

SAMPLE FORMAT: Distributed by the SFSP for SFSP discretionary use only. Format may be modified and/or copied to meet specific SFSP record keeping needs. **Do not return to the Illinois State Board of Education.**

**SUMMER FOOD SERVICE PROGRAM
MEDICAL EXCEPTION STATEMENT FOR FOOD SUBSTITUTION**

CHILD'S NAME

DATE

NAME OF SFSP SITE AND ADDRESS

Dear Parent/Guardian:

This site participates in the Summer Food Service program (SFSP) and must serve meals and snacks meeting SFSP requirements. Food substitutions may be made only when supported by a physician's statement. Please ask your physician to complete and sign this form. Return the completed form to the SFSP site. If you have any questions, please contact me at

_____.
SFSP Sponsor Telephone Number

Sincerely,

SFSP Contact Person

SFSP Sponsor—keep completed form signed by physician on file at the SFSP site.

COMPLETE ALL INFORMATION

1. Does child have a disability according to 7 CFR Part 15b.3 (defined as *any person who has a physical or mental impairment which substantially limits one or more major life activities*)?

YES If yes, provide the following information and complete parts 3, 4, and 5.

NO If no, go to part 2.

a. What is the disability? _____

b. How does the disability restrict the diet? _____

c. What major life activity is affected? _____

2. Child has no disability but requires a special diet.
Provide the following information and complete parts 3, 4, and 5.
Identify medical problem which restricts the child's diet.

3. List food/type of food to be omitted.

4. List food/type of food to be substituted.

5. _____
Date

Signature of Physician