

OFFICIAL SAT PRACTICE

A Parent/Guardian's Guide: Getting Your Teen Ready for the SAT



START



Sign up for Official SAT® Practice at satpractice.org. Official SAT Practice on Khan Academy® is FREE for all students and the best way to prepare for the SAT. Created by Khan Academy and College Board, the makers of the SAT, Official SAT Practice offers thousands of practice questions, video lessons, quizzes and tests, and more.



Link College Board and Khan Academy accounts for a personalized SAT study plan. When your child signs up for Official SAT Practice, make sure their Khan Academy account is linked with their College Board account. This sends your child's PSAT™ 8/9, PSAT™ 10, or SAT scores to Khan Academy to create a customized SAT study plan. A child who doesn't have any test scores can take diagnostic quizzes to receive the study plan.

2-3 MONTHS BEFORE TEST DAY



Create a practice schedule on Official SAT Practice, and stick to it. We recommend that students practice on satpractice.org 15-30 minutes per day starting 6-8 weeks before the test.

2–3 MONTHS BEFORE TEST DAY cont'd



Take a full-length practice test. Taking a practice test on Official SAT Practice is a perfect way for students to see what their test day experience will be like.

2 WEEKS BEFORE TEST DAY



Take another full-length practice test. Two weeks before every SAT test date is known as **Official SAT Practice Test Day**. On this day, students registered for the SAT should take another full-length practice test at **satpractice.org** to check their progress. This lets students build self-assurance and see exactly where to focus over the next two weeks to get the best possible score.

1 DAY BEFORE TEST DAY



Plan ahead. Triple-check the night before that your child packs everything needed, such as pencils and a calculator, and see that your child gets a good night's sleep.

ON TEST DAY



Relax and be confident. Encourage your child to eat a good breakfast, take it easy, and feel positive. Practice pays off!

For more information, visit satpractice.org.