

**Preschool Expansion Program
Classroom Schedule Sample**

Preschool Expansion programs are required to offer a school day program at least the length of the local first grade day. In the majority of districts the school day for first grade students is at least six hours (360 minutes) long. The following model schedule is provided to Preschool Example in an effort to ensure alignment with the requirements of the Preschool Development Grant and the Early Childhood Environment Rating Scale’s (ECERS) recommendations and best practice.

15 minutes:	Arrival and Quiet Centers
5 minutes:	Cleanup Time
15 minutes:	Whole Group Time
65 minutes:	Choice Time** (includes breakfast as a center)
5 minutes:	Cleanup Time
30 minutes:	Gross Motor*
20 minutes:	Small Group Time
5 minutes:	Prepare for lunch
30 minutes:	Lunch
60 minutes:	Rest Time/ Quiet Centers
5 minutes:	Cleanup Time
30 minutes:	Gross Motor*
65 minutes:	Choice Time** (includes snack as a center)
10 minutes:	Clean up Time/Prepare for departure/Dismissal

Notes

*Gross Motor: One full hour of gross motor programming, at minimum, must be offered to all children daily.

**Choice Time: ECERS recommends choice time for a substantial portion of the day. For a six hour program day, this is defined as two hours. If breakfast or snack are served on an open basis as a center, you must add five minutes for each to the total choice time, increasing the total time to 130 minutes, as reflected in the schedule above.