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CREATING COLLABORATIONS TO IMPROVE STUDENT WELLNESS (A REFRESHER)

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What will be covered

- Overview of community collaboration
 - Internal & External Collaboration
 - Home school collaboration
- Benefits of Collaboration
- Experiences and ideas from the field
- Mobias Care



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What is School-Community Collaboration

- The goal is to promote strong bonds between families, community partners, and educators to enhance learning for all students.
 - Adapted from Esler, Godber, Christenson, 2002
- Internal bonds & collaboration



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Benefits of Collaboration

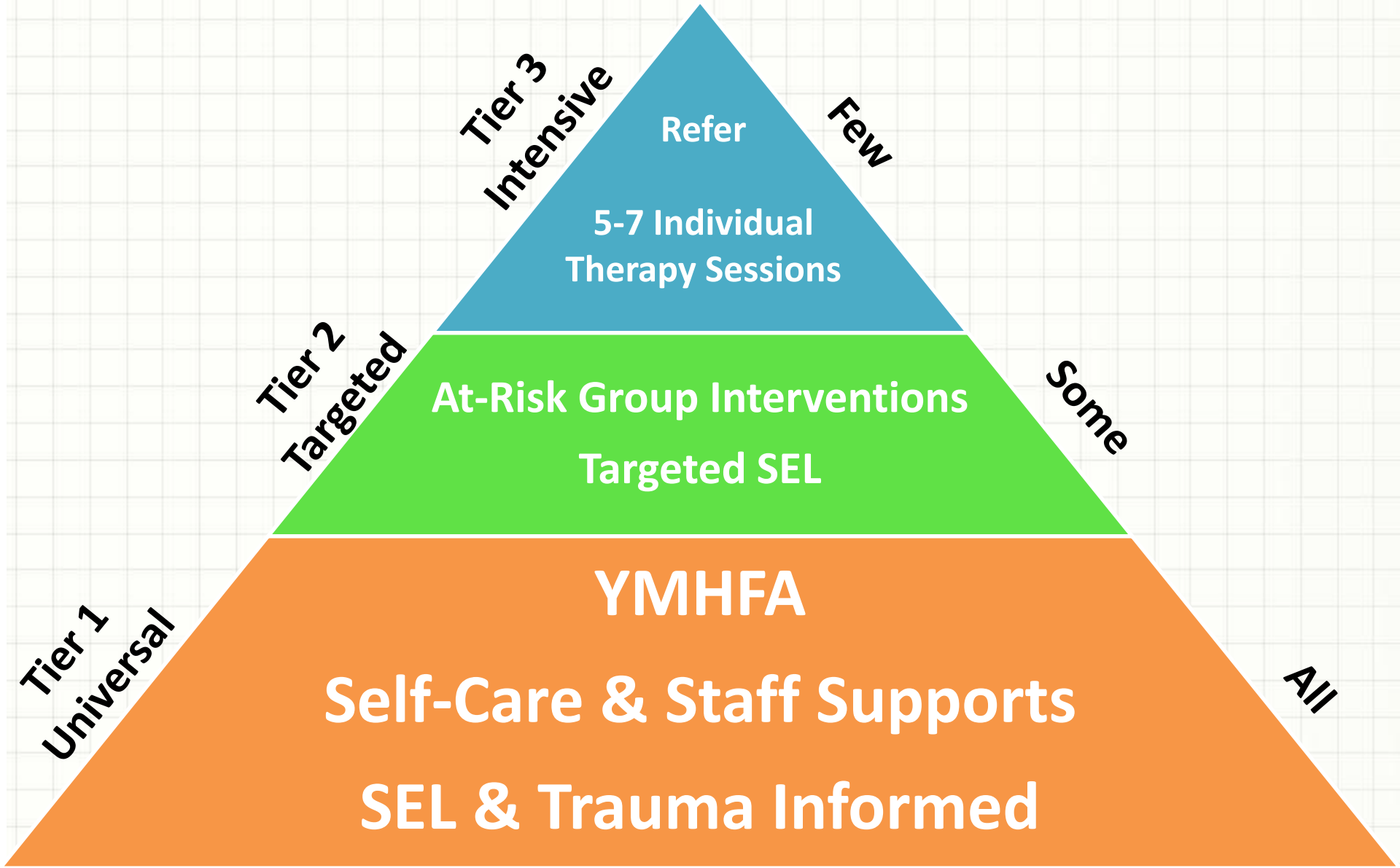
- Higher academic achievement
- Increased attendance and engagement
- Reduced behavior problems in the classroom
- Fewer suspensions
- Lower dropout rates
- Staff satisfaction
- Shared responsibility
- Increased dosage



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Multi-Tiered Systems of Support (MTSS)



Residential
Foster Care
Hospitalization

Intensive Outpatient
Multi-Systemic Therapy
High Fidelity Wraparound

More Intensive Outpatient Counseling—
TFCBT, CPP, PCIT, etc.

Linkage
Referral

Team-Based Collaboration

- District Leadership Team
- Building Leadership Team
- Similar ideals
- Diverse ideals
- Internal Membership
- External Membership
- Paid participation
- Volunteer participation
- School focused
- Community focused



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- What are some of the barriers to Agencies and Community Member Volunteer Collaboration?



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- In my school(s) what are the beliefs about Agencies and Community Member Volunteers?

+/-



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Ideas: How to Build Relationships

- Community Centered Practices
 - Community Orientation
 - Positiveness
 - Sensitivity/empathy
 - Friendliness
- Diversity is valuable



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Ideas: How to Build Relationships

- Developing Trust
 - Accepting as they are
 - Sharing information and resources
 - Keeping your word
 - Discussing objectives openly
 - Find common ground
 - Equal partners/shared governance
 - Give power, approachable, safety
 - Conflict management skills



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Perceptions Vary

- History with Education
- History with Collaborations
- Cultural Diversity
 - Cultures view education differently

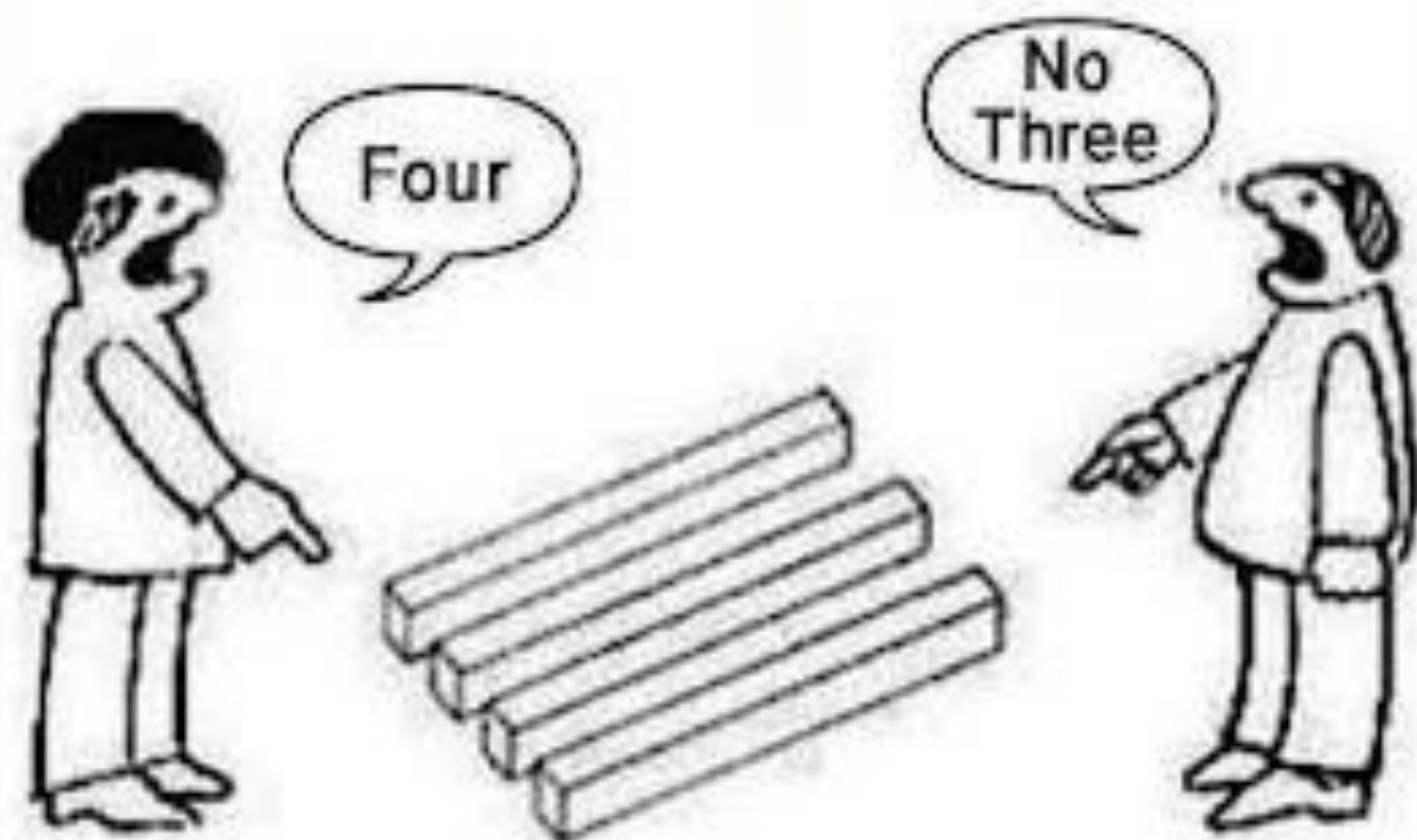


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It is really confusing!!!





Ideas: How to Build Family-Specific Relationships

- Personal connections
 - Ask what is wanted from education
 - Positive calls
 - Reframe language from problems to goals
 - All-call systems
 - Home-school notes
 - Shared monitoring tools up-to-date (e.g. Apps)
 - First name basis
 - Face to face contact or home visits
 - Informational meetings, family fun nights, and parent workshops
 - Provide training & tools



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How to Build Relationships with Families & Community Organizations

- Welcoming climate
 - Social events
 - Family resource centers
 - Physical environment friendly
 - Process and procedure for involvement
 - Partnership on objectives



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How to Build Relationships with Families & Community C

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Collaboration with Community

- Promote employer policies for involvement
- Partner with employers for scheduling
- Create partnerships and integrate social services, behavioral health, and civic organization activities
- Publicize success frequently
 - Honors, awards, test results, PBIS
- One child, one plan



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What Can It Look Like?

(Vicarious & Secondary Traumatic Stress)

- Impulsive and reactive
- High frustration, anxiety, and anger
- Poor control of emotions
- Physical symptoms (e.g. headaches)
- Poor problem solving and choices
- Overreacting when told what to do
- Misperceived situations or triggers
- Impaired attention, memory, and cognition



Examples of Current Collaborative Projects

- Continuation of DLT and BLT with MTSS Network
- Continuation of integrated behavioral health providers
 - Leadership Teams
 - On-site services tailored to needs
- Resilient Southern Illinois /Partnership for Resilience/ Harvard By All Means Project Resiliency teams in 18 school districts focused on trauma informed schools.
 - Individualized goals
 - Internal expanding to external partnerships
- ICJIA Funded District and Building Resiliency teams in four districts focused on Trauma Responsive Schools Implementation
 - Needs Assessment
 - Internally focused with inclusion of external partners
 - Shared goals and objectives
 - Consultation and training
- ICJIA Funded IL HEALS (Helping Everyone Access Linked Systems)
 - Collaboration of multiple sectors with a focus on targeted region



Mobius Care



Summary

- Home-School-Community Collaboration is possible
- There are lots of benefits to student, school, and communities to collaborate
- Personal relationships are key to success
- Goals and objectives are very similar
- Increase your impact with mobias care

Questions?



Thank you!

- Thank you, Gracias, Hahoo, Dank u wel, Dua netjer en etj, Vinaka, Kiitoksia, Merci, Aayya, Danke, Efcharisto, Toda, Takk, Go raibh maith agat, Arigato, Gratia, Webale, Grazzi, Laengz zingh, Nihedebil, Bayarlalaa, Tusen takk, Dzieki, Obrigado, Da-wah-eh, Spasibo, Multumesc, Tapadh leibh, Hvala, Sha ja non, Gracies, Inwali, Tack, Khawp khun, Diolch