carbatrol
   d. Neurontin
   e. Lamictal
   f. Topamax
   g. Trileptal

F. Antipsychotics
1. Uses
   a. Traditional
   b. Non-traditional
      (1) Risperdal
      (2) Zyprexa
      (3) Seroquel
      (4) Geodon
      (5) Abilify