



WELCOME! Promoting Year-Round Meals

**Shaista Shaikh, CACFP and
Megan Kuchar, SFSP**
Nutrition Department
IL State Board of Education
cnp@isbe.net



Agenda

Overview of CACFP

Hierarchy

Eligibility Requirements

Meal Service Requirements

Record Keeping

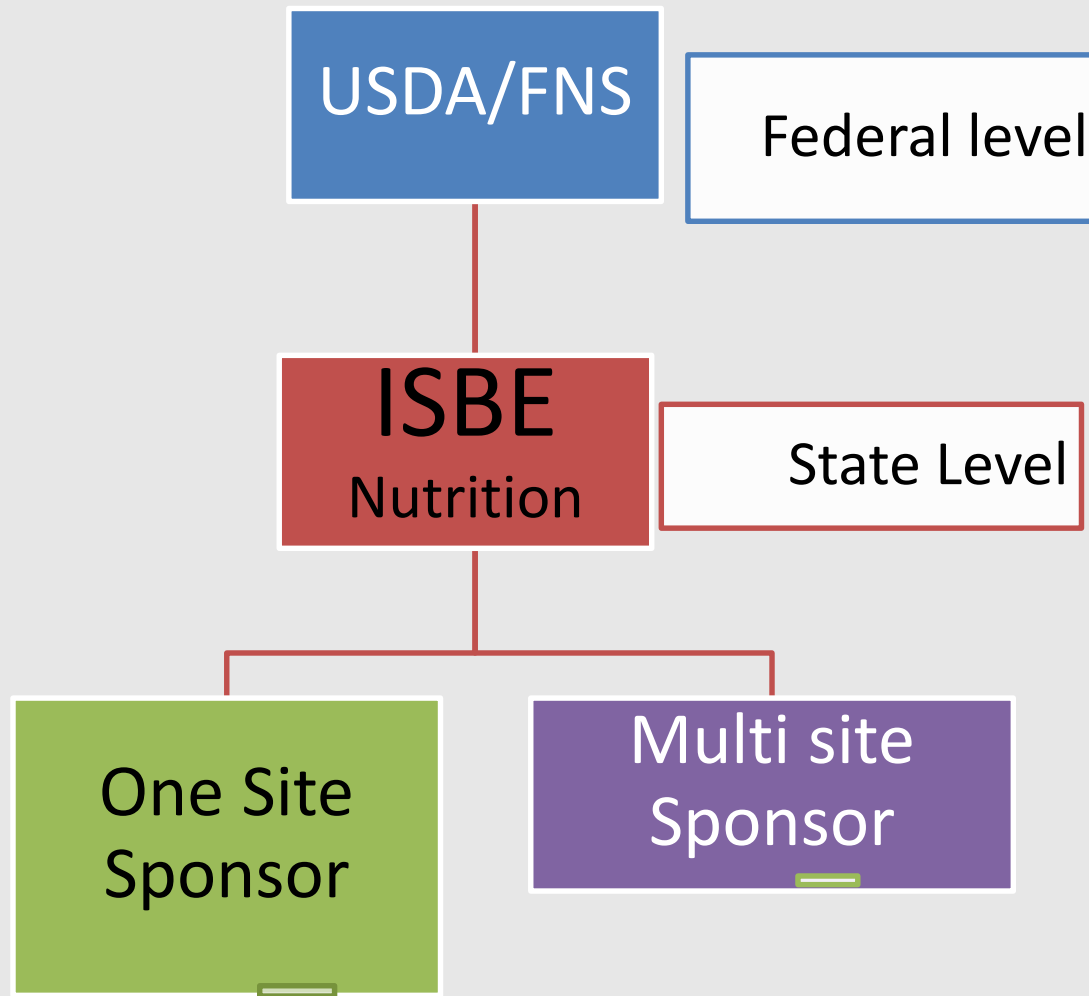
Transitioning from SFSP to CACFP

Streamlined Process

How to Apply



Child and Adult Care Food Program





CACFP Participants

Rec
Centers

Schools

Park
Districts

Libraries

Community
Centers

Churches

5

Eligibility Requirements

AT-RISK AFTERSCHOOL



USDA



Site Requirements

- Operating Days – In Conjunction -school calendar
 - Child Eligibility-Through age 18
- Time Restrictions- After the school day ends, weekend and Holidays that fall within the regular school year
 - Meal Types- Snack and/or Supper
 - Meal Reimbursement Rate- Free rate



At-Risk Program Area Eligibility

- At-Risk Afterschool program sites must be located in attendance area of a public school where at least 50% of enrolled students qualify for free or reduced price meals. – valid for 5 years
 - At-Risk Afterschool Verification Document:

1. Record the address for the At-Risk After-School Snack/Supper Program below.

Street Address: _____

City: _____ Zip Code: _____

2. Call the school district office or school; provide the phone number. _____

3. Name and title of school employee providing the information.

Employee Name: _____ Title: _____

4. Ask school employee where children would go to school if living at the address above (#1). Record the names and types (elementary, middle, high) of schools given to you by the school employee.

<input type="checkbox"/>	_____	_____	_____	_____	_____
	Name of School	Street Address	City	State	Zip Code
<input type="checkbox"/>	_____	_____	_____	_____	_____
	Name of School	Street Address	City	State	Zip Code
<input type="checkbox"/>	_____	_____	_____	_____	_____
	Name of School	Street Address	City	State	Zip Code



At-Risk Program Eligibility

Programs must offer regularly scheduled and supervised educational or enrichment activities

Tutoring

School Clubs

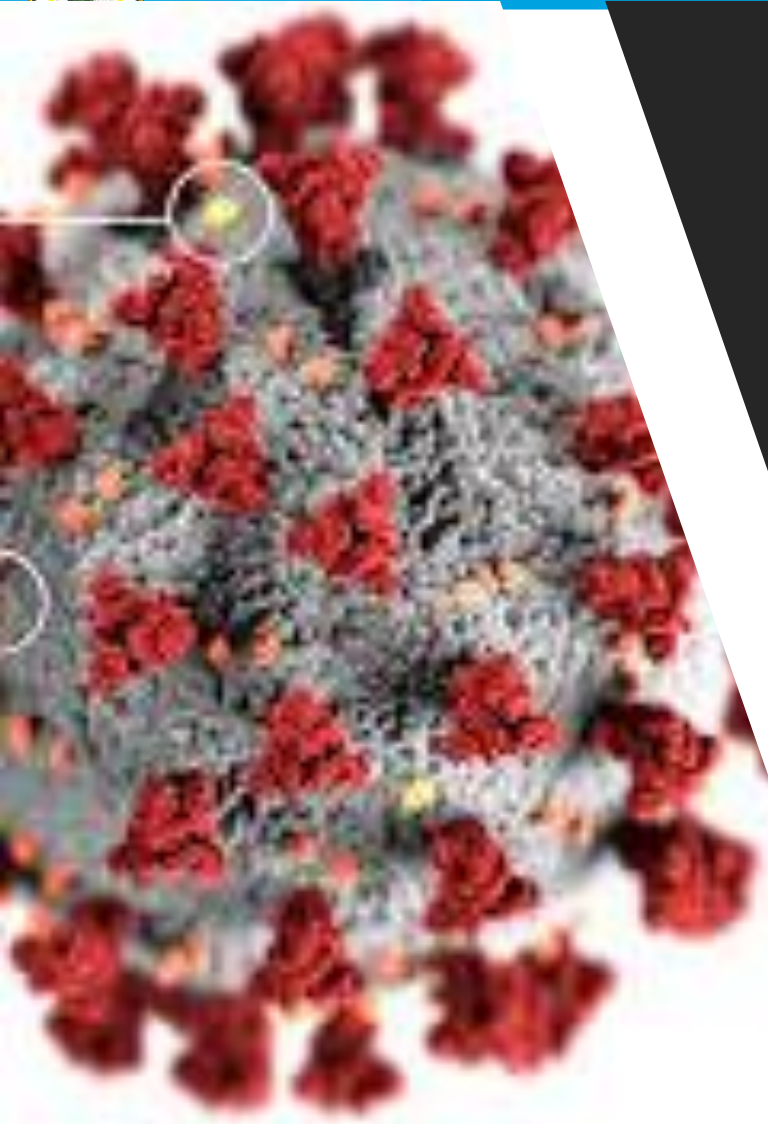
Fine Arts

Homework
Help

Mentoring

Athletics (open
to all)

Arts and crafts

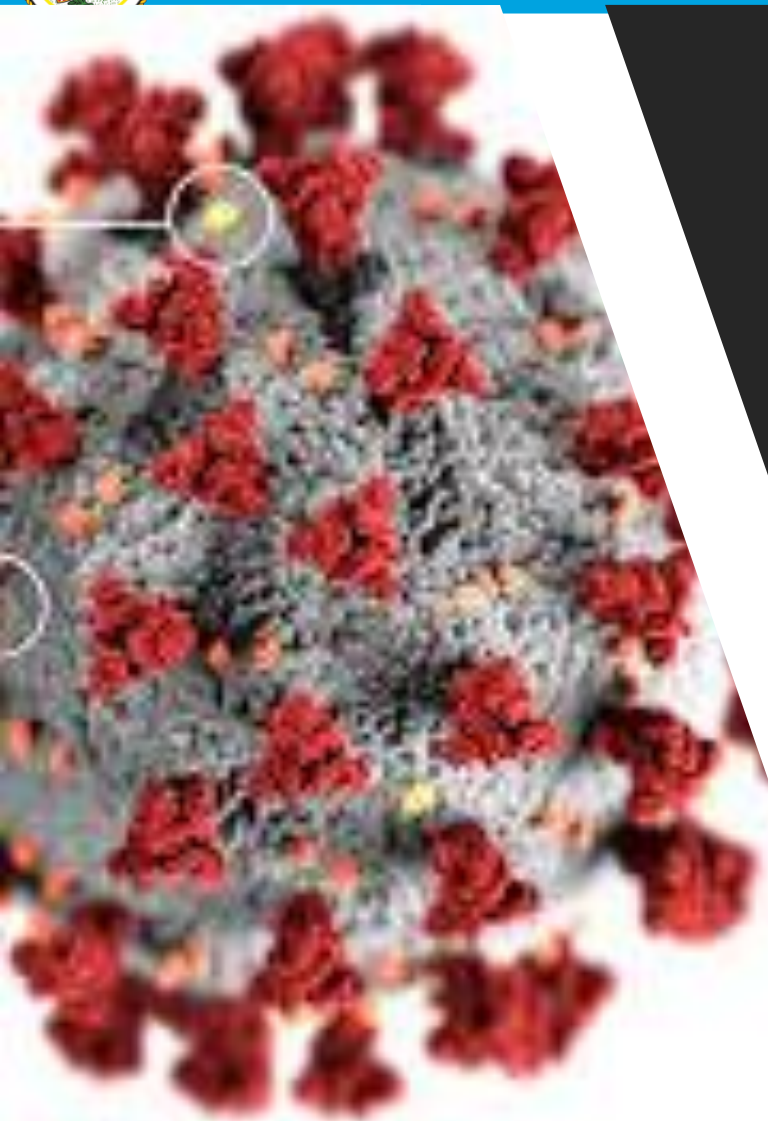


USDA/FNS Action -03.20.2020- Nationwide Waivers to allow Non- Congregate feeding, Meal Service Time Flexibility and Parent/Guardian Pick up in the Child Nutrition Programs

Expires on 06.30.2021

FNS recognizes that in this public health emergency, waiving the congregate meal requirements is vital to ensure appropriate safety measures for the purpose of providing meals and meal supplements.

- Program operators may consider offering online homework assistance, activity packets or other e-learning activities.



USDA/FNS Action -09.18.2020- Nationwide Waiver of Area Eligibility in the Child and Adult Care Food Program At-Risk Afterschool Care Component

- Expires on 06.30.2021

This waiver allows schools and afterschool care centers, regardless of their location, to serve at-risk afterschool meals and snacks to students after the regular school day.

- Must have a plan for ensuring that new meal sites are targeting benefits to children in need.

Meal Service Requirements

AT-RISK AFTERSCHOOL MEALS



Require Meal Components

Meal Components & Requirements

Milk	Fruit	Vegetable	Meat or Meat Alternate	Grains/ Breads
------	-------	-----------	------------------------------	-------------------

Lunch/Supper: Must serve all five components for a reimbursable meal.

Snack: required portion of two (2) different Components

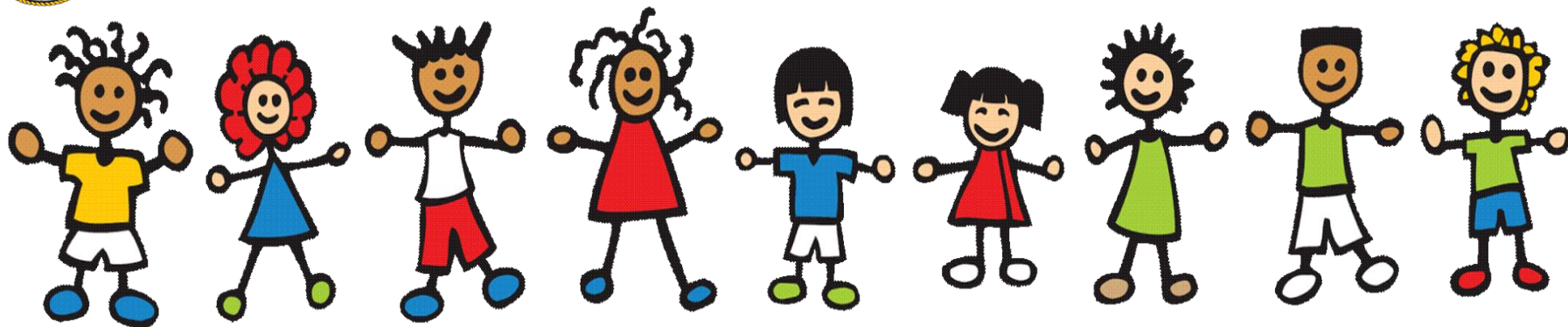


CACFP At-Risk After-School Meals

At-Risk Reimbursement Rates

Child and Adult Care Food Program
Reimbursement Rates (U.S. dollars)
Effective from July 1, 2020 - June 30, 2021

Meals	Breakfast	Lunch/ Supper	Snack
Rates	1.89	3.51	0.96



- One snack and/or one meal may be claimed
- May NOT charge the facility or student for the food
 - Facilities must keep record of adult meals
 - Cannot claim adult meals for reimbursement
- Reimbursement may only be claimed when both meal count and attendance records are kept

15

Record Keeping Requirements

AT-RISK AFTERSCHOOL MEALS



Recordkeeping

At-risk afterschool programs must maintain:

- Facilities must document daily attendance in addition to meal counts
- Facilities must compare attendance to meal counts
- Reimbursement may only be claimed when both meal count and attendance records are kept
- Menus for each meal and snack service
- Any additional records required by the State agency





USDA/FNS Action -08.04.2020- Nationwide Waiver of Onsite Monitoring Requirements- Expires 09.30.2021

- - Organizations review each CACFP facility three times each year. **For a sponsor's current fiscal year, CACFP sponsors must conduct two reviews of their CACFP facilities.**
- -At least two of the three reviews must be unannounced. **For a sponsor's current fiscal year, only one CACFP facility review is required to be unannounced.**
- -FNS waives the requirement **of at least one unannounced review must include observation of a meal service.**
- -FNS waives the requirement **that not more than six months may elapse between reviews.**
- **FNS does not waive the requirement** that at least one review must be made during each new facility's first four weeks of program operations but **allows sponsoring organizations to review new CACFP facilities as a desk audit. Pre-operational visits may also be conducted as desk audits.**





Summer Food Service Program

Megan Kuchar, MBA

Principal Consultant: SFSP



Did You Know?

- Almost 2.8 million children participated in the Summer Nutrition Programs on an average day in July 2019.
- In July 2019, just 13.8 children received a summer lunch for every 100 low-income children who participated in NSLP during the school year. Just over 20 million children participated in NSLP during the 2018–2019 school year
- Summer learning loss doesn't affect every student equally, and summer slide statistics show that some demographics are more vulnerable to falling behind than others.



How Can We Combat Summer Learning Loss and Hunger?

- The Summer Food Service Program is a federally funded program (USDA) and administered by the State Board of Education.
- Offer healthy meals at sites that typically provide educational, enrichment, physical, and recreational activities during the summer months when school is not in session.
- Schools may utilize SFSP during unanticipated school closures such as Teacher's Strikes, Covid-19, etc.



Sponsors and Sites

- Sponsors receive federal reimbursement for the number of meals served to children 18 and under at their designated sites.
- Meals are served free to all children in areas that are identified with high need (low income area)
 - -Served by a school with 50% or more of the children eligible for reduced price or free meals
 - -Identified as eligible by census data
 - -At 185% of poverty or less for housing requirements – housing projects or rural development areas

Contact ISBE to check eligibility of any potential site locations



SFSP Reimbursement Rates

For example: If I am a school who prepares their own meals and who serves 5,000 breakfasts and 5,000 lunches for one month—the breakdown would be as follows:

Breakfast: $5,000 \times \$2.4625 = \$12,312.50$

Lunch: $5,000 \times \$4.3175 = \$21,587.50$

Total Reimbursement for that month=
 $\$12,312.50 + \$21,587.50 = \$33,900$

SFSP 2021 CLAIMING AND REIMBURSEMENT RATES

	Combined (Operating and Administrative)	
	Rural or Self-Prep	Other
Breakfast	\$2.4625	\$2.4150
Lunch/Supper	\$4.3175	\$4.2500
Supplement	\$1.0200	\$0.9975



SFSP Meal Pattern

MEAL	FOOD COMPONENTS	AMOUNT
Breakfast	Fluid Milk ¹	1 cup
	Juice or Fruit or Vegetable	½ cup
	Grain/Bread ²	1 serving
Lunch/Supper	Fluid Milk ¹	1 cup
	Meat/Meat Alternate ³	2 ounces
	Juice or Fruit or Vegetable ⁴ (2 servings)	¾ cup total
	Grain/Bread ²	1 serving
Snack (any two items)	Fluid Milk ¹	1 cup
	Juice or Fruit or Vegetable ⁵	¾ cup
	Meat/Meat Alternate ³	1 ounce
	Grain/Bread ²	1 serving

GROUP A	MINIMUM SERVING SIZE FOR GROUP A
<ul style="list-style-type: none"> • Breeding Type Coating • Bread Sticks, <i>hard</i> • Chow Mein Noodles • Crackers, <i>saltines, snack</i> • Croutons • Pretzels, <i>hard</i> • Stuffing, <i>dry</i> 	1 serving = 20 g or 0.7 oz
GROUP B	MINIMUM SERVING SIZE FOR GROUP B
<ul style="list-style-type: none"> • Bagels, Biscuits • Batter Type Coating • Breads, <i>white, wheat, whole wheat, French, Italian</i> • Buns, <i>hamburger, hot dog</i> • Crackers, <i>graham (all shapes), animal</i> • Egg Roll Skins • English Muffins • Pita Bread, <i>white, wheat, whole wheat</i> • Pizza Crust • Pretzels, <i>soft</i> • Rolls, <i>white, wheat, whole wheat, potato</i> • Tortillas, <i>wheat, corn</i> • Tortilla Chips, <i>wheat, corn</i> • Taco Shells 	1 serving = 25 g or 0.9 oz

¹Milk must be served as a beverage, on cereal, or in part for each purpose.

²Refer to Grains/Breads Requirements on following pages.

³Refer to Meat/Meat Alternate Requirements on following pages.

⁴Serve two or more kinds of vegetables and/or fruits or a combination of both. Full-strength fruit or vegetable juice may be counted to meet no more than half of this requirement.

⁵Juice may not be served when milk is served as the only other component.



Recordkeeping

- Daily Meal Count Sheets
- Production Records
- Menus for Each Meal Service
- Receipts and Invoices of Food Purchased



Comparison of Programs



Program Comparison Chart Summer Nutrition Programs & the Afterschool Meal Program

	Summer Food Service Program (SFSP)	Seamless Summer Option of the National School Lunch Program (NSLP)	Afterschool Meal Program through the Child and Adult Care Food Program (CACFP)
Sponsor Eligibility	Any public school, nonprofit private school, local government agency, or private nonprofit organization.	School Food Authorities (SFAs)	Same as SFSP, in addition to some for-profit entities.
Site Eligibility	A site qualifies either as an open or an enrolled site. An open site is located in a low-income area where 50 percent or more of the children are eligible for free or reduced-price school meals according to elementary, middle, or high school data or census data. An enrolled site qualifies if it is located in a low-income area or if at least half of the children enrolled in the program are eligible for free or reduced-price school meals.	Same as SFSP.	A site qualifies if it is in a low-income area where 50 percent of the children in the local elementary, middle or high school are qualified for free or reduced price meals.
Participant Eligibility	Children 18 years or younger and persons 19 or older with a physical disability, as defined by the State. Open sites are open to all children in the community (open restricted sites limit or restrict participation for reasons of safety, security or control). An enrolled site only provides meals to children enrolled in the program.	Same as SFSP.	Children 18 years or younger. Youth who turn 19 during the school year remain eligible until the end of the school year. Children may be either drop-in or enrolled. Attendance records required.
Meal Service	During the summer months or during student vacations for year round schools. Maximum two meals per day, except 3 meals per day for migrant sites and camps (only reimbursed for children who are eligible for free or reduced-price school meals).	Same as SFSP	During the school year after school, on weekends, and during school holidays. Meals can be served at any point during program. Maximum one meal and one snack per day.



Benefits of Year Round Meal Service

- Organizations Benefit:
 - Can hire year-round staff
 - Receives additional financial stability
 - Becomes a stable source of services
- Community Benefits:
 - Providing year-round meals to low-income children
 - Brings more Federal funds into the local economy



Next Steps...

CNP@isbe.net



Promote Programs in
your Communities

<https://www.fns.usda.gov/meals4kids>



Sign up to be a feeding
site



Apply to be a Sponsor
of either or both
programs



Questions?

Use the Chat Box feature to ask your questions!

Or

Contact Us: CNP@isbe.net