

National School Lunch Program

Offer Versus Serve
9-12 Grade Grouping

Frontline Staff Training

Nutrition and Wellness Programs

Illinois State Board of Education

www.isbe.net/nutrition

Grade Grouping 9-12

- Offer vs Serve is **required** for 9-12 grade grouping
- Five full components must be **offered**:
 - Meat/Meat Alternate minimum 2 oz.
 - Grain minimum 2 oz.
 - Vegetable 1 cup
 - Fruit 1 cup
 - Fluid Milk 1 cup

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Reimbursable Meal must contain:

Three of Five components which need to be

- 2 full components of the 5 offered

AND

- A fruit component or a vegetable component

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Decline options:

Students are allowed to decline 2 of 5 food components but must select at least $\frac{1}{2}$ cup of either a fruit or vegetable.

Reducing portions:

Fruit or vegetable may be reduced to $\frac{1}{2}$ planned portion. Students must select other food components in quantities planned.

Grade Grouping 9-12



Activity 1

- 1. Begin by looking at a tray with all 5 full components represented.**
- 2. Next look at the following slide series to determine which meals are reimbursable combinations and which meals are not reimbursable and why not.**

Fruit

1 cup offered

Grain

2 oz.
offered

Milk

8 oz.
offered

9-12 Grade Grouping

Vegetable

1 cup offered

2 oz.
offered

Meat/
Meat
Alternate

Yes..... or..... No?

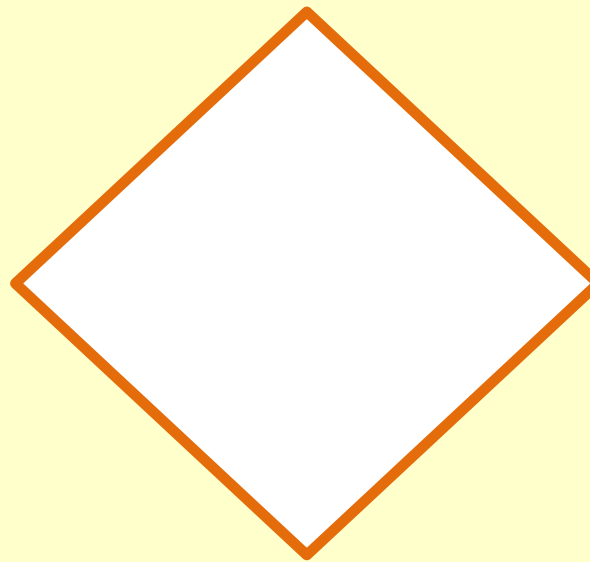
Looking at the following meals a student selects, would these meals be a reimbursable meal under offer vs serve?

Why? Or Why not?



Fruit

1/2 cup

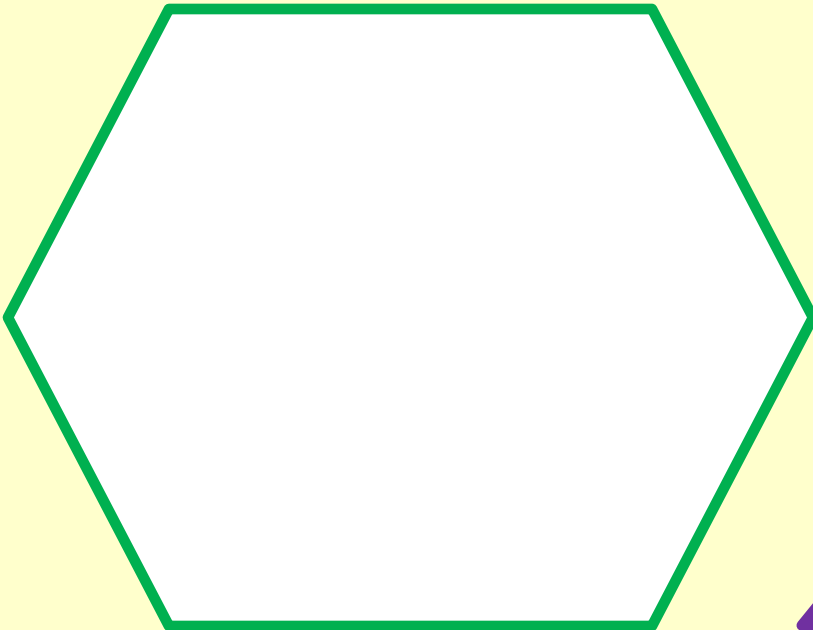


Milk

8 oz.



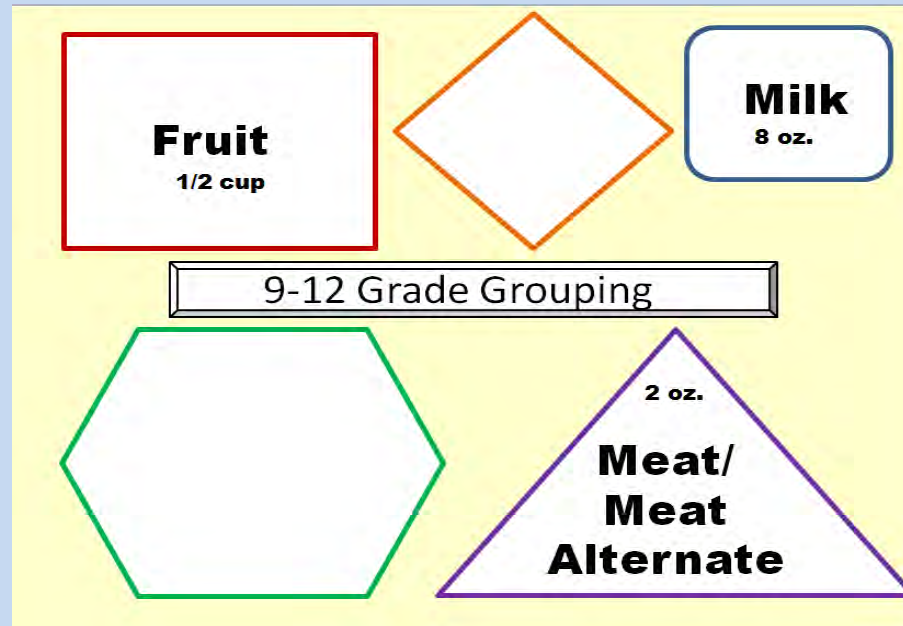
9-12 Grade Grouping



2 oz.

Meat/
Meat
Alternate

Yes



Student selected:

2 full components and a reduced fruit portion:

- Milk
- Meat/Meat Alternate
- $\frac{1}{2}$ cup Fruit (allowable reduced portion)

Fruit

$\frac{1}{2}$ cup

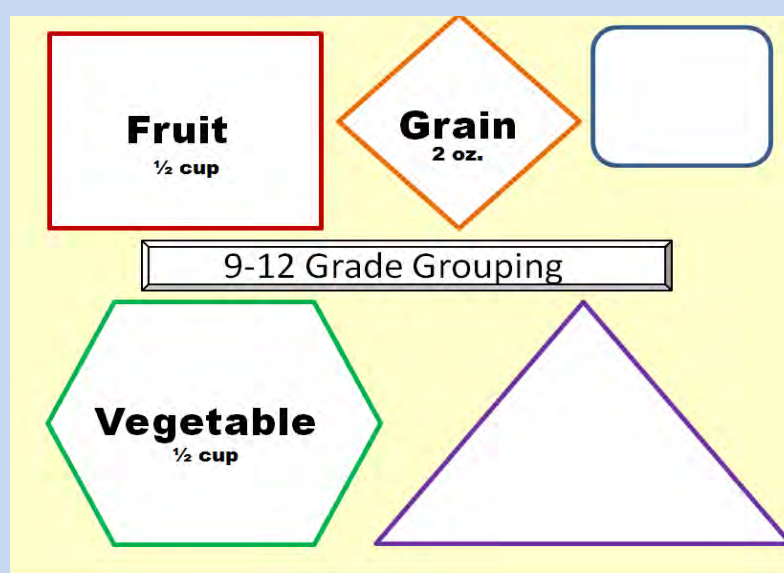
Grain

2 oz.

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Vegetable

$\frac{1}{2}$ cup



- **Student selected:**

- 1 full component and 2 reduced portions of fruit and vegetable:

- Grain

- 1/2 cup Vegetable

- 1/2 cup Fruit

Either vegetable **or** fruit may be reduced to 1/2 cup but not both if only one additional full component is selected.



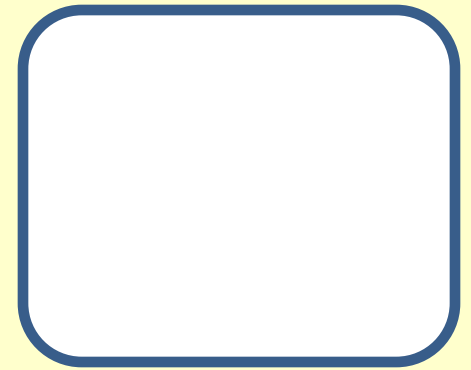
Fruit

½ cup



Grain

2 oz.

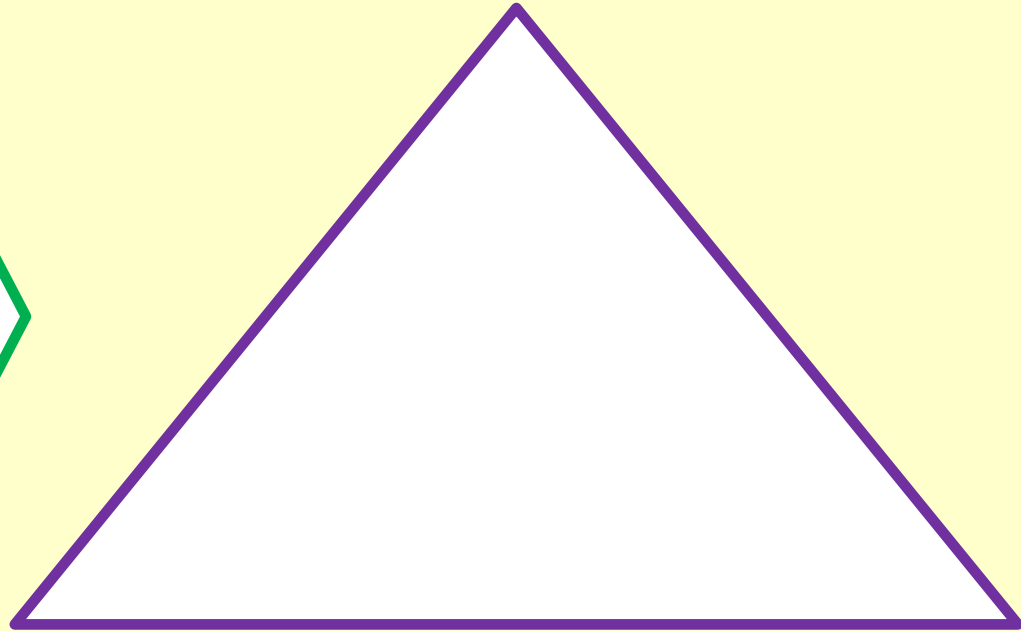


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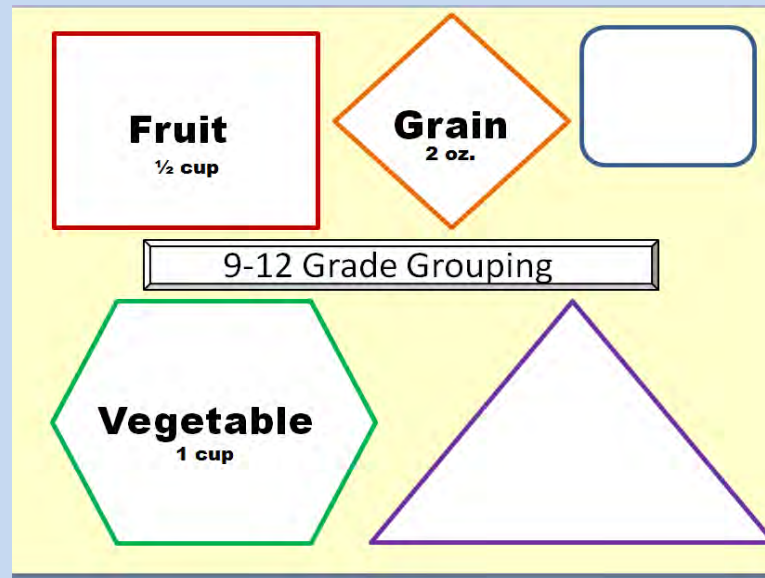


Vegetable

1 cup



Yes



- **Student selected:**
- 2 full components and 1 reduced fruit portions:
- Grain
- 1 cup Vegetable
- 1/2 cup Fruit

Fruit

$\frac{1}{2}$ cup

Grain

2 oz.

Milk

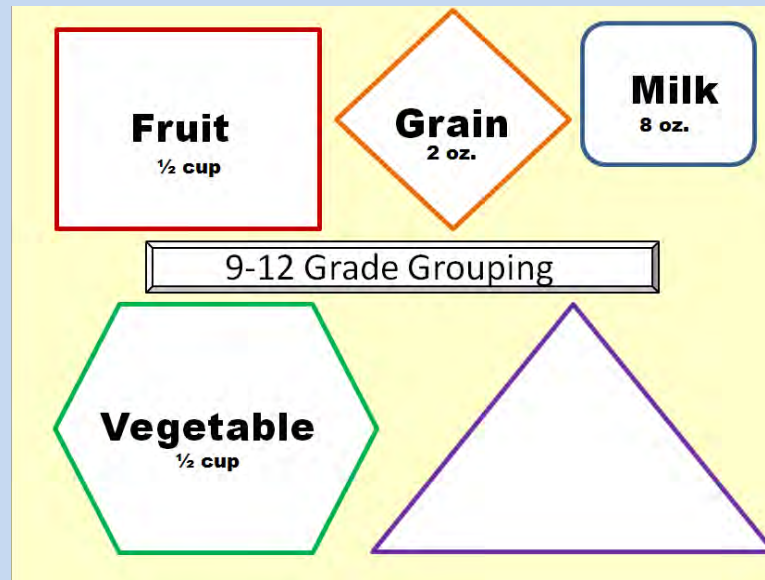
8 oz.

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Vegetable

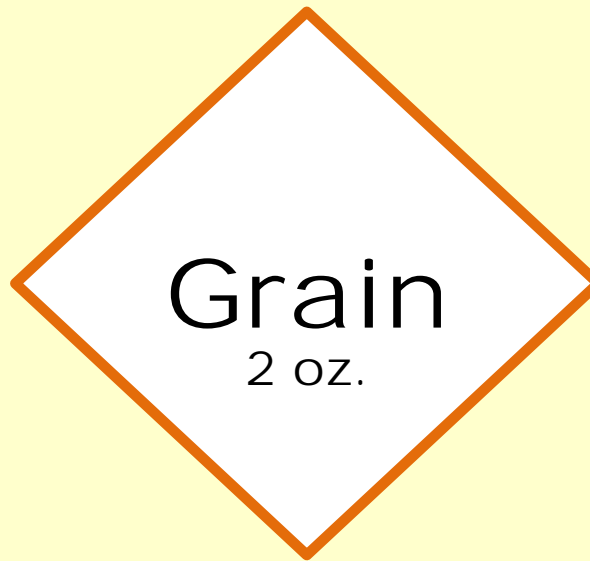
$\frac{1}{2}$ cup

Yes

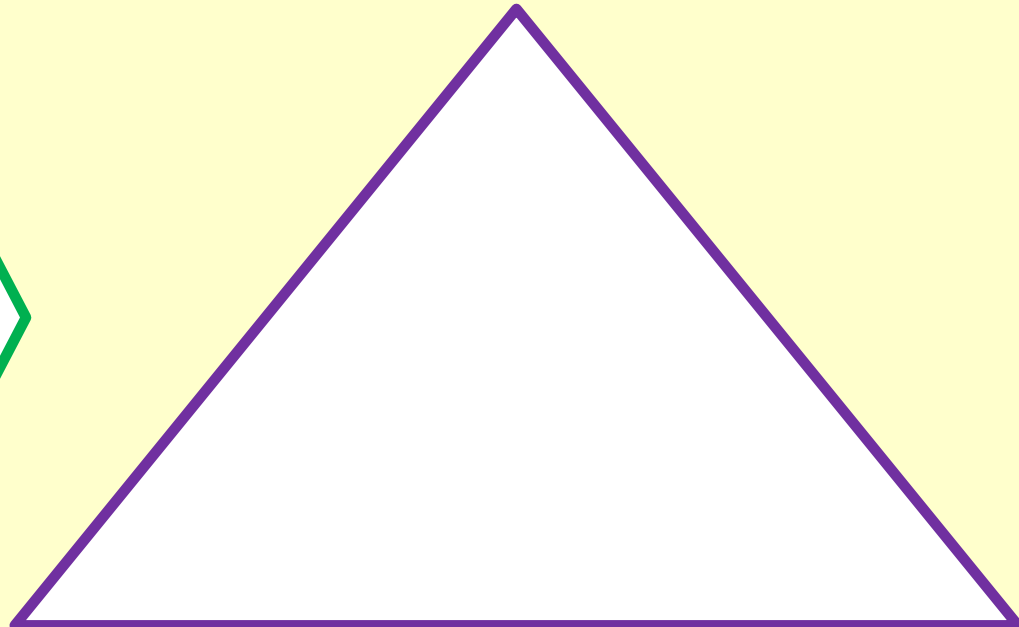
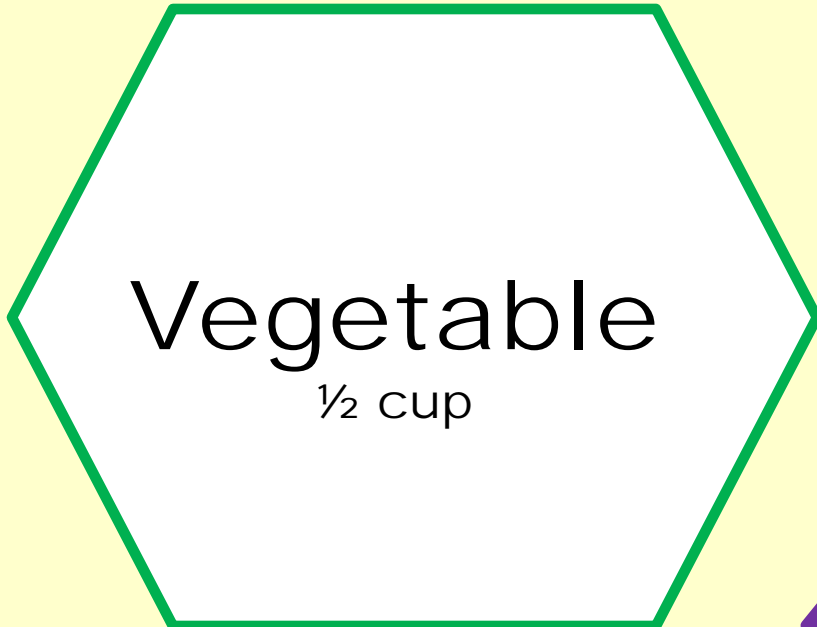


- **Student selected:**
- 2 full components and 2 reduced portions of fruit and vegetable:
- Milk
- Grain
- 1/2 cup Vegetable
- 1/2 cup Fruit

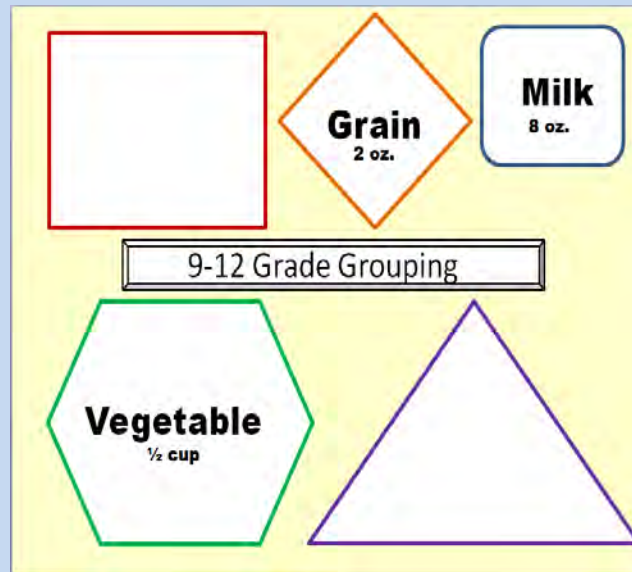
Both vegetable **and** fruit may be reduced to 1/2 cup because 2 additional full components were selected.



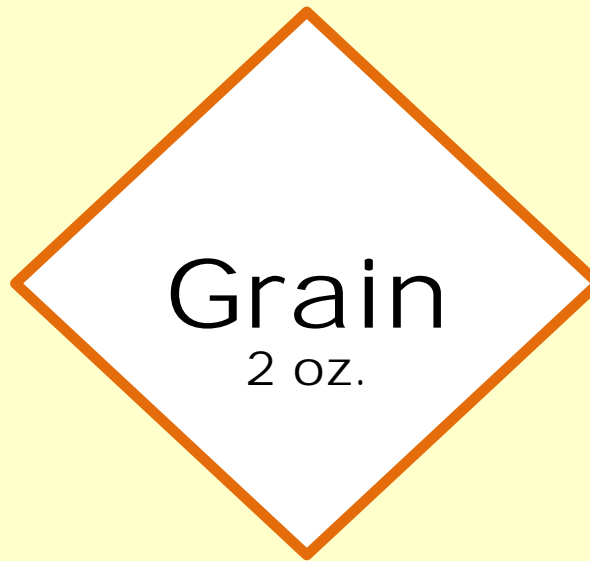
9-12 Grade Grouping



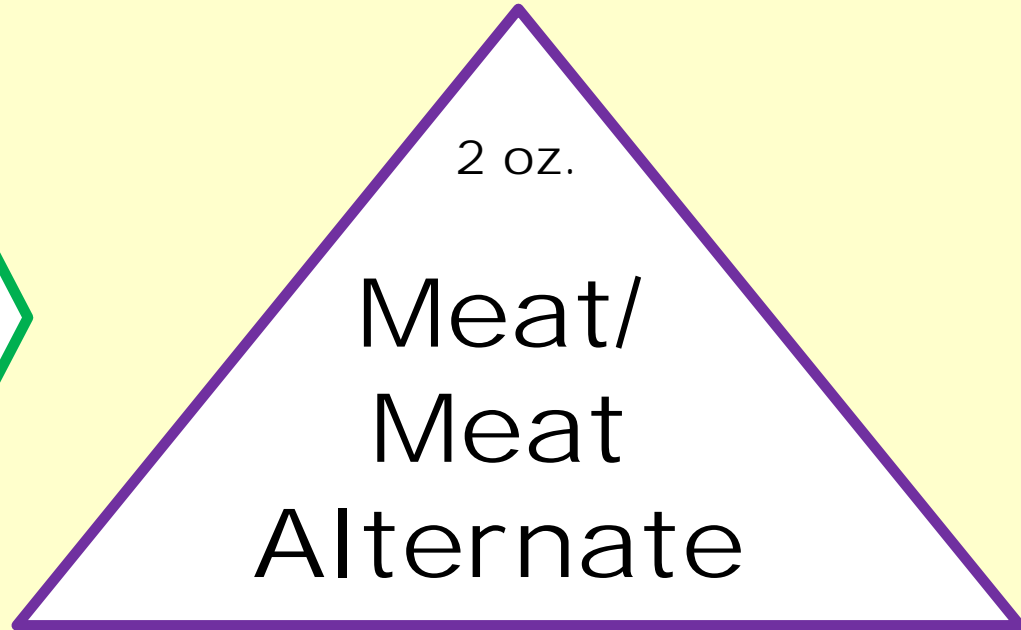
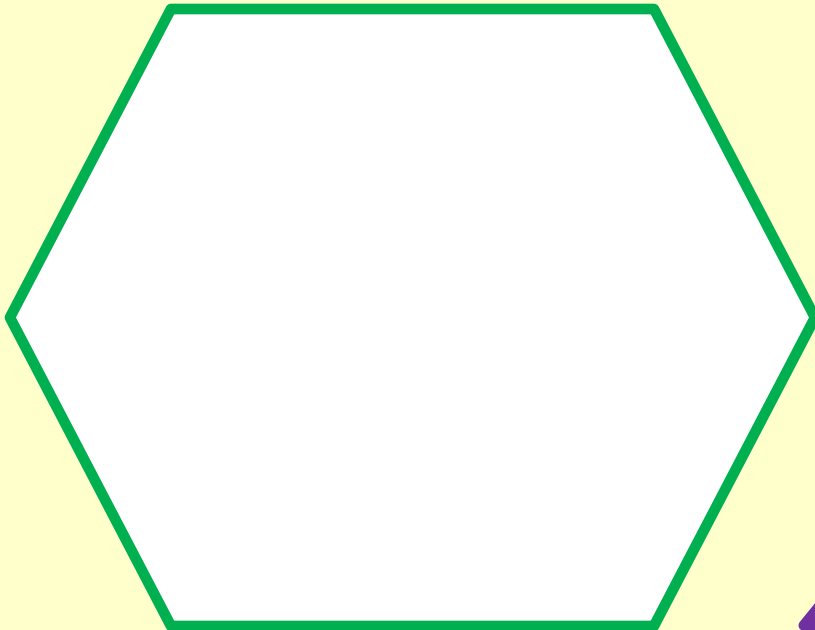
Yes

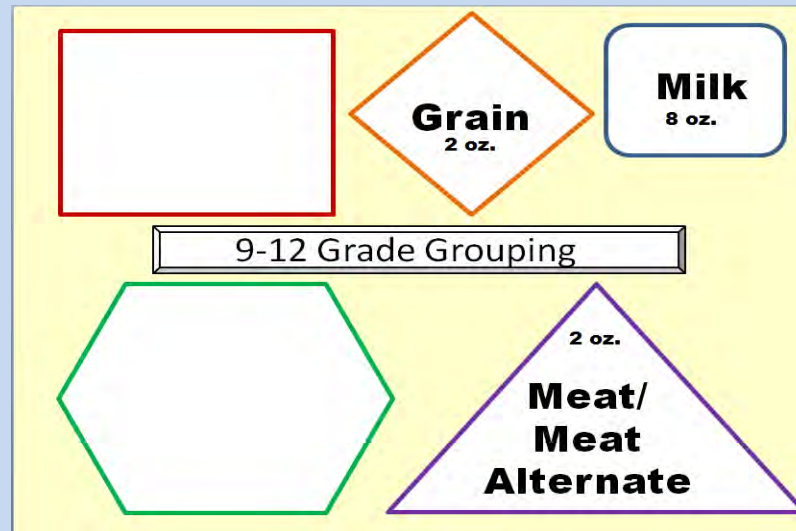


- **Student selected:**
- 2 full components and an allowable reduced vegetable portion:
- Milk
- Grain
- $\frac{1}{2}$ cup Vegetable



9-12 Grade Grouping





NO

- **Student selected:**
- 3 full components but **NO** fruit or vegetable:
- Grain
- Milk
- Meat/Meat Alternate

Students **must** select either a vegetable or fruit for this meal to become reimbursable.



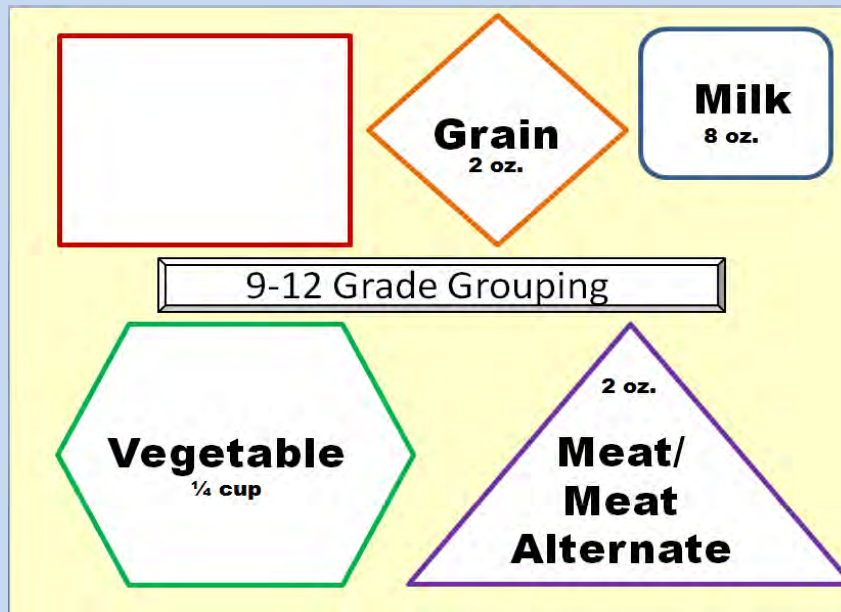
Grain
2 oz.

Milk
8 oz.

9-12 Grade Grouping

Vegetable
 $\frac{1}{4}$ cup

2 oz.
Meat/
Meat
Alternate



NO

- **Student selected:**
- 3 full components but **inadequate portion of vegetable:**
- Grain
- Milk
- Meat/Meat Alternate
- $\frac{1}{4}$ cup Vegetable

Students must select no less than $\frac{1}{2}$ cup of either vegetable **or** fruit for this meal to become reimbursable



Grain
2 oz.

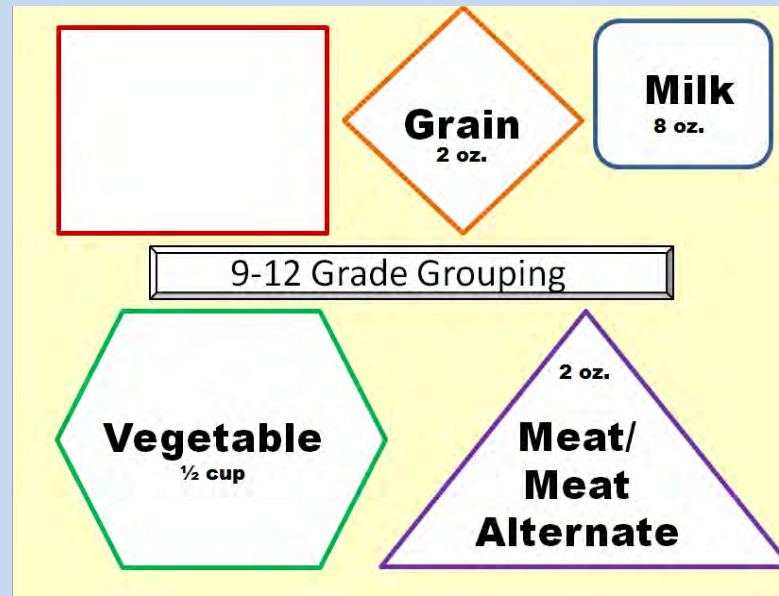
Milk
8 oz.

9-12 Grade Grouping

Vegetable
 $\frac{1}{2}$ cup

2 oz.
Meat/
Meat
Alternate

Yes



- **Student selected:**
- 3 full components and 1/2 cup vegetable:
- Grain
- Milk
- Meat/Meat Alternate
- 1/2 cup Vegetable

Fruit

1/2 cup

Milk

8 oz.

9-12 Grade Grouping

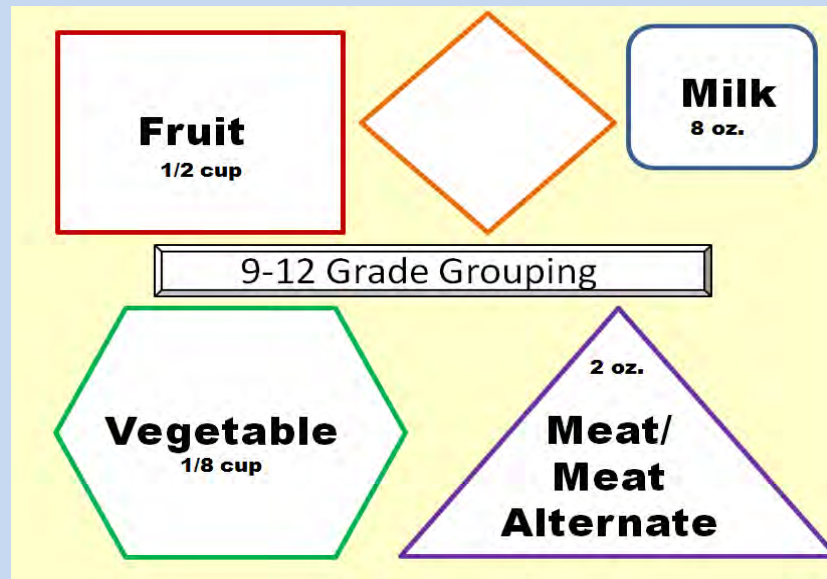
Vegetable

1/8 cup

2 oz.

Meat/
Meat
Alternate

Yes



- **Student selected:**
- 2 full components, $\frac{1}{2}$ cup fruit and an additional vegetable:
- Milk
- Meat/Meat Alternate
- $\frac{1}{2}$ cup Fruit
- $\frac{1}{4}$ cup Vegetable

Students selected $\frac{1}{2}$ cup fruit which meets the minimum requirement of a reimbursable meal. Additional components or reduced components may be served.

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