

# Illinois State Board of Education School Wellness Conference

DoubleTree by Hilton Hotel Bloomington, 10 Brickyard Drive, Bloomington, IL 61701

Presented by ISBE's Wellness and Nutrition departments

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## AGENDA



### Pre-Conference, Feb. 24, 2020

- |              |   |
|--------------|---|
| 12:30-1 p.m. | <b>Registration</b>   |
| 1-4 p.m.     | <b>Local Wellness Policy Workshop</b> (ISBE and Action for Healthy Kids)  |
| 1-4 p.m.     | <b>MHTTC National School Mental Health Curriculum: Guidance and Best Practices for School Districts</b> (ISBE and the Mental Health Technology Transfer Center Network) |

### Full-Day Conference, Feb. 25, 2020

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|--------------------------|--|---|
| 8-8:30 a.m.              | <b>Registration and Networking</b>   |    |
| 8:30-9 a.m.              | <b>Welcome</b>   | <b>NUTRITION</b>  |
| 9:05-10:05 a.m.          | <b>Breakout Sessions</b>   |   |
|                          | <b>NUTRITION:</b> Local Wellness Policy Regulations & Resources  | <b>SOCIAL EMOTIONAL HEALTH</b>  |
|                          | <b>SOCIAL EMOTIONAL HEALTH:</b> Building Collaborations Internally and Beyond  |   |
|                          | <b>PHYSICAL EDUCATION:</b> Adaptive PE   |   |
| 10:15-11:15 a.m.         | <b>Keynote Speaker</b>   |   |
| 11:15-11:30 a.m.         | <b>Wellness Break</b>  |  |
| 11:30 a.m. to 12:30 p.m. | <b>Lunch and Networking Tables</b>   | <b>PHYSICAL EDUCATION</b>   |
| 12:40-1:40 p.m.          | <b>Breakout Sessions</b>   |   |
|                          | <b>NUTRITION:</b> Accommodations of Special Dietary Needs  |   |
|                          | <b>SOCIAL EMOTIONAL HEALTH:</b> Supporting Students Before, During, and Upon Returning From Behavioral Health Hospitalization From a District's Perspective, Through the MTSS Lens |   |
|                          | <b>PHYSICAL EDUCATION:</b> Using State Mandated Fitness Data in Illinois Schools   |   |
| 1:45-2:45 p.m.           | <b>Breakout Sessions</b>   |   |
|                          | <b>NUTRITION:</b> Innovative Approaches to Nutrition Education   |   |
|                          | <b>SOCIAL EMOTIONAL HEALTH:</b> Hospital-School Collaboration: Best Practices for Student Success  |   |
|                          | <b>PHYSICAL EDUCATION:</b> Empathy and Inclusion   |   |
| 3-4 p.m.                 | <b>Better Together: A Collaborative Approach to School Wellness</b>  |   |