



Illinois State Board of Education

School Wellness Website Overview



SCHOOL WELLNESS

Adenike Sosina
Principal Consultant

Equity • Quality • Collaboration • Community

What You Will Learn

How to navigate ISBE's School Wellness website

The various areas addressed under School Wellness

Resources available to support School Wellness

Where to find important School Health-related documents

School Wellness

- Educational Supports
- Mental Health
- Out of School Time
- School Health
- Social and Emotional Learning

RESOURCES

- CDC Adolescent and School Health
- CDC Healthy Schools
- IDPH: Violence Prevention and Support Resources 
- Illinois Association of School Nurses
- Illinois Department of Public Health School Health Program
- Illinois School-Based Health Alliance
- School Wellness Conference

SCHOOL WELLNESS

School Wellness is the area of the website where information to support the whole child approach is located. This section provides information on physical health, social and emotional learning and the education needed to support these ideals.



EDUCATIONAL SUPPORTS

- 5Essentials Survey
- Alternative Learning
- Comprehensive System of Learning Supports
- Homeless Education
- Youth In Care



MENTAL HEALTH



OUT OF SCHOOL TIME



SCHOOL HEALTH

- School Health Advisory Committee
- School Health Topics
- School Nursing



SOCIAL & EMOTIONAL LEARNING

- Anti-Bias and Anti-Hate Resources
- Children of Military Families
- Positive Behavioral



Thank you!

Wellness Department Contact Info

(217) 782-5270

<https://www.isbe.net/Pages/School-Wellness.aspx>



Professional Development Reminder

- **FOR EDUCATORS**

- Evaluation surveys will be available for all live and on-demand sessions
- A link to the evaluation survey will be provided via email
- **Remember to print your completion certificate at the end of the survey!**

- **FOR SCHOOL NUTRITION PROFESSIONALS**

- Training must be job-specific and intended to help employees perform their duties in relation to the School Nutrition Programs
- Details, including hours needed and documentation requirements, can be found on ISBE's [Professional Standards Fact Sheet](#)

- **FOR OTHER LICENSED PROFESSIONALS**

- Please consult with your professional organization to determine if sessions qualify for continuing education units
- **Conference sessions are NOT pre-approved for CEUs**

