

Committee on Standards Revision
Meeting Summary
Monday, February 25, 2013
10:00am – 12:00pm

Illinois Public Act 97-1102 created the Enhanced Physical Education Task Force. This Committee of the Task Force is charged with making recommendations to the Governor and the General Assembly on Goals 19, 20, 21, 22, 23, and 24 of the Illinois Learning Standards for Physical Development and Health. The Committee shall focus on updating the standards based on research in neuroscience that impacts the relationship between physical activity and learning.

Task Force Members Attending:

Chicago location: Chair Deb Vogel, representing Illinois Education Association; Maureen Fournier, Southwest Suburban Teachers Union, representing IFT; Neil Duncan, Naperville Central High School, representing the Illinois Assoc. for Health, Physical Education, Recreation & Dance; Andrew Pickett, designee for Stephanie Whyte, representing the Chicago Board of Education, Michael Brunson, representing the Chicago Teachers Union.

Springfield location: Peggy Pryor, representing the Quincy Federation of Teachers; Joey Ohnesorge, Principal Consultant for Health, PE, HIV, Illinois State Board of Education, representing State Superintendent Christopher Koch; Daryl Morrison, representing the Illinois Education Association.

By telephone: Serena Preston, Superintendent, representing the Illinois School for the Visually Impaired and the Illinois School for the deaf; Representative John Cavaletto, Illinois State Representative, 107th District; Senator Linda Holmes, Illinois State Senator, 42nd District

Illinois Department of Public Health Staff: Margie Harris (Springfield), Joanna Rewerts (Springfield)

Illinois State Board of Education Staff: Shawn Backs (Springfield)

Illinois Public Health Institute Support Staff: Sarah Chusid (Chicago); Coby Jansen (Chicago)

Task Force Standards Revision Committee Members not in attendance:

Holly Benjamin, representing the Illinois Chapter of the American Academy of Pediatrics; Representative Linda Chapa LaVia, Illinois State Representative, 83rd district.

Welcome & Opening Remarks:

Chair Deb Vogel called the meeting to order at 10am and welcomed everyone to the second meeting of the Committee on Standards Revision.

Committee members and support staff in Springfield, Chicago, and on the phone introduced themselves.

Approval of 2/4 meeting summary

The meeting summary from the 2/4 meeting of the Standards Revision committee was formally approved.

Open Meeting Act Compliance

Shawn Backs informed the committee that with eleven members, a majority of a quorum is four members. Any communications between a group of four or more members of this committee would be constitute a majority of a quorum and is subject to OMA regulations.

Updates: Outreach to experts

Committee members have engaged experts at the Centers for Disease Control and Prevention, the American Association for Health, Physical Education, Recreation and Dance, as well as various neuroscience researchers including Dr. Charles Hillman, Dr. Darla Castelli, and Dr. John Ratey.

Review/Discussion: Working Neuroscience into Standards

Coby Jansen gave an overview of the research review summary, which explores how physical activity and fitness levels affect cognitive functioning, a document prepared by the Illinois Public Health Institute to inform the work of this committee. In summary, the paper shows there is substantial evidence of a relationship between physical activity, fitness and improved cognitive and executive functioning and executive control. There is also evidence that suggests that sequencing physical activity before difficult learning tasks may be beneficial.

Michael Brunson asked if the committee would expand on ways physical activity can positively impact other areas, such as conflict resolution, to which Coby Jansen replied that his point fit nicely into the work of the other committee on Enhanced PE Promotion. She emphasized that the committee should actively look for and report on instances where the work of this committee merges with the other.

Chair Vogel then led the group in discussion on aligning the NASPE National Physical Education Standards and the Centers for Disease Control and Prevention's (CDC) National Health Education Standards into the committee's revisions, using a

document she created, the EPE Standards Revision Worksheet, to guide the conversation.

In discussing what resources/information will be used to inform the process of revising the standards, committee members suggested the following:

- Incorporating the practitioner's perspective –what works and what doesn't
- Emulating local award-winning programs, such as Lake Park – an original blue ribbon school
- Naperville's curriculum review (an instance where state standards were used as guidelines but the updated curriculum went beyond basic requirements)

Coby Jansen then asked the committee to consider the issue of budget neutrality, and whether with this in mind the committee planned to keep the numbering of the goals as they are and, in a related point, whether the committee thought there was anything that should change about high level goals.

The committee conducted a close comparison of the proposed NASPE PE standards and the CDC Health Education Standards with Illinois' current standards and resolved the following:

- CDC's Standard 8 (Students will demonstrate the ability to advocate for personal, family, and community health) naturally falls in line with Illinois' 24B (Apply decision-making skills related to the protection and promotion of individual health). It would also fit under 22B (Describe and explain the factors that influence health among individuals, groups and communities). After a discussion about where it best fits, they concluded that modifying Standard 24B to say "Apply decision-making skills related to the protection and promotion of individual, FAMILY, AND COMMUNITY health" (additions in all caps) would be sufficient.
- CDC's Standard 3 (Students will demonstrate the ability to access valid information, products, and services to enhance health) will be included in the Performance Descriptors because it does not have a clear parallel in the Illinois Standards.

Chair Vogel then asked the committee to carefully review on their own time her worksheet, paying special attention to the sections that correspond to an individual member's area of expertise. Specific member commitments are found in the work plan section of this document.

Chair Vogel then asked the committee to consider several procedural and content questions, outlined below:

- Whether a state-by-state comparison with Ohio and Colorado, the states recommended for special attention by AAHPERD’s Fran Zavacky, the program manager of the cooperative agreement that NASPE has with the Centers for Disease Control and Prevention, is needed:

The committee concluded that it would rather see global-level comparative information, and Neil Duncan volunteered to prepare a gap analysis using information from Physical and Health Education Canada.

- How to provide resources to help educators use and orient themselves to the revised standards when they are completed:

Chair Vogel asked committee members to look for examples of these resources already in use in other states. She also asked committee members to reflect on their own professional experience in considering how they would have liked to receive such information and what resources would have been helpful from an educator’s perspective.

- Whether the committee thought it would want to invite outside experts to provide feedback on drafts of the revisions:

The committee decided it would like to build-in a period in mid-May to invite outside experts to provide feedback on an advanced version of the revisions. At its April meeting, the committee will brainstorm a list of these experts. The committee added a May 31st meeting to review the draft and that version will be the one circulated to the list of outside experts.

- Whether it is permissible to share the draft revisions with professional contacts throughout this process:

Coby Jansen and Shawn Backs reiterated that it is permissible to share the draft since all work products of a public body are public information but the distinction is that there will be a time when the substantive work product is actively distributed for public consumption, in contrast to this period, when it is being strategically disseminated for expert feedback.

Workplan and assignments: Report for the next Task Force meeting on 3/15

The committee then committed to writing the calendar of meetings, work plan and member assignments for moving forward, as outlined below:

Action	Due Date/Timeframe
Review Chair Vogel’s EPE Standards Revision worksheet for your respective	By March 8 th (allows time to be integrated into Task Force

area of expertise. See below for additional specific assignments for committee members. Send any revisions, or comments on the Committee's work plan, to Sarah.Chusid@iphionline.org .	presentation)
Full Task Force Meeting	March 15 th , 9am to 12pm
Continue writing/editing/tweaking revisions. Pay special attention to Performance Descriptors that need to be added and also search for examples of resources used by other states to assist educators in 'unpacking' new standards. Send revisions to Sarah.Chusid@iphionline.org	March 15 th -April 22 nd Draft revisions due April 22.
Meeting goal: Review draft of Revised Standards. Brainstorm list of experts who should review draft revisions.	Monday, April 29 th , 10am-12pm
Full Task Force Meeting	Wednesday, May 15 th , 9am -12pm
Meeting goal: Standards Revision committee meeting added to calendar to review proposed changes. At this time, revisions will be sent to outside experts to review and provide feedback.	Friday, May 31 st , 10am to 12pm *NEW MEETING*
Full Task Force Meeting	Friday, June 14, 9am – 12pm
Full Task Force Meeting	Friday, August 2, 9am – 12pm

Assignments/Area of Focus for work from February 25th-March 8th:

- Neil Duncan to prepare gap analysis of NASPE/IL standards and Physical and Health Education Canada.
- Maureen Fournier and Michael Brunson will propose revisions on elementary content
- Deb Vogel and Andy Pickett to propose revisions on middle school content
- Neil Duncan and Peggy Pryor to propose revisions on high school content
- Joanna Rewerts to review in entirety with eye towards nutrition-focused content
- Serena Preston to review generally regarding adapted PE and will run past her PE teachers for feedback
- Deb Vogel will move forward on preparing the full task force meeting presentation on 3/15 and will reach out to committee members to participate as she deems necessary.

Public Comment

There were no members of the public in attendance.

Closing Remarks

Chair Vogel thanked everyone for coming to the first committee meeting.

Adjourn

Meeting was adjourned at 11:34pm.