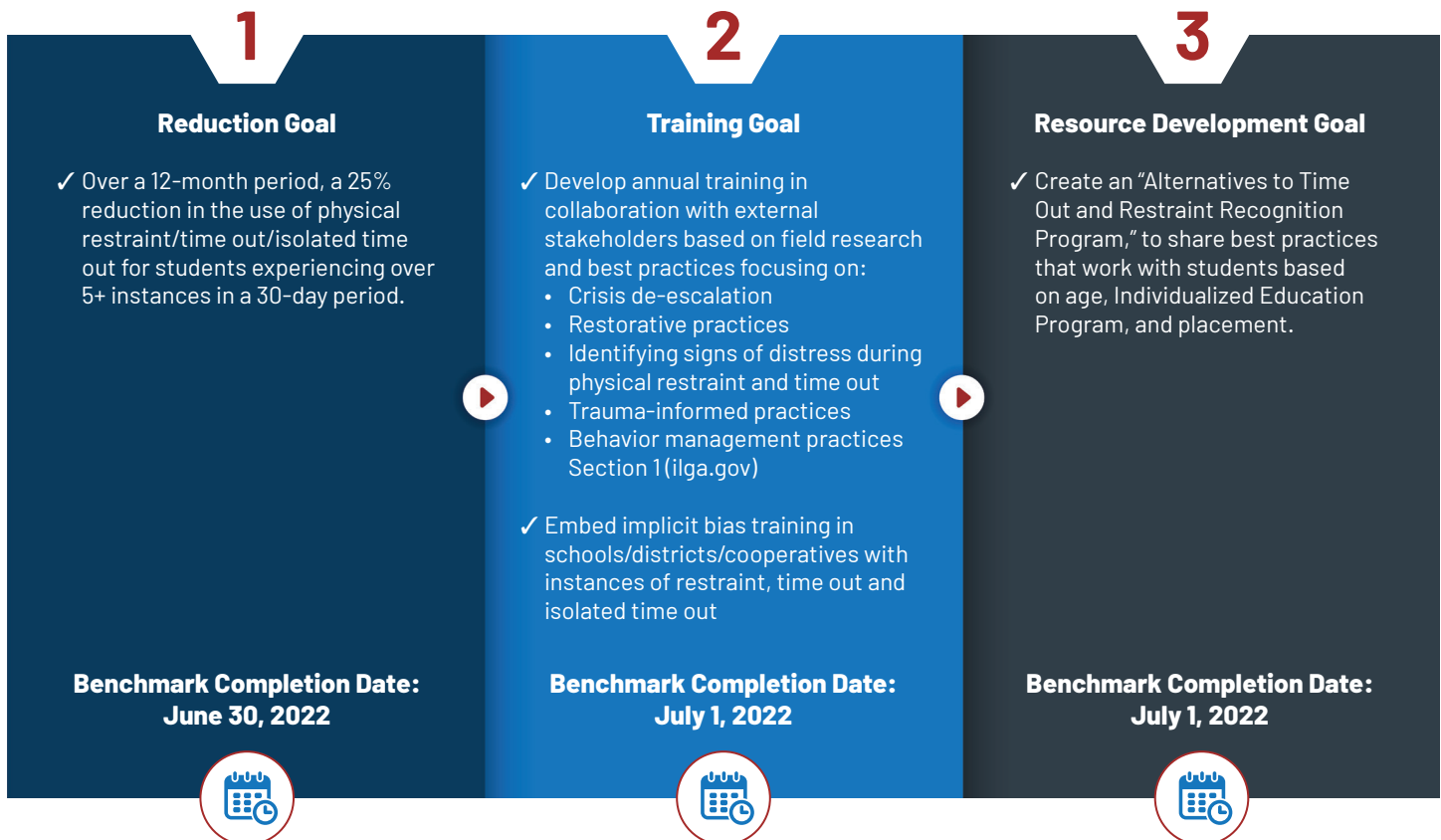


# Physical Restraint, Time Out, Isolated Time Out

Public Act 102-0339 • Goals and Benchmarks



ISBE is required to establish goals with specific benchmarks to reduce the use of physical restraint, time out and isolated time out over the next three years. The following ISBE goals and benchmarks will be amended and updated annually.



## In accordance with the goals that are adopted by ISBE, each school board must:

- Create an oversight team to develop school-specific plans for reducing and eventually eliminating the use of time out and physical restraint, in accordance with ISBE goals and benchmarks, and procedures to implement the plan. The plan must include specific actions set forth in the legislation.
- Submit a report to ISBE once each year for three years on progress made toward achieving ISBE goals and benchmarks.
- Modify the plan as necessary to satisfy these goals.
- Make the plan available for review by parents.

This plan is required unless a school district can show that it has not used isolated time out, time out, or physical restraint within the previous three years, and the school district has adopted a policy prohibiting these interventions and can demonstrate enforcement of that policy.

