

Talk to ISBE's Nutrition Team Tuesday SY 21-22 Webinar Series

Dec. 14, 2021



Illinois
State Board of
Education

Equity • Quality • Collaboration • Community

Agenda – December 2021

- What's New?
 - Trainings, Webinars, Grants, Deadlines, and More
- Weekend and Holiday Meals
- 2020-2021 Verification
- Smart Snacks
- School Year 2021-2022 P-EBT
- Emergency Operational Costs Grant Funds
- Waiver Submission Process Update
- CEP Webinar
- Questions and Answers



What's New?

The screenshot shows a web browser window displaying the Illinois State Board of Education's Nutrition page. The browser's address bar shows the URL isbe.net/nutrition. The page header includes the ISBE logo, navigation links for System Quick Links, Illinois Report Card, Careers at ISBE, and Contact Us, along with social media icons for Twitter, Facebook, and YouTube, and a search bar. A dark blue navigation bar contains links for HOME, ADMINISTRATORS, TEACHERS, FAMILIES & STUDENTS, COMMUNITY & PARTNERS, NEWS & MEDIA, and TOPICS. The main content area is titled "NUTRITION" and features a welcome message, a list of programs, and contact information. A "Log in to IWAS" button is visible. A "What's New?" section lists recent updates, including a webinar on emergency preparedness, National School Lunch Week activities, and a live webinar on school nutrition programs.

NUTRITION

Welcome to the Nutrition Department. This department supports and promotes the overall well-being of children. Healthy meals and healthy habits are essential for readiness to learn and success in the classroom and beyond.

Programs administered by the department include the National School Lunch Program, School Breakfast Program, Child and Adult Care Food Program, Summer Food Service Program, Fresh Fruit and Vegetable Program, and the Special Milk Program. Are you interested in participating in Child Nutrition Programs in Illinois? Visit the [New Applicants webpage](#) for more information on how to become a sponsor.

ATTENTION: Language assistance services, free of charge, are available to you. Call (800) 545-7892 (Illinois only) or (217) 782-2491 (TTY: (217) 782-1900).

[Log in to IWAS](#)

What's New?

- ICN Plans Sept. 30 Webinar on "Tools and Strategies for Emergency Preparedness in Schools"
- Plan Something Special for National School Lunch Week (Oct. 11-15)
- Test Your Knowledge and Build Your Nutrition Skills With USDA Team Nutrition Quizzes!
- School Nutrition Programs: Sign Up for ISBE's USDA Foods Show Live Webinar

What's New?

The Outlook Newsletter for School Nutrition Programs



www.isbe.net/subscribe



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www.isbe.net/nutrition

What's New?



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Upcoming Food Safety Trainings

- “Food Handler Training With COVID-19 Guidance” Jan. 27
- “Food Allergies in School Nutrition” Feb. 10



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What's New?

Virtual Instructor-Led Trainings (VILT)

Topic(s):

- Food Safety Fundamentals
- Cleaning and Sanitizing
- School Food Safety Programs
- Facts About Foodborne Illness
- Keeping Food Safe
- Preventing Foodborne Illness
- Norovirus in Schools
- Norovirus in Child Care
- Food Safety Basics
- Food Safety in Child Care
- Food Allergies for School Nutrition Managers and Staff
- Introduction to Happy Mealtimes in Child Care
- Basic Culinary Math
- Financial Management for Managers
- Focus on the Customer for Directors and Managers
- Forecasting the Procurement of Foods
- Buy American U.S. Agriculture Supporting Healthy School Meals
- Nutrition 101
- Utilizing the Cafeteria as a Classroom



What's New?



Farm to School Grant Program

- Deadline Jan. 10
- Questions? Email

farmtoschool@usda.gov

<https://www.fns.usda.gov/cfs/resources-farm-school-grant-program-applicants>



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What's New?

APPLY NOW

NSLP Equipment Assistance Grant

- Deadline to apply is Jan. 14
- Questions?

Email edurbin@isbe.net

<https://www.isbe.net/Pages/Equipment-Grants.aspx>



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What's New?

Food Distribution Program

- SY23 Annual Order Period Starts Jan. 3
- SY23 USDA Foods Available List Survey Open Now

<https://www.isbe.net/Pages/School-NutritionPrograms-Food-Distribution.aspx>

What's New?

VSR for **School Year 2021-2022**

- **Deadline Reminder:**
Verification Summary Report
is due Dec. 15

<https://www.isbe.net/Pages/School-Based-Child-Nutrition-Documents.aspx>

Weekends and Holiday Meals

Seamless Summer Option:

- may not provide meals over weekends or holiday breaks during the regular school year.
- weekend meals will remain available during unanticipated school closures.

Child and Adult Care Food Program At-Risk:

- may provide meals during breaks and over weekends in a structured and supervised environment, with educational or enrichment activities provided for children.

School Year 2020-2021 Verification Summary Report (VSR)

- After the holiday break, on or near January 10, 2022, ISBE monitoring staff will contact you via email.
- Complete SY20-21 VSR Data Collection Worksheet (attached to original email) and return it via email.
 - Your responses must be based on:
 - Household eligibility application counts as of July 1, 2020, through October 1, 2020.
 - Student counts as of October 31, 2020.



Smart Snacks in School



School campus

Coffee bars

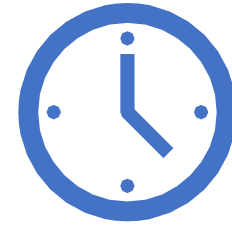
Vending machines

Food trucks

Fundraisers

School stores

A la carte items sold in the serving line



School day

Midnight up to 30 minutes after the school day ends



Food Items


- Step 1
 - Must meet at least one general nutrition requirement:
 - Whole grain or whole-grain rich
- OR
- First ingredient is fruit, vegetable, dairy product or protein food
- OR
- Combination food containing at least $\frac{1}{4}$ cup fruit and/or vegetable

Nutrient Standards for Food Items


Nutrient	Snack	Entrée
Calories	200 calories or less	350 calories or less
Sodium	200 mg or less	480 mg or less
Total Fat	35% of calories or less	35% of calories or less
Saturated Fat	Less than 10% of calories	Less than 10% of calories
Trans Fat	0 g	0 g
Sugar	35% by weight or less	35% by weight or less



Smart Snacks Product Calculator

Enter your product's nutrition information per amount SOLD (including all components and accompaniments)* 

Nutrition Facts

Serving Size oz (about g) 

Servings Per Container

Amount Per Serving

Calories

Total Fat (g)

Saturated Fat (g)

Trans Fat (g)

Sodium (mg)

Carbohydrates

Total Sugars (g)

or BULK products only, enter servings per container as "1". Do not enter the servings per container for the entire bulk box or case.

START OVER

NEXT STEP



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<https://foodplanner.healthiergeneration.org/calculator/>

Beverage	Fluid ounce limit	Who can sell?
Plain water (with or without carbonation)	No limit	All schools
Unflavored low fat milk	8 ounces	All schools
	12 ounces	Middle and high schools
Unflavored or flavored fat free milk	8 ounces	All schools
	12 ounces	Middle and high schools
100% fruit or vegetable juice	8 ounces	All schools
	12 ounces	Middle and high schools
100% fruit or vegetable juice diluted with water (with or without carbonation), and no added sweeteners	8 ounces	All schools
	12 ounces	Middle and high schools



Additional Beverage Options for High Schools Only

- 20-ounce portion or less of calorie-free, flavored water (with or without carbonation).
- 20-ounce portion or less of flavored and/or carbonated beverages labeled as containing < 5 calories per 8 fluid ounces or ≤ 10 calories per 20 fluid ounces.
- 12-ounce portion or less of beverages with ≤ 40 calories per 8 fluid ounces, or ≤ 60 calories per 12 fluid ounces.



Caffeine

- Elementary and middle schools – must be caffeine free – exception is trace amount of naturally-occurring caffeine substance.
- High schools – no caffeine restrictions



Food Fundraisers

- High schools are allowed 9 days for fundraisers that do not meet the Smart Snack guidelines.
 - Must have a process for managing the requests.
- Grades K-8 are not allowed any fundraising days that do not meet the Smart Snack guidelines.
- All revenue from the sale of any food or beverage to students in the food service area(s) during meal periods must accrue to the nonprofit school food service account.

Smart Snacks Rules Apply!

- Seamless meals are a branch of the School Nutrition Programs.
 - NOT exempt from Smart Snack guidelines.

P-EBT SY2021-22 Update

- The USDA has released guidance to states for SY2021-22 school year with strict COVID specific criteria for benefits.
- If it is determined that Illinois can meet the requirements for SY 21-22 P-EBT, a detailed plan will be submitted to USDA for their review and approval. If approved, ISBE will notify all eligible schools.
- At this time, all eligible public P-EBT schools should continue to follow all ISBE guidance specific to student data entry in the Student Information System to ensure that accurate data is available for such purposes of P-EBT issuances.
- Per the USDA guidance, as more schools return to full-time-in-person learning and at school meal service operations, USDA anticipates fewer students will be eligible for P-EBT benefits than in the prior school year.



SNP Sponsor Update:

Emergency Operational Costs Information

- USDA authorized emergency operational costs reimbursement for School Nutrition Program (SNP) sponsors whose revenues declined or were temporarily interrupted during the early months of the pandemic due to COVID-19 related restrictions or closures.
- Reimbursements were calculated based on a statutory formula. It allows eligible sponsors to receive:
 - 55% of the difference between reimbursements from the months of April, May, and June 2020, and the same months in 2019 (or Alternate Period for “new” sponsors), and
 - For March 2020 calculations, the payment is half of 55% of the difference between reimbursements for March 2020 and March 2019 (or Alternate Period for “new” sponsors).
 - A “new” sponsor is one that was not operating SNP during a given month during the reference period of March, April, May, or June 2019. The Alternate Period for “new” sponsors is the average of January and February 2020 reimbursements.



Emergency Operational Costs Payment Amount

The payment amount and details can be accessed using ISBE's FRIS Inquiry System at <https://apps.isbe.net/frisinquiry.net>.

1. Click on the "Payment" tab at the top of the page.
2. Enter your RCDT number (including dashes) in the blank underneath the "Recipient RCDT or Name" tab.
3. Once your entity appears on the list, select it by clicking on the name.
4. This will bring up all payments made during the time period specified. The emergency operational costs payment will correspond to revenue code **4210-SN** in FRIS.

Emergency Operational Costs **Allowable Uses**

- All funds must be deposited in the sponsor's nonprofit food service account and be used in accordance with normal program requirements.
- Funds awarded under the Child Nutrition Emergency Operational Costs Reimbursement Programs should be treated as FY 2021 funding.

USDA Non-Congregate, Parent Pickup and Meal time Flexibility- 2nd Semester of SY21-22

- Per the USDA available waivers, ISBE will collect non-congregate/meal time/parent pick-up waiver for IN PERSON learning students for the second semester of School Year 2021-2022 (Jan. 1, 2022, through the end of the official school year).
- As we have navigated through the first semester of SY 21-22 with most schools operating in-person learning AND in-person meals, we anticipate that the need for the continued flexibility will decrease.
- Carefully review your program operations and all the USDA guidance, as **the requirement is to provide normal school meal operations to the maximum extent possible**, which includes meals at school for all in-person learning students.
- This USDA flexibility is ONLY available for COVID specific reasons and must only be used for a short duration when COVID specific reasons impact meal service operations.



School Programs Waiver Submission Process

Extension of Waiver #3 Through End of SY 21-22

- Schools do NOT need to submit this waiver request to provide non-congregate meals to students that are remote learning due to COVID such as quarantined students. ISBE will collect required USDA data from schools regarding this waiver in the spring of 2022.

Prior to the submission of this request, please ensure that you have carefully reviewed the USDA guidance as well as considered all the requirements listed below:

- Seek approval from your local health department to determine if your menu meets local health requirements to ensure temperature and holding times required for children to transport meals home.
- Use your regular point of service system to track students who receive reimbursable meals.
- Ensure your method of distribution allows students to decline reimbursable meals.
- Ensure one reimbursable meal per student per meal service per school day is claimed.
- Work towards serving meals on-site within the foreseeable future (4-6 weeks).

School Programs Waiver Submission Process

Extension of Waiver #3 Through End of SY 21-22

- Any waiver requested should only be used for the time needed due to COVID-19 and each sponsor must maintain documentation of this need.
- All sponsors should work towards operating the school and community nutrition programs as normal, including reimbursable meals served and consumed to students on school campus at the normal mealtimes.
- There is no formal approval letter that is sent out after submission of the waiver request. Staff will reach out if we need more information or clarification.

USDA Memos for Careful Review

This ISBE Waiver Submission form includes SY21-22 waivers authorized by USDA memos below:

- Nationwide Waiver to Allow Non-Congregate Meal Service for School Year 2021-2022 (<https://www.isbe.net/Documents/COVID19NationwideWaiver87.pdf>)
- Nationwide Waiver of Meal Times for School Year 2021-2022 (<https://www.isbe.net/Documents/COVID19NationwideWaiver88.pdf>)
- Nationwide Waiver to Allow Parents and Guardians to Pick Up Meals for Children for School Year 2021-2022 (<https://www.isbe.net/Documents/COVID19NationwideWaiver89.pdf>)



USDA Flexibilities for SY2021-2022

- Continue to maintain documentation to support the utilization of any of the USDA flexibilities offered for SY 21-22.
- ISBE Nutrition Department will reach out to collect data from sponsors on the utilization of them.
- ISBE specifically recommends some sort of supply chain disruption journal to log and note all issues (dates, product, quantities, contacts made, etc.) to ensure meal pattern compliance.



Community Eligibility Provision (CEP)

- SY2022-2023 CEP Application Process will open on April 1, 2022.
- Webinar planned for Thursday, March 24, 2022 at 1:00 pm. Register today!
 - <https://register.gotowebinar.com/register/5244343229625372174>
- Complete CEP guidance is available online at <https://www.isbe.net/Pages/Guidance-for-HHFKA.aspx>.



SY2022-2023 USDA Programs

- To date, the USDA has not made any announcements regarding school meal program operations for School Year 2022-2023.
- All current issued waivers expire at the end of this school year.
- The USDA may issue waivers due to the ongoing pandemic, however, at this time Summer 2022 and SY2022-2023 meal program operation requirements are unknown.
- ISBE Nutrition team will carefully review all USDA guidance and share with all sponsors.
- Watch for webinar announcements at that time!



Any Questions?



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