



# Kindergarten Individual Development Survey (KIDS) Correspondence to Illinois Learning Standards: The KIDS Health (HLTH) Domain and the Illinois Early Learning Standards Kindergarten (IELS-K)

Overall, there is substantial correspondence between the KIDS¹ and the Illinois Early Learning Standards Kindergarten (IELS-K) learning standards subsumed under Goals 19 through 24. Although the KIDS differs some from the IELS-K in the broad organization and categorization of content, both similarly address key observable skills and behavioral indicators of health. This alignment reflects shared assumptions about what constitutes the most important cognitive, verbal, and behavioral changes in early childhood with respect to physical activity, health, and safety. The following table shows correspondences between the KIDS measures and the IELS-K.

# Correspondence between the KIDS Instrument and the Illinois Early Learning Standards Kindergarten

KIDS Measure	Illinois Early Learning Standards Kindergarten (IELS-K)	KIDS Measure Corresponds with IELS-K in the Following Ways:
Definition: Child shows awareness of safety and increasingly demonstrates knowledge of safety skills when participating in daily activities.	Learning Standard 19.A  Demonstrate physical competency in individual and team sports, creative movement, and leisure and work-related activities.  Learning Standard 19.C  Demonstrate knowledge of rules, safety and strategies during physical activity.  Learning Standard 21.A  Demonstrate individual responsibility during group physical activities.	Child demonstrates physical competence by developing safe movement practices (19.A).  Child shows increasing knowledge of rules, safety, and strategies during activity (19.C).  Child shows awareness of safety issues that arise during group activities (21.A).

<sup>&</sup>lt;sup>1</sup> Desired Results Developmental Profile-Kindergarten for the Kindergarten Individual Development Survey





KIDS Measure	Illinois Early Learning Standards Kindergarten (IELS-K)	KIDS Measure Corresponds with IELS-K in the Following Ways:
HLTH 1: Safety (cont.)	Learning Standard 21.B	Child shows awareness of safety issues that arise during group activities (21.B).
Definition: Child shows awareness of safety and increasingly demonstrates knowledge of safety skills when participating in daily activities.	Demonstrate cooperative skills during structured group physical activities.  Learning Standard 22.A	Child demonstrates ability to explain the basic principles of health promotion, illness prevention, treatment, and safety (22.A).
	Explain the basic principles of health promotion, illness prevention and safety.  Learning Standard 22.B	Child demonstrates ability to articulate factors that influence the health of others. Child encourages others to make positive health choices (22.B).
	Describe and explain the factors that influence health among individuals, groups and communities.	Child demonstrates the skills necessary for decision-making related to the protection and promotion of individual health (24.B).
	Learning Standard 24.B  Apply decision-making skills related to the protection and promotion of individual health.  Learning Standard 24.C	Child demonstrates the skills necessary for enhancing health and has learned to avoid dangerous situations (24.C).
	Demonstrate skills essential to enhancing health and avoiding dangerous situations.	





#### **HLTH 2: Personal Care Routines**

**Definition:** Child understands, responds to, and initiates personal care routines and shows increasing knowledge and skills of how and when to apply them.

#### **Learning Standard 19.C**

Demonstrate knowledge of rules, safety and strategies during physical activity.

# **Learning Standard 22.A**

Explain the basic principles of health promotion, illness prevention and safety.

#### **Learning Standard 22.B**

Describe and explain the factors that influence health among individuals, groups and communities.

#### **Learning Standard 22.C**

Explain how the environment can affect health.

#### **Learning Standard 23.B**

Explain the effects of healthrelated actions on the body system.

### **Learning Standard 24.B**

Apply decision-making skills related to the protection and promotion of individual health.

#### **Learning Standard 24.C**

Demonstrate skills essential to enhancing health and avoiding dangerous situations. Child demonstrates understanding of and follows health-related rules (19.C).

Child demonstrates ability to explain the basic principles of health promotion, illness prevention, treatment, and safety (22.A).

Child demonstrates ability to articulate factors that influence the health of others. Child encourages others to make positive health choices (22.B).

Child demonstrates ability to articulate factors that influence the health of others. Child shows awareness of the cause of environmental health risks (e.g., air, water, and sun) (22.C).

Child demonstrates ability to explain the effects of health-related actions on the body. Child demonstrates ability to perform self-care tasks (23.B).

Child demonstrates the skills necessary for decision-making related to the protection and promotion of individual health (e.g., brushing teeth, washing hands, and nutrition) (24.B).

Child demonstrates the skills necessary for enhancing health (24.C).





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KIDS Measure	Illinois Early Learning Standards	KIDS Measure Corresponds with
	Kindergarten (IELS-K)	IELS-K in the Following Ways:
HLTH 3: Active Physical Play	Learning Standard 19.A	Child participates in active play using gross motor skills (19.A).
<b>Definition:</b> Child engages in	Demonstrate physical competency	
physical activities with increasing	in individual and team sports,	Child knows and applies the
endurance and intensity.	creative movement, and leisure	aspects of health-related fitness.
	and work-related activities.	Additionally, the child understands the importance of
		fitness (20.A).
	Learning Standard 20.A	1111C33 (201A).
	Know and apply the principles and	Child demonstrates emerging
	Know and apply the principles and	ability to assess individual fitness
	components of health-related fitness.	level <b>(20.B)</b> .
	iitness.	Child recognizes that physical
	Learning Standard 20.B	activity can be challenging, but it
		can build muscles when done
	Assess individual fitness level.	often <b>(20.C)</b> .
	Looming Standard 20 C	Child demonstrates ability to
	Learning Standard 20.C	explain the basic principles of
	Set goals based on fitness data and	health promotion, illness
	develop, implement, and monitor	prevention, treatment, and
	an individual fitness improvement	safety <b>(22.A)</b> .
	plan.	Child domonstrates ability to
		Child demonstrates ability to explain the effects of health-
	Learning Standard 22.A	related actions on the body
		(23.B).
	Explain the basic principles of	
	health promotion, illness	Child demonstrates ability to
	prevention and safety.	describe factors that affect growth and development. Child
	Learning Standard 23.B	recognizes that people grow and
		change (23.C).
	Explain the effects of health-	
	related actions on the body	
	system.	
	Learning Standard 23.C	
	Describe factors that affect growth	
	and development.	
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KIDS Measure	Illinois Early Learning Standards	KIDS Measure Corresponds with IELS-K in the Following Ways:
	Kindergarten (IELS-K)	ills-k in the ronowing ways.
HLTH 3: Active Physical Play		
(cont.)		
(cont.)	Learning Standard 24.B	
<b>Definition:</b> Child engages in		Child demonstrates the skills
physical activities with increasing	Apply decision-making skills related	necessary for decision-making
endurance and intensity.	to the protection and promotion of	related to the protection and
	individual health.	promotion of individual health
	Learning Standard 24.C	(24.B).
	Learning Standard 24.C	Child demonstrates the skills
	Demonstrate skills essential to	necessary for enhancing health
	enhancing health and avoiding	(24.C).
	dangerous situations.	
HLTH 4: Nutrition	Learning Standard 22.A	Child demonstrates ability to
HEITI 4. NUUTUOII	Learning Standard 22.A	explain the basic principles of
<b>Definition:</b> Child demonstrates	Explain the basic principles of	health promotion, illness
increasing knowledge about	health promotion, illness	prevention, treatment, and
nutrition and healthful food	prevention and safety.	safety <b>(22.A)</b> .
choices.		Child demonstrates ability to
	Learning Standard 22.B	articulate factors that influence
	Describe and explain the factors	the health of others (22.B).
	that influence health among	
	individuals, groups and	Child demonstrates ability to
	communities.	articulate factors that influence the health of others (22.C).
	communices.	the health of others (22.0).
	Learning Standard 22.C	Child demonstrates ability to
		explain the effects of health-
	Explain how the environment can	related action on the body (23.B).
	affect health.	Child demonstrates ability to
	Learning Standard 23.B	describe factors that affect
		growth and development. Child
	Explain the effects of health-	recognizes that people grow and
	related actions on the body	change. Child demonstrates
	system.	ability to identify examples of good nutrition and its importance
		for good health <b>(23.C)</b> .
	Learning Standard 23.C	10. 5004 Health (2010).





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KIDS Measure	Illinois Early Learning Standards	KIDS Measure Corresponds with IELS-K in the Following Ways:
	Kindergarten (IELS-K)	ills-kill the following ways.
	Describe factors that affect growth and development.	
HLTH 4: Nutrition (cont.)  Definition: Child demonstrates increasing knowledge about nutrition and healthful food choices.	Learning Standard 24.B  Apply decision-making skills related to the protection and promotion of individual health.  Learning Standard 24.C  Demonstrate skills essential to enhancing health and avoiding dangerous situations.	Child demonstrates the skills necessary for decision-making related to the protection and promotion of individual health (e.g., brushing teeth, washing hands, and nutrition) (24.B).  Child demonstrates the skills necessary for enhancing health (24.C).
HLTH 5: Knowledge of Wellness	Learning Standard 19.C	Child demonstrates
Definition: Child shows and communicates increasing knowledge of the body and ways to take care of it.	Demonstrate knowledge of rules, safety and strategies during physical activity.  Learning Standard 20.C  Set goals based on fitness data and develop, implement, and monitor an individual fitness improvement plan.  Learning Standard 22.A  Explain the basic principles of health promotion, illness prevention and safety.  Learning Standard 22.B  Describe and explain the factors that influence health among	understanding of and follows health-related rules (19.C).  Child demonstrates ability to discuss fitness choices that impact wellness (20.C).  Child demonstrates ability to explain the basic principles of health promotion, illness prevention, treatment, and safety (22.A).  Child demonstrates ability to articulate factors that influence the health of others (22.B).





KIDS Measure	Illinois Early Learning Standards Kindergarten (IELS-K)	KIDS Measure Corresponds with IELS-K in the Following Ways:
	individuals, groups and communities.	
HLTH 5: Knowledge of Wellness (cont.)  Definition: Child shows and communicates increasing knowledge of the body and ways to take care of it.	Learning Standard 22.C  Explain how the environment can affect health.  Learning Standard 23.A  Describe and explain the structure and functions of the human body systems and how they interrelate.  Learning Standard 23.B  Explain the effects of health-related actions on the body system.  Learning Standard 23.C  Describe factors that affect growth and development.  Learning Standard 24.B  Apply decision-making skills related to the protection and promotion of individual health.  Learning Standard 24.C  Demonstrate skills essential to enhancing health and avoiding dangerous situations.	Child demonstrates ability to articulate factors that influence the health of others. Child shows awareness of the cause of environmental health risks (e.g., air, water, and sun) (22.C).  Child demonstrates ability to explain the structure and functions of the human body systems and identify body parts and how they interrelate (23.A).  Child demonstrates ability to explain the effects of health-related actions on the body (23.B).  Child demonstrates ability to describe factors that affect growth and development. Child recognizes that people grow and change (23.C).  Child demonstrates the skills necessary for decision-making related to the protection and promotion of individual health (24.B).  Child demonstrates the skills necessary for enhancing health (24.C).





## IELS-K Goal(s) or Learning Standard(s) not addressed by KIDS Domain

 Learning Standard 24.A: Demonstrate procedures for communicating in positive ways, resolving differences, and preventing conflicts.

*Note from expert:* The KIDS HLTH measures do not align with the learning standard listed above, but measures in other domains of the KIDS may correspond to it.