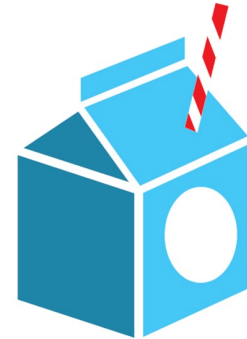




SCHOOL BREAKFAST PROGRAM



FLUID MILK COMPONENT



Transitional Standards for Milk, Whole Grains, and Sodium

- Flavored, low-fat (1%) milk can be offered as part of a reimbursable meal or as a competitive beverage
 - NSLP and SBP for grades K-12
- Flavored, low-fat (1%) milk can also be offered in:
 - SMP and CACFP for children ages 6+

Milk





School Breakfast Program

Fluid Milk Component

Food Components	Grade K - 5	Grade 6 – 8	Grade 9 - 12
Milk	5 cups/week (1 cup daily)	5 cups/week (1 cup daily)	5 cups/week (1 cup daily)

- *Fluid Milk is a required meal pattern component for the SBP.*
- *Serving sizes listed above are required at a weekly minimum.*
- *Serving sizes in parenthesis are the required daily minimum.*



School Breakfast Program Fluid Milk Component

- Types of milk that may be offered include:
 - Fat-free (skim) unflavored
 - Fat-free (skim) flavored
 - Low-fat (1%) unflavored
 - **Low-fat (1%) flavored**
- At least two varieties of milk must be offered during the meal service
 - One of those must be unflavored





SBP Fluid Milk Component *Substitutions*

Nutrient	Per cup (8 fl oz)
Calcium	276 mg.
Protein	8 g.
Vitamin A	500 IU.
Vitamin D	100 IU.
Magnesium	24 mg.
Phosphorus	222 mg.
Potassium	349 mg.
Riboflavin	0.44 mg.
Vitamin B-12	1.1 mcg.



Crediting Smoothie- Fluid Milk

Smoothie

- fruit ½ cup
- juice ½ cup
- Fluid milk 1 cup *



***Two types of fluid milk must be offered separately to meet the milk requirement**

[Smoothies offered in Child Nutrition Programs USDA Memo SP40](#)