

National School Lunch Program

Offer Versus Serve

K-5, 6-8, K-8 Grade Grouping

Frontline Staff Training

Nutrition and Wellness Programs Division

Illinois State Board of Education

www.isbe.net/nutrition

Grade Grouping K-5, 6-8, K-8

- Offer vs Serve is **optional** for all grades K-8
- Five full components must be **offered**:
 - Meat/Meat Alternate minimum 1 oz.
 - Grain minimum 1 oz.
 - Vegetable $\frac{3}{4}$ cup
 - Fruit $\frac{1}{2}$ cup
 - Fluid Milk 1 cup

Grade Grouping K-5, 6-8, K-8

Reimbursable Meal must contain:

Three of Five components which need to be

- 2 full components of the 5 offered

AND

- A fruit component or a vegetable component

Grade Grouping K-5, 6-8, K-8

Decline options:

Students are allowed to decline up to 2 of 5 food components but must select either a fruit or vegetable.

Reducing portions:

The vegetable $\frac{3}{4}$ c component may be reduced to $\frac{1}{2}$ c portion. Students must select other food components in quantities planned.

Grade Grouping K-5, 6-8, K-8



Activity

- 1. Begin by looking at a tray with all 5 full components represented.**
- 2. Next look at the following slide series to determine which meals are reimbursable combinations and which meals are not reimbursable and why not.**

Fruit

$\frac{1}{2}$ cup
offered

Grain

1-2 oz.
offered

Milk

8 oz.
offered

K-5, 6-8, K-8 Grade Grouping

Vegetable

$\frac{3}{4}$ cup
offered

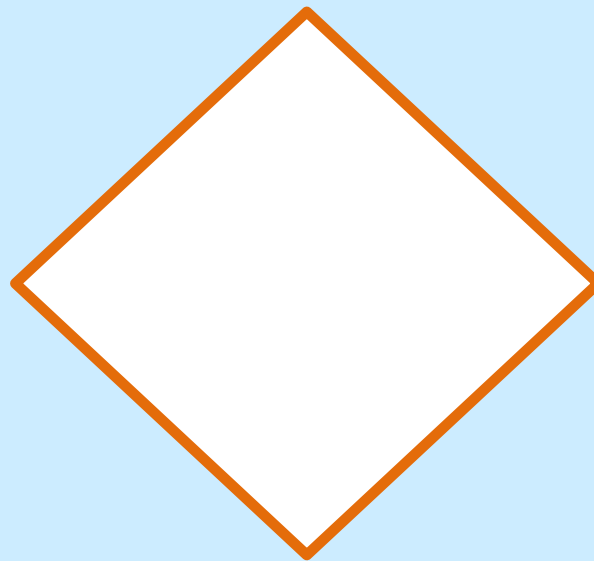
1-2 oz.
offered

Meat/
Meat
Alternate

Yes..... or..... No?

Looking at the following meals a student selects, would these meals be a reimbursable meal under offer vs serve?

Why? Or Why not?



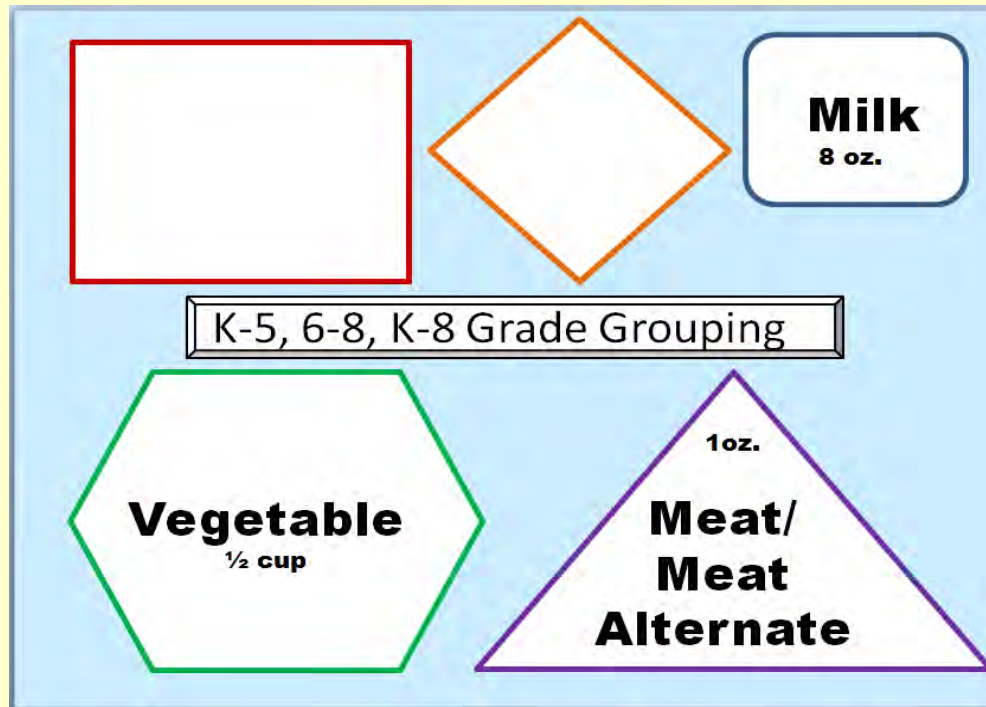
Milk
8 oz.

K-5, 6-8, K-8 Grade Grouping

Vegetable
 $\frac{1}{2}$ cup

1oz.
Meat/
Meat
Alternate

Yes



Student selected:

2 full components and reduced vegetable portion:

- Milk
- Meat/Meat Alternate
- 1/2 cup Vegetable

Fruit

$\frac{1}{2}$ cup

Grain

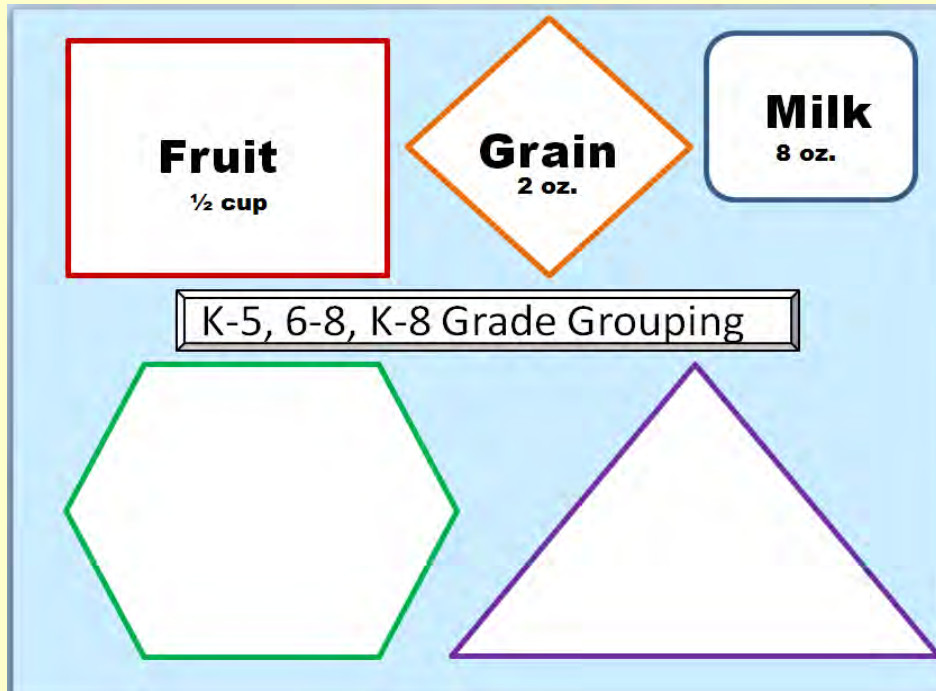
2 oz.

Milk

8 oz.

K-5, 6-8, K-8 Grade Grouping

Yes



- **Student selected:**
- 3 full components and one was fruit:
- Milk
- Grain
- Fruit



Fruit

$\frac{1}{2}$ cup



Milk

8 oz.



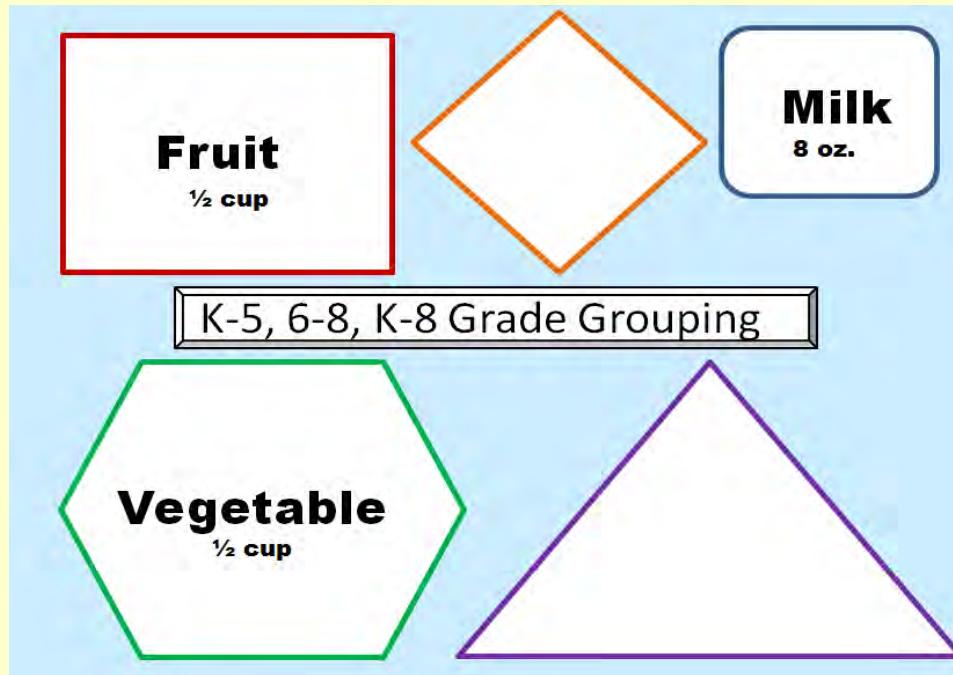
K-5, 6-8, K-8 Grade Grouping



Vegetable

$\frac{1}{2}$ cup

Yes



- **Student selected:**
- 2 full components and a reduced vegetable:
- Milk
- Fruit
- 1/2 c Vegetable



Grain
2 oz.

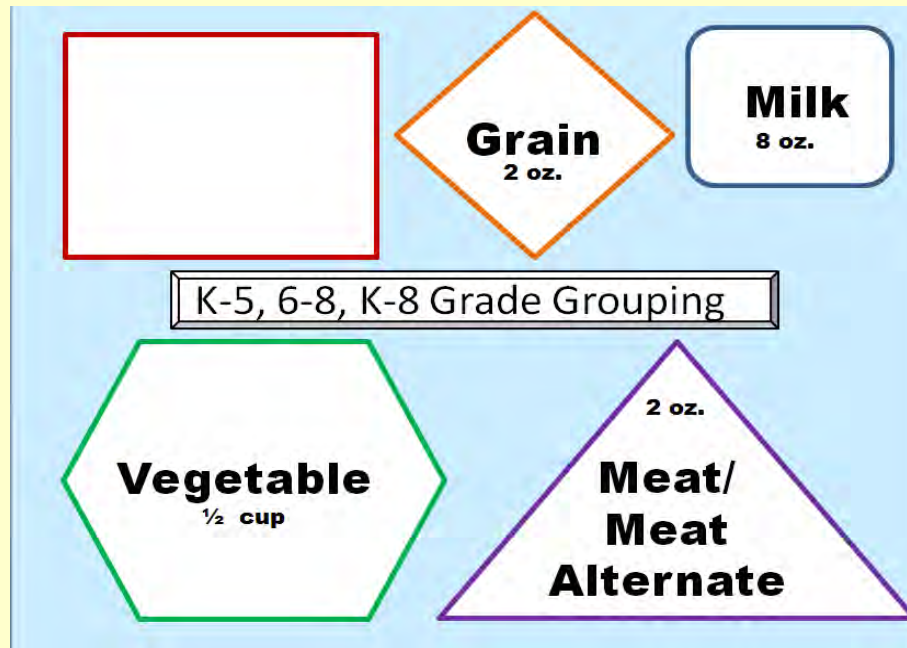
Milk
8 oz.

K-5, 6-8, K-8 Grade Grouping

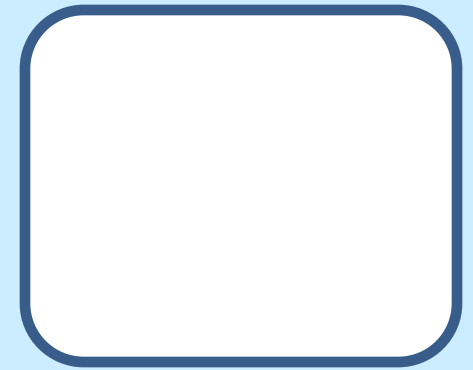
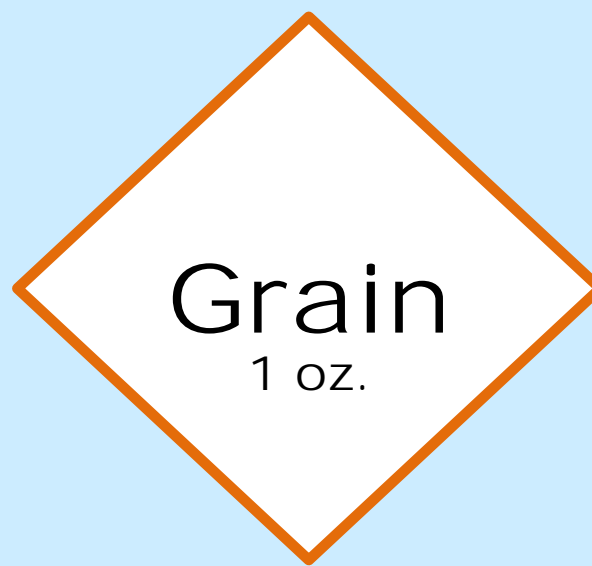
Vegetable
 $\frac{1}{2}$ cup

2 oz.
Meat/
Meat
Alternate

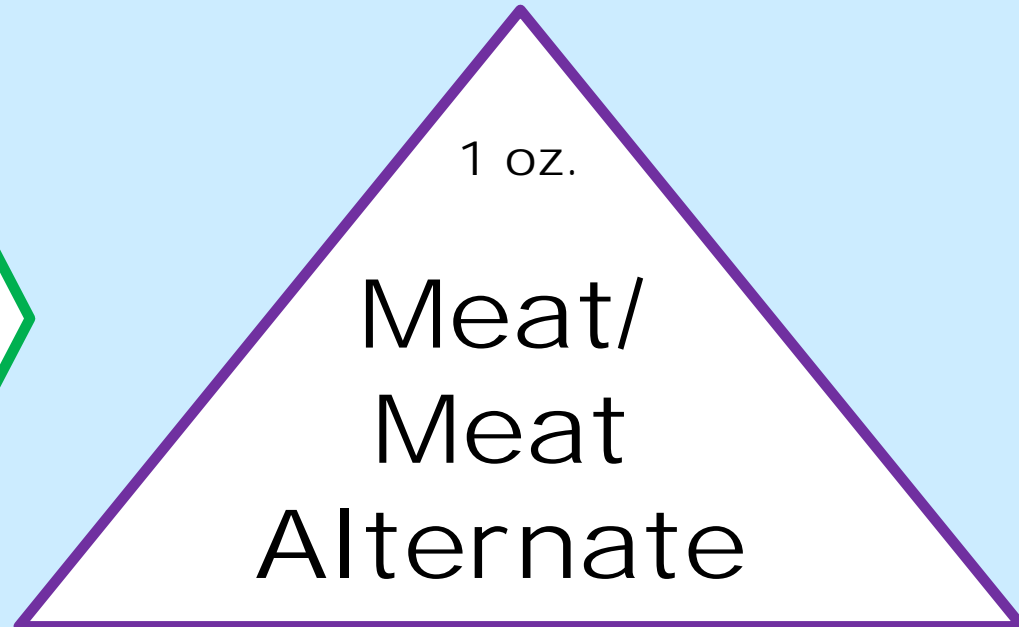
Yes



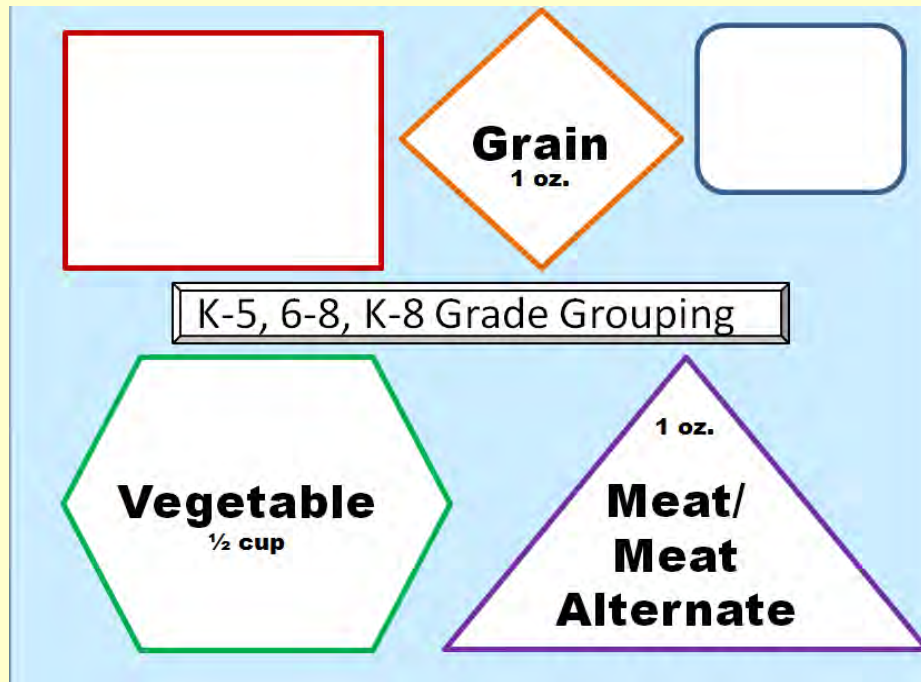
- **Student selected:**
- 3 full components and a reduced vegetable:
- Milk
- Grain
- Meat/Meat Alternate
- 1/2 c Vegetable



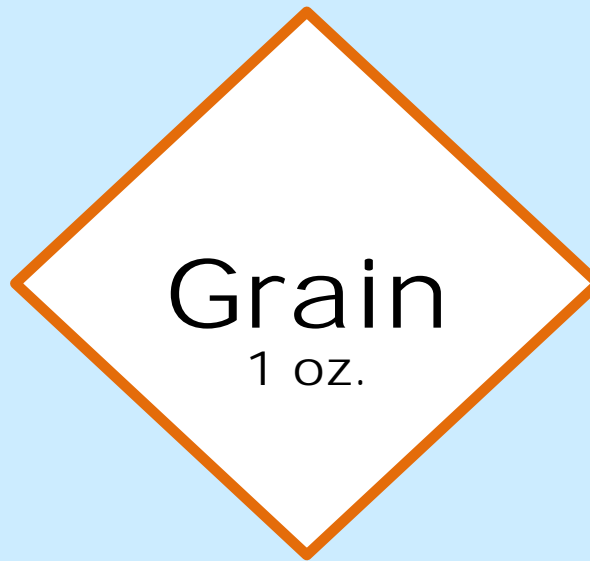
K-5, 6-8, K-8 Grade Grouping



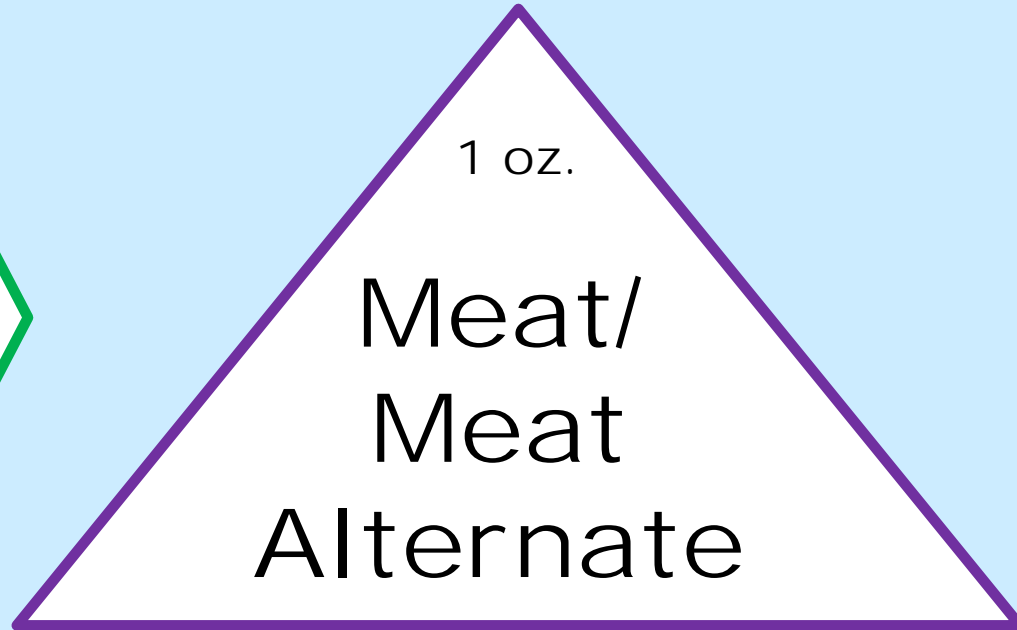
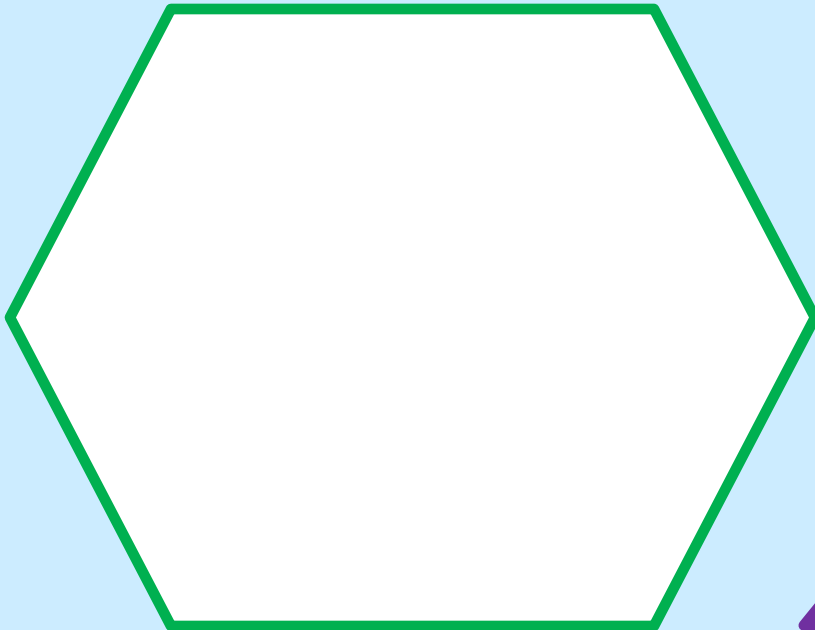
Yes

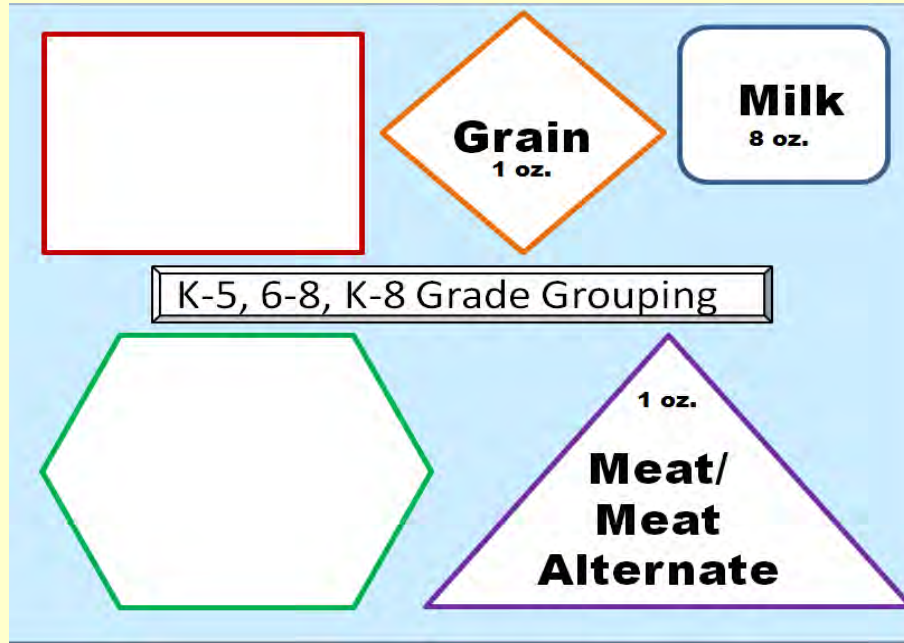


- **Student selected:**
- 2 full components and a reduced vegetable:
- Grain
- Meat/Meat Alternate
- 1/2 c Vegetable



K-5, 6-8, K-8 Grade Grouping





No

- **Student selected:**
- 3 full components but no fruit or vegetable:
- Grain
- Milk
- Meat/Meat Alternate



Fruit

¼ cup offered



Grain

1-2 oz.

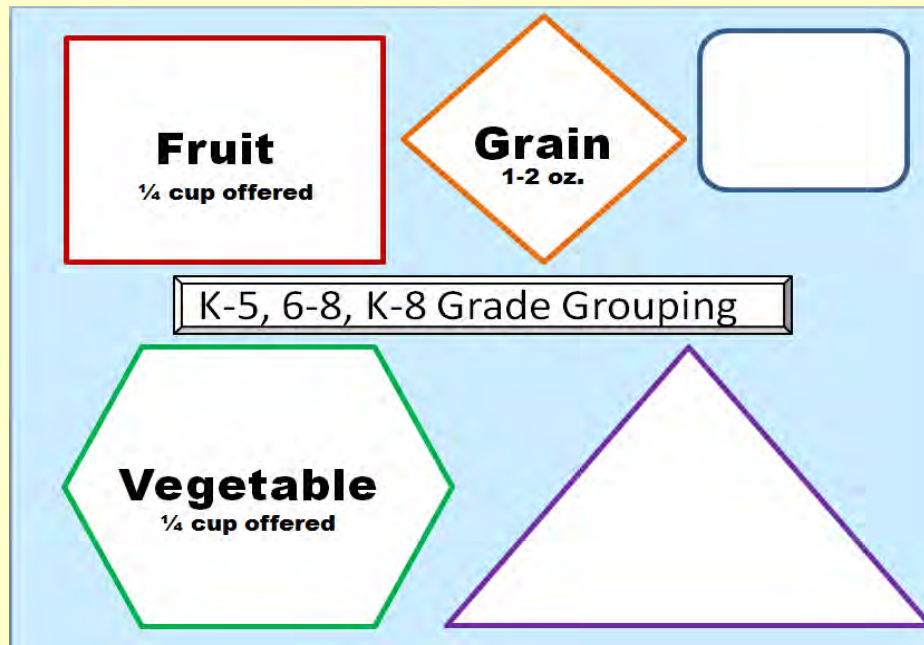


K-5, 6-8, K-8 Grade Grouping



Vegetable

¼ cup offered



No

- **Student selected:**
- 1 full component but only reduced fruit and vegetable: :
- Grain
- ¼ c Fruit
- ¼ c Vegetable

The vegetable **and** fruit may be reduced to ¼ cup to meet the *combined* ½ c total (fruit and/or vegetable requirement) but not both if only one additional full component is selected. Selecting one additional full component would make this meal reimbursable. Serving reduced/combined fruit and vegetable is optional not required.

Fruit

¼ cup offered

Grain

1-2 oz.

Milk

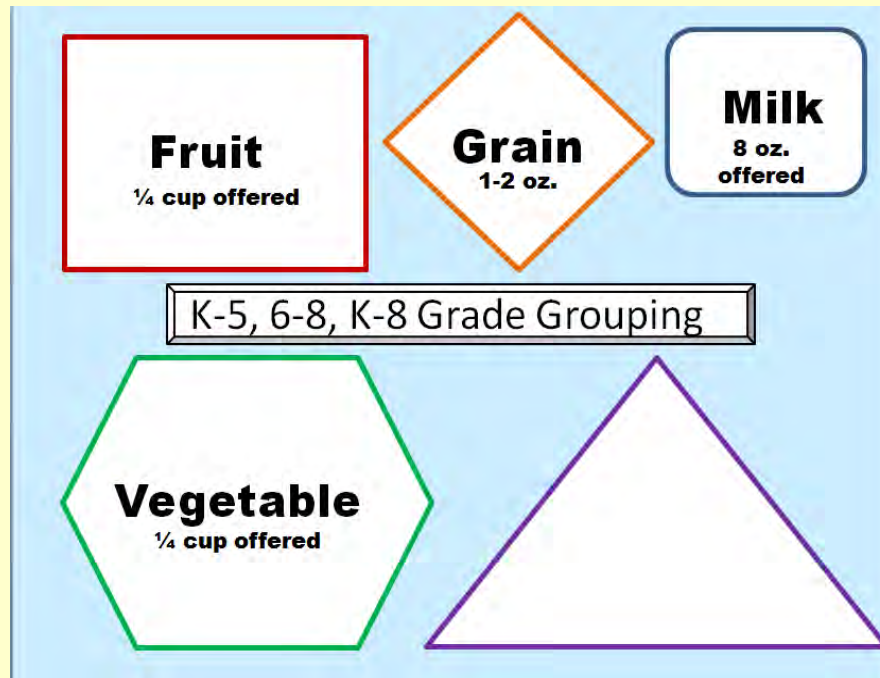
8 oz.
offered

K-5, 6-8, K-8 Grade Grouping

Vegetable

¼ cup offered

Yes



- **Student selected:**
- 2 full components and $\frac{1}{2}$ c combined fruit and vegetable:
- Milk
- Grain
- $\frac{1}{4}$ c Fruit + $\frac{1}{4}$ c Vegetable = $\frac{1}{2}$ c requirement

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