Using Collaborative Interdisciplinary Interventions to Achieve Positive Outcomes
Karen Herzel, MS, MM, MT-BC; Wendy Scott, M.Ed/SpEd, LBS1; Amy Sprague, COTA

The Hope Institute for Children and Families
Serves children ages 4-22
All students have an intellectual disability diagnosis
Most of our students have multiple disabilities
  80% on the autism spectrum
  10% mental illness component
Educational facilities, serve 180 individuals
Residential facilities, serve 126 individuals

Notes:

Educational Program
22 total classrooms and teachers at The Learning Center Campus and the Capital Area Career Center Campus
Primary, Intermediate, Junior, Senior, Lakeshore, CACC, SASED
Individuals are grouped by age and ability levels

Notes:

Residential and other Programs
Six on-campus residential homes and thirteen community group homes throughout the city of Springfield, Illinois
Vocational Program located in Noll Pavilion (off campus)
Behavior Health Program
Nursing (24-hour)
Speech
Recreation Services
Physical Therapy
The Hope School Exceptional Art Program
Wendy M. Scott, M.Ed/SpEd, LBS1, Art Educator

The Hope School Exceptional Art Program was developed to provide our students with expressive, experiential opportunities that inspire creativity, self-discovery, and life experience. It encourages self-expression through every lesson and reaches students with a variety of abilities. Our students possess a variety of wonderful artistic abilities and gain valuable sensory exploration. It is essential that our students explore their creativity and further enhance a great number of skills that can be facilitated through art.

A Standard of Hope: Every project created by our students falls within the realm of Illinois State Education Standards for art education programs. In addition, the projects focus on one or several of the seven elements of art. The most widely utilized elements are color, line, shape, and most important, texture.

Creating Hope through Art: Every lesson developed is a good balance between art exposure and creative freedom.

Art in our Community

A Pot Full of Hope: This summer we will be starting a program named A Pot Full of Hope. Our students will sculpt a variety of unique, one-of-a-kind pots that will be featured around our campus, at local Farmer’s Markets, and throughout Springfield, Illinois. These pots will be a wonderful production created by the hands of our amazing students. This program is funded by a national grant we were recently awarded from Target.

Hope Paints: Our students paint a variety of unique, one-of-a-kind canvases that are shared throughout various community activities. These canvases are wonderful productions created at the hands of our amazing students! This is the first opportunity many of our children have had to display their artwork in an art exhibit to benefit and assemble frames. This is our chance to share our work with the local art community.

Notes:
Music Therapy Program: The Rhythm of Hope is a Powerful Beat!
Karen L. Herzel, MS, MM, MT-BC

What is Music Therapy? In general, it is the use of clinical and evidence-based music interventions to accomplish individual and group goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program. Music therapy is used among varied populations to address social, emotional, physical, cognitive, behavioral, and communication goals. At Hope, music therapy is provided in group format for each educational class. Additional interventions are designed to address goals at the individual levels for specific students. Whole school musical extravaganzas occur at least once each semester, small groups have the opportunity to perform at select community events, and other musical performers visit Hope to share their talents with our students. Within the classroom group setting, music therapy focuses on various goals including social skills; joint attention; functional communication (in support of ASL language acquisition); gross and fine motor skills; individual musical creativity to facilitate emotional well-being and quality of life; entrainment; self-regulation; and support of educational learning.

Notes:

Occupational Therapy Program
Amy Sprague, COTA

Occupational therapy is designed to promote functional independence in all areas of occupational performance. At Hope, occupational therapy goes into the classroom and works directly with the students and collaboratively with the teachers to address their IEP goals. In addition to the consultative model provided in the classroom, students are also provided with individualized direct services. Areas focused on by Occupational Therapy include: activities of daily living; sensory integration (incorporating sensory breaks into students’ daily schedule); leisure pursuits; community access and participation; social skills; self-regulation skills; and fine and gross motor skills.

Notes:
**Collaborative Interdisciplinary Interventions:** provide opportunities to address multiple goals through the use of preferred activities, which encourage involvement of multiple senses. The more senses that are stimulated, the more the “whole student” is engaged, thus facilitating positive outcomes.

**Hands On!!!**

Continuous lines – *Notes:*

Cupid shuffle – *Notes:

**Questions/Comments:**
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