

Illinois State Board of Education

Early Childhood

Social Emotional Training Offerings

Based on feedback received from the Part 235 Suspension and Expulsion rules that were approved by the Illinois State Board of Education in September 2019, it was determined there is a need for additional social-emotional trainings. Each STAR NET region throughout the state has added trainings in the following categories: trauma-informed care and trauma competence, family engagement with diverse population, and reflective practices in social-emotional instruction. Below you will find trainings offered in each region and links to registration. Please note priority is given to attendees who work within the region offering the training, but those outside of the region may attend if space permits.

Region 1 (Northwest Region)

Training: *Becoming a Reflective Early Childhood Practitioner: How Knowing Who You Are Helps to Crack the Codes of Misbehaviors*

Date: April 24th

Time: 8:30 AM – 3:30 PM

Location: East Peoria

Presenter: Kira Hamann

Registration: <http://starnet.org/home/events/reflective-practitioner/>

Description: In the morning we will start with exploring educators' backgrounds, lived experiences, preferences, and facets of roles they play in their lives, educators will leave the first half of the day with a deeper understanding of how these facets combine to create their teaching identity and the core of their reflective practice. In the afternoon we will begin putting reflective practice learning and newfound self-understandings into action. This workshop will guide educators in reflecting upon challenging EC behaviors and how they address these.

Training: *Provider Inclusion that Prevents Family Exclusion: Engaging Diverse Families*

Date: May 7th

Time: 9:00 AM - 3:00 PM

Location: Freeport

Presenter: Benton Johnson

Registration: <http://starnet.org/home/events/family-engagement-4/>

Description: America is quickly becoming a minority majority country. These changes necessitate our learning. Through humor, media, self-reflection, group activities, group and individual discussion, this energetic presentation will challenge participants to move beyond their comfort zones to engage difference. They will walk the journey of the courage and persistence that it takes to adapt to the differences that they see in family structure, culture, and socio-economic status. Single headed families, LGBT, military, adoptive, religious families, all have strengths that we must recognize to do good work with diverse families. Participants will learn how provider inclusion prevents family exclusion.

Training: *Implementing Trauma-Informed Practice in the Early Childhood Classroom*

Date: June 3rd

Time: 9:00 AM – 3:00 PM

Location: East Moline

Presenter: Elizabeth Frisbie

Registration: <http://starnet.org/home/events/implementing-trauma-informed-practice-in-the-early-childhood-classroom/>

Description: This workshop serves as a practical “how to” for educators working with children who have experienced trauma. After reviewing how complex trauma changes the developing brain, we will discover how to design a safe-haven classroom environment, make instructional accommodations to meet the needs of children who have experienced trauma, and recognize and respond to heightened emotions and challenging behaviors that are influenced by trauma. Join us as we learn “what to do” with the information you have learned about trauma.

Region 2 (Northern Region)

Training: *Culturally and Linguistically Responsive Family Engagement*

Date: 03/18/20

Time: 9:00 AM - 3:00 PM

Location: Des Plaines

Presenter: Pat Chamberlain

Registration: <https://www.starnetregionii.org/calendar/culturally-and-linguistically-responsive-family-engagement>

Description: Family engagement is a foundational component of high-quality early childhood programs. Engaging families from backgrounds different from our own requires educators to dig deep into their own cultural beliefs and practices as well as being open to learning about the cultural beliefs and practices of others. The linguistic goals that families have for their children need to be clearly understood so they can be affirmed and supported in early childhood settings. Educators have to create space to integrate the families' funds of knowledge in meaningful ways in their routines, curriculum and events.... not just food and fiestas. During this session, examples will provide a starting place for our discussion on how to transform your classroom and program practices to engage families authentically.

Training: *Conscious Discipline: Reaching and Teaching Children with Trauma*

Date: 04/01/20

Time: 9:00 AM – 3:00 PM

Location: Crystal Lake

Presenter: Jill Molli

Registration: <https://www.starnetregionii.org/calendar/conscious-discipline-reaching-and-teaching-children-trauma>

Description: Trauma frequently occurs within the context of a relationship. Healing a trauma also occurs within the context of a relationship- a healthy relationship. Conscious Discipline has proven strategies to build relationships with children who are relationship resistant. The interventions are not intended to replace therapeutic treatment; however, they will enhance children's healing processes and help them become more likely to learn in your classroom. After you build a connection with a child exposed to trauma, you can begin implementing specific interventions that will lay the groundwork for a lifetime of resilience.

Training: *Cracking the Code of Early Childhood Misbehaviors: Reflective Practice Related to Social-Emotional Contexts in Our ECE Classrooms*

Date: 04/20/20

Time: 4:00 PM – 6:00 PM

Location: Online Webinar

Registration: <https://www.starnetregionii.org/calendar/cracking-code-early-childhood-misbehaviors-reflective-practice-related-social-emotional>

Description: Whining? Tantrums? Fighting? Ever wonder, "why is this child doing this?!?!" Participants who attend this webinar will reflect upon challenging behaviors and examine what may really be going on when children engage in these types of behaviors. Learning about how to assess behavior through Dreikurs' Mistaken Goals and using the 4 Crucial C's as a guiding foundation provides participants with helpful sleuthing tools that can help to decrease challenging behaviors and support social-emotional learning for children and adults.

Region 3 (Central Region)

Training: *Family Engagement*

Date: April 8th

Time: 9:00 AM – 3:00 PM

Location: Springfield

Presenter: Anni Reinking

Registration: <http://starnet.org/home/events/family-engagement-3/>

Description: In this workshop participants will learn about involvement vs. engagement for families. Participants will also be able to brainstorm ways to engage families, collaboratively brainstorm strategies, and practice engaging in difficult conversations with families with the focus on child success, both academically and socially.

Training: *Conscious Discipline: Reaching and Teaching All Children: A Trauma-Sensitive Approach*

Date: May 14th

Time: 9:00 AM – 4:00 PM

Location: Quincy

Presenter: Jill Molli

Registration: <http://starnet.org/home/events/conscious-discipline-trauma-sensitive-approach/>

Description: Trauma frequently occurs within the context of a relationship. Healing a trauma also occurs within the context of a relationship – a healthy relationship. Conscious Discipline has proven strategies to build relationships with relationship resistant children. The interventions are not intended to replace therapeutic treatment; however, they will enhance children’s healing processes and help them become more likely to learn in your classroom. After you build a connection with a child exposed to trauma, you can begin implementing specific interventions that will lay the groundwork for a lifetime of resilience.

Training: *Angry Love & Ruthless Compassion*

Date: May 8th

Location: Jacksonville

Presenter: Steve Zwolak

Registration: <http://starnet.org/home/training/face-to-face-workshops/>

Description: More information coming soon

Region 4 (Southern Region)

Training: *Brain and Behavior Correlates of Children Exposed to Interpersonal Violence and Other Forms of Psychiatric Trauma*

Date: 3/26/2020

Time: 9:00 AM – 3:00 PM

Location: Belleville

Presenter: Dr. Paul Clements

Registration: <http://starnetiv.org/event/trauma-informed-care/>

Description: This presentation will examine the brain and behavior correlates of children exposed to interpersonal violence and other forms of psychiatric trauma as it relates to enhanced developmentally appropriate sensitive and targeted assessment and related intervention.

Training: *Becoming a Reflective Early Childhood Practitioner: From Knowing Who You Are to Cracking the Codes of Challenging Behaviors*

Date: 4/23/2020

Time: 9:00-3:00

Location: Belleville

Presenter: Dr. Kira Hamann

Registration: <http://starnetiv.org/event/becoming-a-reflective-early-childhood-practitioner-from-knowing-who-you-are-to-cracking-the-codes-of-challenging-behaviors/>

Description: In the morning we will start with exploring educators' backgrounds, lived experiences, preferences, and facets of roles they play in their lives, educators will leave the first half of the day with a deeper understanding of how these facets combine to create their teaching identity and the core of their reflective practice. In the afternoon we will begin putting reflective practice learning and newfound self-understandings into action. This workshop will guide educators in reflecting upon challenging EC behaviors and how they address these.

Training: Diversity: *Diversity: Working with Families and Diverse Populations*

Date: 4/29/2020

Time: Belleville

Location: 9:00 AM – 3:00 PM

Presenter: Ashley White

Registration: <http://starnetiv.org/event/diversity-working-with-families-and-diverse-populations/>

Description: This workshop examines key terms and concepts related to understanding diversity and assists teachers and other educational stakeholders with determining context-based barriers to connecting with diverse families and communities and developing strategies to re-mediate such barriers.

Region 5 (Chicago)

Training: *Cultivating Connections with Diverse Families: Strategies for Equitable Family Engagement*

Date: 2/12/20

Time: 9:00 AM – 3:00 PM

Location: Chicago

Presenter: Evelyn Green

Registration: <https://www.cvent.com/events/starnet-region-v-city-of-chicago-fy20-calendar-of-events/registration-d7605452eac14054a5d31d39ece0337b.aspx?fqp=true>

Description: It is well-documented that strong home-school connections are essential for the academic success of all learners, yet many of us struggle to engage families, especially linguistically and culturally diverse families. Family engagement is intended to foster communication with parents about student performance and collaboratively support learning. For ALL types of families to be positively involved in their children's education, we must cultivate engagement that is equitable, inclusive, accessible, and culturally competent. Equitable family engagement can include acknowledging and navigating cultural differences through communication and sensitivity, as well as overcoming other structural challenges or barriers. This workshop will provide an overview of equitable family engagement, including acknowledging and navigating cultural differences. In this workshop, participants develop key knowledge and skills related to equitable family engagement, including how to effectively: respect cultural differences around communication and values; develop self-awareness regarding one's own culture and values; understand how various factors influence interpersonal dynamics and experiences; cultivate connections through equitable family engagement strategies.

Training: *Trauma 101*

Date: 3/6/20

Time: 8:30 AM – 3:30 PM

Location: Chicago

Presenter: Jackie Garlock

Registration: <https://www.cvent.com/events/starnet-region-v-city-of-chicago-fy20-calendar-of-events/registration-d7605452eac14054a5d31d39ece0337b.aspx?fqp=true>

Description: As educators, it is vital to understand the impact of trauma on the development of the brain and learn response strategies to build resilient children and families. This workshop will cover child development, childhood trauma, and resilience & recovery.

Training: *Changing a Child's Behavior Starts with Changing Adult Behavior: The Power of Reflective Teaching*

Date: 4/3/2020

Time: 9:00 AM – 3:00 PM

Location: Chicago

Presenter: Angela Searcy

Registration: <https://www.cvent.com/events/starnet-region-v-city-of-chicago-fy20-calendar-of-events/registration-d7605452eac14054a5d31d39ece0337b.aspx?fqp=true>

Description: When children exhibit challenging behaviors, the problem is often localized within the child. However, behavior is complex and seldom centers around one reason. Research shows order to gain a meaningful understanding of student behavior there must be a meaningful understanding of adult behavior

and the context in which all these behaviors occur. This workshop looks beyond the child to the contextual elements, interactions and classroom variables that might contribute to challenging behaviors.

Training: *Diversity: Working with Families and Diverse Population*

Date: 4/30/20

Time: 9:00 AM – 3:00 PM

Location: Chicago

Presenter: Ashley White

Registration: <https://www.cvent.com/events/starnet-region-v-city-of-chicago-fy20-calendar-of-events/registration-d7605452eac14054a5d31d39ece0337b.aspx?fgp=true>

Description: This workshop examines key terms and concepts related to understanding diversity and assists teachers and other educational stakeholders with determining context-based barriers to connecting with diverse families and communities and developing strategies to remediate such barriers.

Region 6 (South Suburban/East Central Region)

Title: *Family Engagement in Diverse Populations; Weaving the threads of Diversity into a Tapestry of Success*

Date: February 27, 2020

Time: 8:30-2:30

Location: Tinley Park

Presenter: Marilyn Peterson

Registration: <https://conta.cc/2JwYd32>

Description: How do 3-5 educators support children and families from many different cultural and linguistic backgrounds? We know that partnerships with families are crucial to success in early childhood education but we also know how challenging it is! Programs with diverse families need a lot of resources to help them become fully engaged. Explore approaches, ideas and strategies in this interactive training.

Training: *Becoming a Reflective Early Childhood Practitioner: How Knowing Who You Are Helps to Crack the Codes of Misbehaviors*

Date: April 30, 2020

Time: 8:30-3:30

Location: Tinley Park

Presenter: Kira Hammon

Registration: : <https://conta.cc/2vwrret>

Description: In the morning we will start with exploring educators' backgrounds, lived experiences, preferences, and facets of roles they play in their lives, educators will leave the first half of the day with a deeper understanding of how these facets combine to create their teaching identity and the core of their reflective practice. In the afternoon we will begin putting reflective practice learning and newfound self-understandings into action. This workshop will guide educators in reflecting upon challenging EC behaviors and how they address these.

Training: *Trauma-Informed Care In Early Childhood Programs: What We Know (and Still Don't Know), and Why That Matters For All Our Children and Families*

Date: May, 8, 2020

Time: 8:30-2:30

Location: Tinley Park

Presenter: Michael Kelly, PhD, LCSW

Registration <https://conta.cc/2u0j7Tw>

Description: This interactive workshop will pose several difficult and important questions regarding Trauma-Informed Care (TIC) in Early Childhood Programs, framed by this overarching question: what do we REALLY know about TIC in Early Childhood Programming, particularly TIC in marginalized school communities? Using ideas from implementation science and race and equity frameworks, participants will reflect on how to ensure that the important work of TIC is carried out in their programs in rigorous and culturally-responsive ways, without it becoming yet another educational trend that fades away. All attendees will have a chance to both share their best practices and learn about how others are doing this important work, utilizing several innovative and interactive experiential sessions based on Dr. Kelly's work around the country helping educators and school mental health professionals come together to share what works.