Child and Adult Care Food Program (CACFP) WEBINAR

November 19, 2024



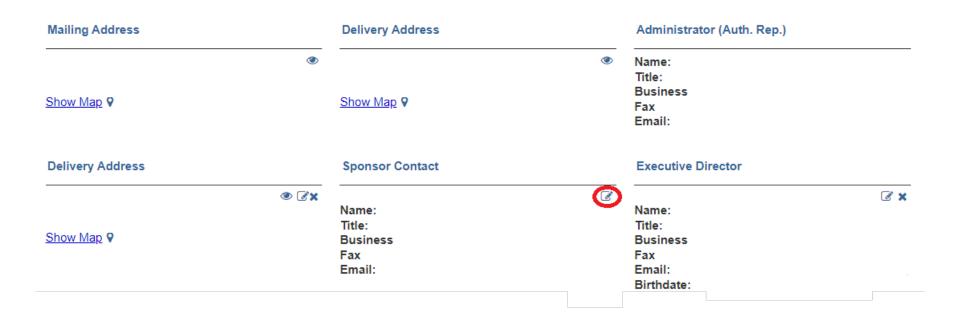
Agenda

- CACFP: Important Reminders
 - Update Contacts →
 Newsletter
 - Annual Enrollments
 - Annual Financial Reports
- Online Trainings
- Procurement
- Sponsors Monitoring responsibilities
- Final Rule Updates
- Nutrition Resources





Contact Updates in WINS



Change Request Form



Newsletter & Contact Changes

- Mealtime Minutes Newsletter
- Subscribing to ISBE Communications
 - https://www.isbe.net/subscribe
- **Previous CNP Newsletters**
 - https://www.isbe.net/Pages/Nutritio _ n-and-Wellness-Newsletters.aspx

NUTRITION **CNP NEWSLETTERS**

Mealtime Minutes (CACFP)

The Mealtime Minutes newsletter is your link to the Child and Adult Care Food Program

The digital newsletter and other communications are sent to the Authorized Representative and Sponsor Contact listed in the Web-Based Illinois Nutrition System (WINS) for Child and Adult Care Food Program sponsors. Please be sure to keep contacts up to date by completing the CACFP Change Request Form 🔛 to ensure proper delivery.

Others can sign up by visiting www.isbe.net/subscribe, where you can subscribe (or unsubscribe) to various ISBE emails, including the Mealtime Minutes (CACFP) Nutrition Newsletter and The Outlook (School Nutrition Programs) Nutrition Newsletter.

Mealtime Minutes Inspiring Success

24	20
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- January/February
- March/April 0
- Mav/June
- July/August
- September/October

- 2023
- January/February March/April

0

- Mav/June
- July/August
 - September/October
- November/December

- 2022
- January/February
- March/April
- Mav/June
- July/August
- September/October
- November/December

FY25 Renewal Application for CACFP

Click on the red link that says **"Renew Application**" in the "Sponsor Tasks" section of the Program Year <u>2024</u> Application.

Spo	onsor Tasks	Sponsor Applications & Participation	Site Applications	Claims	& Monitoring	Sponsor Info
Administrative Tasks						
		Sponsor Tasks				Site Application Tasks
x	Batch Daily	Meal Counts		Ø	Enroll Site In N	ew Program
x	Batch Parti	cipation Detail		Ø	Edit Site Quest	ionnaire
+	Add New S	ite		Ø	Edit Program P	articipation
x	Deactivate/	Re-activate Site(s)		Ø	Edit Participation	on Detail
A	Track SD P	rocess				
13	Renew Appl	lication				



FY25 Approval letter



Your application is complete.

CACFP Renewal Instructions



Submit Your Annual Financial Report (AFR) for FY24

The deadline to submit the CACFP AFR for fiscal year 2024 (Oct. 1, 2023 – Sept. 30, 2024) is **Dec. 15**.

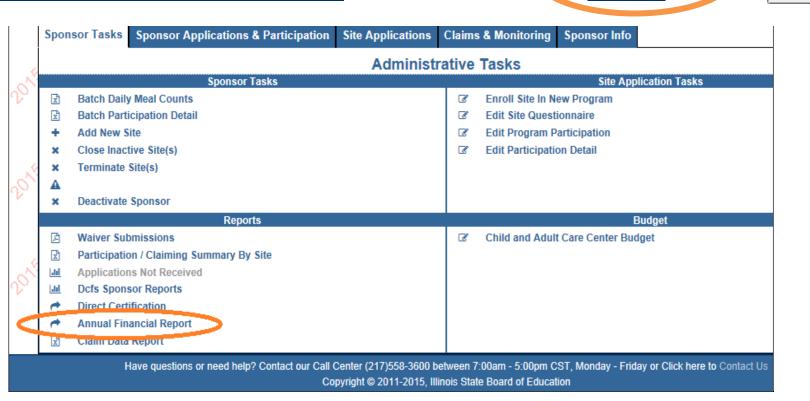
- Public school districts do not have to submit AFR.
- Emergency shelters with only one shelter do not have to submit an AFR.



AFR Deadline Dec 15, 2024

Program

Child and Adult Care Center Food Program 🗸







Search

Program Year

2024 🗸

AFR Deadline Dec 15, 2024

Child and Adult Care Food Program - Annual Financial Report (October 1, 2023 - September 30 2024)

Revenue Sources					
CACFP Mesl Reimbursement					
CACFP Cash in Lieu of Commodities					
Other Food Service Revenue Received (food prepared but sold to other centers or sold as adult meals)					
li					
Total Revenue					
- Expenditures					
Administrative Costs					
a. Administrative Labor					
b. Monitoring/Training					
c. Administrative Supplies					
d. Administrative Other (provide explanation)					
1.					
e. Total Administrative Costs 0.00	2				
Food Service Labor					
Purchased Vended Meals					
Food Costs					
Allowable Nonfood Costs					
Overhead Costs					
Other Costs (Specify)					
1					
Total Expenditures	0.00				
Revenue Over/Under Expenditures					
Current Year Profit/(Loss)					
-15% Administrative Cap					
Your organization's 15% Cap					
Your organization has met the requirement to spend less than 15% of your CACFP reimbursement towards administrative costs.					
a. Your organization's Total Administrative Costs exceed the 15% Administrative Cap by					
b. Your organization could not use CACFP funds to pay for the excess amount.					
c. Can you ensure this agency that CACFP funds were not used to pay for the excess amount.	○ _{No} ○ _{Yes}				

AFR Instructions



Online Training

- Annual Training Requirement
- Brighton Courses
 - CACFP Annual Sponsor Training (ISBE-110)
 - CACFP New Sponsor Training (ISBE-120)
 - Civil Rights Training (ISBE-150)
 - Brighton Training Instructions & Additional Courses



Archived Trainings & Ad'tl Resources

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NUTRITION

RESOURCES, WEBINARS AND WORKSHOPS

Child and Adult Care Food Program

ADMINISTRATIVE WEBINARS

• Determining Eligibility 🖶

This webinar is specifically for sponsors operating the following programs: Child Care Centers, Pre-K Programs, Licensed Outside School Hours Programs. The purpose of this training is sponsors must have practices in place to ensure eligible children are approved and claimed correctly. The foundation to claiming children correctly for meal reimbursement is tied directly to how children are eligible in the Child and Adult Care Food Program.

- Determining Eligibility Presentation
- Eligibility Chapter from the CACFP Administrative Handbook
- Enrollment Form Requirements #

This webinar is specifically for sponsors operating the following programs: Child Care Centers, Head Start and Even Start Programs, Pre-K Programs, and Licensed Outside School Hours Programs. This training is designed to help you learn the requirements for the Annual Enrollment Form. In addition, step-by-step instructions are provided on how this form must be completed by the parents or guardians and you as the sponsor.

- Enrollment Forms Presentation July
- Enrollment Chapter from the CACFP Administrative Handbook
- Enrollment Forms
- How to Do Electronic Direct Certification in WINS #

This webinar is specifically for sponsors operating the following programs: Child Care Centers, Pre-K Programs, Licensed Outside School Hours Programs. The purpose of this training is to explain how look up children in WINS who are receiving SNAP, TANF, income eligible Medicaid or a Foster child in order to certify free meal benefits. Any child able to be directly certified is claimed at the free reimbursement rate, without a Household Eligibility Application on file.

- Electronic Direct Certification Presentation 🕌
- Electronic Direct Certification Instructions in WINS 🕌

Master List

This webinar is specifically for sponsors operating the following programs: Child Care Centers, Pre-K Programs, Licensed Outside School Hours Programs, Head Start and Even Start Programs, and Emergency Shelters. A master list should be kept by a manual or electronic format for each facility to help organize all children enrolled in your program. We have various types of master list templates you can use that are found on our website and we discuss each of these.

- Master List Presentation
- Master List 🕌
- Master List for Emergency Shelter 🎍
- Master List for Head Start or Even Start 🌄

<u>Archived Trainings</u>

<u>CACFP</u>
 <u>Documentation of</u>
 <u>Training Form</u>



Procurement – Vended Meals

Self Prep – NO contract required

Small Purchase Agreement -Annual Value < \$250,000 Invitation for Bid (IFB) – Annual Value > \$250,000



Vended Meals Webpage

NUTRITION

NUTRITION

SFSP/CACFP VENDED MEALS CONTRACTS

This webpage is a resource for Summer Food Service Program and Child and Adult Care Food Program sponsors on the requirements of Vended Meals Contracts. In a vended meals contract, the contractor provides the meals only (prepackaged, pre-plated) and does not manage any aspect of the food service. (If you a School Food Authority, please go to Financial Management webpage for guidance.)

RESOURCES

Contracts

Financial Management

SFSP/CACFP Vended Meals

 List of Potential Contractors (SFSP/CACFP) Currently, all vended meals contracts involving expenditures in excess of \$250,000 must be competitively bid via Invitation for Bid (IFB). Sponsoring Organizations receiving federal reimbursement must follow the required federal and state procurement procedures. To ensure regulatory compliance, all Sponsoring Organizations conducting a new procurement or considering contracting for vended meals are highly encouraged to please contact our office for further information and clarification.

Provided below are links to the forms and documents to assist you in completing a successful procurement or contract renewal.

If you have questions regarding the bid solicitation and contract procedures or contract renewal process, please contact our office at (217)782-2491 or (800) 545-7892 (in Illinois), or via email at cacfp_sfspcontracts@isbe.net.

Rules and Regulations ¥ Code of Conduct **Contracting Diversification** Emergency Procurement Guidance Equipment **Geographic Preferences** Group Purchasing Organization Material Change(s) to a Contract **Procurement Methods** Three Step Solicitation Submission Process Informal Bidding Procedures & Documents School Agreements Formal Invitation for Bid (IFB) Contract Procedure & Documents Contract Renewal Contract Rebidding





Vended Meals Webpage

Procurement – Informal Small Purchase Agreement

Informal Bidding Procedures & Documents

If your contract for vended meal services will NOT be in excess of \$250,000 annually, you may use informal bidding procedures to procure the meal services contract.

The following steps must be part of the informal bidding procedures:

- Develop a written purchase description of the services/items being solicited using the Informal Contract Template;
 - CACFP Informal Small Purchase Agreement OR
 - 2. SFSP Informal Food Service Agreement 🎴
- Solicit quotes/bids from all the vendors recorded on the List of Known Vendors in CACFP/SFSP 🌄;
- Complete the solicitation tracking log 🖾 ;
- Record all quotes/bids received and any notification received from vendors declining to bid/quote on the Statement of No Bid/Proposal);
- Evaluate the quotes for conformance to the Request for Quote and Contract;
- · Award the purchase/contract (record the justification for the award).
- Submit copies of the following signed documents. Retain originals in SO file.

1. Informal Post-Contract Award Summary Sheet 🎍

- 2. Signed Contract
- 3. Exhibit A Site Data Form 🕌
- 4. Applicable Schedule B's
 - Schedule B Breakfast 🎽
 - Schedule B Lunch/Supper Jage
 - 🔹 Schedule B Snack 🕌
- 5. All applicable contract certification forms
 - If the estimated contract cost is \$25,000 or more, include this form. This form must be signed by the contractor and submitted with all bids: Certification Regarding Debarment, Suspension, Ineligibility, and Voluntary Exclusion – Lower Tier Covered Transactions
 - If the estimated contract cost is over \$100,000, include these forms as well as the Certification Regarding Debarment form above. These forms must be signed by the contractor and submitted with all bids: Certificate Regarding Lobbying - Contracts, Grants, Loans and Cooperative Agreement & & Disclosure of Lobbying Activities & (if applicable)
- 6. Solicitation Tracking Log 🖾
- 7. Statement of No Bid/Proposal 🎴
- 8. Completed Bidder Responsibility and Responsiveness Criteria 실

These documents will be kept on file for potential audit purposes. In addition, submission of these documents to our office will be required as part of the approval process for your application for participation.

Annual Value < \$250,000

- Procured Annually
- NOT renewable
- At least 3 quotes



Procurement – Invitation for Bid (IFB)

Formal Invitation for Bid (IFB) Contract Procedure & Documents

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The prototype Invitation for Bid and Contract is for use by a Sponsoring Organization (SO) initiating a new contract with a meal vendor to provide meal services for the Child Nutrition Programs. The document, provided by the Illinois State Board of Education Nutrition Department, will assist the SO in obtaining competitive bids and awarding the contract to the responsible bidder whose bid is responsive and lowest in price.

The prototype provided below should be used for formal vended meal contracts only. In a vended meals contract, the contractor provides the meals only, which are generally pre-packaged/pre-plated meals, and does not manage any aspect of the school food service or employ any of the food service personnel. However, if the contractor's employees are responsible for the management of the program and/or the final preparation and/or serving of the pre-packaged/pre-plated school meals, the contract becomes a food service management company contract and is no longer considered a vended meals contract. If that is the case, you need to use the Invitation for Bid and Contract Prototype for FSMC Contracts –Vended Meals (Pre-packaged/Pre-plated).

If you are not sure which type of contract you have or you are considering contracting for the first time, please contact the Nutrition Department's procurement team for further information and clarification at (800)545-7892.

To ensure continued funding and compliance with federal and state regulations and statutes regarding procurement, it is extremely important for you to **download and read the instructions thoroughly** prior to downloading the contract prototype.

- 🔹 Step 1 Submission Form 🕌
- IFB Prototype for Vended Meals Contract Update Coming Soon!
 - 1. CACFP Formal Invitation for Bid (IFB) Template (includes instructions) 🕌
 - 2. SFSP Formal Invitation for Bid (IFB) Template 🛓
 - SFSP IFB Instructions 🕌
- Additional forms and resources.
 - 1. Exhibit A Site Data Form 🕌
 - 2. Schedule B Menus
 - 🔹 Schedule B Breakfast 🕌
 - Schedule B Lunch/Supper 🕌
 - 🔹 Schedule B Snack 🌄
 - 3. Certification Forms
 - Certification Regarding Debarment, Suspension, Ineligibility, and Voluntary Exclusion Lower Tier Covered Transactions
 - Certificate Regarding Lobbying Contracts, Grants, Loans and Cooperative Agreement Disclosure of Lobbying Activities (if applicable)
 - 4. Public Notice of Solicitation- Newspaper Sample 💷
 - 5. Addenda/Addendum/Amendment/Q&A Template 🕌
 - 6. Sign in Sheets Template 🙉
 - 7. Solicitation Tracking Log 🖾
 - 8. Statement of No Bid/No Proposal 🕁

Annual Value > \$250,000

- At LEAST 5 vendors solicited – awarded to lowest responsive & responsible bidder
- Initial contract period up to 1 year
- Renewals: up to 4 oneyear terms
- <u>CPI Index</u>



Monitoring Requirements for multi-site CACFP Institutions

- 3 onsite reviews
 - 2 unannounced
 - 1 unannounced must be at mealtime
 - No more than 6 months between reviews
 - 4th week visit at new sites must be conducted onsite



Additional Monitoring Reminders



Do not fall into a scheduling pattern.



Vary the meal services observed.



Meals claimed on weekends or holidays or in the evening must also be reviewed.



Recommend Quality Check



- Double check your reviewer.
 - All boxes marked
 - All questions answered
 - Problems noted
 - Corrective action provided



Final Rule Updates

Meal Modifications: Both State licensed healthcare professionals <u>and Registered</u> <u>Dietitians</u> may write medical statements to request meal modifications on behalf of participants with disabilities.

Changing limits for breakfast cereals and yogurt from total sugars to added sugars.

Allowing nuts and seeds to credit for the full meats/meat alternates component.

Technical update in milk substitute unit of measurement



Change From Total Sugars to Added Sugars Nutrition Fa

- Breakfast Cereals: Must contain no more than 6 grams of added sugars per dry ounce.
- Yogurt: Must contain no more than 12 grams of added sugars per 6 ounce.
- Implementation Date: October 1, 2025

Nutrition Fa 7 servings per container Serving size 6 oz (170		
Amount per serving Calories	130	
	Daily Value*	
Total Fat Og	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 10mg	3%	
Sodium 65mg	5%	
Total Carbohydrate 17g	6%	
Dietary Fiber 0g	0%	
Total Sugars 14g		
Includes 10g Added Sugars	20%	
Protein 14g	28%	
Vitamin D 0mcg 0%		
Calcium 170mg 15%		
Iron Omg 0%		
Potassium 220mg	4%	



Nuts and Seeds

Allows nuts and seeds to credit for the full meats/meat alternates component, **removing the 50 percent crediting limit** for nuts and seeds at breakfast, lunch, and supper. – Implementation date: July 1, 2024



Technical Update in Fluid Milk Substitutes

Current Requirements (per 8 fl oz)	Updated Requirements (per 8 fl oz)				
Vitamin A- 500 IUs	Vitamin A- 150 mcg retinal activity equivalents (RAE)				
Vitamin D- 100 IUs	Vitamin D- 100 IUs Vitamin D- 2.5 mcg			Codium 00ma	4%
		Nutrition	I Facts	Sodium 90mg Total Carbohydrate 9g	4%
	About 8 servings pe		per container	Dietary Fiber 2g	7%
		Serving size 1	cup (240mL)	Total Sugars 6g	
		Amount per serving	440	Includes 5g Added Sugars	10%
		Calories 110		Protein 8g	16%
			% Daily Value*	Vitamin D 3mcg 15% • Calcium 470)mg 35%
		Total Fat 4.5g	6%	Iron 1.1mg 6% • Potassium 3	-
		Saturated Fat 0.5g	3%	Vitamin A 150mog 15% • Riboflavin 0.4	44mg 35%
		Trans Fat Og		Folate 50 mcg DFE 10% • Vitamin B12.2	.5mcg 100%
		Polyunsaturated Fat	2.5g	Phosphorus 230mg 20% • Magnesium 4	40mg 10%
	Monounsaturated Fat		t 1g	* The % Daily Value (DV) tells you how much	
		Cholesterol Omg	0%	in a serving of food contributes to a daily di calories a day is used for general nutrition a	

For More Information:



Webinar hosted by the National CACFP Association:

https://www.cacfp.org/2024/04/24/finalrule-updates-to-nutrition-requirements/

USDA Implementation Timeline:

https://www.fns.usda.gov/cn/schoolnutrition-standardsupdates/implementation-timeline-cacfpsfsp



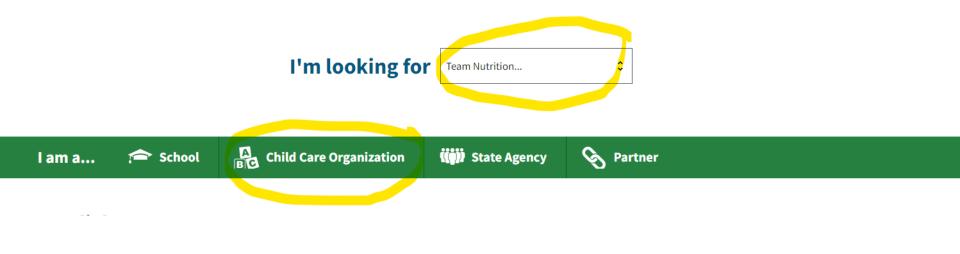
Nutrition Resources

- ISBE
 - Brighton Trainings
 - Nutrition Basics for Better CACFP Menu Planning (ISBE-502)
 - Menu Building Basics: Utilizing CN Labels and USDA Recipes to Build a Cycle Menu (ISBE-522)
 - Navigating Special Dietary Needs (ISBE-512)
 - Recorded and Archived Webinars
 - Non-Diary Milk Substitutes in the CACFP
 - Find it under the "Nutrition Information" tab here:
 - » <u>https://www.isbe.net/Pages/Child-Adult-Care-Food-Program.aspx</u>
- Institute of Child Nutrition
 - <u>https://theicn.org/</u>
- National CACFP Association
 - <u>https://www.cacfp.org/</u>
- USDA Team Nutrition
 - <u>https://www.fns.usda.gov/tn/team-nutrition</u>



Team Nutrition

https://www.fns.usda.gov/tn/team-nutrition





USDA

Calculating Sugar Limits for Breakfast Cereals in the Child and Adult Care Food Program

All breakfast cereals served in the Child and Adult Care Food Program (CACFP) must not have more than 6 grams of sugar per dry ounce. This is equal to 21.2 grams of sugar per 100 grams of cereal.

Here are three ways to tell if a cereal meets the sugar limit.

ited States Department of Agricultur

Option 1: Cereals on any State agency's Women, Infants, and Children (WIC)-approved cereal list meet the CACFP sugar limit.

Option 2*: Use USDA's chart that shows common serving sizes of cereals and the maximum amount of sugars they can contain. Find the chart in "Choose Breakfast Cereals That Are Lower in Sugar" at <u>https://www.fns.usda.gov/cacfp-training-tools</u>.



USDA Serving Milk in the CACFP Use the information below to see what kind of milk to serve in the Child and Adult Care Program (CACFP) to those in your care. 12 months through 23 mo Newborn through 11 months old ✓ Breastmilk ✓ Unflavored whole milk ✓ Iron-fortified formula Iron-fortified formula may be served to children between the ages of 12 months to 13 months to help with the transition to whole milk. Breastmilk is allowed at any age in the CACFP. 2 years through 5 years (up to 6th hirthday) through 12 years, 13 through 18 years, and adults ✓ Unflavored fat-free (skim) milk ✓ Unflavored fat-free (skim) milk ✓ Unflavored low-fat (1%) milk ✓ Flavored fat-free (skim) milk ✓ Unflavored low-fat (1%) milk Unflavored whole milk and unflavored reduced-fat (2%) milk may be served to children between the ages of 24 and 25 months to help with the transition to fat-free (skim) or low-fat (194) milk. ✓ Flavored low-fat (1%) milk

Non-dairy beverages may be served in place of cow's milk when a participant has a special dietary need. Please contact your Sponsoring Organization or State agency for more information

> Flavored milk cannot be part of a reimbursable meal or snack for children 5 years old and younger.

Homemade flavored milk made by adding flavored

straws, syrups, and powders to unflavored milk also

Flavored milk served to children 6 years old and older and to adults must be fat-free (skim) or low-fat (1%).

cannot be part of a reimbursable meal or snack for children 5 years old and younger.



JSDA nited States Department of Agriculture

Calculating Ounce Equivalents of Grains in the Child and Adult **Care Food Program**

Grains are an important part of meals in the Child and Adult Care Food Program (CACFP). To make sure children and adults get enough grains at CACFP meals and snacks, minimum required amounts for grains are listed in the meal pattern as ounce equivalents (oz eq). Ounce equivalents tell you the amount of grain in a portion of food.



shows the amount of common grain items equal to a ½ ounce equivalent, 1 ounce equivalent, and 2 ounce equivalents. Find the chart in the "Using Ounce Equivalents for Grains in the Child and Adult Care Food Program" worksheet at fns.usda.gov/tn/mealpattern-training-worksheets-cacfp. Food Buying Guide for Child Nutrition Programs (FBG): Use this application's "Exhibit A Grains Tool" to enter information from the Nutrition Facts label of the grain product. It will calculate how many ounce equivalents are in one serving Use the application's "Recipe Analysis Workbook" to determine the ounce equivalents of grains in a serving of a standardized recipe. The FBG is available at foodbuyingguide.fns.usda.gov.

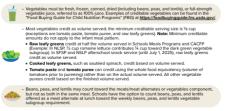
Calculation Method: Use the information on the item's Nutrition Facts label, and follow the steps for "Calculating Ounce Equivalents for Grains" beginning on page 2 of this worksheet.



Child Nutrition Programs

including the Preschool lunch meal pattern, as well as the Child and Adult Care Food Program (CACFP) lunch and supper meals. Vegetables may be served as part of a reimbursable meal for the School Breakfast Program (SBP), and to fulfill the combined fruits and vegetables requirement for Preschool and CACFP breakfasts, as well as in the Summer Food Service Program (SFSP). They may also be served as one of the two required meal components for a reimbursable snack in all Child Nutrition Programs.

Vegetable Requirements





Over the course of the week, schools must offer specific amounts for each grade group of the five vegetable subgroups.

LUSDA.gov. FNS-932 • May 2022, Slightly Revised August 2024 USDA is an equal opportunity provider, employer, and le



Crediting Meats/Meat Alternates in the **Child Nutrition Programs Tip Sheet**

Meats/Meat Alternates (M/MA) are a required meal component for reimbursable lunches and suppers in Child Nutrition-Programs (CNR), such as the National School Lunch Program (NSL), the Child and Aduid Care Food Program (CARP), and the Summer Food Service Program (SFSP). They are used to a required and component for lunches served under the Preschool meal pattern. MMA are not required for a relative time and component for MMA may be offered in place of or in combination with grains in the School Breakdast (Increment Berl to three times a week in the Preschool and CACPF Breakdast meal patterns. MMA may also be served as one of the two required med components for a relativastable anachi. In CAP. Prementor: member of the service of the combination with the patterns. MMA may also be served as one of the two required med components for a relativastable anachi. In CAP. Premember:

 M/MA are measured in ounce equivalents (oz eq) of the edible portion as served. An oz eq of M/MA is the amount of the food that represents 1 ounce of edible portion of lean meat without the bone. See page 2 for a list of creditable MMA commonly served in CNP and their 1 oz eq amounts. The MMA amount offered must provide a minimum of 0.25 oz eq per serving to be creditable in CNP.

- . The minimum creditable amounts do not apply to the CACFP infant meal pattern

Specific Program Requirements

School Meals: SBP & NSLP

SBP has daily and weekly ounce equivalency requirements for the combined grains and M/MA component at breaktat that may be met with MIAA, grains, or a combination of both NSLP has gaily minimum requirements for MIAA as well as <u>weeksy</u> minimums and maximums at lunch, depending on grade lever. Schools may exceed the weekky maximum for MIAA, provided that meals (on average) meet the weekly dietary specifications for colories, saturated fat, sodium, and added sugars.

SBP Combined Grains and M/MA Daily and Weekly Requirements

Grades	Daily Min (oz eq)	Weekly Min (oz eq)	Weekly Max (oz eq)	
K-5	1	7	10	
6–8	1	8	10	
9–12	1	9	10	
NSLP M/MA Daily and Weekly Requirements				
Grades	Daily Min (oz eg)	Weekly Min (oz eg)	Weekly Max (oz eg)	

K-5	1	8	10
6-8	1	9	10
9-12	2	10	12

For more information, check out "Offering Meats and Meat Alternates at School Breakfast" at www.fns.usda.gov/tn/offering-meats-and-meat-alternates-school-breakfast.

NSLP afterschool snack service: 1 oz eq M/MA for all ages until July 1, 2025 (then ½ oz eq M/MA for ages 1–5, 1 oz eq M/MA for ages 6-18), if served as one of the two components.

*Effective July 1, 2027, added sugars must be less than 10 percent of calories per week in SBP and NSLP.



USDA United States Department of Agriculture

Grain-Based Desserts in the Child and Adult Care Food Program

Kids need the vitamins minerals and other nutrients in foods such as fruits. vegetables, whole grains, low-fat dairy, and lean protein foods. Too often, kids are filling up on foods high in added sugars and low in nutrients.

As of October 1, 2017, grain-based desserts no longer count toward the grain component of meals and snacks offered through the Child and Adult Care Food Program (CACFP). This small change helps reduce the amount of added sugars kids eat in child care

What Are Grain-Based Desserts?

The chart below lists some common grain-based desserts:

Grain-Based Desserts (Not Reimbursable in the CACFP):	Not Grain-Based Desserts (Reimbursable in the CACFP):
Brownies Cakes, including coffee cake and cupcakes Cereal bars, breakfast bars, and granola bars Cookies, including vanilla wafers Doughnuts, any kind Dirg rolls/bars/cookies and other fruit-filled rolls/bars/ cookies Cimperbread	Banama bread, rancchini bread, and other quick breads Coreals data meet the sugar limit and are whole grain-rich, enriched, and/or fortified Cornbread Cornbread Cornbread Pirench Tosst Muffinis Muffinis
Ice cream cones Marshmallow cereal treats Pie crusts of desert pies, cobblers, and fruit turnovers	Pie crusts of savory pies, such as vegetable pot pie and quiche Plain croissants Plain or savory pita chips
Sweet bread puddings Sweet biscotti, such as those made with fruits, chocolate, cing, etc. Sweet croissants, such as chocolate-filled	 Savory biscotti, such as those made with cheese, vegetables, herbs, etc. Savory bread puddings, such as those made with cheese, vegetables, herbs, etc. Savory rice puddings, such as those made with cheese,
 Sweet pita chips, such as cinnamon-sugar flavored Sweet rice puddings Sweet scones, such as those made with fruits, icing, etc. 	Savory lice postings, such as mose made with cheese, vegetables, etc. Savory scones, such as those made with cheese, vegetables, herbs, etc. Teething biscuits, crackers, and toasts
Sweet rolls, such as cinnamon rolls Toaster pastries	Tortillas and tortilla chips Waffles

Whole grain-rich and homemade grain-based desserts are also not creditable in the CACFP.







Crediting Vegetables in the Tip Sheet

etables are a required component for reimbursable meals in the National School Lunch Program (NSLP)

Contact Information

Nutrition Division Illinois State Board of Education 100 North First Street, W-270 Springfield, IL 62777-0001

Contact Us



- **Telephone:** 800/545-7892 in Illinois only 217/782-2491
- **Fax:** 217/524-6124

Email: <u>cnp@isbe.net</u>

Website: www.isbe.net/nutrition

