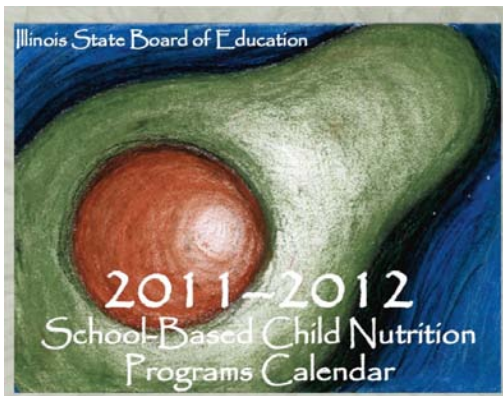


**Calling All Artists!**  
**2012-2013 Picture of Health School-Based Child Nutrition Programs Calendar**



The 2011-2012 calendar cover, drawn by Shannon, a senior at Kankakee High School

The School-Based Child Nutrition Programs' staff is working on next year's Nutrition Programs' calendar and needs help from your students. The 2012-2013 calendar theme is *Picture of Health*. We are promoting healthy habits and would like to have your students draw a picture of their favorite healthy habit. This could be depicted in the food choices they make or the physical activities they do. In addition, we are asking for a few words (no more than 15) describing the benefits of their healthy habit.

Have your students draw a picture of one (1) of their healthy habits following the guidelines below.

- Artwork is to be done on a white piece of paper (8½" x 11"); have them utilize as much of the paper as possible. Please no poster board or frames.
  - Use crayons and/or markers (no colored pencils or watercolors please). The more color the better!
  - On the back include:
    - The student's first name, last name, and grade level
    - The healthy habit that was drawn
    - A few words describing the benefits of the healthy habit. Please no more than 15 clearly printed words.
    - Address label, including:
      - School name
      - School contact (the person who oversaw the project)
      - Complete address – including street address, city, state, and zip code
- \*If submitted on an individual basis, include home address and parent name

**Please submit completed projects no later than Tuesday, January 31, 2012**, to:

Nutrition Programs Division—Calendar  
Illinois State Board of Education  
100 North First Street (W-270)  
Springfield, Illinois 62777-0001

Selected drawings will be displayed in next year's program calendar (July 2012 – June 2013).

**Important Notice to Submissions!**

- **Incomplete or late submissions will not be considered.** While we understand holiday breaks and snow days occur this time of year, late submissions will not be considered. Please have your selected drawings to our office by January 31, 2012.
- Due to the large number of drawings received in the previous years, we ask that schools who have multiple drawings **select a maximum of 10 student drawings to submit for calendar consideration.** Selections can be done by teachers, administrators, or through a voting system. We encourage you to take advantage of this opportunity to discuss healthy habits and the benefits they offer your students.
- **Ineligible writing or submissions missing required information will not be considered.** It is suggested that typed adhesive labels be used for the address label on the back, or make photocopies with the required information and have students draw on the front. This provides clear information and continuity amongst submissions.
- **Drawings will not be returned.**

Thank you for your help in making next year's calendar a success. We are excited to see your students' masterpieces and encourage healthy habits!