



ISCA Webinar Roundtable Support

Navigating the Uncharted

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Overview

- Logistics
- Counseling
- Self-Support

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School Logistics

- End of year items
 - Graduation
 - Grading
 - [ISBE Remote Learning Guidelines](#)



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School Logistics

- Executive Orders
- Testing
 - SAT Testing
 - AP Testing
 - AP Online Classes and Review Option
 - 45-minute Online Home Exam



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Resources to Guide Your Work

- [ISBE Resources](#)
- [Virtual Counseling](#)
 - [ASCA Webinar](#)
- Equity
- [Additional Resources](#)



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The Three Domains

- Social-Emotional
- Academic
- College & Career



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Ideas to Implement Interventions

- Review Student/Staff Needs, Review School/District Initiatives
- Continue to Have Virtual Staff Meetings (i.e. behavior, academic, college-career)
- Create a Plan for Intervention
 - ◆ Select an intervention to meet student, parent and staff needs
 - ◆ Select a virtual platform to implement the intervention (consult with your district)
 - ◆ Develop a plan to connect with students/families/staff virtually
 - ◆ Develop a schedule for implementation
- Monitor the Intervention using pre-post data (i.e. process data: how many students you worked with, perception data: the attitudes, knowledge and skills learned and outcome data: attendance, behavior or achievement data)
- Make modifications to the interventions based on what went well or what needs to be improved.



Social and Emotional Domain

Supporting Students and Families Virtually

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Supporting Social and Emotional Needs

How has COVID-19 impacted
students and families?

Sample Needs Assessments

- For K-5: [ES Student](#) | [ES Staff](#)
- For 6-8: [MS Student](#) | [MS Staff](#)
- For 9-12: [HS Student](#)



DEPRESSION/ANXIETY

Fear/Worry

Anger/Frustration

Grief/Loss

Bullying

Boredom

And much more!

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School-Wide Virtual Support Ideas

- Virtual School-Wide Events (e.g. virtual spirit week, calendar of daily challenges, word of the week)
- Virtual Daily or Weekly Announcements (e.g. call out students or staff members that are doing something positive)
- Virtual Classroom Lessons
- School Newsletters or Memos with Important Information for Students or Families



List of Resources

Note: Consult with your district to ensure that you are following best practices and policies for providing virtual classroom instruction and schoolwide supports.

Small Group and Individual Virtual Support Ideas

- Virtual Small Groups
- Virtual Individual Check-Ins
 - [Sample Check-In Form](#)
- Crisis Intervention

List of Resources

**IMPORTANT: Make sure to consult with your district in regard to policies, best practices and protocols for providing small group, individual and crisis interventions.



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Family Engagement Ideas

- Host Virtual Parent Workshops
- Post Pre-Recorded Videos with Important Information to Your School Website
- Send Newsletters Home
- Create Office Hours for Parents with Google Meet

Note: Consult with your district to ensure that you are following best practices and policies for engagement with parents.



Family Engagement

[Culturally Responsive Sustaining Remote Parent Engagement](#)

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Community Resources & Engagement Ideas

- Connect with Community Partners to See How You Can Work Collaboratively to Support Students Virtually
- Create a List of Service Providers to Provide Referrals to Support Students and Families
- [Statewide Resources](#)
- [SPIDER Database](#) (formerly known as the "Statewide Provider Database")

Note: Consult with your district to ensure that you are following best practices and policies for engagement with community partners.

[Common Sense Media: Meeting the Needs of Underserved Families Webinar](#)



Academic Domain

Supporting Students Virtually

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Academic Development



Each district is handling distance learning differently. It is important to consult with district leadership for your district's best/preferred practices.

- Be prepared to Advocate for students
- Help keep students connected
- Be creative in your approach
- Collaborate...Collaborate...Collaborate

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College and Career Domain

Supporting Students Virtually

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Finalizing College Planning

- BigFuture.org
 - [Financial Aid 101](#)
 - [Understanding Your Financial Aid Letter](#)
 - [Understanding College Costs](#)
 - [Finding Your College Fit](#)
 - [Making a Decision](#)
- Utilizing Youtube
 - [Understanding Financial Aid Award Letters](#)
- [Illinois Student Assistance Commission](#)
- [Virtual Academic Signing Day](#)



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Beginning College Planning

- BigFuture.org
 - [College 101](#)
 - [Finding Your Fit](#)
 - [Campus Life](#)
 - [College Search](#)
 - [Applying 101](#)
- Naviance
- [Roadtrip Nation](#)
- [College Advising for Undocumented Students](#)



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Virtual Tours and Updates

- [***IACAC Virtual College Fair/Visit Information***](#)

Directory of VIRTUAL fairs and tours that colleges and universities, primarily in Illinois, plan to host in the coming weeks and months.

- [**College Virtual Tours in the US**](#)

- Directory of VIRTUAL fairs and tours that colleges and universities throughout the US plan to host.

- [**NACAC College Admission Status Update**](#)

- This chart includes updates from colleges and universities worldwide. It's intended as a central resource for information about changes in college admission events, deposit dates, and more.

- [**Colleges that have extended their deposit deadlines to June 1 or beyond**](#)

Source: ACCEPT (Admissions Community Cultivating Equity & Peace Today)

Career Planning

- [BLS.gov](#) Occupational Outlook Handbook
 - [Occupation Finder](#)
- [Illinois Career Information System](#)
- [Find IL Jobs](#)
- [Indeed.com - search for a job](#)
- [Linkedin](#)
- [Military.com](#)
- [Additional Career Links](#)

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Self Care & Counselor Connections

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Self Care!

Don't Forget to Take Care of Yourself Too!

- Physically, mentally, emotionally, and spiritually!
- Create a Routine
- Gather your squad!
- Include Physical Activity or Art Breaks
- Connect with Others (i.e. have virtual gatherings with friends or families)
- Try a Mindfulness Meditation App!
- [Self and Collective Care Strategies](#)

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Counselor Connections

- Stay connected with your school community
- Stay connected with other School Counselors
 - **Twitter:** @myisca or through the hashtag #SCChats
 - **Instagram:** @ilschoolcounselor
 - **Facebook:** Illinois School Counselor Association (page)
- Tag us in all of your creative, virtual efforts!



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Counselor Connection - Using a Virtual Format

- Get creative!
- Virtual Spirit Week Week on social media
- Record videos to share and with students on mindfulness, meditation, yoga, “recess” themed workouts, morning announcements, or any other fun, interactive idea!



Plan Ahead!

- Take advantage of the many professional development opportunities that are being offered for free
- Take advantage of the opportunity to connect with other staff members or school counselors to collaborate



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Moving Forward

- Needs Assessment
- Potential Future Webinars

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Questions???

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