

Listing of Risk Reduction Evidence-based Behavioral Interventions (EBI) for Youth

This list is culled from the Centers for Disease Prevention and Control (CDC) list of Evidence-Based Intervention (EB) programs identified as both best-evidence and good-evidence for reducing transmission of HIV. It was current on 12/26/2013.

The following abbreviations are used in the list:

RR=risk reduction; HIV+=HIV-positive; HR=High-risk; M=Male; F=Female; T=Transgender; W=White; AA=African American; AI=American Indian; H=Hispanic; API=Asian/Pacific Islander; O=Other racial/ethnic group; GLI=group-level intervention; ILI=individual-level intervention; CLI=community-level intervention

- [Assisting in Rehabilitating Kids \(ARK\)](#)
Good
Risk category: HR Youth
Sex: 68% M, 32% F
Race: 75% W, 22% AA, 2% AI, 1% H
Intervention level: GLI
- [Becoming a Responsible Teen \(BART\)](#)
Best
Risk category: HR Youth
Sex: 28% M, 72% F
Race: 100% AA
Intervention level: GLI
- [Be Proud! Be Responsible!](#)
Best
Risk category: HR Youth
Sex: 100% M
Race: 100% AA
Intervention level: GLI
- [Choosing Life: Empowerment, Actions, Results \(CLEAR\)](#)
Best
Risk category: HIV+, HR Youth, DU
Sex: 78% M, 22% F
Race: 42% H, 26% AA, 23% W, 8% O
Intervention level: ILI
- [Community Promise](#)
Good
Risk category: DU, HR Youth, HS Adult, MSM
Sex: 45% M, 55% F
Race: 54% AA, 22% W, 19% H, 5% O
Intervention level: CLI
- [iCuidate!](#)
Best
Risk category: HR Youth
Sex: 45% M, 55% F
Race: 100% H
Intervention level: GLI

- [Focus on Youth](#)
Good
Risk category: HR Youth
Sex: 56% M, 44% F
Race: 100% AA
Intervention level: GLI
- [FOY + ImPACT](#)
Best
Risk category: HR Youth
Sex: 42% M, 58% F
Race: 100% AA
Intervention level: GLI
- [HORIZONS](#)
Best
Risk category: HR Youth
Sex: 100% F
Race: 100% AA
Intervention level: GLI
- [Intensive AIDS Education](#)
Good
Risk category: HR Youth, DU
Sex: 100% M
Race: 66% AA, 33% H, 2% W
Intervention level: GLI
- [REAL Men](#)
Good
Risk category: HR Youth
Sex: 100% M
Race: 96% AA
Intervention level: GLI
- [Safe on the Outs](#)
Good
Risk category: HR Youth
Sex: 83% M, 17% F
Race: 37% W, 28% H, 15% O, 13% AA, 5% AI, 3% API
Intervention level: GLI
- [Safer Sex](#)
Good
Risk category: HR Youth
Sex: 100% F
Race: 49% AA, 18% H, 17% O, 14% W
Intervention level: ILI
- [Sistering, Informing, Healing, Living, and Empowering \(SiHLE\)](#)
Best
Risk category: HR Youth
Sex: 100% F
Race: 100% AA
Intervention level: GLI

- [Sisters Saving Sisters](#)
Best
Risk category: HR Youth
Sex: 100% F
Race: 68% AA, 32% H
Intervention level: GLI
- [Street Smart](#)
Good
Risk category: HR Youth
Sex: 51% M, 49% F
Race: 53% AA, 30% H, 16% O
Intervention level: GLI
- [Teen Health Project](#)
Good
Risk category: HR Youth
Sex: 50% M, 50% F
Race: 51% AA, 20% A, 20% O, 5% W, 3% H, 1% AI
Intervention level: CLI
- [Together Learning Choices \(TLC\)](#)
Good
Risk category: HIV+, HR Youth
Sex: 72% M, 28% F
Race: 37% H, 27% AA, 19% W, 17% O
Intervention level: GLI