Listing of Risk Reduction Evidence-based Behavioral Interventions (EBI) for Youth

This list is culled from the Centers for Disease Prevention and Control (CDC) list of Evidence-Based Intervention (EB) programs identified as both best-evidence and good-evidence for reducing transmission of HIV. It was current on 12/26/2013.

The following abbreviations are used in the list:

RR=risk reduction; HIV+=HIV-positive; HR=High-risk; M=Male; F=Female; T=Transgender; W=White; AA=African American; AI=American Indian; H=Hispanic; API=Asian/Pacific Islander; O=Other racial/ethnic group; GLI=group-level intervention; ILI=individual-level intervention; CLI=community-level intervention

- **Assisting in Rehabilitating Kids (ARK)**
  
  **Good**
  
  Risk category: HR Youth
  
  Sex: 68% M, 32% F
  
  Race: 75% W, 22% AA, 2% AI, 1% H
  
  Intervention level: GLI

- **Becoming a Responsible Teen (BART)**
  
  **Best**
  
  Risk category: HR Youth
  
  Sex: 28% M, 72% F
  
  Race: 100% AA
  
  Intervention level: GLI

- **Be Proud! Be Responsible!**
  
  **Best**
  
  Risk category: HR Youth
  
  Sex: 100% M
  
  Race: 100% AA
  
  Intervention level: GLI

- **Choosing Life: Empowerment, Actions, Results (CLEAR)**
  
  **Best**
  
  Risk category: HIV+, HR Youth, DU
  
  Sex: 78% M, 22% F
  
  Race: 42% H, 26% AA, 23% W, 8% O
  
  Intervention level: ILI

- **Community Promise**
  
  **Good**
  
  Risk category: DU, HR Youth, HS Adult, MSM
  
  Sex: 45% M, 55% F
  
  Race: 54% AA, 22% W, 19% H, 5% O
  
  Intervention level: CLI

- **¡Cuidate!**
  
  **Best**
  
  Risk category: HR Youth
  
  Sex: 45% M, 55% F
  
  Race: 100% H
  
  Intervention level: GLI
- **Focus on Youth**
  - **Good**
  - Risk category: HR Youth
  - Sex: 56% M, 44% F
  - Race: 100% AA
  - Intervention level: GLI

- **FOY + ImPACT**
  - **Best**
  - Risk category: HR Youth
  - Sex: 42% M, 58% F
  - Race: 100% AA
  - Intervention level: GLI

- **HORIZONS**
  - **Best**
  - Risk category: HR Youth
  - Sex: 100% F
  - Race: 100% AA
  - Intervention level: GLI

- **Intensive AIDS Education**
  - **Good**
  - Risk category: HR Youth, DU
  - Sex: 100% M
  - Race: 66% AA, 33% H, 2% W
  - Intervention level: GLI

- **REAL Men**
  - **Good**
  - Risk category: HR Youth
  - Sex: 100% M
  - Race: 96% AA
  - Intervention level: GLI

- **Safe on the Outs**
  - **Good**
  - Risk category: HR Youth
  - Sex: 83% M, 17% F
  - Race: 37% W, 28% H, 15% O, 13% AA, 5% AI, 3% API
  - Intervention level: GLI

- **Safer Sex**
  - **Good**
  - Risk category: HR Youth
  - Sex: 100% F
  - Race: 49% AA, 18% H, 17% O, 14% W
  - Intervention level: ILI

- **Sistering, Informing, Healing, Living, and Empowering (SiHLE)**
  - **Best**
  - Risk category: HR Youth
  - Sex: 100% F
  - Race: 100% AA
  - Intervention level: GLI
• **Sisters Saving Sisters**  
  *Best*  
  *Risk category*: HR Youth  
  *Sex*: 100% F  
  *Race*: 68% AA, 32% H  
  *Intervention level*: GLI

• **Street Smart**  
  *Good*  
  *Risk category*: HR Youth  
  *Sex*: 51% M, 49% F  
  *Race*: 53% AA, 30% H, 16% O  
  *Intervention level*: GLI

• **Teen Health Project**  
  *Good*  
  *Risk category*: HR Youth  
  *Sex*: 50% M, 50% F  
  *Race*: 51% AA, 20% A, 20% O, 5% W, 3% H, 1% AI  
  *Intervention level*: CLI

• **Together Learning Choices (TLC)**  
  *Good*  
  *Risk category*: HIV+, HR Youth  
  *Sex*: 72% M, 28% F  
  *Race*: 37% H, 27% AA, 19% W, 17% O  
  *Intervention level*: GLI