

Milk and Non-Dairy Milk Substitution Chart

(ONLY for children 1 year of age and older; it does not apply to infants.)

Illinois State Board of Education
 Nutrition and Wellness Programs
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When can different types of milk or non-dairy milk substitutes be claimed for reimbursement?

The Child and Adult Care Food Program (CACFP) regulations allow parents to request a non-dairy milk substitute when their child cannot consume fluid milk due to medical or other special dietary needs. The non-dairy milk substitute must be nutritionally equivalent to milk¹ and served in the correct portion for the age of the child.

1. Nutrient Standards required for non-dairy milk substitute – *Calcium (276 mg), Protein (8 g), Vitamin A (500 IU), Vitamin D (100 IU), Magnesium (24 mg), Phosphorus (222 mg), Potassium (349 mg), Riboflavin (0.44 mg), and Vitamin B-12 (1.1 mcg).*

Reason for Request	Child with Medical Condition (Example: Allergy) or Special Dietary Need for Personal Reason (Example: Vegetarian, Religious, or Cultural Preferences) <i>The center/home may provide substitution; however, is not required.</i>		Child with Disability/ Life Threatening Allergy <i>The center/home <u>must provide</u> substitution when prescribed by physician.</i>
	Parent Request ²	Physician Statement for Food Substitution Signed by Licensed Physician ^{3,4}	Physician Statement for Food Substitution Signed by Licensed Physician ⁴
Whole or reduced-fat (2%) milk to be served to child 2 years of age or older	Not Reimbursable Only low-fat or fat-free milk is reimbursable	NOT Reimbursable	Reimbursable Center/Home MUST provide
Juice served to child instead of milk	NOT Reimbursable	NOT Reimbursable	Reimbursable Center/Home MUST provide (or parent may offer to provide, but is not required) ⁵
Non-dairy milk substitute served to child which <u>meets</u> USDA Nutrient Standards ¹	Reimbursable when center/home (or parent) provides ⁵	Reimbursable when center/home (or parent) provides ⁵	Reimbursable Center/Home MUST provide (or parent may offer to provide, but is not required) ⁵
Non-dairy milk substitute served to child which <u>does NOT meet</u> USDA Nutrient Standards ¹	NOT Reimbursable	NOT Reimbursable	Reimbursable Center/Home MUST provide (or parent may offer to provide, but is not required) ⁵

2. Request must identify child’s medical or special dietary needs.

3. Center/Home cannot accept requests ONLY from medical authorities for non-dairy milk substitute; they must also accept parent requests.

4. Use *Physician Statement for Food Substitution* form.

5. The center/home must provide at least one component for meal/snack to be reimbursable.