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# Careers in Human Growth and Development

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**Unit:** Career Exploration Skills

**Problem Area:** Explore Family and Consumer Sciences Careers

**Lesson:** Careers in Human Growth and Development

■ **Student Learning Objectives.** Instruction in this lesson should result in students achieving the following objectives:

- 1 Describe the human growth and development field.**
- 2 Identify careers within this field.**
- 3 Investigate careers from this field.**

■ **List of Resources.** The following resources may be useful in teaching this lesson:

“Human Growth and Development,” *College Board*. Accessed February 18, 2008 <[http://www.collegeboard.com/student/testing/clep/ex\\_hgd.html](http://www.collegeboard.com/student/testing/clep/ex_hgd.html)>.

“Human Growth and Development: A Resource Packet to Assist School Districts in Program Development, Implementation, and Assessment,” *Wisconsin Department of Public Instruction*. Accessed February 18, 2008 <<http://dpi.state.wi.us/sspw/hgd.html>>.

“Occupational Outlook Handbook,” *U.S. Department of Labor: Bureau of Labor Statistics*. Accessed February 18, 2008 <<http://www.bls.gov/oco/oco1006.htm>>.



## ■ List of Equipment, Tools, Supplies, and Facilities

- ✓ Overhead or PowerPoint projector
- ✓ Visual(s) from accompanying master(s)
- ✓ Copies of sample test, lab sheet(s), and/or other items designed for duplication
- ✓ Materials listed on duplicated items
- ✓ Computers with printers and Internet access
- ✓ Classroom resource and reference materials

## ■ Terms. The following terms are presented in this lesson (shown in bold italics):

- addicts
- elderly
- homeless
- human growth and development
- infants
- mentally ill

## ■ Interest Approach. Use an interest approach that will prepare the students for the lesson. Teachers often develop approaches for their unique class and student situation. A possible approach is included here.

*The following jobs have much in common: adult daycare director, home healthcare aide, pre-school teacher, Court Appointed Special Advocate (CASA), sheltered workshop aide, social worker, nutritionist, and nursing home supervisor. Brainstorm ways in which these jobs are similar. List the examples on the board and discuss the people in your school and community who work in the human growth and development field.*

# SUMMARY OF CONTENT AND TEACHING STRATEGIES

**Objective 1:** Describe the human growth and development field.

**Anticipated Problem:** What is the human growth and development field?

- I. The **human growth and development** field is an area based on helping other people.
  - A. Usually people interested in this area want to make a difference in other people's lives. They are people-oriented in nature and enjoy in helping others.

- B. Careers in this area involve individuals or families in a variety of settings. Some of these settings and the types of people that are helped follow below.
1. Some groups helped in these careers are **infants, elderly, homeless, addicts, mentally ill**, and the disabled.
  2. Positions may be present in government, non-profit, and private agencies.
  3. Positions may include direct and indirect client services.
  4. Work setting may include offices, clinics and hospitals, correctional institutions, day treatment programs, group homes, shelters, and clients' homes.
- C. There are personal rewards and challenges working in this field.
1. There is a focus on helping others find safety, health, or success within their own lives.
  2. The work is vital and valid, which is often a motivation for pursuing a career in human growth and development.
  3. For people choosing this career field, job duties revolve around the development of personal and professional relationships with others, whether children, adults or seniors.

*Many techniques can be used to help students master this objective. Use VM–A to help reinforce the major content of this objective.*

**Objective 2:** Identify sample careers within this field.

**Anticipated Problem:** What are samples of careers within this field?

- II. Careers in this field may include the following samples.
- A. A child care worker manages children in a day care center or home day care facility. Day care centers may be run by governments or as private enterprises.
  - B. Personal or home care aides work with persons confined to their homes because of illness or recovering from surgery or the elderly.
  - C. Substance abuse counselors work with persons with substance abuse problems.
  - D. Probation officers oversee persons paroled from correctional facilities. These persons can be adults or juvenile ex-offenders.
  - E. Mental health workers deal serve persons with mental health problems.
  - F. Medical care workers serve people of all ages in managing medical problems and issues.

*Many techniques can be used to help students master this objective. Have students conduct an Internet search using the links listed in the Resources section of this lesson. Have students begin to gain insight into the wide number of careers available in the field, the educational requirements, and employment outlook for each.*

**Objective 3:** Investigate careers within this field.

**Anticipated Problem:** What are various aspects about a career in this field?

- III. Careers in this field have a variety of information worth researching.
- A. Training and education needed for this area are varied from on-the-job training to advanced college degrees.
  - B. Earnings can be very diverse in this field depending on whether it is an entry level position or one requiring an advanced college degree, such as a medical doctor.
  - C. Expected job prospects will vary according to what area of the country or world a person is working as well as economic influences.
  - D. There are various job duties within the human growth and development field that involve working closely with people.
  - E. With further training or education, there are related occupations from entry level positions to more advanced positions that may offer increased earnings and job satisfaction.

*Many techniques can be used to help students master this objective. Use the accompanying LS–A to further research the types of careers available in this field and the employment outlook for each. Students will investigate this field and choose a career to further investigate. Oral and written reports will be completed for grading.*

- **Review/Summary.** Use the student learning objectives to summarize the lesson. Have students explain the content associated with each objective. Student responses can be used in determining which objectives need to be reviewed or taught from a different angle. Questions at the ends of chapters in the textbook may also be used in the review/summary.
- **Application.** Use the included visual master and lab sheet to apply the information presented in the lesson.
- **Evaluation.** Evaluation should focus on student achievement of the objectives for the lesson. Various techniques can be used, such as student performance on the application activities. A sample written test is provided.

■ **Answers to Sample Test:**

**Part One: Matching**

- 1. c
- 2. e
- 3. d

4. b
5. f
6. a

### **Part Two: Short Answer**

1. Answers will vary. It may include mental health worker, child care worker, medical care workers, and substance abuse counselors.
2. Answers will vary but may include clinics, hospitals, correction facilities, day care centers.

### **Part Three: Completion**

1. help
2. people

# Careers in Human Growth and Development

## ► Part One: Matching

**Instructions:** Match the term with the correct definition.

- |                                 |                 |
|---------------------------------|-----------------|
| a. infants                      | d. addicts      |
| b. homeless                     | e. elderly      |
| c. human growth and development | f. mentally ill |

- \_\_\_\_ 1. field that involves helping other people
- \_\_\_\_ 2. senior citizens
- \_\_\_\_ 3. people abusing drugs or alcohol
- \_\_\_\_ 4. people who live on the streets
- \_\_\_\_ 5. people unwell in the mind
- \_\_\_\_ 6. babies

## ► Part Two: Short Answer

**Instructions:** Complete the following.

- 1. Name three careers in the human growth and development field.



2. Name two places of employment for a job in the human growth and development field.

► **Part Three: Completion**

**Instructions:** Provide the word or words to complete the following statements.

1. People who choose careers in this field like to \_\_\_\_\_ others.
2. A person well suited in this field would be someone who likes to work closely with \_\_\_\_\_.

# COMMON HUMAN GROWTH AND DEVELOPMENT FIELD SETTINGS

- ◆ Community Centers
- ◆ Day Care Centers
- ◆ Fitness Centers
- ◆ Hospitals and Rehabilitation Centers
- ◆ Outpatient Clinics
- ◆ Senior Citizen Facilities
- ◆ Social Service Agencies





# Career Investigation for Human Growth and Development

## Purpose

The purpose of this activity is to investigate various careers in the human growth and development field.

## Objectives

1. Research the human growth and development field.
2. Choose a career to further investigate from this field.

## Materials

- ◆ lab sheet
- ◆ writing utensil
- ◆ [http://www.collegeboard.com/student/testing/clep/ex\\_hgd.html](http://www.collegeboard.com/student/testing/clep/ex_hgd.html)
- ◆ <http://dpi.state.wi.us/sspw/hgd.html>
- ◆ <http://www.bls.gov/oco/oco1006.htm>

## Procedure

1. Research the human growth and development field using the Internet.
2. Choose a career to further investigate in this field.
3. Complete oral and written reports for grading.



Name of career:

Training and education:

Job Skills:

Job Activities:

Working Conditions:

Salary:

Expected Job Prospects:

Related Occupations: