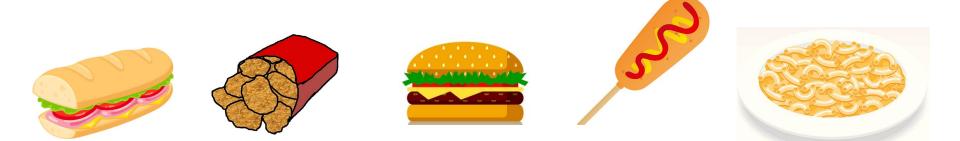


NATIONAL SCHOOL LUNCH PROGRAM



MEAT/MEAT ALTERNATE



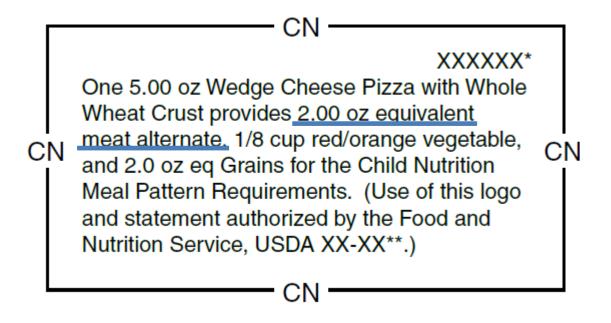
Meat/Meat Alternate

- Required component in NSLP
- Measured by weight- ounce equivalents
- Weekly Minimums
- Daily Minimums()

K-5	6-8	K-8	9-12		
8 oz eq (1)	9 oz eq (1)	9 oz eq (1)	10 oz eq (2)		



Creditable Serving





Product Formulation Statement Template

USDA												
United States De	partment of Agricultur											
United United De	par cinant or Agricuitor						1 1					
ood and Nutrition Service												
							1 1	Total weight (per portion) of product as purchased				
Product Form	ulation Statemen	t for Docum	enting Mea	ats/Meat Alt	ernates (M/	(MA)		Total creditable amount of product (per portion). (Ren	minder: total o	creditable amount (per po	rtion) cannot exceed the total weight	
in Child Nutrition Programs							1 1	(per portion).)				
Program operators should in				package in addi	tion to the folio	wing	1 1	per portority				
information on letterhead signed by an official company representative.								I certify that the above information is true and correct and that a, ounce serving of the above product (ready for				
Product Name:				Code No.:				serving) contains ounces of equivalent meat/meat alternate when prepared according to directions.				
Manufacturer:				Serving Size:				I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210,				
				Jerning Jace.							e Regulations (7 CFR Parts 210,	
I. Meats Fill out the chart below to de	termine the creditable a	amount of Meat	e .				1	220, 225, 226, Appendix A) as demonstrated by the	attached sup	oplier documentation.		
DESCRIPTION OF		S PER RAW	MULTIP	IV 500	YIELD'	CREDITABLE						
CREDITABLE MEAT INGR	EDIENT PORTION O	OF CREDITABL	E	ET FBG	mato	AMOUNT						
PER FOOD BUYING GUID	E (FBG) MEAT II	NGREDIENT			в	AxB		Signature		Title		
			x									
			x					Printed Name		Date	Phone Number	
			x									
			C. Total C	Creditable Meat	ts Amount ^s		1 1					
' FBG yield = Additional Inf	ormation column.						1 1					
II. Meat Alternates												
Fill out the chart below to de	termine the creditable a	amount of Meat	Alternates.									
DESCRIPTION OF	OUNCES PER	MULTIPLY	FBG YIELD ³	DIVIDE	PURCHASE							
CREDITABLE MEAT ALTERNATE INGREDIENT PER FOOD BUYING	RAW PORTION OF CREDITABLE				UNIT IN OUNCES	AMOUNT ³						
PER FOOD BUYING GUIDE (FBG)	MEAT ALTERNATE											
GOIDE (FBG)	D		E		F	D x E + F						
		x		+			1 1					
		×		+								
		×	G. Total Credit	+ able Meat Alter								
1 886 444 - 5 - 4 - 5			G. Total Credit	able Meat Alter	mates Amoun	-						
² FBG yield = Servings per	Purchase Unit column.											
III. Alternate Protein Prod Fill out the chart below to de												
Attachments A and B for eac	h APP used.	amount of APP.	Documentation	n must be provid	oed as describ	ed in						
DESCRIPTION OF AP	P. OUNCES D	RY PER APP	MULTIPLY	% OF	DIVIDE ⁴	CREDITABLE						
MANUFACTURER'S NA AND CODE NUMBER	ME, POR	TION		PROTEIN AS IS ³		AMOUNT						
AND CODE NUMBER		н		I I		H x I + 18	1					
			x		+ 18							
			x		+ 18							
			x		+ 18							
	K. TOTAL CREDITA			Total Creditable								
³ Attached documentation			10 4 0 4 3 10Un	ded down to h	eardst 0.25 02				Septembe	er 2020		
4 18 is the percent of protein	n when fully hydrated.											
⁵ Total Creditable Amount meat/meat alternate). If ci												
Alternates, and APP in bo	xes C, G, and J.	round down al	ter usuang the	roun creditable	Converte for M	eusa, meus						
							1					



Deli Meat

- 100% meat without liquid, binders and extenders credit ounce-per-ounce
- Meat with added liquids, binder and extenders credit based on the actual percentage of meat in the product.

example:

2.3 ounces sliced may credit as 1 oz eq This portion varies by product



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Meat Alternates

1 ounce meat equivalent =

- 2 TBSP Peanut butter/nut butters
- 1 oz. Cheese
- 4 oz. Yogurt/Greek yogurt
- 1/2 Large egg
- ¼ cup Legumes/beans/peas -may only count as meat alternate or vegetable



Crediting Smoothie-Meat/Meat Alternate

Smoothie

- fruit ½ cup
- yogurt 1 oz eq
- juice ½ cup



Smoothies offered in Child Nutrition Programs USDA Memo SP40



Alternate Protein Products

- Legume Pasta made with 100% legume flour
 - ½ c = 2 oz eq but must be served with an additional meat or meat alternate to credit
- Tofu
 - Must be commercially prepared
 - Must be recognizable in meal
- Tempeh
 - USDA guidance <u>SP 25-2019</u>

Food Buying Guide provides product requirements and serving sizes for oz eq as a meat alternate