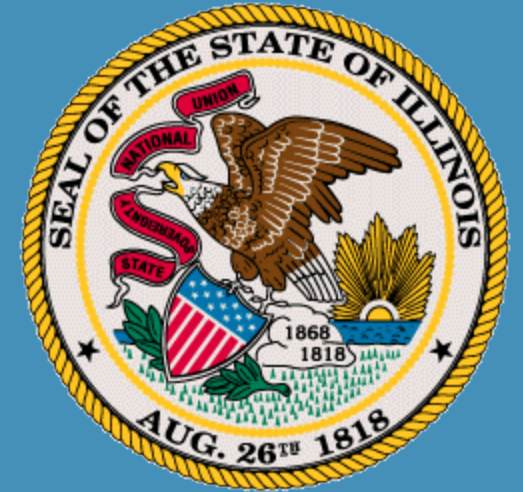


ILLINOIS STATE BOARD OF
EDUCATION



ILLINOIS CHILDREN'S BEHAVIORAL
HEALTH TRANSFORMATION INITIATIVE

LISTENING SESSIONS

MENTAL AND BEHAVIORAL HEALTH SCREENING IN SCHOOLS

INTRODUCTIONS



- Jeff Aranowski, Executive Director, Safe & Healthy Climate Center, Illinois State Board of Education
- Julia Strehlow, Learning Renewal – Social Emotional Learning Lead, Safe and Healthy Climate Center, Illinois State Board of Education
- Mary Lanoue, Special Education Programmatic Department Supervisor, Illinois State Board of Education
- Kiljoong Kim, Senior Policy Analyst, Chapin Hall, Chief Schools Officer, Illinois Children’s Behavioral Health Transformation Initiative
- Louisa Silverman, Associate Policy Analyst, Chapin Hall, Project Coordinator, Illinois Children’s Behavioral Health Transformation Initiative

BACKGROUND

The purpose of this listening session is to understand your perspective about mental and behavioral health screening of students.

- Pursuant to Recommendation 9 in the February 2023 Blueprint for Transformation: A Vision for Improved Behavioral Healthcare for Illinois Children report and in accordance with Senate Bill 724, ISBE is administering a one-time landscape scan of all school districts in Illinois regarding mental and behavioral health screening of students.
- This listening session is an opportunity for school personnel to offer input about mental and behavioral health screening of students in schools. Information shared and discussed during this session will be shared with Chapin Hall at the University of Chicago and summarized in a forthcoming implementation report.

TWELVE
RECOMMENDATIONS
TO ADDRESS
IDENTIFIED BARRIERS

Centralize

Centralize and streamline care delivery and resource referral for families and providers

Adjust
capacity

Increase service capacity and expand eligibility

Intervene
earlier

Includes recommendation #9: Offer universal screenings in education and pediatrics

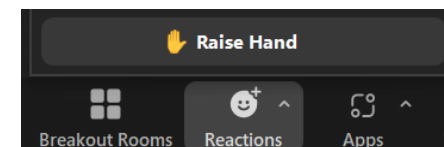
FEEDBACK FORM

- In addition to this listening session, every district has the opportunity to fill out a feedback form about mental and behavioral health screening in schools.

Districts and other school entities can access the feedback form in IWAS. More information is available at isbe.net/landscapescan.

GUIDELINES/WHAT TO EXPECT

- This session will be approximately 90 minutes long.
- This session is not being recorded, but Louisa is taking notes to inform our landscape scan. No names or identifying information will be recorded in the notes.
- No right or wrong answers, only differing points of view.
- Listen and speak respectfully; assume positive intent.
- Allow time for all to speak.
- Please respect the privacy of your fellow participants and do not repeat what is said in this listening session to others.
- We encourage you to leave your camera on so we can all see each other's faces.
- If you would like to share, please use the Raise Hand function.



DEFINITIONS



Mental health relates to thoughts and feelings and how those may impact our lives. Mental health issues may also comprise diagnosable mental illnesses or mental disorders, such as depression, generalized anxiety disorder (GAD), bipolar disorder (BPD), and post-traumatic stress disorder (PTSD).



Behavioral health is related to behavior, and how the actions people take impact their health. Behavioral health issues may include substance use disorders, eating disorders, or conduct problems. Because behavioral health problems are often a reflection of an underlying mental health issue, addressing behavioral health issues often requires attention to mental health.



Screening is a preliminary evaluation that looks for possible signs of a problem that would require further evaluation and support. Screening tools are typically short in length and quick to administer and score, and do not result in a diagnosis.



Assessment is a more detailed examination that systematically evaluates the type and nature of a problem in order to identify appropriate treatment.

CONSENT

- You are invited to participate in a listening session about mental health screening in schools in furtherance of the Illinois State Board of Education's landscape scan regarding mental health screenings in schools as part of the Illinois Children's Behavioral Health Transformation Initiative.
- Your participation in this study is voluntary. You may decide not to answer any question or to terminate your participation at any time with no penalty or consequence.
- If you consent to participate in this study, you would participate in a "listening session" (a group discussion) with researchers from the Illinois State Board of Education and the Illinois Children's Behavioral Health Transformation Initiative. The listening session will last approximately 90 minutes.

CONSENT, CONT.

- The listening session will not be recorded, but one of the researchers will take detailed notes to inform the landscape scan. No names or identifying information will be recorded in the notes. You may choose how much or how little you want to speak during the session.
- Your contribution to these discussions will help to inform the State's approach to implementing mental health screenings in schools; there is no risk to your participation in this discussion, with the possible exception of distress you may experience as a result of referring to mental health issues.
- The information you share with us if you participate will be kept completely confidential with the exception of the disclosure of abuse or neglect (which is legally required to be reported to the Illinois Department of Children & Family Services) or the disclosure of risk of harm. Please be advised that although the researchers will take every precaution to maintain confidentiality of the data, we cannot guarantee complete confidentiality. Reports of study findings will not include any identifying information.

VERBAL CONSENT

By verbally consenting to take part in this listening session, you acknowledge that you understand and accept all of the information provided to you.

Do you voluntarily give consent to participate in this listening session?

GUIDELINES

No right or wrong answers, only differing points of view



Listen and speak respectfully; assume positive intent



Allow time for all to speak



Please respect the privacy of your fellow participants and do not repeat what is said in this listening session to others

THANK YOU FOR PARTICIPATING!



Please feel free to share this opportunity with others who may be interested. They can learn more at isbe.net/landscapescan.



If you have any questions about this study, please contact the Illinois State Board of Education at mentalhealth@isbe.net.



If you have questions about your rights as a research participant, please contact the University of Chicago Institutional Review Board at irb@crownschool.uchicago.edu or 773-834-0402.



Learn more about the Blueprint for Transformation:

