Michelle Connet November 18, 2024

Positive Behavior Supports and Interventions Across the Continuum

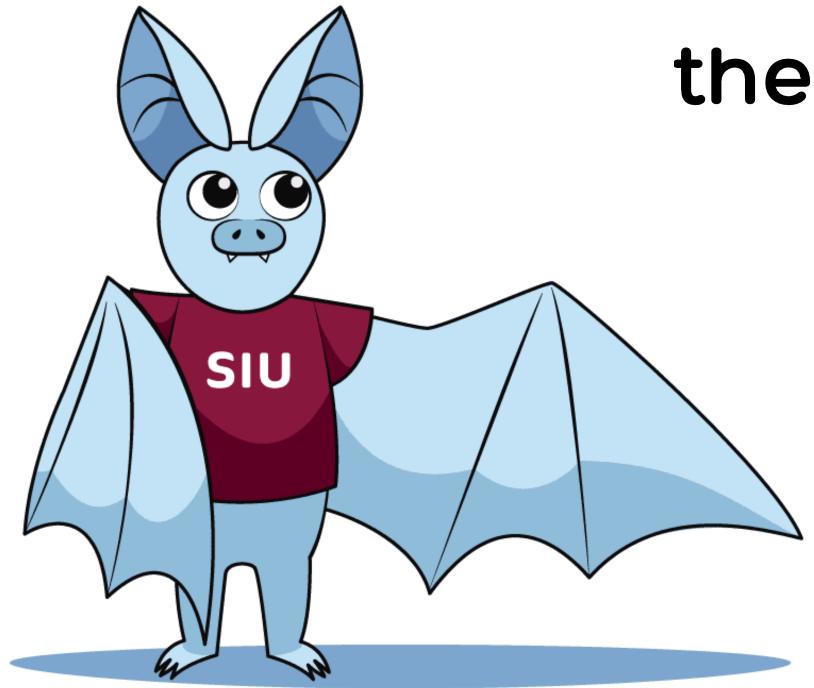












Introduction

Poll #1: Who are you?

- Special Education teacher
- General Education teacher
 - Related Service Provider
 - Administrator
 - Other Role



Behavior Assessment Training (BAT)

SIU

We provide comprehensive, professional learning for special education personnel on culturally responsive Functional Behavior Assessment (FBA) practices, Behavior Intervention Plans (BIPs) and Positive Interventions and Behavior Supports for

The BAT Project can provide tiered professional development and technical assistance to school districts and special education cooperatives requesting assistance on FBAs, BIPS, and Positive Interventions and Behavioral Supports.



levels.

students across all grade





SIU





Objectives

- Understand the importance of the use of positive behavior supports over reactive strategies
- Learn universal and enhanced PBS strategies



Five Basic Principles of Behavior





Behavior is a product of the environment surrounding it.



WE are a big part of that environment

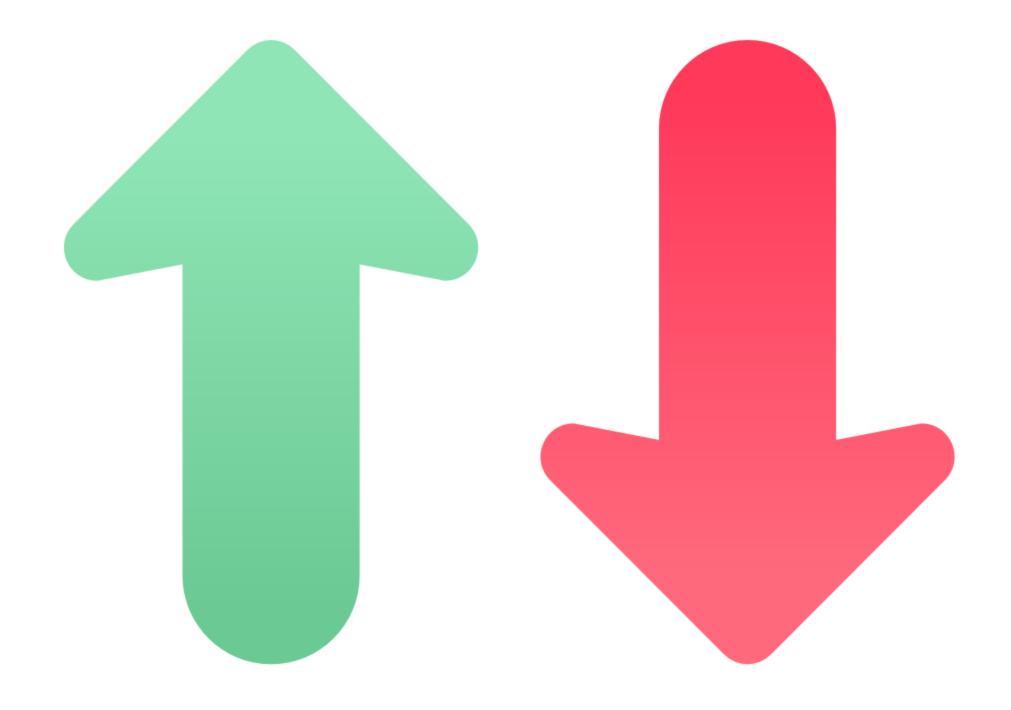


Behavior is strengthened or weakened by what follows it.

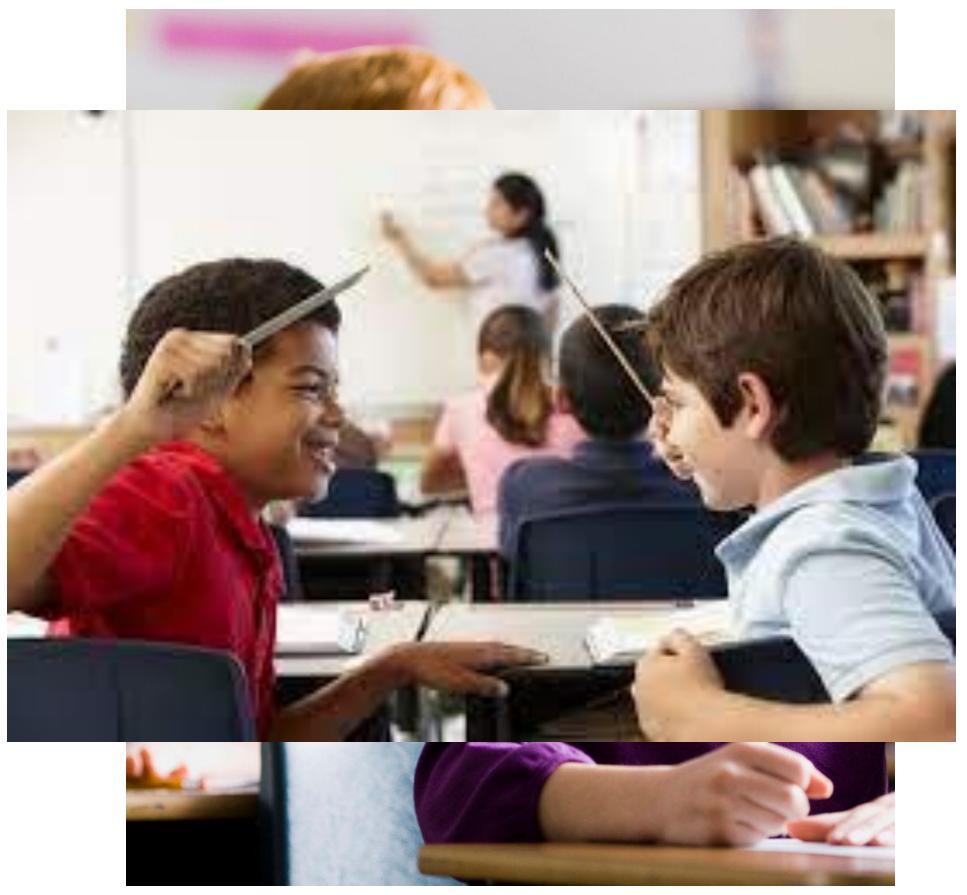




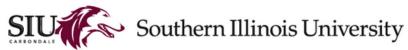
Those consequences are either REINFORCING or PUNISHING







Change the environment.
Change the behavior.



Positive Behavior Supports

Positive Behavior Supports (PBS) are a set of research-based strategies used to increase quality of life and decrease problem behavior by teaching new skills and making changes in a person's environment.



Positive Behavior Supports and Interventions

Continuum of Supports

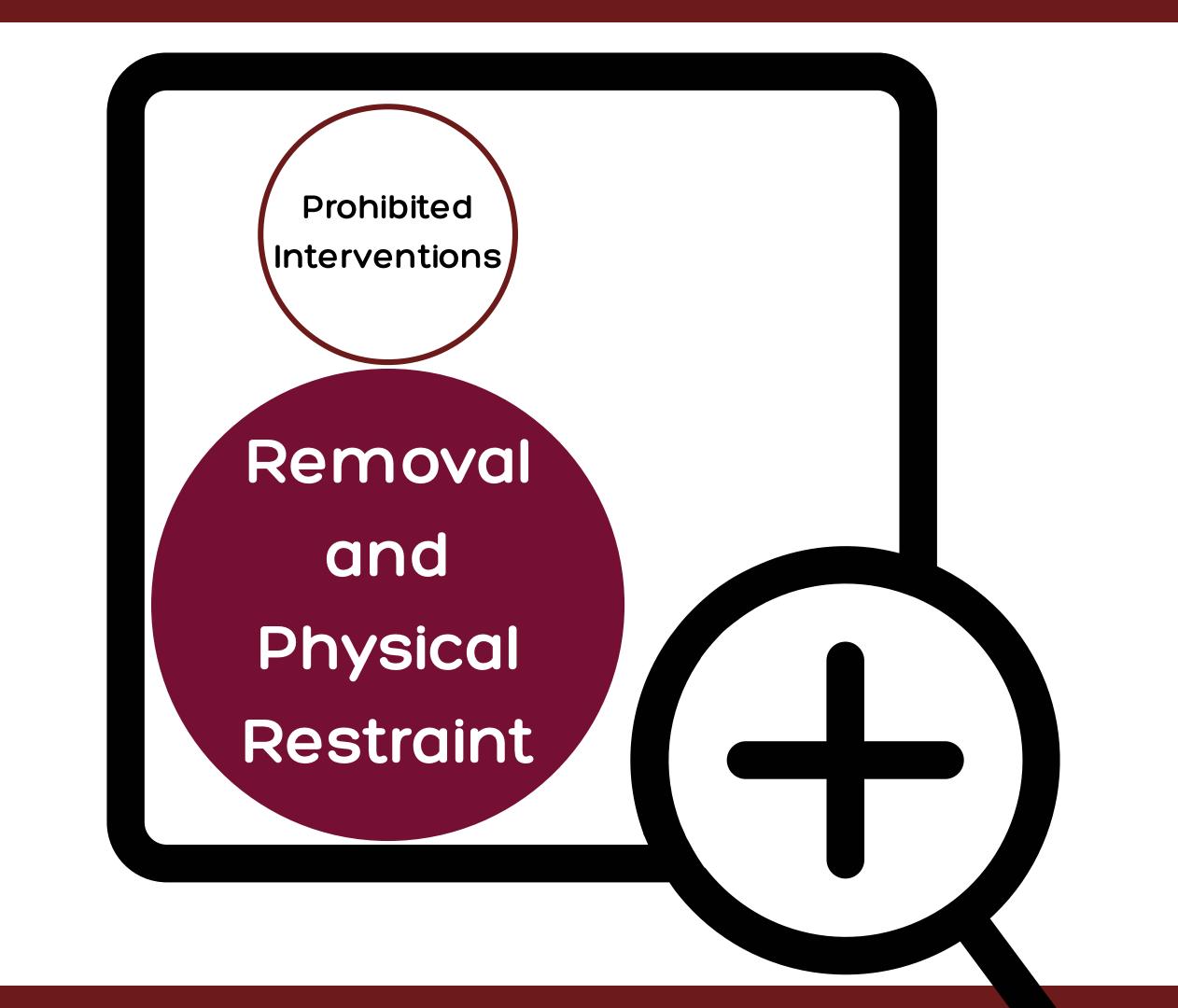
Reactive,
NonRestrictive
Interventions



Least Restrictive

Most Restrictive





If a child doesn't know how to read, we teach.

If a child doesn't know how to swim, we teach.

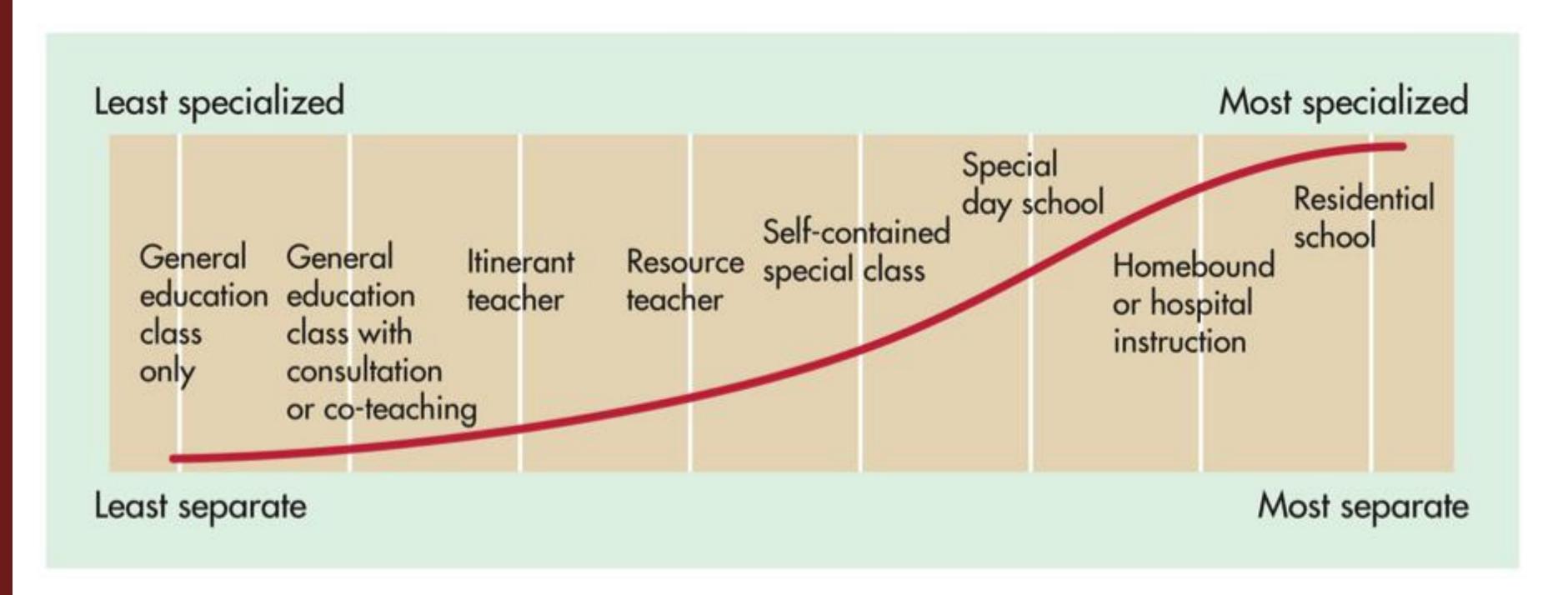
If a child doesn't know how to multiply, we teach.

If a child doesn't know how to drive, we teach.

If a child doesn't know how to behave, we punish.



Continuum of Special Education Services







Apply to everyone:

These supports are delivered to all individuals within a group, not just those with specific behavioral needs.

Proactive approach:

Aims to prevent problem behaviors by teaching necessary skills and creating a positive climate.

Positive reinforcement:

Focuses on actively acknowledging and praising positive behaviors rather than solely punishing negative ones.



Universal Supports

- Effectively design space
- Develop, teach, and reinforce classroom expectations
- Develop, teach, and reinforce routines
- Develop relationships
- Prompt (pre-correct) expected behaviors
- Active supervision
- Effective instruction



Poll #2: Which universal supports do you struggle with?



Effectively design space



Develop, teach, & reinforce routines/classroom expectations



Develop relationships/active supervision



Prompt (pre-correct) expected behaviors



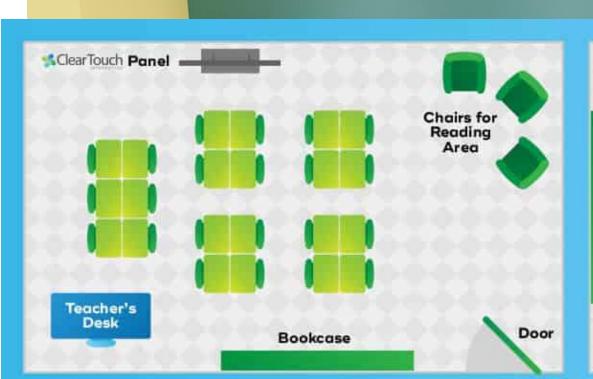
Effective instruction

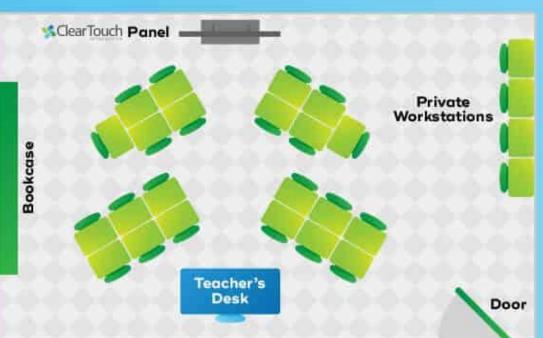




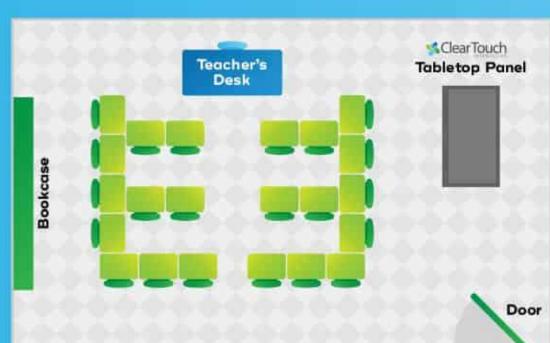
Design the classroom environment to facilitate typical instructional activities, facilitate transitions, and minimize distractions.

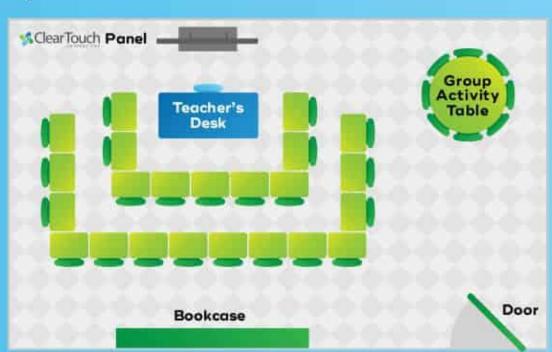
Safe Space / Calming Area











Demonstration / Panel Discussion Ideas

Classroom Layout Ideas

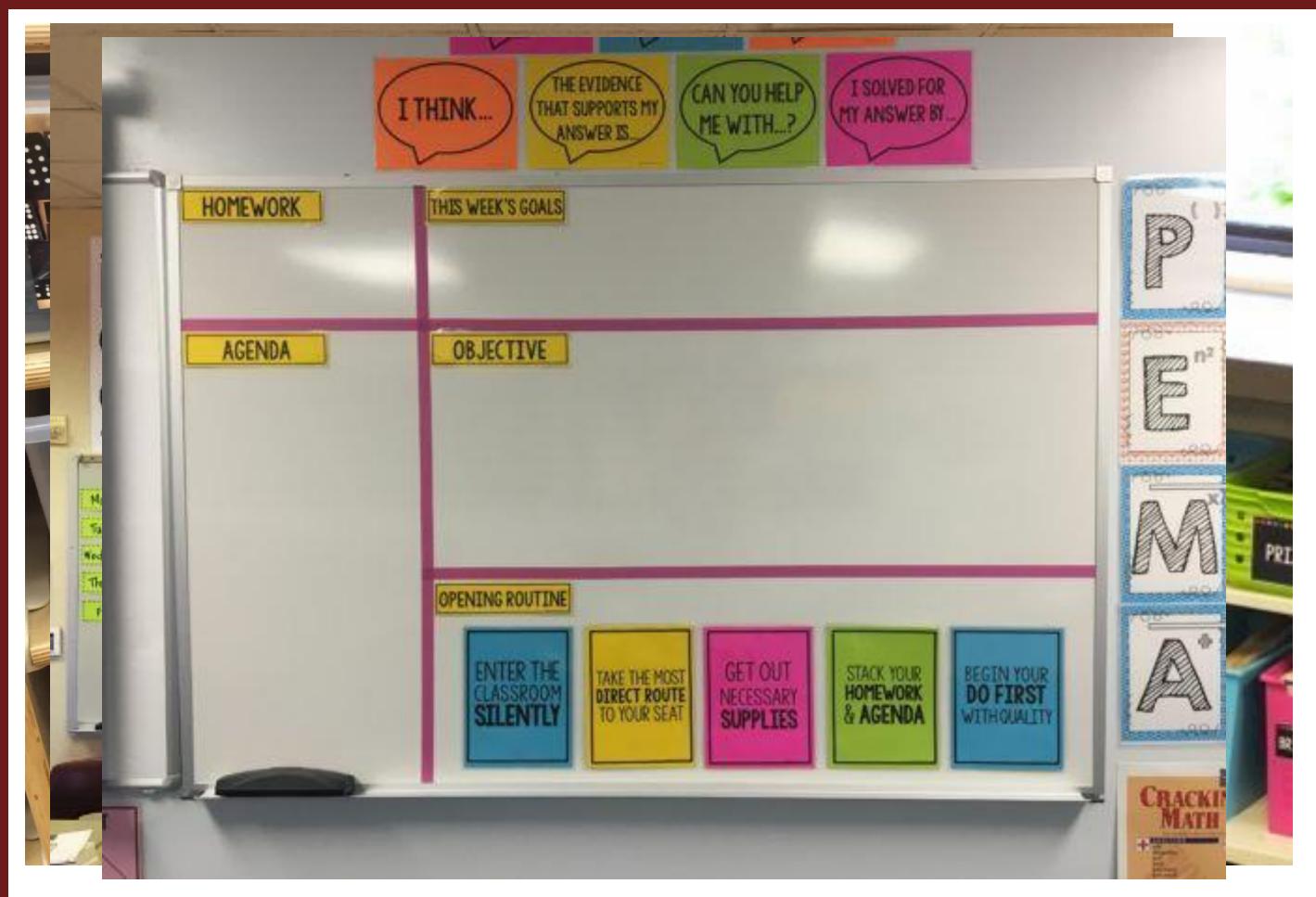






Design the classroom environment to facilitate typical instructional activities, facilitate transitions, and minimize distractions.

Safe Space / Calming Area





Create purposeful visual prompts and displays to support learning, access to materials, and independent engagement in activities.

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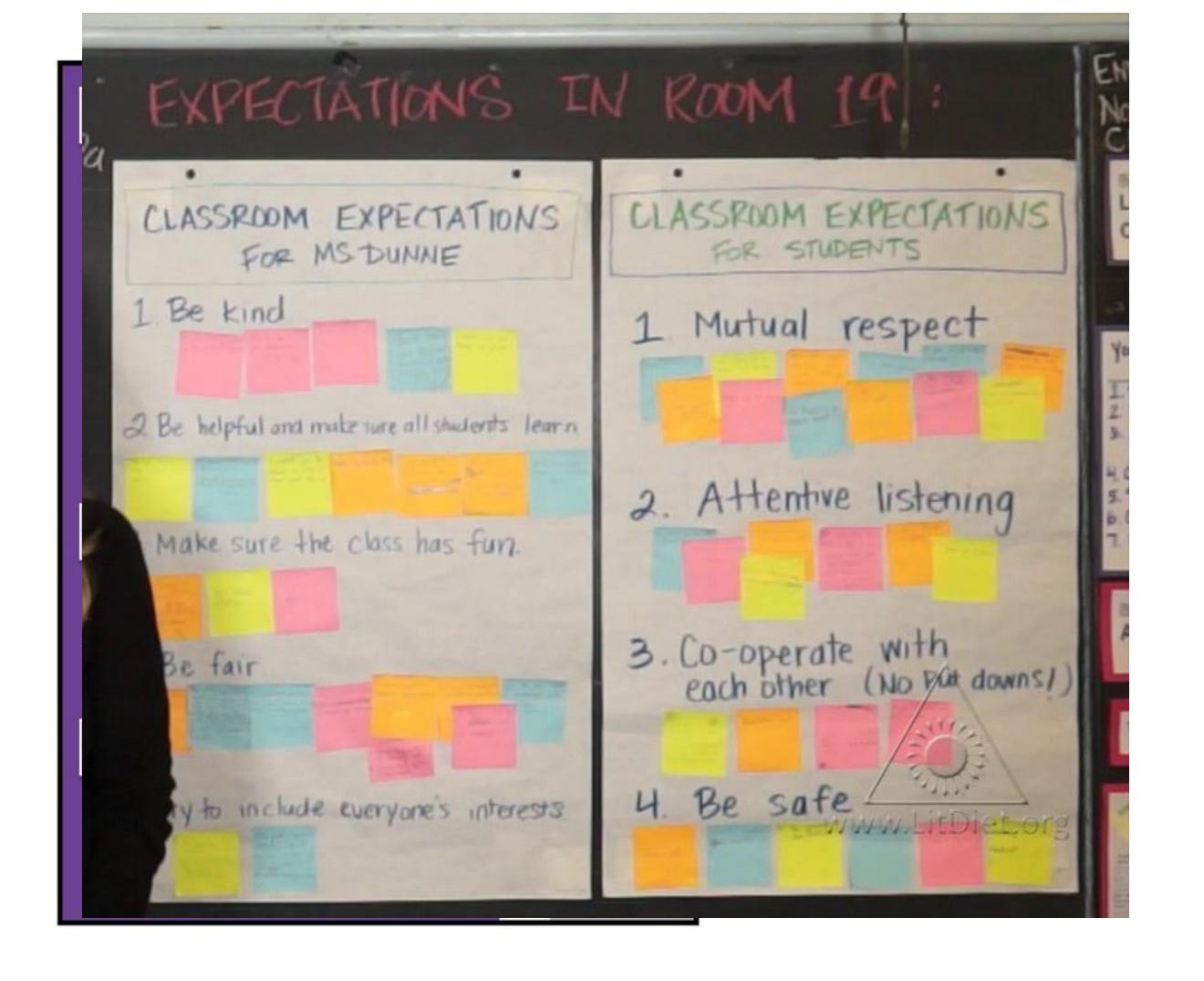






Define and post expectations.

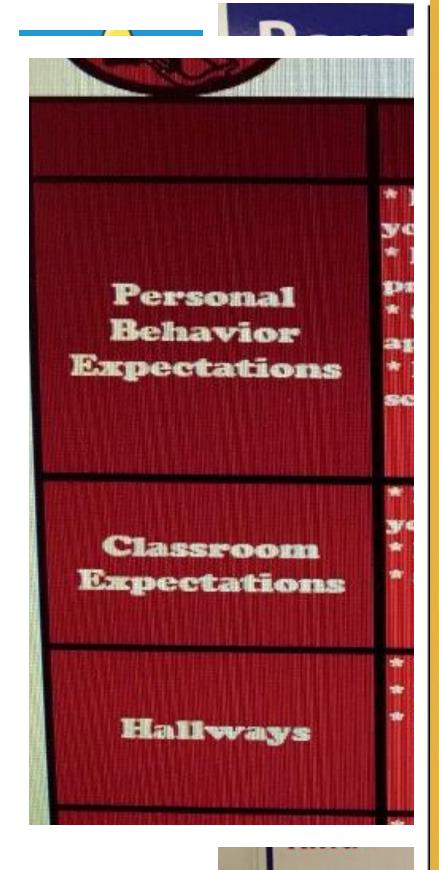
Consider student
generated
classroom
expectations for all
ability levels.





Define and post expectations.

Consider student
generated
classroom
expectations for all
ability levels.









Develop classroom expectations that pair well with schoolwide expectations.

Consider using similar graphics.



SIU Southern Illinois University

WARRIOR STRONG		
	Be Safe I will	Be Respectful I will
Personal Behavior Expectations	* Keep hands and feet to yourself * Follow emergency procedures * Sit in chair/seat appropriately * Dress appropriately for school	* Speak only kind words * Use inside and appropriate voices * Speak only kind words - No Bullying * Tell an adult if you see someone being bullied by another student * Throw all trash away in trasheans
Classroom Expectations	* Keep hands and feet to yourself * Follow class rules * Sit properly in seat	* Raise hand to speak * Respect others' property * Respect others' opinions * Have class appropriate discussions
Hallways	* Walk at all times * Keep to the right * Keep hands and feet to self	* Use appropriate language and voice tone * Treat others and property with respect * Follow directions the first time



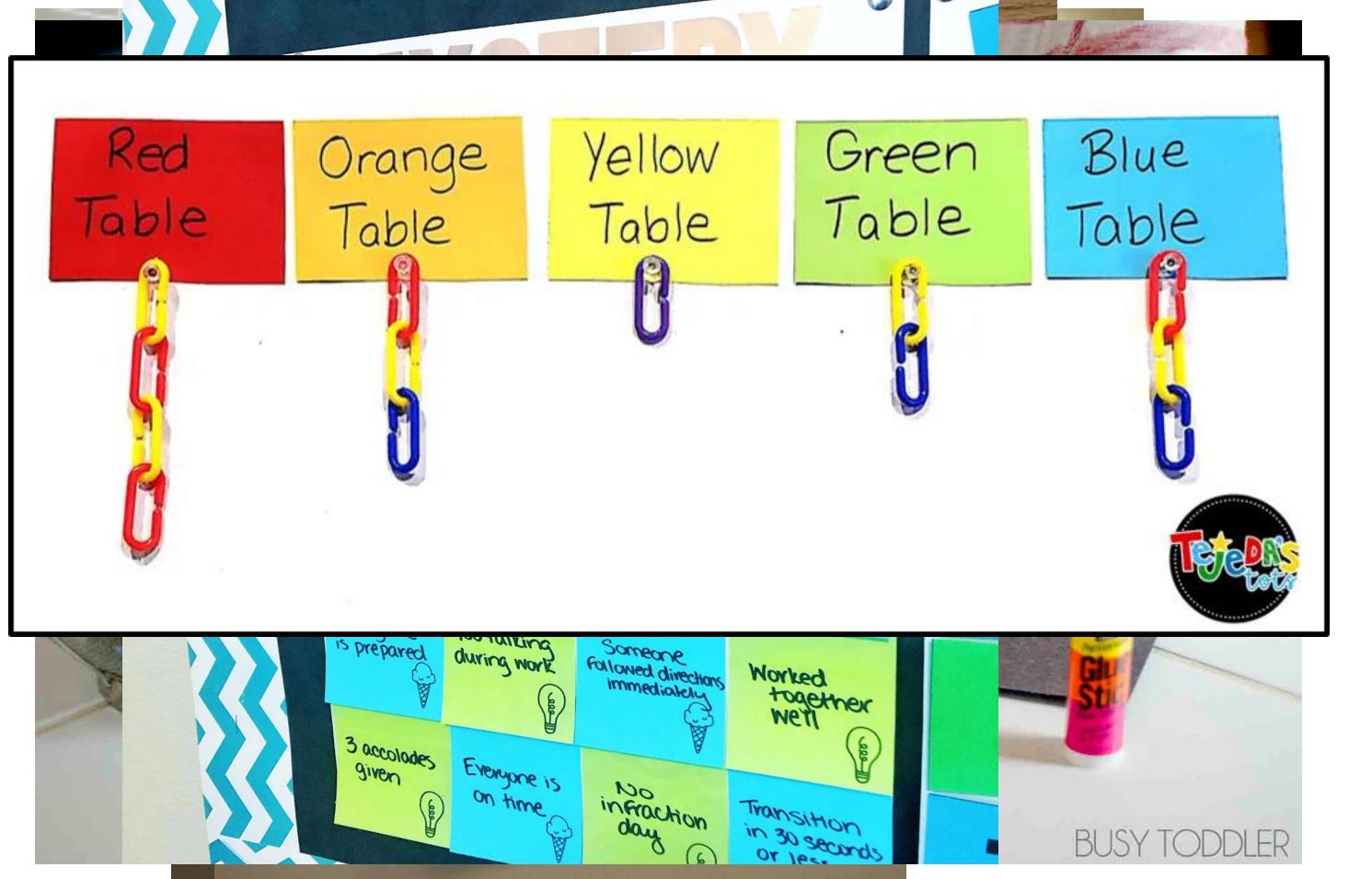
Develop
classroom
expectations
that pair well
with schoolwide
expectations.

Consider using similar graphics.

Kind

to all peers and staff.







Physically teach routines.

Model and practice.

Require redo's to show that we can't move on until we do our routine in a certain way.

Group Contingencies





Physically teach routines.

Model and practice.

Require redo's to show that we can't move on until we do our routine in a certain way.

Group Contingencies

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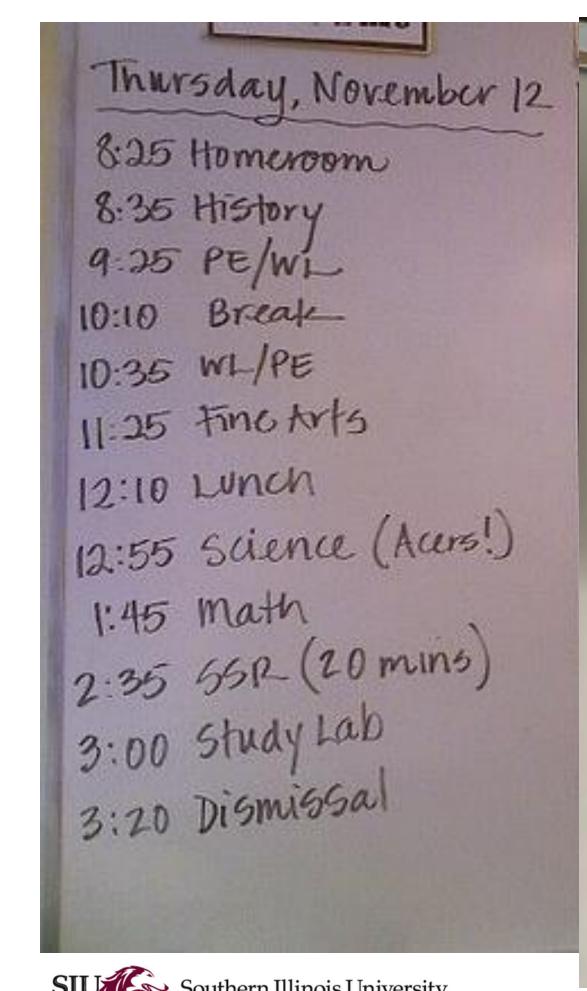


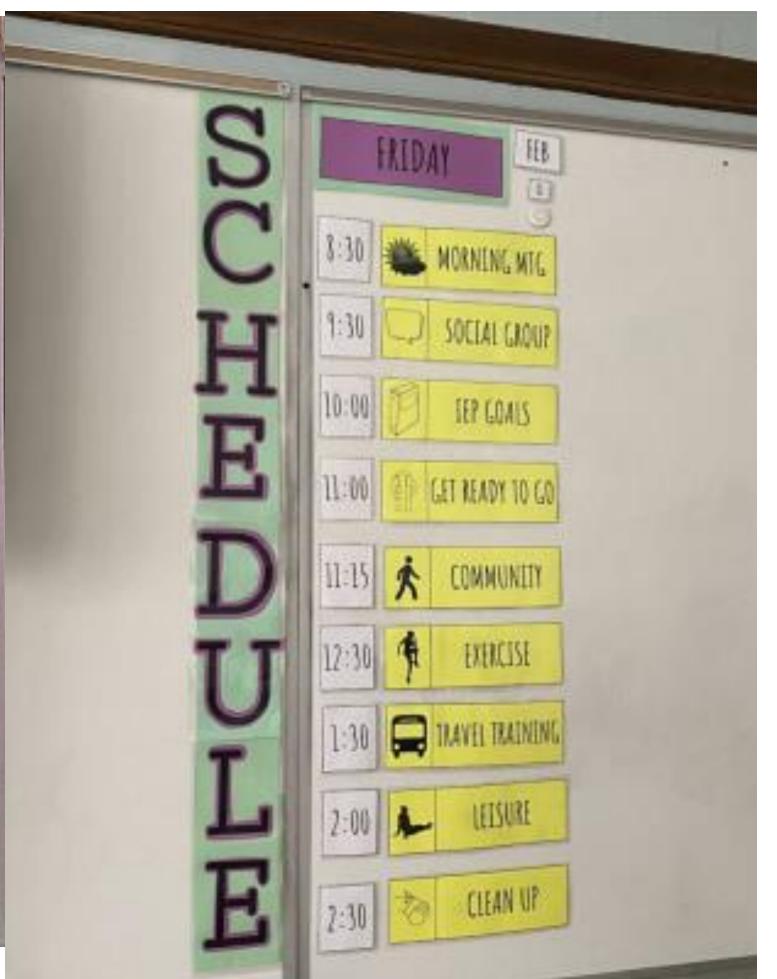




Post and review schedule for the day or class.

Maintain a predictable schedule.

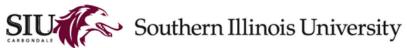






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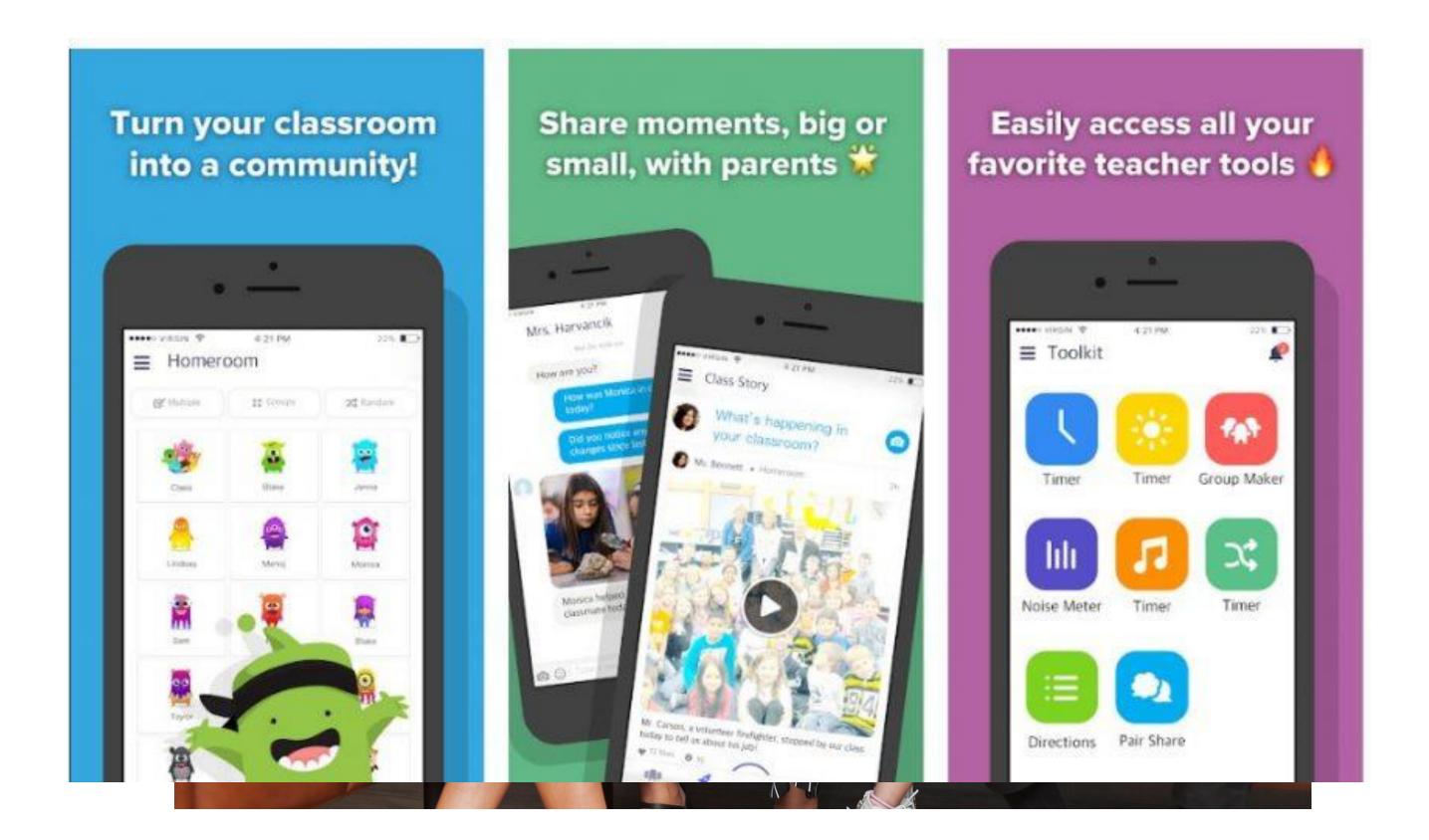
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Get to know each student and family.

Routinely engage families and students in bidirectional communication (newsletter, communication app, positive phone calls home).





Positive greetings at the door to connect with students at the beginning of each day.





Classroom
Meetings
(Morning
Meeting) and
Community
Building

Indirect Compliments



Goal



Ratio of positive to negative comments

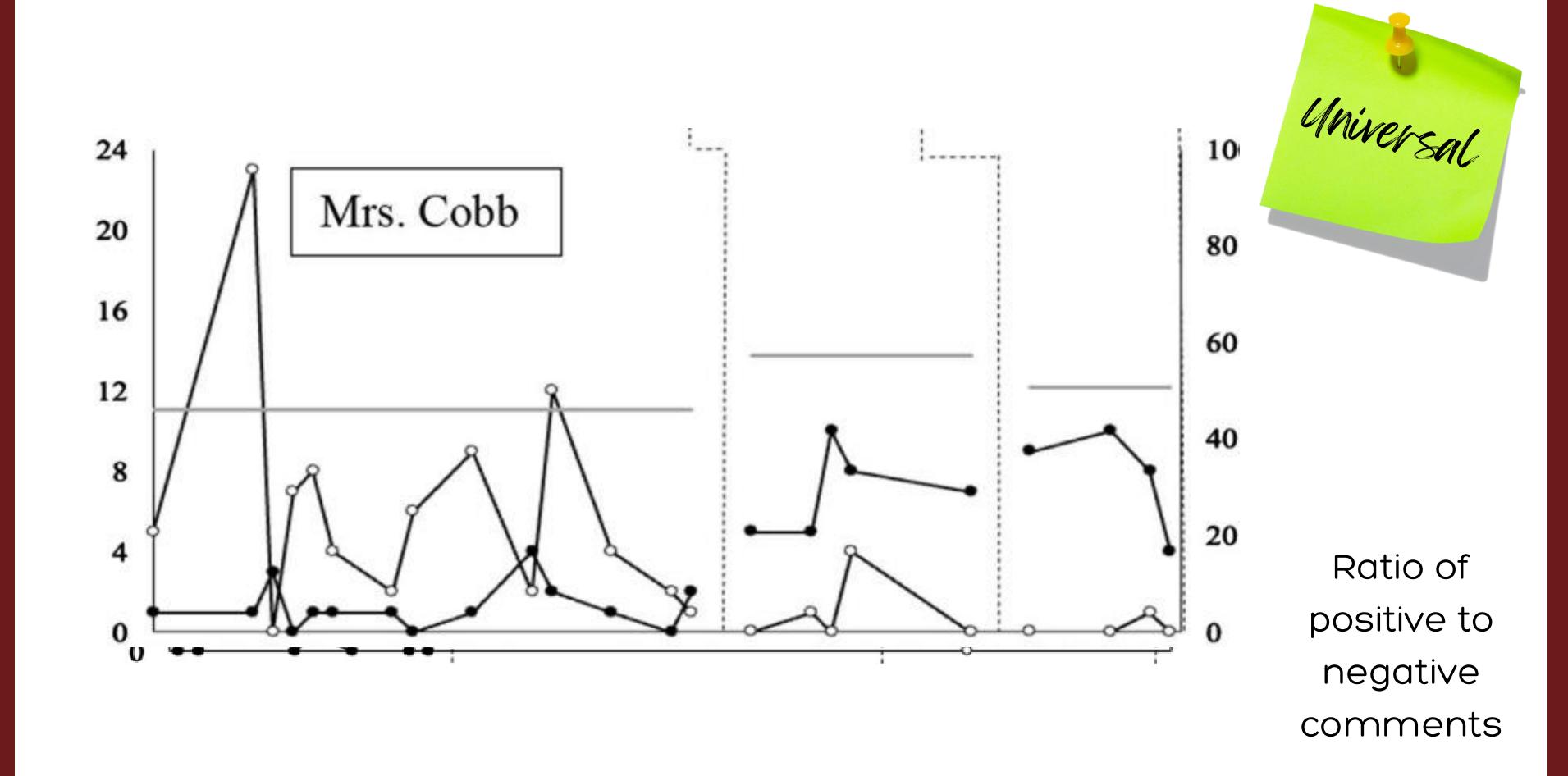
Reality

3:1

9:



Ratio of positive to negative comments



Universal Supports

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Provide precorrections
regularly before
presenting
students with the
opportunity to
perform critical
routines/skills.

At first, contrive success.





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Regularly scan and circulate through the entire classroom space.

Check-in with individual students and use proximity, pre-corrections, and specific verbal praise to promote on-task behavior.



Active

Universal Supports

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- Develop, teach, and reinforce routines
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Importance of Instruction

Positive behavior support provides the opportunity to learn, but only when paired with high-quality instruction, will it have an impact on academic achievement.





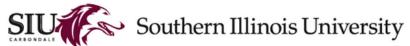


Engage students in instruction through frequent and varied opportunities to respond.

Consider various types of responses.

Choice making

Use evidence based materials that are culturally relevant.



Poll #3: Which universal supports will you implement?



Effectively design space



Develop, teach, & reinforce routines/classroom expectations



Develop relationships/active supervision



Prompt (pre-correct) expected behaviors



Effective instruction

Focused:

These supports could be delivered to the entire class or a small group, but benefit specific students through group implementation.

Increased dosage:

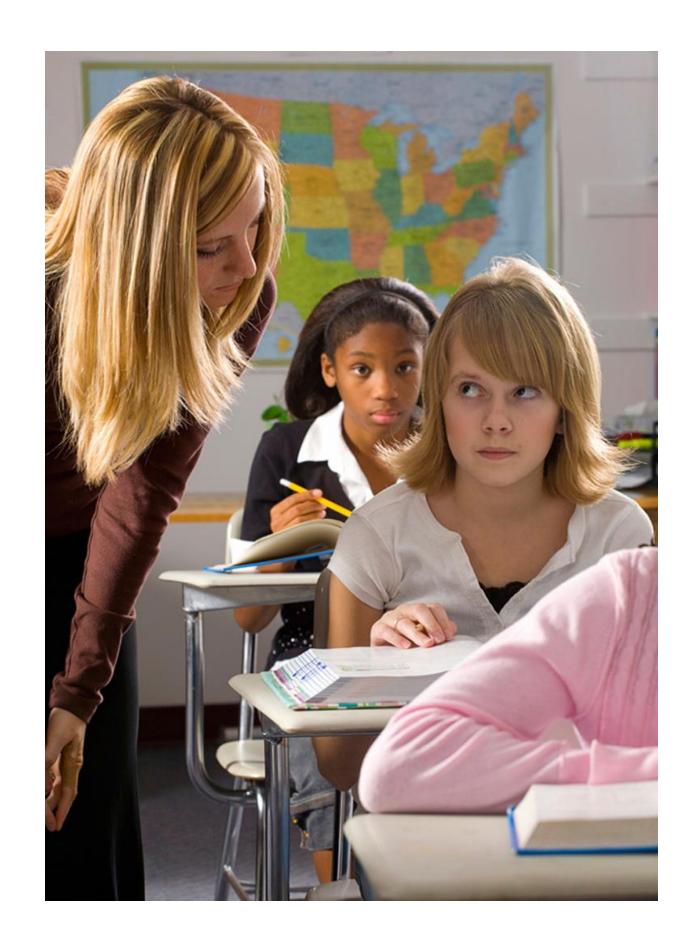
Utilizing increased amounts of universal practices.





- Analyze your space
- Adjust routines and transitions
- Instructional changes
- Foster relationships
- Consider data collection



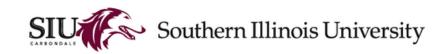




Assorted seating options

Use of proximity

- Analyze your space
- Adjust routines and transitions
- Instructional changes
- Foster relationships
- Consider data collection



- Place a needed break time into the entire class schedule
- Incorporating music and/or visuals during transitions
- Assign jobs
- Utilize timers, tools





- Analyze your space
- Adjust routines and transitions
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Signals

Communication

Set a culture
where asking
questions is
normal and
making
mistakes is ok.

- Accommodations
- Modifications
- Grouping
- Utilizing timers, tools





- Analyze your space
- Adjust routines and transitions
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- Modeling
- Peer Modeling
- Mentors (older kids from school spending time with students)
- 2x10 (2 minutes per day for 10 days)
- Higher ratio of positive v. negative feedback
- Incorporate student interests





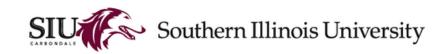




- Check In-Check Out may offer predictable adult attention, organizational structure, and an option for accessing choices through the day.
- Social Skills Club participation may offer opportunities for instruction and practice on skills, choice, peer and adult attention and individualized support.
- Lunch bunch
- Banking time
- Reading Buddies may offer access to peer attention, choice, option to avoid aversive situation, and individualized support



- Analyze your space
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Please complete the exit survey.

Presenter:
Michelle Connet

Title:
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Supports and
Interventions Across
the Continuum



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