Talk about your daily routine
Say, “Let’s think of all the things we will do today. First, we will eat breakfast. Next, we will put on our coats, and then we will walk to the bus stop.” Encourage your child to tell you what will happen first, second, and third.

Encourage descriptions
Look around and encourage your child to describe the things he sees. Say, “Tell me about the pictures on that store window,” or “Tell me about the sounds of nature you hear. Do you hear the wind rustle or the birds chirping?”

Read together
Encourage your child to describe pictures in books and magazines. Say, “Tell me what you see in the picture.” Repeat what your child says and expand on her ideas. Say, “Yes, I see the tiger in the picture, too! That tiger has orange and black stripes on her fur.”

Build vocabulary
Expand your child’s knowledge of descriptive words. Say, “This apple is crunchy on my teeth and the skin is shiny,” or “The toothbrush bristles feel prickly on my tongue.”