

# School Breakfast Program

## Understanding USDA Terms **Breakfast Items** VS **Breakfast Components**



# Breakfast Component

## **Component:**

- Three different food groups required
  - Grains
  - Fruit
  - Fluid Milk

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## **For the purposes of Offer vs Serve at Breakfast:**

- *schools must offer 3 different components*



# Breakfast Items

## Item:

- A specific food offered within the three food components

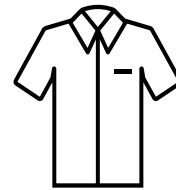
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## For the purposes of OVS Breakfast:

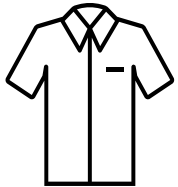
- *schools must offer at least 4 food items*
- *students must select 3 food items*



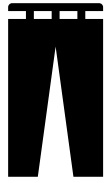
# Clothing Items



# Clothing Items vs Category of Clothing



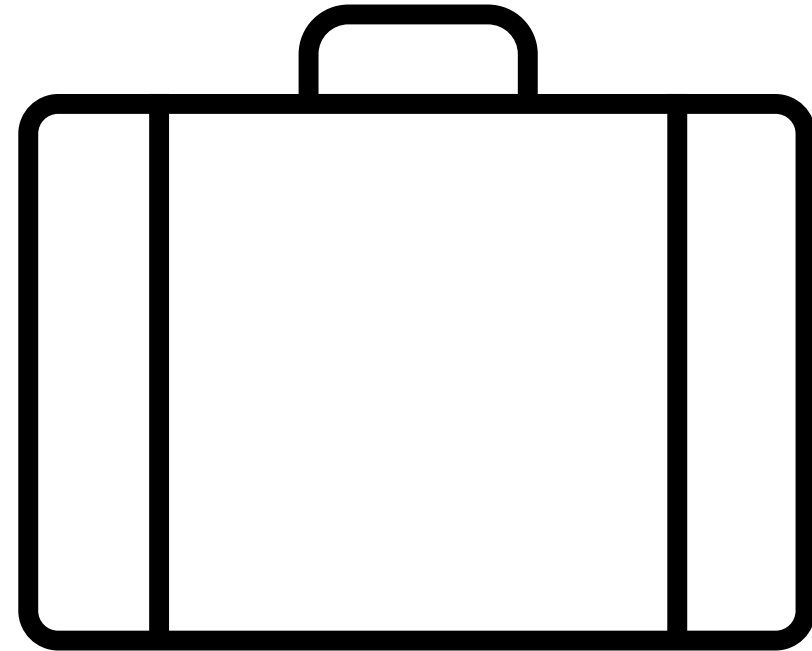
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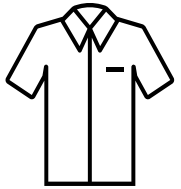
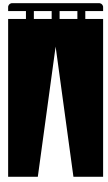
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Footwear



# Clothing Items vs Category of Clothing



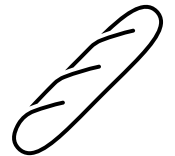
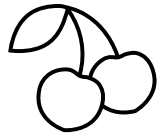
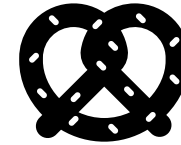
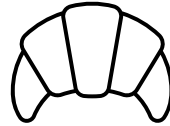
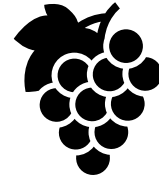
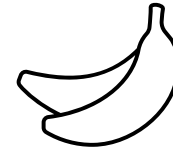
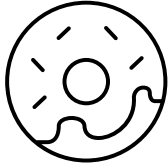
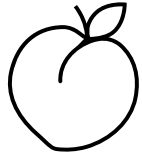
Top

Bottom

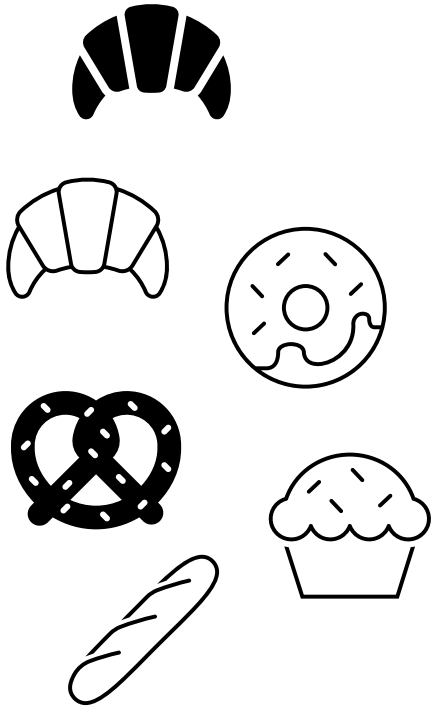
Footwear



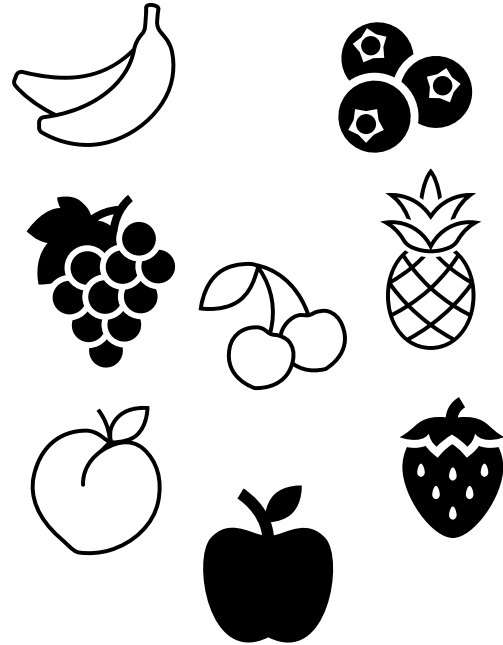
# Breakfast Items



# Breakfast Items vs Food Components



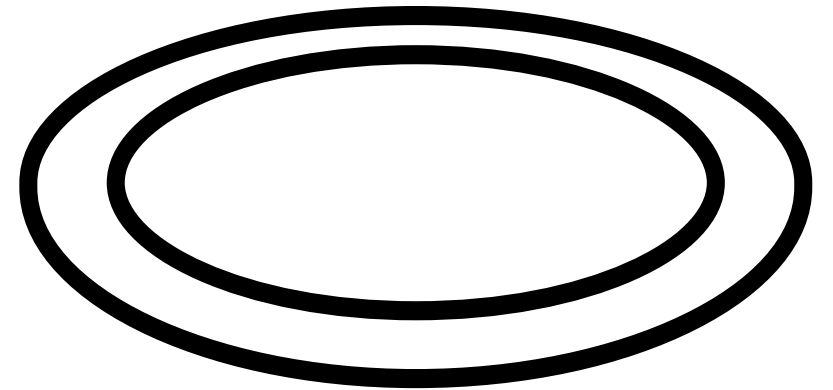
Grain Component



Fruit Component

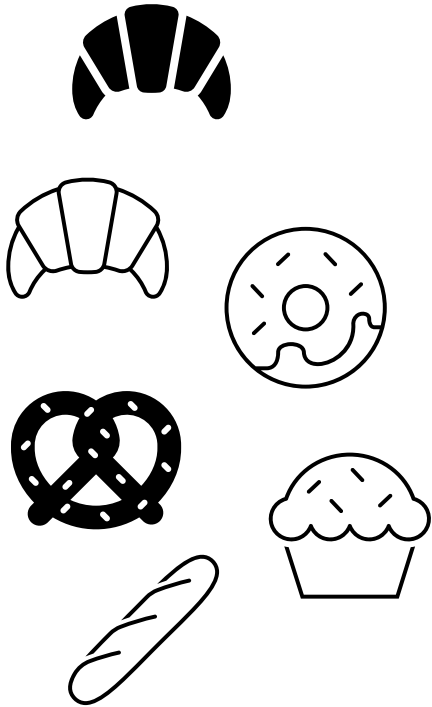


Fluid Milk Component

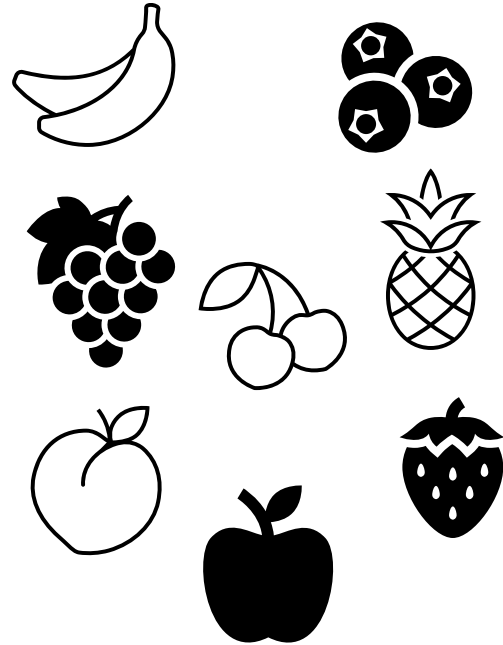




# Breakfast Items vs Food Components



Grain Component

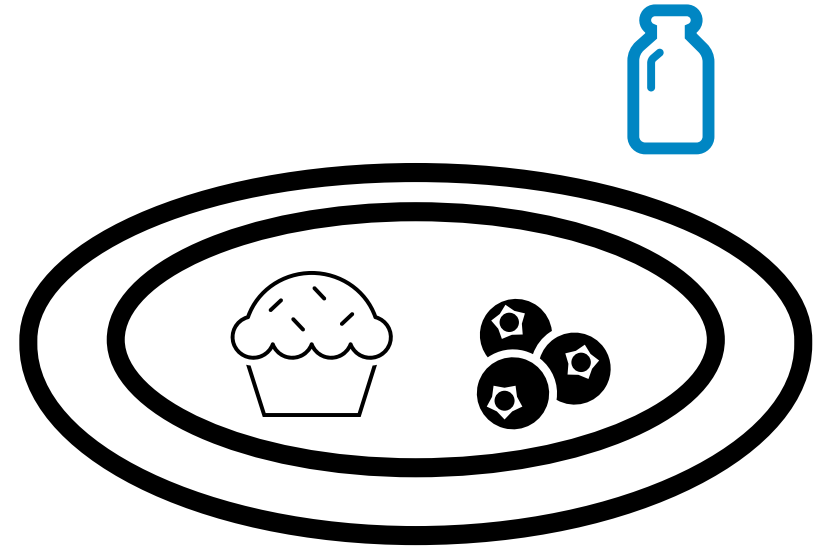


Fruit Component



Fluid Milk Component

Complete Meal



# Contact

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ISBE Nutrition Department

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217.782.2491

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