

21-DAY CYCLE MENU
Child and Adult Care Food Program

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, ask our staff.

Menu for the Week of _____

Breakfast (Select all 3 components)	Monday	Tuesday	Wednesday	Thursday	Friday
• Grains (or Meat/Meat Alternative – no more than 3x/week)					
• Vegetable or Fruit					
• Milk					

Lunch (Select all 5 components)	Monday	Tuesday	Wednesday	Thursday	Friday
• Meat/Meat Alternative					
• Grains					
• Vegetable					
• Fruit					
• Milk					

Snack (Select 2 of these 5 components)	Monday	Tuesday	Wednesday	Thursday	Friday
• Meat/Meat Alternative					
• Grains					
• Vegetable					
• Fruit					
• Milk					

MENU NOTES:

Milk served daily at breakfast and lunch

- Children 12-23 months of age served unflavored whole milk.
- Ages 2 and up served unflavored skim or 1% milk.

WGR = Whole Grain-Rich

This institution is an equal opportunity provider