2025 ISBE School Nutrition Training

Menu Recordkeeping



Presented by:
Kari Perkins
Kim Nesler

CHILD NUTRITION PROGRAMS





You will need the following:

- Menu (Dated daily, weekly or monthly)
- Child Nutrition (CN) Labels OR Product Formulation
 Statements (PFS) for all processed foods
- USDA Foods Product Information Sheets (Commodities)
- Standardized Recipes
- Nutrition Fact Labels including ingredient list



Child Nutrition (CN) Labels

- Tells us how a food item contributes to the meal pattern (main entrée, combination food items)
 - Not needed for fruit, vegetables, milk
- Voluntary by the manufacturer
- USDA analyzes product/food item & creates the CN Label
- Generally, not found at retail outlets
- Most of the big distributors carry CN labeled products
 - Speak to your distributor about these products



CN Label:

1 patty (2.5 oz)= 2 M/MA









MEI-1490

Flamebroiled Beef Patties

CN 155-425-20

Made With Applesauce-Caramel Color Added

INGREDIENTS: Ground Beef (Not More Than 20% Fat), Water, Vegetable Protein Product [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12), (May Contain Caramel Color), (May Contain Soy Lecithin)], Unsweetened Applesauce [Apples, Water, Erythorbic Acid], Salt, Sodium Phosphate, Caramel Color.

CONTAINS: Soy

-cn ---

One 2 50 oz Fully Cooked Flamebroiled Beef Pattie Provides 2 00 oz Equivalent Meat/Meat CN
Alternate For Child Nutrition Meal Pattern Requirements. (Use Of This Logo and Statement
Authorized By The Food and Nutrition Service, USDA 07-07).

Fully Cooked

Keep Frozen

200 Portions

U.S.
INSPECTED
AND PASSED BY
DEPARTMENT OF
AGRICULTURE



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Product Formulation Statements (PFS)

- Product formulation statements are like a CN label because they analyze the product
- Provided by manufacturer NOT USDA
- Gives you a breakdown for how much M/MA and/or Grain is in the food item
- For grain items, indicates if an item meets the WGR



PFS:

- 4 pieces/strips
- G/B equiv.
 - 0.75 eq
 - Notice not WGR
- On letterhead signed



Brakebush Brothers, Inc. N4993 6th Drive, Westfield, WI 53964-9511 Corporate Office 800-933-2121 www.brakebush.com

Product Formulation Statement (Product Analysis) for Documenting Grains in School Meals
Required Beginning SY 2013-2014 (Crediting Standards Based on Grams of Creditable Grains)

Product Code 5635							
Product Name Gold'N'Spice®Chi	ik'N Fry Stix™Fully Cooked Brade	ed Chicken Breast Strips		_			
Portion Size 4 pieces							
Portion Weight 3.440 oz							
I. Does the product meet the Wh	ole Grain-Rich Criteria:	Yes x	No				
(Refer to SP 30-2012 Grain Requir	ements for the National Scho	ol Lunch Program and Scho	ool Breakfast I	Program.)			
II. Does the product contain non-	- creditable grains:	x Yes	No	0.14 grams			
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable							
grains may not credit towards the	grain requirements for school	ol meals.)					
III. According to Policy Memoran	dum SP 30-2012 Grain Requi	rements for the National S	School Lunch I	Program and School			
Breakfast Program: Exhibit A, the							
	Grams of Creditable Grain	Gram Standard of Credita	ble Grain per				
Description of Creditable Grain	Ingredient per Portion ¹	oz equivalen					
Ingredient*		(16g or 28g)	Creditable Amount				
	Α	В		A ÷ B			
Enriched Bleached Wheat and							
Enriched Durum Flours	15.0568	16		0.9410			
		16		0			
		16		0			
				0.9410			
Total Creditable Amount				0.75			
*Creditable grains are whole-grain m							
¹ (Serving size) X (% of creditable grain converted to grams.	in in formula). Please be aware t	hat serving sizes other than g	rams must be				
² Standard grams of creditable grains	from the corresponding Group	in Exhibit A.					
³ Total Creditable Amount must be re	ounded down to the nearest qu	arter (0.25) oz eq. Do not rou	ind up.				
Total weight (per portion) of prod		3.440 oz < Servir	_				
Total contribution of product (pe	r portion)	0.75 oz < oz eq					
I certify that the above information is true and correct and that a serving of the above product (ready							
for serving) contains the above-listed equivalent grains.							
		oz ea. per portion. Product	s with more				
I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable							
	grains may not credit towards the grain requirements for school meals.						

Jon Brakebush, Vice President - Research & Development 800-296-2121 Printed Name, Title, and Phone Number

11/2/2022 Date

- 4 pieces/strips
- M/MA equiv.
 - 2oz eq
- On letterhead signed



Brakebush Brothers, Inc. N4993 6th Drive, Westfield, WI 53964-9511 Corporate Office 800-933-2121 www.brakebush.com

Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products

Child Nutrition Program operators should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative.

Product Code

Product Name Gold'N'Spice® Chik'N'Fry Stix™ Fully Cooked Breaded Chicken Breast Strips

Portion Size 4 pieces Portion Weight 3.440 oz

I. Meat/Meat Alternate

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

Description of Creditable	Ounces per Raw Portion of	B. B. and B. Indian	FBG Yield/ Servings Per	Creditable		
Ingredients per Food Buying	Creditable Ingredient	Multiply	Unit	Amount *		
Chicken, Boneless, fresh or frozen	2.0675	X	0.70	1.447		
		X		0.000		
A. Total Creditable M/MA Amount ¹						

^{*}Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

II. Alternate Protein Product (APP)

If the product contains APP, please fill out the chart below to determine the creditable amount of APP. If APP is used, you must provide documentation as described in Attachment A for each APP used.

Description of APP, manufacture's name, and code number	Ounces Dry APP Per Portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount APP***
Isolated Soy Protein Solae Supro™516	0.1399	X	86.00%	÷ by 18	0.669
		X		÷ by 18	0.000
B. Total Creditable APP Amount		0.669			
C. TOTAL CREDITABLE AMOUNT		2.000			

^{*}Percent of Protein As-Is is provided on the attached APP documentation.

Total weight (per portion) of product as purchased Total creditable amount of product (per portion)

Serving 2.000 oz M/MA

(Reminder: Total creditable amount cannot count for more than the tot

I certify that the above information is true and correct and that a serving of the above product (ready for serving) contains the above-listed equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Signature

Jon Brakebush, Vice President - Research & Development 800-296-2121

10/27/2022

Printed Name, Title, and Phone Number

^{**18} is the percent of protein when fully hydrated.

^{***}Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18.

¹Total Creditable Amount must be rounded down to the nearest 0.25oz (1.49 would round down to 1.25 oz meat equivalent). Do not round up. If you are crediting M/MA and APP, you do not need to round down in box A (Total Creditable M/MA Amount) until after you have added the Total Creditable APP Amount from box B to box C.

USDA Fact Sheet

Provides the CN crediting

UNITED STATES DEPARTMENT OF AGRICULTURE

USDA Foods Product Information Sheet

For Child Nutrition Programs



110554—Turkey, Deli Breast, Sliced

Category: Meat/Meat Alternate



PRODUCT DESCRIPTION

This item is fully cooked deli-style turkey produced from formed turkey breast meat. This product contains thinly sliced deli meat in a shingle layered package. This item is shipped frozen in cases containing eight 5-pound packages.

CREDITING/YIELD

- One case of turkey deli breast provides approximately 448 1.43-ounce portions.
- CN Crediting: Approximately 1.43 ounces of turkey deli breast credit as 1 ounce equivalent meat/meat alternate. Confirm individual item crediting by using the CN Label or the product formulation statement.

CULINARY TIPS AND RECIPES

- Turkey deli breast can be used in sandwiches made with whole grain-rich bread and topped with a variety of healthy ingredients such as lettuce, tomato, avocado, and onions.
- Pre-sliced turkey deli breast is a great addition to a school deli bar.
- For more culinary techniques and recipe ideas, visit the <u>Institute of Child Nutrition</u> or USDA's Team Nutrition.

FOOD SAFETY INFORMATION

 For more information on safe storage and cooking temperatures, and safe handling practices please refer to: <u>Developing a School</u> <u>Food Safety Program Based on the Process</u> <u>Approach to HACCP Principles.</u>

NUTRITION FACTS

Serving size: 1.43 ounces (40 g)/1 MMA turkey

Amount Per Serving

Calories 43

Total Fat 1g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 18mg

Sodium 214mg

Total Carbohydrate 1g

Dietary Fiber 0g

Sugars 0g

Protein 8g

Source: USDA Foods Vendor Labels

Allergen Information: The specification for this product requires that no gluten-containing ingredients or soy is used in the formulation. Please be sure to verify this information using the allergen statement on the product packaging upon receipt. For more information, please contact the product manufacturer directly.

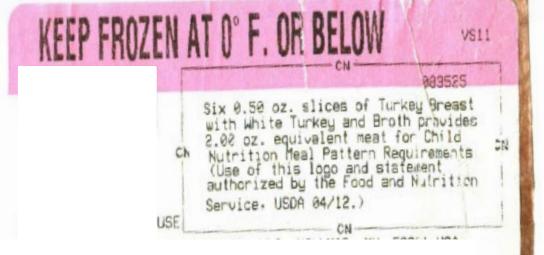
Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for productspecific information.

Let's Talk Turkey... And Other Deli Meats!

CN Label
3 oz (6 slices) = 2 m/ma

If commodity, it MAY be on the box.

- cut from the product package
- photocopy the CN label from the box



10042222209905

OVEN ROASTED

SLICED TURKEY BREAST

WITH WHITE TURKEY AND BROTH
INGREDIENTS: TURKEY BREAST, WHITE TURKEY,
TURKEY BROTH, CONTAINS 2% OR LESS MODIFIED
FCOD STARCH, POTASSIUM CHLORIDE, SODIUM
PHOSPHATE, SALT.

NET WT 12 LBS (12-16 0Z)



P-463



Documentation from your Distributor

- Cannot be used for crediting
- Must come from the **MFR**
- Can only be used for the ingredients listing to determine WGR

Product Information

(Close this Window to continue...)

Print This Page

477080 - 720/.67 TYS CHICK CHUNK WG CN

UPC: 000-23700-07534-7

Sales/Marketing

Fully cooked chicken chunks with whole grain breading. Heat in the oven. USDA CN label.

Packaging

Keep frozen. Approximate frozen shelf life 270

5ea(84a,3oz)

Preparation

Heat from frozen. Heat to an internal temperature of 165F, do not over heat. Place on lined/lightly sprayed sheet pans. Convection oven; preheat to 375F, heat approximately 6-8 minutes. Conventional oven; preheat to 400F, heat approximately 8-10 minutes.

Ingredients

CHICKEN, WATER. TEXTURED SOY PROTEIN CONCENTRATE, ISOLATED SOY PROTEIN WITH LESS THAN 2% SOY LECITHIN. SEASONING [CORN SYRUP SOLIDS, BROWN SUGAR, DEXTROSE, SALT, VINEGAR POWDER (MALTODEXTRIN, MODIFIED CORN STARCH, DRIED VINEGAR), GARLIC POWDER, ONION POWDER. CHICKEN TYPE FLAVOR (HYDROLYZED CORN GLUTEN, AUTOLYZED YEAST EXTRACT, SUNFLOWER OIL. DISODIUM INOSINATE DISODIUM GUANYLATE)]. SODIUM ACID PYROPHOSPHATE. BREADED WITH: WHOLE WHEAT FLOUR, ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN. REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MODIFIED WHEAT STARCH SALT, SOYBEAN OIL, SPICE, YELLOW CORN FLOUR, PAPRIKA, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE. MONOCALCIUM PHOSPHATE), GARLIC POWDER, NATURAL FLAVOR EXTRACTIVES OF TURMERIC, FURMARIC ACID. BREADING SET IN

VEGETABLE OIL.

Nutrition Facts

Servina Size

	(3,)
Servings Per Case	144.00
Amount Per Serving	% DV*
Calories 180.0	9%
Fat Calories 72.0	
Total Fat 8.0g	12%
Saturated Fat 1.5g	8%
Polyunsaturated Fat	
3.5g	
Monounsaturated Fat	
2.5g	
Cholesterol 20.0mg	7%
Sodium 450.0mg	19%
Total Carbohydrates	5%
14.0g	
Dietary Fiber 2.0g	8%
Sugars 1.0g	0%
Protein 13.0g	26%
Calcium 40.0mg	4%
Iron 1.8mg	10%
* Percent Daily Values are based	on a 2,000 calorie diet.

Your daily values may be higher or lower depending on

your calorie needs.



School Equivalents

Serving Size 5ea(84a,3oz) Meat/Meat Alternatives Fruit/Vegetables Grain/Bread

Milk

Child Nutrition*

*Key: USDA=Item has USDA CN label

BG=Item is in the USDA Buyers Guide for Child Nutrition Program

PFS=Manufacturer has provided a Product Formulation Statement

USDA

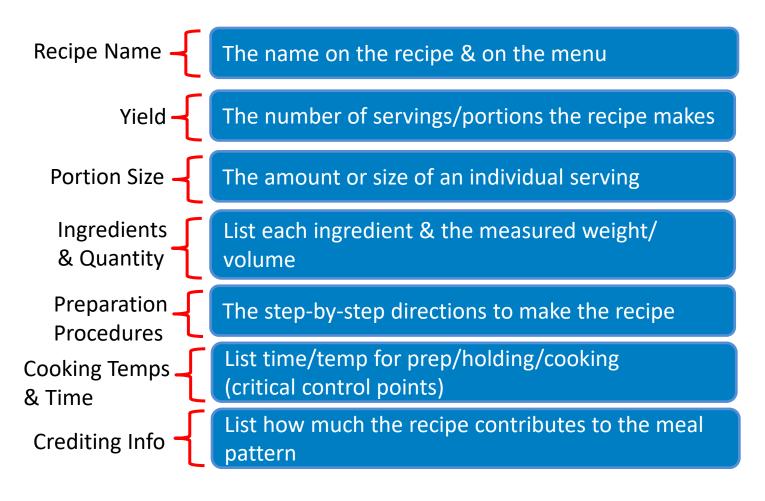
Standardized Recipes

- Are required for anything made in-house with 2 or more ingredients combined
 - Examples:
 - Casseroles
 - Pizza
 - Sandwiches/Wraps (Deli, PBJ, Grilled Cheese)
 - Packaged Salads
- Provides consistent quality & yield every time when the exact procedures, equipment & ingredients are used





Components of a Standardized Recipe





Standardized Recipe Resource

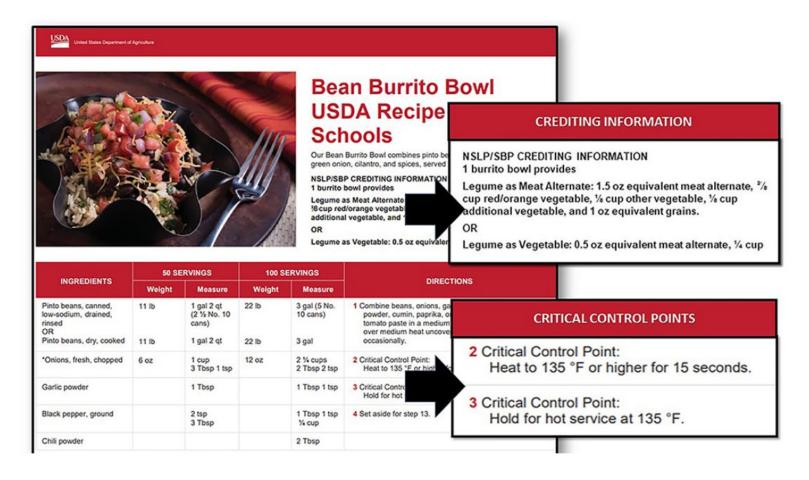
Child Nutrition Recipe Box

Your resource for **USDA Standardized Recipes** for Child Nutrition Programs





Sample Standardized Recipe





STANDARDIZED RECIPE FORM

Recipe Title: Spaghetti and Meat Sauce Recipe Number: E-018 Source: Lincoln School District

Serving Size: 1 CUP Portion Utensil: 8 fl. oz Spoodle OR #4 Disher

Total Yield: 50 Servings

Contribution per serving: M/MA_2_(oz); G/B _1__ (oz eq); R/O Veg _3/8___ (cup); DG Veg ___ (cup); Beans/Peas/Lentils ___ (cup); Starchy Veg ___ (cup); Other Veg ___ (cup)

	50 Se	ervings		Servings					
Ingredients	Weight Measure		Weight Measure		Preparation Instructions				
Raw ground beef (no more than 15% fat)	8 lb 8 oz	1 gal 1 cup			Brown ground beef and ground pork uncovered over medium high heat in a large stock pot. Stir often. 2. 2 Critical Control Point: Heat to 165 °F				
					or higher for at least 15 seconds.				
Spaghetti sauce,					3. 3 Drain meat. Return to stock pot.				
low sodium	13 lb 4 oz	2 #10 cans			4. Add Spaghetti Sauce to the pot and warm to 165 °F or higher for at least				
					15 seconds.				
Whole-wheat spaghetti	3 lb 2 oz	2 qt 2 cups			5. Set aside beef/sauce mixture.				
noodles, dry, broken into thirds	3 10 2 02	z qt z cups			 Heat water to a rolling boil. Slowly add pasta. Stir constantly until water boils again. Cook about 8 minutes or until al dente. Stir occasionally. DO NOT OVERCOOK. Drain well. 				
					Combine pasta and beef/sauce mixture in stock pot. Stir.				
					9. Transfer to a steam table pan (12" x 20" x 4") lightly coated with pan-				
					release spray.				
					10. For 50 servings, use 2 pans.				
					11. Critical Control Point: Hold for hot service at 135 °F or higher.				
					12. Portion with 8 fl oz spoodle (1 cup).				

Nutrition Fact Label

Nutr	ition			erving % DV*		1 slice % DV*		Per	serving % DV*		1 slice % DV*
Fact :	S	Total Fat	1.5g	2%	1g	1%	Sodium	290mg	13%	140mg	6%
		Saturated Fat	0g	0%	0g	0%	Total Carbohydrate	26g	9%	13g	5%
10 Servings	Per Container	<i>Trans</i> Fat	0g		0g		Dietary Fiber	3g	11%	2g	7%
Serving Size		Polyunsaturated Fat	0.5g		0g		Total Sugars	3g		1g	_
2 slices (57g	1)	Monounsaturated Fat	0g		0g		Incl. Added Sugars	2g	4%	1g	2%
Calories		Cholesterol	0mg	0%	0mg	0%	Protein	5g		3g	
140	∀70	Vitamin D	1.2mcg	6%	0.6mcg	2%	Thiamin	0.17mg	15%	0.08mg	8%
per serving	per 1 slice	Calcium	300mg	25%	150mg	10%	Riboflavin	0.11mg	8%	0.05mg	4%
		Iron	1.4mg	8%	0.7mg	4%	Niacin	1.6mg	10%	0.8mg	4%
		Potassium	80mg	0%	35mg	0%	Folate DFE (folic acid)	70mcg (30mcg		35mcg (15mcg	8% I)



Ingredients:

Enriched Bleach Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid], Water, Whole Grain [Whole Wheat Flour, Brown Rice Flour (Rice Flour, Rice Bran Including Germ)], Sugar, Wheat Gluten, Yeast, Cellulose, Contains 2% or Less of Each of Following: Calcium Sulfate, Soybean Oil, Salt, Dough Conditioners (May Contain One or More of the Following: Mono- and Diglycerides, Ethoxylated Mono- and Diglycerides, Sodium Stearoyl Lactylate, Calcium Peroxide, DATEM, Ascorbic Acid, Azodicarbonamide, Enzymes), Guar Gum, Calcium Propionate (Preservative), Distilled Vinegar, Butter (Cream, Salt), Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate and/or Calcium Carbonate), Corn Starch, Natural Flavor, Vitamin D3, Soy Lecithin, Soy Flour.

Question: Is this Whole Grain-Rich?

Answer: No



Production Records





Production Records Overview

- WHAT-USDA <u>required</u> document that records <u>ALL</u> reimbursable meals prepared and served daily
 - Breakfast, Lunch, Snack (if applicable)
- <u>WHO</u>-any school that participates in NSLP, SBP and After School Snack Programs.
- WHY-to support meals claimed for reimbursement
 - Ensures meal pattern component requirements are met
- <u>WHEN</u>-prior to production, at time of meal preparation and immediately after meal service



Benefits of a Production Record

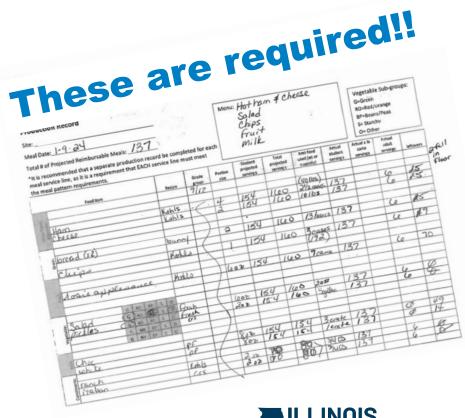
- Serves as a communication tool and daily "to do" list for staff
- A valuable planning and forecasting tool
 - Evaluates what works best with your customers
 - Helps decide what changes need to be made





Benefits of a Production Record

- Provides a daily written history of the foods planned, prepared and served
- Documents crediting and provides data needed for nutrient analysis



They are important!!!

 ISBE looks at these during your Administrative Review

 Lack of complete and current PRs can result in withholding and/or reclaiming federal funds





Production Records: Basics

- Where should records be kept?
 - On site where staff can refer to and complete as necessary

- How long must records be kept on file?
 - 3 years plus the current year





Production Records: Basics



Production Records (PR) drive your program!

- List everything you are preparing/serving
- The PR documents everything you serve on all lines for each of the meal services
- Separate record for breakfast, lunch & snack
- Formats vary
 - Can be multiple pages (for example: stations, fruit/veggies bars, separate lines)

SAMPLE 1 – on ISBE website

Production Record
Site
Meal Date

	•
	•
MENU	•
WENO	•
	•
	•
	_

	••••••••••••••••							• • • •			
List all food Items (including condiments)	Recipe or Product (Name and	Grade Group	Portion Size*	Student Projected Servings	d Projected (Weight or		Student Servings	A la Carte Servings	Adult Servings	Leftovers	
	Number)	-		Servings	Servings	Quantity)		Ac	tual		
	1										
	-										
	-										
	-										
	-										
	-										
	1	I	I	I	I	I	l	I		1	

NOTE: All foods, including condiments and milk, must be included daily.

^{**}Portion size: must be same as planned. Use separate line if adjusted for age.
**Amount of food used based on USDA Food Buying Guide or USDA recipe.

SAMPLE 2 – on ISBE website

Production Record

Site:	Menu:	Ι.	
Meal Date:			Vegetable Sub-groups: G=Green
Total # of Projected Reimbursable Meals:			RO=Red/orange
*It is recommended that a consent and ration record to accordant for each			BP=Beans/Peas
*It is recommended that a separate production record be completed for each			S= Starchy

*It is recommended that a separate production record be completed for each meal service line, as it is a requirement that EACH service line must meet the meal pattern requirements.

	Vegetable Sub-groups: G=Green RO=Red/orange BP=Beans/Peas S= Starchy						
	0=0	ther					
tual a la carte ervings		Actual adult servings	leftovers				

	Food Item						Recipe	Grade group	Portion size	Student projected servings	Total projected servings	Amt food used (wt or quantity)	Actual student servings	Actual a la carte servings	Actual adult servings	leftovers
Meat/Meat Alternate:																
eat/I Item																
Σ«																
ë																
Grain:																
Fruit:																
_																
		G	RO	BP	S	0										
able		G	RO	BP	S	0										
Vegetable:		G	RO	BP	S	0										
>		G	RO	BP	S	0										
		G	RO	BP	S	0										
Milk																
2																
16																
Condiments:																
undin																
8																<u> </u>

Production records must contain the following:

- Site name
- Meal date
- Food items
- Recipe OR Product used
- Grade group(s) K-5, 6-8, K-8, 9-12
- Portion size
- Planned/Projected servings (students/adults)



REQUIRED PRIOR TO SERVICE

Production Record

Site: Apple Elementary School Meal Date: August 28th, 20xx MENU: WG Chicken Nuggets (2M, 1WG)

Broccoli (1/2 c DG Veg)

Fresh Baby Carrots (1/2 c RO Veg)

Mixed Fruit (1/2 c F)

1% White/1% Chocolate Milk

Total Projected Reimbursable Lunches	<u>175</u>
--------------------------------------	------------

Food Item Used and Form	Recipe or Product (Name and	Grade Group	Portion Size* (Number/	Student Projected	Total Projected	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	Number)	отобр	Weight/ Quantity)	Servings	Servings	Quantity)	Actual			
WG Chicken Nuggets	Tyson	K-8	5 each	175	180					
Broccoli	R-175	K-8	½ Cup	75	80					
Baby Carrots, Fresh	DOD	K-8	½ Cup	150	155					
Mixed Fruit, Light Syrup	US Foods	K-8	½ Cup	140	145					
1% White Milk	PF	K-8	1 each	36	50					
1% Chocolate Milk	PF	K-8	1 each	112	150					
BBQ Sauce Packets	Heinz	K-8	1-2 pkt	100	100					
Ketchup Packets	Heinz	K-8	1-2 pkt	100	100					
Ranch Packets	Hidden Valley	K-8	1-2 pkt	100	100					

NOTE: All foods, including condiments and milk, must be included daily.



^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

(Continued...)

Production records must contain the following:

- Total amount of food prepared
- Actual meals served (students/adults/a la carte)
- Leftovers



REQUIRED AFTER MEAL SERVICE

Production Record

Site: Apple Elementary School Meal Date: August 28th, 20xx

Broccoli (1/2 c DG Veg)

Fresh Baby Carrots (1/2 c RO Veg)

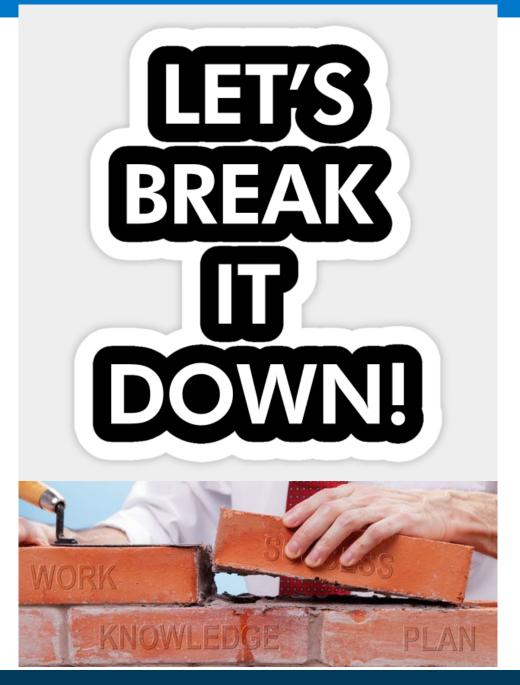
Mixed Fruit (1/2 c F)

1% White/1% Chocolate Milk

Total Projected Reimbursable Lunches _____<u>175</u>

Food Item Used and Form	Recipe or Product (Name and	Grade Group	Portion Size* (Number/	Student Projected	Total Projected	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	Number)	огоар	Weight/ Quantity)	Servings	Servings	Quantity)	Actual			
WG Chicken Nuggets	Tyson	K-8	5 each	175	180	7.5 bags	168	2	5	5
Broccoli	R-175	K-8	½ Cup	75	80	12# (4 bags)	70	0	3	7
Baby Carrots, Fresh	DOD	K-8	½ Cup	150	155	25# (5 bags)	135	0	5	15
Mixed Fruit, Light Syrup	US Foods	K-8	½ Cup	140	145	8-#10 Cans	131	1	4	9
1% White Milk	PF	K-8	1 each	36	50	1 crate	32	10	2	6
1% Chocolate Milk	PF	K-8	1 each	112	150	3 crates	112	25	1	12
BBQ Sauce Packets	Heinz	K-8	1-2 pkt	100	100	100 pkts	65	0	0	35
Ketchup Packets	Heinz	K-8	1-2 pkt	100	100	100 pkts	60	0	0	40
Ranch Packets	Hidden Valley	K-8	1-2 pkt	100	100	100 pkts	90	0	0	10







Food Items Column

- List all items served on the line
 - Including condiments
- Be specific → types of fruit, juice,
 milk
- Best practice → indicate WG
- If you have substitutions → mark out item and record the item served in it place and what happened
 - Product supply issues

Food Item Used and Form
WG Chicken Nuggets
Broccoli
Baby Carrots, Fresh
Mixed Fruit, Light Syrup
40/ \A/I=!4= \A!II.
1% White Milk
1% White Milk 1% Chocolate Milk
1% Chocolate Milk
1% Chocolate Milk BBQ Sauce Packets



Recipe or Product Column

- Recipes are required for menu items when 2 or more ingredients are combined
 - You may breakdown sandwiches by listing out the food items separately (bread, deli meat, cheese OR bun, hamburger, cheese)
- Product list either brand, fresh, frozen, USDA, etc.
 - Processed food = CN Label or PFS



Food Item Used and Form	Recipe or Product (Name and Number)
WG Chicken Nuggets	Tyson
Broccoli	R-175
Baby Carrots, Fresh	DOD
Mixed Fruit, Light Syrup	US Foods
1% White Milk	PF
1% Chocolate Milk	PF
BBQ Sauce Packets	Heinz
Ketchup Packets	Heinz
Ranch Packets	Hidden Valley

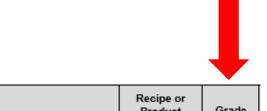


Grade Groups Column

 List the grade group(s) for which the menu is planned



■ Lunch → K-5, 6-8, K-8, 9-12



Food Item Used and Form	Recipe or Product (Name and Number)	Grade Group
WG Chicken Nuggets	Tyson	K-8
Broccoli	R-175	K-8
Baby Carrots, Fresh	DOD	K-8
Mixed Fruit, Light Syrup	US Foods	K-8
1% White Milk	PF	K-8
1% Chocolate Milk	PF	K-8
BBQ Sauce Packets	Heinz	K-8
Ketchup Packets	Heinz	K-8
Ranch Packets	Hidden Valley	K-8



Portion Size Column

- List the portion as it served on the tray.
 - Make it easy for your staff to understand exactly what should be served
 - Without this guide on the PR, the server may have no way of knowing the correct portion size for the grade group

Food Item Used and Form	Recipe or Product (Name and Number)	Grade Group	Portion Size* (Number/ Weight/ Quantity)
WG Chicken Nuggets	Tyson	K-8	5 each
Broccoli	R-175	K-8	½ Cup
Baby Carrots, Fresh	DOD	K-8	½ Cup
Mixed Fruit, Light Syrup	US Foods	K-8	½ Cup
1% White Milk	PF	K-8	1 each
1% Chocolate Milk	PF	K-8	1 each
BBQ Sauce Packets	Heinz	K-8	1-2 pkt
Ketchup Packets	Heinz	K-8	1-2 pkt
Ranch Packets	Hidden Valley	K-8	1-2 pkt



Best Practices on Portion Sizes

- \rightarrow Cheese slice \rightarrow 1 slice
- \rightarrow Cheese shrd \rightarrow 1oz
- \rightarrow Turkey taco meat \rightarrow 1.72oz (#16 scoop)
- \rightarrow Bun \rightarrow 1 bun
- \rightarrow Peaches, Canned \rightarrow ½ cup (4oz ladle)
- ➤ Pancakes → 2 each
- \rightarrow Cherry tomatoes \rightarrow 4 ea (1/4 cup)
- ➤ Deli turkey → 6 slices (3oz)



Basics at a Glance Poster

Scoops and Ladles or Portion Servers are only volume measuring utensils

They are not weight!

A #6 scoop = 2/3 cup

A 4 oz ladle = ½ cup

Basics at a Glance

Recipe Abbreviations

'		
approx.	=	approximate
tsp or t	=	teaspoon
Tbsp or T	=	tablespoon
С	=	cup
pt	=	pint
qt	=	quart
gal	=	gallon
wt	=	weight
0Z	=	ounce
lb or#	=	pound (e.g., 3#)
g	=	gram
kg	=	kilogram
vol	=	volume
mL	=	milliliter
L	=	liter
fl oz	=	fluid ounce
No. or #	=	number (e.g., #3)
in. or "	=	inches (e.g., 12")
°F	=	degree Fahrenheit
°C	=	degree Celsius or

centigrade

Volume Equivalents for Liquids

60 drops	= 1 tsp	
1 Tbsp	= 3 tsp	= 0.5 fl oz
1/8 cup	= 2 Tbsp	= 1 fl oz
1/4 cup	= 4 Tbsp	= 2 fl oz
1/3 cup	= 5 Tbsp + 1 tsp	= 2.65 fl oz
3/8 cup	= 6 Tbsp	= 3 fl oz
1/2 cup	= 8 Tbsp	= 4 fl oz
5/8 cup	= 10 Tbsp	= 5 fl oz
2/3 cup	= 10 Tbsp + 2 tsp	= 5.3 fl oz
3/4 cup	= 12 Tbsp	= 6 fl oz
7/8 cup	= 14 Tbsp	= 7 fl oz
1 cup	= 16 Tbsp	= 8 fl oz
1/2 pint	= 1 cup	= 8 fl oz
1 pint	= 2 cups	= 16 fl oz
1 quart	= 2 pt	= 32 fl oz
1 gallon	= 4 qt	= 128 fl oz

Equivalent Weights

16 oz	= 1 lb	= 1.000 lb
12 oz	= 3/4 lb	= 0.750 lb
8 oz	= 1/2 lb	= 0.500 lb
4 oz	= 1/4 lb	= 0.250 lb
1 07	= 1/16 lb	= 0.063 lb

Scoops (Dishers)

Size/No.1	Level Measure	Color Code ²
6	2/3 cup	
8	1/2 cup	
10	3/8 cup	
12	1/3 cup	
16	1/4 cup	
20	3-1/3 Tbsp	
24	2-2/3 Tbsp	
30	2 Tbsp	
40	1-2/3 Tbsp	
50	3-3/4 tsp	
60	3-1/4 tsp	
70	2-3/4 tsp	
100	2 tsp	

1 Scoops are left or right hand or squeeze-type that can be used for both hands. Number on the scoop indicates how many level scoopfuls make one



Ladles & Portion Servers

Ladle fl oz	Appox. Measure	Portion Server fl oz
1 oz	1/8 cup	1 oz
2 oz	1/4 cup	2 oz
3 oz	3/8 cup	3 oz
4 oz	1/2 cup	4 oz
6 oz	3/4 cup	6 oz
8 oz	1 cup	8 oz
40	4 4 /0	

Ladles and portion servers (measuring-serving spoons that are volume-standardized) are labeled "oz." "Fl oz" would be more accurate since they measure volume, not weight.

Use ladles for serving soups, stews, creamed dishes, sauces, gravies, and other liquid products.

Use portion servers (solid or perforated) for portioning solids and semi-solids such as fruits and vegetables, and condiments.

Cooking or Serving Spoons



Spoons vary in length (11*, 13*, 15*, 18*, 21*) for ease of use in cooking or serving. Spoons can have plastic handles that are heat-resistant. Level scoops, ladles, and portion servers provide more accurate portion control than serving spoons that are not volume-standardized measure.





A thumb notch on a server or spoon handle prevents the spoon from slipping into the pan and prevents hands from sliding into the food. Triple-edge (solid or perforated) spoons have a flat edge that increases the area where the spoon touches the bottom of the pan when stirring.





REMEMBER

Weight G/B and M/MA ounce equivalents (oz eq)





Volume Milk, Fruit & Vegetable cups





Projected Servings Column

 Student Projected = morning count or what is being prepared for reimbursable meals only

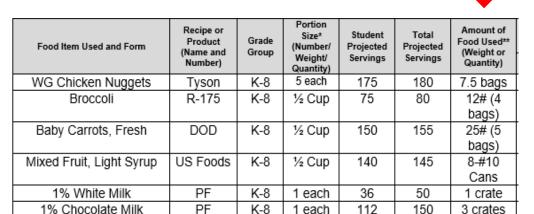
Total Projected = students +
 adults + a la carte

Food Item Used and Form	Recipe or Product (Name and Number)	Grade Group	Portion Size* (Number/ Weight/ Quantity)	Student Projected Servings	Total Projected Servings
WG Chicken Nuggets	Tyson	K-8	5 each	175	180
	5325				
Broccoli	R-175	K-8	½ Cup	75	80
Baby Carrots, Fresh	DOD	K-8	½ Cup	150	155
Mixed Fruit, Light Syrup	US Foods	K-8	½ Cup	140	145
1% White Milk	PF	K-8	1 each	36	50
1% Chocolate Milk	PF	K-8	1 each	112	150
BBQ Sauce Packets	Heinz	K-8	1-2 ea	100	100
Ketchup Packets	Heinz	K-8	1-2 ea	100	100
Ranch Packets	Hidden Valley	K-8	1-2 ea	100	100



Amount of Food Used Column

- Record the amount of food prepared
 - Projected quantity based on FBG
 - pounds, ounces, #10 cans, quarts, gallons, cases, etc.
- Amount of chicken nuggets (24 servings/bag)
 - 7.5 bags



K-8

K-8

Heinz

Heinz

Hidden Valley

1-2 pkt

1-2 pkt

1-2 pkt

100

100

100

BBQ Sauce Packets

Ketchup Packets

Ranch Packets



100

100

100

100 pkts

100 pkts

100 pkts

Using the Food Buying Guide Calculator to determine how much

	Action	Food As Purchased, AP	Purchase Unit	Servings per Unit	Serving Size per Meal Contribution
	Add	Carrots, fresh, Baby, Ready-to-use	Pound	12.9	1/4 cup raw vegetable
4	Add	Carrots, fresh, Baby, Ready-to-use	Pound	11.4	1/4 cup cooked, drained vegetable
	Add	Carrots, frozen, Baby	Pound	10.9	1/4 cup cooked, drained vegetable

		Food Item Description	Purchase Unit	Number of Purchase Units on Hand	Number of Servings	Exact Quantity	Buy Purchase Units
X	Carrot	ts, fresh , Baby, Ready-to-use , 1/4 cup raw vegetable	Pound	0	155	24.0311	24.25
	#	Serving Size		8 Number of Servi	ings		А
	1	1/2 cup 🕶	155				Remove Servin

- Baby Carrots, Fresh = For every 1 pound purchased, you get 12.9 servings at ¼ cup
- We are serving a ½ cup which now means 6.45 servings/pound
- We need 155 servings. Therefore 155/6.45 = 24.03 lbs (round up to 25 lbs)



Actual Meals Served Column

 Student, a la carte, and adult numbers should come from your ACTUAL POS report.

Food Item Used and Form	Recipe or Product (Name and	Grade Group	Portion Size* (Number/	Student Projected	Total Projected	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings
	Number)	огоир	Weight/ Quantity)	Servings	Servings	Quantity)		Ac	tual
WG Chicken Nuggets	Tyson	K-8	5 each	175	180	7.5 bags	168	2	5
Broccoli	R-175	K-8	1/2 Cup	75	80	12# (4	70	0	3
						bags)			
Baby Carrots, Fresh	DOD	K-8	1/2 Cup	150	155	25# (5	135	0	5
						bags)			
Mixed Fruit, Light Syrup	US Foods	K-8	½ Cup	140	145	8-#10	131	1	4
						Cans			
1% White Milk	PF	K-8	1 each	36	50	1 crate	32	10	2
1% Chocolate Milk	PF	K-8	1 each	112	150	3 crates	112	25	1
BBQ Sauce Packets	Heinz	K-8	1-2 pkt	100	100	100 pkts	65	0	0
Ketchup Packets	Heinz	K-8	1-2 pkt	100	100	100 pkts	60	0	0
Ranch Packets	Hidden Valley	K-8	1-2 pkt	100	100	100 pkts	90	0	0



Leftovers Column

- Once the meal service is over, staff should record leftovers in servings
- This will assist with any revisions when the menu is served in the future to reduce leftovers
- NOTE should only plan/prepare one meal per student

										<u> </u>
Food Item Used and Form	Recipe or Product (Name and	Grade Group	Portion Size* (Number/	Student Projected	Total Projected	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	Number)	огоар	Weight/ Quantity)	Servings	Servings	Quantity)		Ac		
WG Chicken Nuggets	Tyson	K-8	5 each	175	180	7.5 bags	168	2	5	5
Broccoli	R-175	K-8	½ Cup	75	80	12# (4	70	0	3	7
						bags)				
Baby Carrots, Fresh	DOD	K-8	½ Cup	150	155	25# (5	135	0	5	15
						bags)				
Mixed Fruit, Light Syrup	US Foods	K-8	½ Cup	140	145	8-#10	131	1	4	9
						Cans				
1% White Milk	PF	K-8	1 each	36	50	1 crate	32	10	2	6
1% Chocolate Milk	PF	K-8	1 each	112	150	3 crates	112	25	1	12
BBQ Sauce Packets	Heinz	K-8	1-2 pkt	100	100	100 pkts	65	0	0	35
Ketchup Packets	Heinz	K-8	1-2 pkt	100	100	100 pkts	60	0	0	40
Ranch Packets	Hidden Valley	K-8	1-2 pkt	100	100	100 pkts	90	0	0	10
·			<u>-</u>	•	·		·		MIIIC.	



It is very important that the entire production record is completed at the end of the day that the meal is served

- Accuracy fades as time extends
 - It is easiest to remember what was done on the day of service

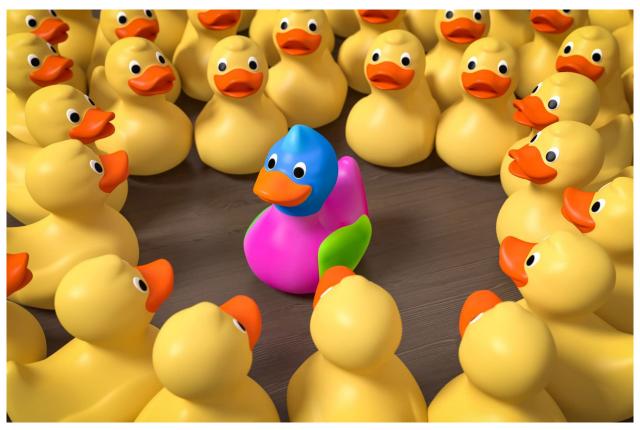


Common Errors

- Incomplete PR
 - No portion size listed
 - No leftovers recorded
 - All items offered are not listed (i.e. condiments)
- Information that is not accurate of what was served
 - Turkey taco meat → 2oz versus 3.44oz
 - French Fries → 4oz versus ½ cup



Unique Situations and What to Do





My school building serves K-12 in the same building or MS/HS together...

- You do not have to do separate PRs for each grade group in same building
 - However, you must separate the amount by grade groups and portions
- List the grade group(s) for which the menu is planned.
 - Breakfast → K-5, 6-8, K-8, 9-12, K-12
 - Lunch → K-5, 6-8, K-8, 9-12



Production Record

Site: Apple Elementary School Meal Date: August 28th, 20xx

Total Projected Reimbursable Lunches

 $K-8 \rightarrow 175$ 9-12 $\rightarrow 50$ MENU: WG Chicken Nuggets

Broccoli

Fresh Baby Carrots

Mixed Fruit

1% White/1% Chocolate Milk

WG Roll (9-12 only)

List all food Items (including condiments)	Recipe or Product (Name and	Grade Group	Portion Size*	Student Projected Servings	Total Projected Servings	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings	Leftovers	
	Number)			Servings	Servings	Quantity)		Actual			
WG Chicken Nuggets	Tyson	K-8	5 each	175	180	10 bags	168	2	5	7	
		9-12	5 each	50	55		51	2	0		
Broccoli	R-175	K-8	½ cup	75	80	7 lbs	70	0	3	17	
		9-12	½ cup	25	30		20	0	0		
Fresh Baby Carrots	DOD	K-8	½ cup	150	155	31 lbs	135	0	5	25	
		9-12	½ cup	40	45		35	0	0		
Mixed Fruit	US Foods	K-8	½ cup	140	145	16-#10	131	1	4	14	
		9-12	1/2 - 1 cup	40	45	cans	40	0	0		
1% White Milk	PF	K-8	1 ea	36	50	2 crates	32	10	2	41	
		9-12	1 ea	15	50	1	15	0	0		
1% Chocolate Milk	PF	K-8	1 ea	112	150	4 crates	112	25	1	27	
		9-12	1 ea	32	50]	30	5	0		
BBQ Sauce	Heinz	K-8	1-2 pkt	100	100	150 pkts	65	0	0	60	
		9-12	1-2 pkt	50	50]	25	0	0		
Ranch	Hidden Valley	K-8	1-2 pkt	100	100	150 pkts	60	0	0	59	
		9-12	1-2 pkt	50	50		31	0	0		
Ketchup	Heinz	K-8	1-2 pkt	100	100	150 pkts	90	0	0	20	
		9-12	1-2 pkt	50	50]	40	0	0		
WG Dinner Roll	Bakecrafters	9-12	1 roll	50	55	55 rolls	50	0	0	5	
	•		•			1		SIA	ALE BU	ARUL	
								T ED	UCATIO	NC	

Sample After School Snack PR

After School Snack Production Record

School Name Apple Elementary School

Week of September 9-13, 20xx

	Check (✓) Menu Components for each day (must ✓ at least 2 required components).	Snack Menu	Portion Size	Total Amount Prepared	# of Students Served	# of Adults Served
Monday	☐ M/MA (1oz) X G/B (1 oz) ☐ F/V (3/4 cup)	WGR Cheez-its 1% White Milk	1 pkg (1oz) 1 carton	50 pkgs	41	2
Θ	X Milk (1 cup)	OR 1% Chocolate Milk		35 cartons	41	2
Tuesday	☐ M/MA (1oz) X G/B (1 oz) ☐ F/V (3/4 cup) X Milk (1 cup)	WG Cinnamon Toast Crunch 1% White Milk OR 1% Chocolate Milk	1 bowl (1oz) 1 carton	50 pkgs 15 cartons 35 cartons	38	2
Wednesday	☐ M/MA (1oz) X G/B (1 oz) X F/V (3/4 cup) ☐ Milk (1 cup)	WG Sunchips 100% Apple Juice	1 pkg (1oz) 6 fl. oz	50 pkgs	42	2
Thursday	X M/MA (1oz) X G/B (1 oz) □ F/V (3/4 cup) □ Milk (1 cup)	String Cheese Saltine Crackers	1 oz pkg 4 pkgs (2 ct)	50 each 50 – 4 pkgs	45	2
Friday	☐ M/MA (1oz) X G/B (1 oz) ☐ F/V (3/4 cup) X Milk (1 cup) ☐ (Ctrl) ▼	WG Muffin 1% White Milk OR 1% Chocolate Milk	1 muffin (2oz) 1 carton	50 each 15 cartons 35 cartons	34	2

Nutrition Department Illinois State Board of Education

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thankyou

