ISCA Webinar
Roundtable Support
Navigating the Uncharted

Slides:
https://bit.ly/2WXn2wF
Overview

- Logistics
- Counseling
- Self-Support

Slides:
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School Logistics

- End of year items
  - Graduation
  - Grading
  - ISBE Remote Learning Guidelines

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School Logistics

- **Executive Orders**
- **Testing**
  - SAT Testing
  - AP Testing
    - AP Online Classes and Review Option
    - 45-minute Online Home Exam

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Resources to Guide Your Work

- ISBE Resources
- Virtual Counseling
  - ASCA Webinar
- Equity
- Additional Resources

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The Three Domains

- Social-Emotional
- Academic
- College & Career

Slides:
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Ideas to Implement Interventions

➔ Review Student/Staff Needs, Review School/District Initiatives
➔ Continue to Have Virtual Staff Meetings (i.e. behavior, academic, college-career)
➔ Create a Plan for Intervention
  ◆ Select an intervention to meet student, parent and staff needs
  ◆ Select a virtual platform to implement the intervention (consult with your district)
  ◆ Develop a plan to connect with students/families/staff virtually
  ◆ Develop a schedule for implementation
➔ Monitor the Intervention using pre-post data (i.e. process data: how many students you worked with, perception data: the attitudes, knowledge and skills learned and outcome data: attendance, behavior or achievement data)
➔ Make modifications to the interventions based on what went well or what needs to be improved.

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Social and Emotional Domain

Supporting Students and Families Virtually

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Supporting Social and Emotional Needs

How has COVID-19 impacted students and families?

Sample Needs Assessments

- For K-5: ES Student | ES Staff
- For 6-8: MS Student | MS Staff
- For 9-12: HS Student

And much more!

DEPRESSION/ANXIETY

Fear/Worry

Anger/Frustration

Grief/Loss

Bullying

Boredom

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School-Wide Virtual Support Ideas

- Virtual School-Wide Events (e.g. virtual spirit week, calendar of daily challenges, word of the week)
- Virtual Daily or Weekly Announcements (e.g. call out students or staff members that are doing something positive)
- Virtual Classroom Lessons
- School Newsletters or Memos with Important Information for Students or Families

List of Resources

Note: Consult with your district to ensure that you are following best practices and policies for providing virtual classroom instruction and school-wide supports.

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Small Group and Individual Virtual Support Ideas

- Virtual Small Groups
- Virtual Individual Check-Ins
  - Sample Check-In Form
- Crisis Intervention

List of Resources

**IMPORTANT: Make sure to consult with your district in regard to policies, best practices and protocols for providing small group, individual and crisis interventions.

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Family Engagement Ideas

- Host Virtual Parent Workshops
- Post Pre-Recorded Videos with Important Information to Your School Website
- Send Newsletters Home
- Create Office Hours for Parents with Google Meet

Note: Consult with your district to ensure that you are following best practices and policies for engagement with parents.

Culturally Responsive Sustaining Remote Parent Engagement

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Community Resources & Engagement Ideas

- Connect with Community Partners to See How You Can Work Collaboratively to Support Students Virtually
- Create a List of Service Providers to Provide Referrals to Support Students and Families
- Statewide Resources
- SPIDER Database (formerly known as the "Statewide Provider Database")

Note: Consult with your district to ensure that you are following best practices and policies for engagement with community partners.

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Academic Domain

Supporting Students Virtually

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Academic Development

Each district is handing distance learning differently. It is important to consult with district leadership for your district’s best/preferred practices.

- Be prepared to Advocate for students
- Help keep students connected
- Be creative in your approach
- Collaborate...Collaborate...Collaborate

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College and Career Domain

Supporting Students Virtually

Slides:
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Finalizing College Planning

- BigFuture.org
  - Financial Aid 101
  - Understanding Your Financial Aid Letter
  - Understanding College Costs
  - Finding Your College Fit
  - Making a Decision

- Utilizing Youtube
  - Understanding Financial Aid Award Letters

- Illinois Student Assistance Commission

- Virtual Academic Signing Day

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Beginning College Planning

- BigFuture.org
  - College 101
  - Finding Your Fit
  - Campus Life
  - College Search
  - Applying 101
- Naviance
- Roadtrip Nation
- College Advising for Undocumented Students

Slides: https://bit.ly/2WXn2wF
Virtual Tours and Updates

- **IACAC Virtual College Fair/Visit Information**
  Directory of VIRTUAL fairs and tours that colleges and universities, primarily in Illinois, plan to host in the coming weeks and months.

- **College Virtual Tours in the US**
  - Directory of VIRTUAL fairs and tours that colleges and universities throughout the US plan to host.

- **NACAC College Admission Status Update**
  - This chart includes updates from colleges and universities worldwide. It’s intended as a central resource for information about changes in college admission events, deposit dates, and more.

- **Colleges that have extended their deposit deadlines to June 1 or beyond**
  Source: ACCEPT (Admissions Community Cultivating Equity & Peace Today)

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Career Planning

- BLS.gov Occupational Outlook Handbook
  - Occupation Finder
- Illinois Career Information System
- Find IL Jobs
- Indeed.com - search for a job
- Linkedin
- Military.com
- Additional Career Links

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Self Care & Counselor Connections

Slides:
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Self Care!
Don’t Forget to Take Care of Yourself Too!

➔ Physically, mentally, emotionally, and spiritually!
➔ Create a Routine
➔ Gather your squad!
➔ Include Physical Activity or Art Breaks
➔ Connect with Others (i.e. have virtual gatherings with friends or families)
➔ Try a Mindfulness Meditation App!
➔ [Self and Collective Care Strategies](https://bit.ly/2WXn2wF)
Counselor Connections

- Stay connected with your school community
- Stay connected with other School Counselors
  - Twitter: @myisca or through the hashtag #SCChats
  - Instagram: @ilschoolcounselor
  - Facebook: Illinois School Counselor Association (page)
- Tag us in all of your creative, virtual efforts!

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Counselor Connection - Using a Virtual Format

- Get creative!
- Virtual Spirit Week Week on social media
- Record videos to share and with students on mindfulness, meditation, yoga, “recess” themed workouts, morning announcements, or any other fun, interactive idea!

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Plan Ahead!

➔ Take advantage of the many professional development opportunities that are being offered for free
➔ Take advantage of the opportunity to connect with other staff members or school counselors to collaborate

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Moving Forward

● Needs Assessment
● Potential Future Webinars

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Questions???

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