## ISBE School Nutrition Programs Update

#### Wednesday, Oct. 2, 2024



#### **On the Calendar**

- Oct. 3: "Using the USDA's Recipe Analysis Workbook" (ICN)
- Oct. 8: "Forecasting the Procurement of Foods" (ICN)
- Oct. 10: Illinois Great Apple Crunch
- Oct. 10: Submit claims in WINS
- Oct. 14: ISBE offices closed for Columbus Day
- Oct. 14-18: National School Lunch Week
- Oct. 22: <u>Serve It Safely Food Handler Training</u>
- Oct. 23-24: <u>ILSNA Annual Conference</u>
- Oct. 29: "Food Safety in Schools: Keeping Food Safe" (ICN)
- Nov. 1: Steps 2-5 of the VSR open in WINS
- Nov. 4: ISBE School Nutrition Programs Update
- Nov. 15: Verification process deadline





#### **On the Calendar**



### 2024-25 Promo Calendar

 Free resource from the School Nutrition Association



- Filled with month-long, week-long, and single-day holidays and events such as National Taco Day and National Pasta Day
- Inspire cafeteria celebrations and nutrition education



#### What's New? www.isbe.net/nutrition

#### **ISBE School Nutrition Programs Updates**

- 2-3 p.m. Monday, Nov. 4
- 2-3 p.m. Wednesday, Feb. 5
- 2-3 p.m. Wednesday, March 5
- 2-3 p.m. Wednesday, April 2
- 2-3 p.m. Wednesday, May 7
- Register online:



https://register.gotowebinar.com/rt/5845845379050237016

 Recordings Available on the <u>SNP Training</u> and Professional Standards webpage



## **Get The Outlook**

- Latest issue posted at <u>www.isbe.net/nutrition</u>
- Keep your WINS contacts up-to-date
- Subscribe at <u>www.isbe.net/subscribe</u>









### **HMI Recognition Awards**

Healthy Meals Incentives Recognition Awards

https://healthymealsincentives.org/recognition-awards/

#### **Award Categories**

- Breakfast Trailblazer
- Small and/or Rural SFA Breakfast Trailblazer
- Lunch Trailblazer
- Small and/or Rural SFA Lunch Trailblazer
- Innovative School Lunch Makeover
- Innovation in the Cultural Diversity of School Meals
- Innovation in the Preparation of School Meals
- Innovation in Nutrition Education









### HMI Recognition Awards

## Congrats to Paris CUSD 4!

#### Recognized for Innovation in the Preparation of School Meals





#### Paris CUSD 4









STATE BOARD OF EDUCATION





#### **HMI Recognition Awards**

- Midwest Central Community Unit District 191 in Manito, Small or Rural School Food Authority Lunch Trailblazer Award
- Herrin Community School District 4, Innovation in Nutrition Education Award
- Thornton Fractional HSD 215 in Lansing, Breakfast

Trailblazer Award





#### Midwest Central CUSD 191 in Manito









What's New? <a href="https://schoolnutrition.extension.illinois.edu/">https://schoolnutrition.extension.illinois.edu/</a>





UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

- Serve It Safely
   Food Handler Training
  - 2-4:30 p.m. Oct. 22





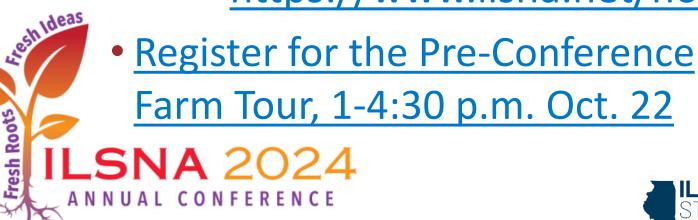






# 2024 Illinois School Nutrition Association Annual Conference

- Oct. 23-24 in Springfield
  - <u>https://www.ilsna.net/home</u>







## Institute of Child Nutrition

 STAR Webinar Series: "Procurement Best Practices for Sourcing Locally Grown Foods"

-2-3 p.m. Oct. 31

• Register online by clicking here.



#### **ISBE Procurement Resources:**

https://www.isbe.net/Pages/Nutrition-Financial-Management.aspx



## ICN

- Free Virtual Instructor-Led Trainings
- Register at Foods https://theicn.org/info/vilt/

- · Basic Culinary Math
- Buy American: US Agriculture Supporting Healthy School Meals
- Customer Experience. Merchandising and Food Presentation (ISNL)
- Food Safety Basics
- Food Safety in Schools: Facts About Foodborne Illness
- Food Safety in Schools: Food Safety Fundamentals
- Food Safety in Schools: Keeping Food Safe
- Food Production and Operation Management (ISNL)
- Forecasting the Procurement of

- Infant Meal Pattern Requirements
- Introduction to Happy Mealtimes in Childcare Settings
- Meal Accommodations (ISNL)
- Norovirus in Child Care
- Procurement and Inventory Management (ISNL)
- Reimbursable School Meals (ISNL)
- Using Ounce Equivalents for Grains in the CACFP
- Utilizing the Cafeteria as a Classroom
- Workplace Safety (ISNL)
  - TheICN.org/vilt

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## **National School Lunch Week**

- Oct. 14-18
- <u>School Nutrition</u>
   <u>Association resources</u>
- USDA Team Nutrition











## Illinois Great Apple Crunch

- Thursday, Oct. 10
- Registration under way!

https://illinoisfarmtoschool.org/great-apple-crunch/

October is National Farm to School Month







## Local Foods for Schools (LFS)

- You may still be able to sign up. Email <u>localfoods@isbe.net</u>.
- You can <u>request additional funds</u>.
- Farm to Child Nutrition Programs webpage









#### **And Justice For All Posters**

- New order form located on ISBE's Civil Rights webpage
- The poster includes both English and Spanish text
- Hang in a prominent place(s) for program participants



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## "Operating CEP in SY 24-25"

- Webinar recording and PDF of slides available on the <u>SNP Training and</u> <u>Professional Standards webpage</u>
- Next CEP application period is April 1 to June 30 for School Year 25-26
- www.isbe.net/cep



## **Verification Requirement**

All School Nutrition Program sponsors participating in the National School Lunch Program (NSLP) and School Breakfast Program (SBP) who receive and approve Household Eligibility Applications between July 1 to Oct. 1, 2024, must conduct Verification.

**PLEASE NOTE:** Sponsors that are district-wide CEP do not need to complete the Verification process or the VSR.



## **Verification Checklist**

- Watch the "Verification Process for SY 24-25 webinar
- Read <u>Section I: Verification of</u> the <u>SNP Administrative Handbook</u>
- Directly certify as many students as possible on approved applications
- Complete your Oct. 1 count

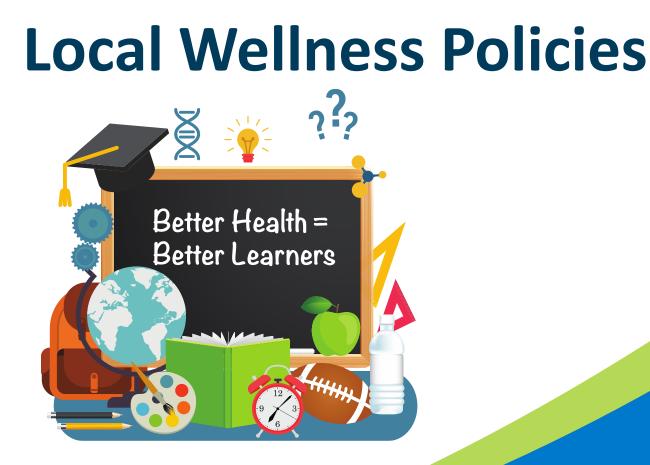


## **Verification Timeline**

**Nov. 1:** Steps 2-5 of the VSR open in WINS. You may begin entering completed Verification results and data in the VSR.

**Nov 15:** Marks the completion of the Verification process. Each year, LEAs that processed HEAs to provide free or reduced-price meal benefits to students are required to have completed the Verification process by Nov. 15. Sponsors should be complete with correspondence with households selected for Verification. **Dec. 15:** The deadline to submit the Verification Summary Report (VSR) is Dec. 15; ISBE is allowing an extension to Monday, Dec. 16. The VSR must be submitted in WINS to avoid claim withholding.







## Policy Content Requirements Triennial Assessments Resources



#### Who Must Have a Local Wellness Policy?

The Healthy, Hunger-Free Kids Act of 2010 (HHFKA) requires all sponsors participating in the National School Lunch Program (NSLP) and/or School Breakfast Program (SBP) to establish a written Local Wellness Policy for all participating sites under its jurisdiction





#### What Must be Included in Your Local Wellness Policy?

Goals for Nutrition Education	Goals for Nutrition Promotion	Goals for Physical Activity	Goals for Other School-Based Wellness Activities
Nutrition Standards for School Meals	Nutrition Standards for Competitive Foods	Standards for All Foods/Beverages Provided (Not Sold)	Food & Beverage Marketing
Unused Food Sharing Plan	Wellness Leadership	Public Involvement	Reporting
		nnial sments	ILLINOIS STATE BOARD OF EDUCATION

#### Local Wellness Policy Content—Goals

Goals for Nutrition Education Goals for Nutrition Promotion Goals for Physical Activity Goals for Other School-Based Wellness Activities

- Specific goals for 1) nutrition promotion, 2) nutrition education, 3) physical activity, and 4) other school-based activities that promote student wellness
- Sponsors are required to review and consider evidence-based strategies when determining these goals. Examples include:
  - CDC Healthy Schools: <u>https://www.cdc.gov/healthyschools/nutrition/wellness.htm</u>
  - Whole School, Whole Community, Whole Child (WSCC): <u>https://www.cdc.gov/healthyschools/wscc/index.htm</u>
  - USDA Team Nutrition: <u>https://www.fns.usda.gov/tn/school</u>



#### Local Wellness Policy Content—Nutrition

Nutrition Standards for School Meals

- Nutrition standards for school meals that are consistent with, or exceed, the USDA meal pattern requirements
- New requirements go into effect beginning in school year 2025-26: <u>Updates to the School Nutrition Standards</u>



#### Local Wellness Policy Content—Nutrition

Nutrition Standards for Competitive Foods



- Nutrition standards for competitive food items that are <u>sold</u> to students on the <u>school campus</u> during the <u>school day</u>
  - School campus = locations on the premises that are accessible to students during the school day
  - School day = the midnight before to 30 minutes after the end of the official school day
- Examples include a la carte items, vending machines, school stores, etc.
- Competitive food items must meet USDA Smart Snacks Standards
  - <u>https://www.fns.usda.gov/cn/tools-schools-focusing-smart-snacks</u>



#### Local Wellness Policy Content—Nutrition

Standards for All Foods/Beverages Provided (Not Sold)

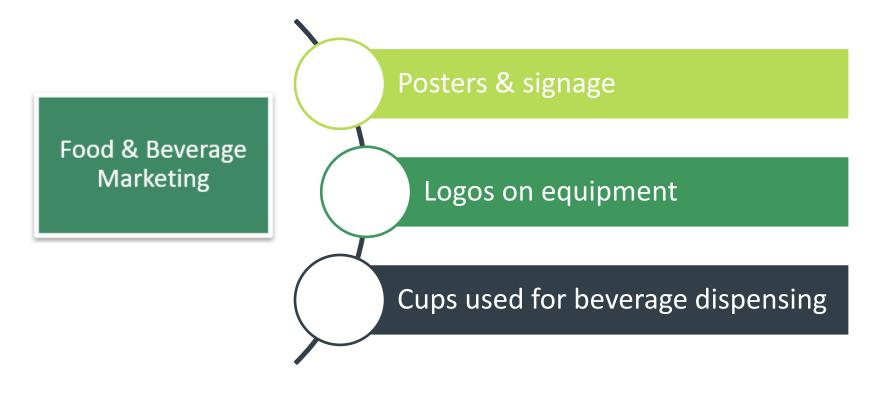


- Standards for all foods and beverages provided, but <u>not sold</u> to students on the <u>school campus</u> during the <u>school day</u>
- Examples include classroom parties, rewards, etc.
- These nutrition standards are set at the local level



#### Local Wellness Policy Content—Food & Beverage Marketing

Only food and beverage items that meet Smart Snack standards may be marketed on the school campus during the official school day





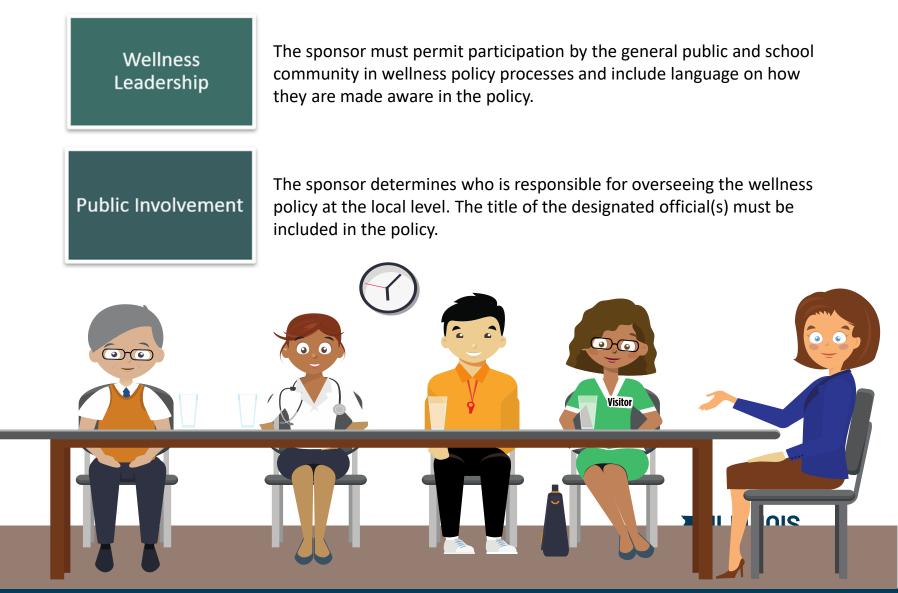
#### Local Wellness Policy Content—Unused Food Sharing Plan

Unused Food Sharing Plan

- Public Act 102-0359 requires Illinois school districts to incorporate a food sharing plan for unused food focused on students in need into their local wellness policy
- Full text: <u>https://ilga.gov/legislation/publicacts/fulltext.asp?Name=102-0359</u>
- Examples might include share tables, donations to local food pantries, etc.
- Ensure federal and local regulations and sanitation codes are being met (contact your local health department)



#### Local Wellness Policy Content—Leadership & Public Involvement



#### Local Wellness Policy Content—Reporting & Triennial Assessments

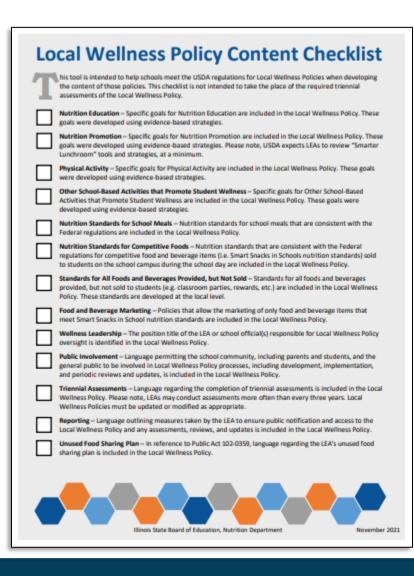


Language outlining measures taken by the LEA to ensure public notification and access to the local wellness policy and any assessments, reviews, and updates is included in the local wellness policy.

Triennial Assessments Language regarding assessments of the local wellness policy must be included in the policy (i.e. triennial assessments).



#### **Resource:** Local Wellness Policy Content Checklist

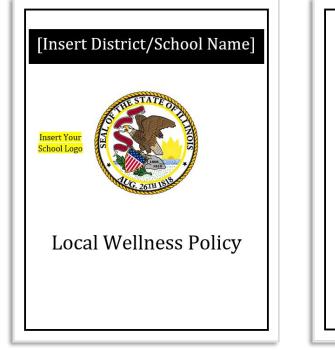


This checklist can be used to make sure the content of your Local Wellness Policy meets the minimum requirements

For a copy of this checklist: https://www.isbe.net/Docum ents/Local-Wellness-Policy-Content-Checklist.pdf



#### **Resource:** Local Wellness Policy Template



	ace
wem	Wellness Policy Leadership
	Wellness Policy Committee Members
Wall	ness Policy Committee Responsibilities
wen	Public Involvement
	Assessments
	Updates
	Records
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	Nutrition Standards
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	Other Opportunities for Physical Activity
	Physical Activity Promotion
Othe	r School-Based Activities 12

#### Preface

In accordance with 7 CFR 210.31(c) a Local Education Agency that participates in the National School Lunch Program (NSLP) and/or School Breakfast Program (SBP) must estabilish a Local School Welinese Policy for all schools under its jurisdiction. As of June 30. 2017. Local Wellness Policies must meet the minimum requirements set forth in the Final Rule: Local School Weliness Policy Implementation Under the Healthy. Hunger-Free Kids Act of 2010.

Local Wellness Policies are a valuable tool in the promotion of student health and wellness through the NSLP and SBP. Schools play an essential role in preparing students for successful futures, and proper nutrition and physical activity are key to creating constructive learning environments. Local Wellness Policies provide guidance to further support schools efforts to provide students with a successful and healthy future.

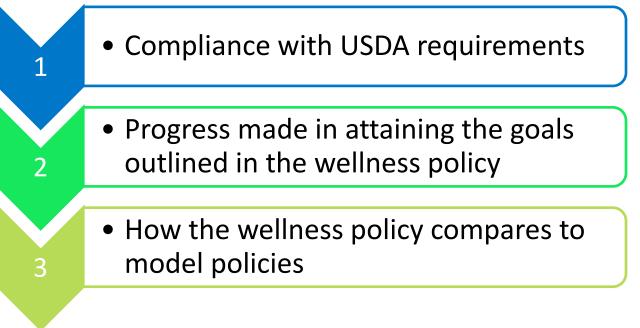
Local Wellness Policy

#### https://www.isbe.net/Pages/Local-School-Nutrition-Wellness-Policy.aspx



## **Triennial Assessments**

USDA requires all sponsors participating in the National School Lunch Program (NSLP) and/or School Breakfast Program (SBP) to have a local wellness policy and assess that policy **at least once every three years**. This is referred to as the triennial assessment and must assess, for each participating site:





## **Triennial Assessments**

Sponsors may use any of the following tools when completing their triennial assessments:





DC's Wellness Policy in Action Tool (WPAT

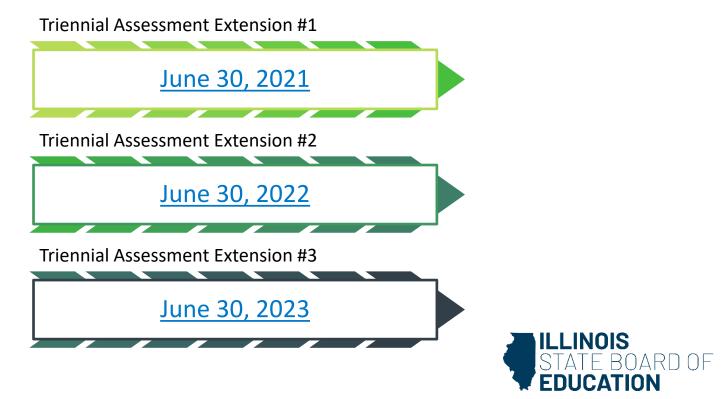


Sponsors may develop their own form (must meet USDA's three requirements)

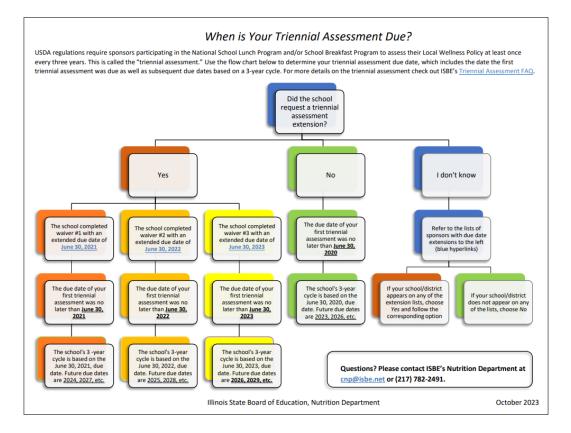


## **Triennial Assessments**

Under original USDA guidance, the first triennial assessment was due <u>June 30</u>, <u>2020</u>. Some sponsors may have been approved for a later due date as a result of several USDA waivers. Sponsors with extended due dates for their first triennial assessment are listed below.



### **Resource: When is Your Triennial Assessment Due?**



https://www.isbe.net/Documents/When-is-Your-Triennial-Assessment-Due.pdf



### **Resource:** *Triennial Assessment Template*

Sponsors participating in the National So policy for all participating sites under its years; this is referred to as the triennial jurisdiction, 1) compliance with the well wellness policy compares to model well	I Wellness Policy Triennial Assessment into Lunch Program and/or School Breakfast Program ar juridition. At a minimum, the local wellness policy must assessment. Therein assessments must determine, for e- erses policy. This documentation should be last on the R memoter advice your next school narrow and be last of the R memoter advice your next school narrow and the advices and the memoter advice your next school narrow and the advices and the memoter advice your next school narrow and the advices and the memoter advice your next school narrow and the advices and the school of the sc	e required to have a local wellness t be assessed once every three ach participating site under its wellness policy, and 3) how the with your organization's written	policy, input the goals of your local Promotion, Physical Activity, and O	assessment must determine compliance wellness policy into the table below fire to the "School-Based Wellness Activity Wellness ps in attaining the goal(s), if applicable.	e correspon cate if the s	nding areas site is meet may be add	Nutrition Education, Nutrition ing, partially meeting, or not meeting		Part III Medel Palay Comparison As part of the trienal assessment, USDA requires sponsors to assess how their welfness policy compares to model welfness Choose age of the model unless goldies before the compare against your local welfness policy, indicate which model goldiey was chosen and provide a narrative for each prompt below based on the findings.
			Nutrition Education		Meeting	Meeting			Rudd Center's WellSAT 3.0 – Wellness assessment tool that asks a series of questions about your local wellness policy.
Sponsor Name:	Site Name:								generates a personalized scorecard based on the results. Users will need to create an account to access this tool.
Date Completed:	Completed by:								Other:
									1. What strengths does your current local wellness policy possess?
Part I: Content Checklist									
guidance. Check the box for each item in	ressed in Local Wellness Policies, based on U.S. Departmi ncluded in your Local Wellness Policy. For any box that is ture. For more information, see <u>ISBE's Local Wellness Pol</u>	not checked, consider taking steps							
Goals for Nutrition Education	Nutrition Standards for School Meals	Wellness Leadership	Goal	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)		2. What improvements could be made to your local wellness policy?
Goals for Nutrition Promotion	Nutrition Standards for Competitive Foods	Public Involvement	Nutrition Promotion						
Goals for Physical Activity	Standards for All Foods/Beverages Provided, but Not Sold	Triennial Assessments							
Goals for Other School-Based Wellness Activities	□Food & Beverage Marketing	Reporting							3. List any next steps that can be taken to make the changes discussed above.
Unused Food Sharing Plan									
				1					
Illinois State Board of Education, Nutrition Department October 2022		Illinois State Board of Education, Nut	Illinois State Board of Education, Nutrition Department October 2022					Illinois State Board of Education, Nutrition Department October 2	

#### https://www.isbe.net/Pages/Local-School-Nutrition-Wellness-Policy.aspx



### **Resource:** Triennial Assessment Tracking Form

#### Triennial Assessment Tracking Form

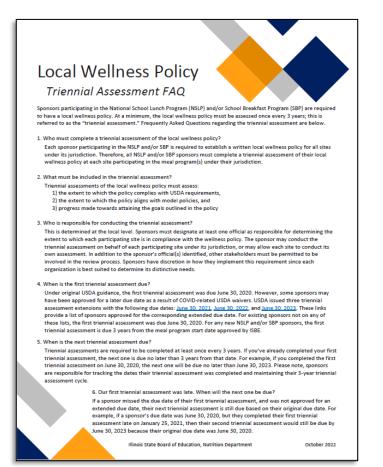
USDA regulations require sponsors participating in the National School Lunch Program and/or School Breakfast Program to assess their Local Wellness Policy at least once every three years. This is called the "triennial assessment." Use the table below to track completion dates of the triennial assessment and additional details for future reference. Please note, this form is only for tracking purposes and is not considered the triennial assessment. For more information on the triennial assessment, including a triennial assessment template, check out ISBE's Local Wellness Policy webpage.

Date Completed	Assessment Tool Used	Name of Staff Person(s) Completed By	Title of Staff Person(s)	Signature					
Check box if completed within 3 years of your last triennial assessment	ISBE Triennial Assessment Template CDC's Wellness Policy in Action Tool Other:								
Check box if completed within 3 years of your last triennial assessment	ISBE Triennial Assessment Template CDC's Wellness Policy in Action Tool Other:								
Check box if completed within 3 years of your last triennial assessment	ISBE Triennial Assessment Template CDC's Wellness Policy in Action Tool Other:								
Check box if completed within 3 years of your last triennial assessment	ISBE Triennial Assessment Template CDC's Wellness Policy in Action Tool Other:								
Check box if completed within 3 years of your last triennial assessment	ISBE Triennial Assessment Template         CDC's Wellness Policy in Action Tool         Other:								
Check box if completed within 3 years of your last triennial assessment	ISBE Triennial Assessment Template CDC's Wellness Policy in Action Tool Other:								
Clear Form Illinois State Board of Education, Nutrition Department October 202									

#### https://www.isbe.net/Documents/Triennial-Assessment-Tracking-Form.pdf



## **Resource:** Triennial Assessment FAQ



https://www.isbe.net/Pages/Local-School-Nutrition-Wellness-Policy.aspx



## **For More Resources:**



ISBE Local Wellness Policy Information Webpage

https://www.isbe.net/Pages/Local-School-Nutrition-Wellness-Policy.aspx



**PRICING OF REDUCED-PRICE MEALS:** The maximum price a sponsor can charge for a student reduced-price NSLP reimbursable meal is 40 cents. The maximum price a sponsor can charge for a student reduced-price School Breakfast Program reimbursable meal is 30 cents. And the maximum price a sponsor can charge for a student reduced-price After-School Care Program snack is 15 cents.

- <u>School-Based Child Nutrition Programs Rates of Reimbursement</u> <u>Effective July 1, 2024, to June 30, 2025</u>
- <u>School Nutrition Programs: Administrative Handbook</u> (Section M: Financial Management: Resource Management)



**RECORDS RETENTION:** Documentation related to the school-based child nutrition program must be maintained on file at the site or the SFA office for the current year, plus three years prior. In the case of an audit or investigation which extends beyond the three years plus current year, documents must be kept until the audit or investigation is completed.

• <u>School Nutrition Programs: Administrative Handbook,</u> (Section J: Miscellaneous Regulations)



### **ANNUAL SANITATION REVIEWS:** Each school

year SFAs must obtain two food sanitation inspections for each site where food is prepared or served. If an SFA has not received the food sanitation inspections by March 31, a letter must be written to the local health department requesting the required two food sanitation inspections for each site where food is prepared or served.

- <u>School Nutrition Programs: Administrative Handbook,</u> (Section L: Reviews)
- IDPH List of Local Health Departments



**CIVIL RIGHTS TRAINING:** The SFA must provide civil rights training to frontline staff on an annual basis. Frontline staff is defined as those who interact with program applicants or participants and those persons who supervise frontline staff.

- <u>School Nutrition Programs: Administrative Handbook,</u> (Section B: Civil Rights Statement and Requirements)
- ISBE Civil Rights webpage
- ISBE Civil Rights Training Video









Call (800) 545-7892 (toll free in Illinois) or (217) 782-2491



