

Adornments

Unit: Fashion Merchandising

Problem Area: Fashion Retail

Lesson: Adornments

- **Student Learning Objectives.** Instruction in this lesson should result in students achieving the following objectives:

- 1 Summarize adornments.**
- 2 Analyze adornments used in different cultures.**

- **Resources.** The following resources may be useful in teaching this lesson:

E-unit(s) corresponding to this lesson plan. CAERT, Inc. <http://www.mycaert.com>.

"Body Adornment and Clothing." *Africa: Body Adornment and Clothing*, 2019, Accessed Dec. 18, 2019. <https://www.geography.name/body-adornment-and-clothing/>.

Hlavaty, Craig. "New Study Analyzes How Men and Women Make Their Tattoo Choices." *Houston Chronicle*, Houston Chronicle, Accessed Dec. 18, 2019. <https://www.chron.com/life/article/Tattoos-for-men-and-women-11824203.php#photo-13761258>.

Klose, Jason. "'Art of Adornment' Display Tells Part of the Human Story." *Centredaily*, Centre Daily Times, Accessed Dec. 18, 2019. <https://www.centredaily.com/entertainment/this-weekend/article42848985.html>.

Winge, Theresa M. "History of Scarification." *LoveToKnow*, LoveToKnow Corp, Accessed Dec. 18, 2019. <https://www.fashion-history.lovetoknow.com/body-fashions/scarification>.



■ **Equipment, Tools, Supplies, and Facilities**

- ✓ Overhead or PowerPoint projector
- ✓ Visual(s) from accompanying master(s)
- ✓ Copies of sample test, lab sheet(s), and/or other items designed for duplication
- ✓ Materials listed on duplicated items
- ✓ Computers with printers and Internet access
- ✓ Classroom resource and reference materials

■ **Key Terms.** The following terms are presented in this lesson (shown in bold italics):

- archeological dig
- acrylic nails
- adornments
- body adornment
- clothing adornment
- esthetic
- hair extensions
- henna
- lip plug
- piercing
- scarification
- turban
- tattoo

■ **Interest Approach.** Use an interest approach that will prepare the students for the lesson. Teachers often develop approaches for their unique class and student situations. A possible approach is included here.

Ask students to brainstorm what they think adornments are. Have them give examples of adornments they are wearing or that they have noticed others wearing.

CONTENT SUMMARY AND TEACHING STRATEGIES

Objective 1: Summarize adornments.

Anticipated Problem: What are adornments?

- I. **Adornments** are embellishments made to a person to enhance their beauty or to signify beliefs or status. The use of adornments has been happening for centuries.
 - A. **BODY ADORNMENT:** There many different types of body adornments including tattoos, piercings, hair styles, nail augmentation, and scarification. **Body adornment** is the modification of a person's body to enhance beauty or define characteristics.
 1. Tattoos: A **tattoo** is a permanent design made by injecting ink into the skin. According to an article in Chron, men get full sleeve tattoos the most while women tend to get their tattoos on their hips.
 2. Piercings: A **piercing** is a hole placed in the skin. The piecing is often kept open with the insertion of a piece of jewelry.
 3. Hair Styles: Different hair styles can be used to adorn a person. Hair can be modified by having it cut, adding extensions, coloring, or adding a barrette or band. **Hair extensions** are additional hair (synthetic or real) attached to a person's hair.
 4. Nail Augmentation: The most common nail augmentation is painted finger or toe nails with nail polish. Acrylic nails are also common. **Acrylic nails** are an artificial nail made from combining power and liquid chemicals that harden to form a solid which is placed over the real nail.
 5. Scarification: **Scarification** is the cutting of skin to create marks in a decorative pattern. Scarification is most commonly used in African and Asian countries.
 - B. **CLOTHING ADORNMENT:** **Clothing adornment** is the use of embellished garments to enhance beauty or to signify status or culture. Uniquely woven fabric, beads, and distinctively shaped garments are all examples of clothing adornment.

Teaching Strategy: Many techniques can be used to help students master this objective. Use VM-A to introduce lesson. Assign LS-A.

Objective 2: Analyze adornments used in different cultures.

Anticipated Problem: What are adornments used in different cultures?

- II. Adornments have been used since the earliest of times. Archeological digs often uncover tombs of adorned deceased. An **archeological dig** is an excavation site purposed with discovering the history of the area. Art and storytelling often refer to adornment both on the body and clothing.
- A. AFRICA: The people of Africa have been using adornments since before 4000 B.C. Red clay was used to cover their hair and paint designs on their skin. The use of red clay signified important events such as a successful hunt. White clay was used to create spiritual designs on the body. Scarification has also been used by Africans. The pattern and placement of the scarring signifies what tribe they are from, their status, or for esthetic purposes. **Esthetic** is an interpretation and appreciation of beauty. Clothing adornment has also been used by African people. Beads and elaborate headpieces have been found that are estimated to be over 50,000 years old.
- B. CENTRAL AND SOUTH AMERICA: South American countries such as Ecuador, Peru, and Chile have a rich history of using fabric with intricately woven patterns and bright colors. Beads, feather and metal beads were added to further adorn the traditional costumes. Early Central and South American communities such as the Maya, Aztec, and Inca people altered their teeth by either dying them, altering the shape, or creating holes. Lip plugs were used to change the shape of their mouth, stretching the lip. A **lip plug** is piece of wood or clay placed in a hole in the lip. Some would paint themselves with different colors to indicate status. Elite Aztec women would paint much of their body yellow.
- C. INDIA: Indian men and women have been practicing adornment for at least 4,000 years. The type and color of fabric and style of clothing can indicate status, region of origin, or religion. The traditional sari can be tied in different ways to communicate a person's place in society. Men often wear turbans which are sometimes adorned with jewelry. A **turban** is a long piece of cloth wound around the head to completely cover it. Indian women often wear jewelry in their hair, nose piercing, arms and toes. A married women of eastern India wears red mark, called a sindur, where the skin shows when she parts her hair. Henna has been used as a body adornment in India for centuries. **Henna** is a plant which produces a dye used to create elaborate designs on the skin.

Teaching Strategy: Many techniques can be used to help students master this objective. Use VM-B to further understanding of the lesson. Assign LS-A if it has not been done so previously.

■ **Review/Summary.** Use the student learning objectives to summarize the lesson. Have students explain the content associated with each objective. Student responses can be used in determining which objectives need to be reviewed or taught from a different angle. If a textbook is being used, questions at the ends of chapters may also be included in the Review/Summary.

■ **Application.** Use the included visual master(s) and lab sheet(s) to apply the information presented in the lesson.

■ **Evaluation.** Evaluation should focus on student achievement of the objectives for the lesson. Various techniques can be used, such as student performance on the application activities. A sample written test is provided.

■ **Answers to Sample Test:**

Part One: Matching

1. c
2. f
3. a
4. e
5. b
6. d

Part Two: Completion

1. cutting
2. embellished
3. excavation
4. beauty
5. hole
6. head
7. dye

Part Three: Short Answer

Answers may vary, but should be similar to: Indian men and women have been practicing adornment for at least 4,000 years.

Adornments

► Part One: Matching

Instructions: Match the term with the correct definition.

- | | |
|--------------------|-------------------|
| a. tattoo | d. acrylic nails |
| b. hair extensions | e. piercing |
| c. adornments | f. body adornment |

- _____ 1. Embellishments made to a person to enhance their beauty or to signify beliefs or status.
- _____ 2. The modification of a person's body to enhance beauty or define characteristics.
- _____ 3. A permanent design made by injecting ink into the skin.
- _____ 4. A hole placed in the skin.
- _____ 5. Additional hair (synthetic or real) attached to a person's hair.
- _____ 6. An artificial nail made from combining powder and liquid chemicals that harden to form a solid which is placed over the real nail.

► Part Two: Completion

Instructions: Provide the word or words to complete the following statements.

1. Scarification is the _____ of skin to create marks in a decorative pattern.
2. Clothing adornment is the use of _____ garments to enhance beauty or to signify status or culture.
3. An archeological dig is an _____ site purposed with discovering the history of the area.



4. Esthetic is an interpretation and appreciation of _____.
5. A lip plug is piece of wood or clay placed in a _____ in the lip.
6. A turban is a long piece of cloth wound around the _____ to completely cover it.
7. Henna is a plant which produces a _____ used to create elaborate designs on the skin.

► **Part Three: Short Answer**

Instructions: Answer the following.

How long have the people of India been using adornments?

TATTOOS ARE A POPULAR TYPE OF BODY ADORNMENT

Body adornment is the modification of a person's body to enhance beauty or define characteristics. A tattoo is a type of body adornment in which a permanent design is made by injecting ink into the skin.



ADORNMENT USE IN AFRICA

Clothing adornment has also been used by African people. Beads and elaborate headpieces have been found that are estimated to be over 50,000 years old.



Adornment Poster

Purpose

The purpose of this activity is to create a poster of adornments.

Objectives

1. Locate photos of adornments in magazines.
2. Create a poster of different types of adornments.

Materials

- ◆ magazines (to cut photos from; including cultural magazines, i.e. *National Geographic*, and fashion magazines, i.e. *InStyle*, *Vogue*)
- ◆ scissors
- ◆ glue stick
- ◆ marker or pen
- ◆ poster paper

Procedure

1. Browse through various magazines.
2. Locate photos of adornments.
3. Cut out the photos.
4. Glue the photos in a pleasing manner on poster paper.
5. Label the photos with the type of adornment.
6. Share your adornments poster with the class.

