

Nutrition and Wellness Programs Child Nutrition Programs E-mail Alert

May 4, 2015

CACFP Team Nutrition Training Wellness Kit Application – Extended Due Date: Friday, May 22, 2015

Don't miss out! The due date has been extended for the CACFP Team Nutrition Training Wellness Kit Application, posted under *What's New?* online at http://www.isbe.net/nutrition/.

Each FREE kit will include:

- Nutrition activity booklets for children each with a fruits, veggies, and grains theme
- Nutrition education teacher curriculum for short activities with fruits and vegetables
- Fun stickers that celebrate "Eat Smart to Play Hard"
- Storybooks with a nutrition-related theme, and
- Physical activity items that can be used indoors

All independent centers in Illinois that participate in the CACFP and have 75% or more of their students eligible for free and reduced price meals are eligible to request a kit, simply by completing and submitting the one-page application (independent centers are those that have only one site assigned under their Agreement/RCDT #).

In return, all we ask is that you use the Wellness Kit items to provide fun and creative nutrition and physical activity education, and send us a picture and brief description about the activity the children enjoyed best.

The deadline to apply is Friday, May 22, 2015.

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