

THE OUTLOOK

A Monthly Newsletter for School Nutrition Programs

School Nutrition Champion Award



Congratulations to **Sandy Voss**, ISBE's 2018 School Nutrition Champion!

Sandy Voss was nominated by Armie Gasbarro, Assistant Superintendent of Finance & Operations for Marquardt School District 15, where Sandy has been the Director of Food and Nutrition Services since 2008. Voss also directs the nutrition programs in Glen Ellyn District 41, Queen Bee District 16, and St. Matthew School.

"Sandy goes above and beyond her role as Director of Food and Nutrition, and she does so in some unique ways. For example, she started a Young Chefs Club to teach middle school students cooking skills in order to plan and prepare healthy meals," Gasbarro wrote in his nominating letter. "This popular club has given students multiple opportunities to share their knowledge and skills at district events."

Voss earned her bachelor's degree and master's degree in Family and Consumer Sciences from Illinois State University and is a registered dietician and a credentialed School Nutrition Specialist. She

has served in many roles for the Illinois School Nutrition Association (ILSNA), including as president, and also served on multiple committees at the national level for the School Nutrition Association.

At school, she has involved students in the Fuel Up to Play 60 program, which is a nutrition and physical activity program launched by the National Dairy Council and NFL in collaboration with the U.S. Department of Agriculture. She also directs the Blessings in a Backpack program, which provides supplemental food for elementary students over the weekends.

The School Nutrition Champion is invited to the [School Nutrition Programs](#)

[Back to School Conference](#) in Springfield (Aug. 6-7) for an award presentation. Congratulations to all of our [nominees for the 2018 School Nutrition Champion Award!](#) They were featured in the [February, March, April, and May issues of The Outlook](#), the Nutrition Division's monthly School Nutrition Programs newsletter. Visit ISBE's [School Nutrition and Wellness Champions webpage](#) for more about this award and other recognition and best practices.

"Sandy (Voss) goes above and beyond her role as Director of Food and Nutrition, and she does in some unique ways."



NEWS BRIEFS

UPCOMING CONFERENCES

The Illinois School Nutrition Association's 2018 Annual Conference is just around the corner, June 26-27 in Springfield. View a summary of events and register on the [ILSNA website](#).



The School Nutrition Association's Annual National Conference is in Las Vegas this year, July 9-12. Learn more on the [SNA website](#).

MENU TEMPLATES

Heartland School Solutions recently released a new set of menu designs for the 2018-19 school year. They are Microsoft Word files that allow for easy editing and customization. The menu templates are available for free by registering on [Heartland Schools Solutions' website](#).

USDA POLICY UPDATE

Read the latest policy updates for school meals from the U.S. Department of Agriculture [on their website](#). "[Paid Lunch Equity: Guidance for School Year 2018-19](#)" was issued on April 19.

CACFP WEBINARS

A webinar on "Adding Whole Grains to Your Menu" is set for June 21. Registration is on the U.S. Department of Agriculture's [Team Nutrition Webinars and Training webpage](#). The training is part of the Child and Adult Care Food Program Halftime: Thirty on Thursdays" webinar series.



'Team Up for School Nutrition Success' June 25 in Springfield

There are still openings, especially for mentors, for the free "Team Up for School Nutrition Success" training set for June 25 in Springfield. "Team Up" attendees can register as either a participant or mentor. Mentors are required to attend training 6-8 p.m. on June 24. [Find more information and register online today](#). The [agenda is also available online](#).



Annual Conference, which is set for June 26-27 in Springfield.

The Team Up for School Nutrition Success pre-event offers participants the unique opportunity to work

with peer mentors who will provide technical assistance related to menu planning and increasing program participation. Topics to be covered include best practices related to creative menu writing, student engagement, nutrition program marketing, and more.

Attendance at ILSNA's annual conference is not required to sign up for the "Team Up for School Nutrition Success" event.

Community Eligibility Provision Application Period Ends June 30

The Community Eligibility Provision (CEP) application period is open for School Year 2018-19. To get started visit <https://www.isbe.net/Pages/Guidance-for-HHFKA.aspx> and click the "Application Process" tab. **Applications must be submitted by June 30, 2018**, and based on April 2, 2018, enrollment and SY 2017-18 identified student data.

For any school electing CEP for the first time, it is highly recommended that you complete [evaluation worksheets available on our CEP website](#) to ensure that election to CEP is financially feasible for your school/district.

CEP is an alternative to collecting, approving, and verifying Household Eligibility Applications for free and reduced price eligible students in high poverty local educational agencies (LEAs) for schools participating in the National School Lunch and School Breakfast programs.

NSLP and SBP are funded by the U.S. Department of Agriculture and administered by the Illinois State Board of Education.

For questions, contact our Nutrition Division at (800) 545-7892 or email cnp@isbe.net.

Meet Our New Advisory Board

The Illinois State Board of Education's Nutrition Division welcomed members of its new Illinois School Nutrition Advisory Council in Springfield on May 22. Members were selected from more than 100 people who expressed interest.

The group got right to work on discussing Household Eligibility Applications and the School Meals Bicentennial Menu, which will be presented at the School Nutrition Programs Back to School Conference.

Feedback on topics will also be sought from all advisory board applicants via email.



Members of the Illinois School Nutrition Advisory Council represent small, medium, and large districts, as well as self-operated and those with Food Service Management Contracts. The 16-member group includes food service directors, managers, administrators, a teacher, as well as individuals with advocacy groups and industry.

- Whitney Ajie, University of Illinois Extension
- Jeannie Ellis, Carterville Unit 5
- Marsha A. Gray, Webster Cantrell Hall
- Coletta Hines Newell, Arlington Heights SD 25
- Christine Hollenkamp, Sandoval SD 501
- TiJauna Ingram, Madison CUSD 12
- Jeremy Larson, Paris Union SD 95
- Sonya Link, Aramark/Washington GSD 52
- Beth MacKenna, Rock Island Milan SD 41
- Vicki McConnell, Ottawa Elementary SD 141
- Pauline Osman, Williamsville-Sherman CUSD 15
- Nital Patel, Greater Chicago Food Depository/No Kid Hungry
- Rebecca Shinn, Kohl Wholesale
- Kathryn Sudduth, Calvary Academy
- Sandy Voss, Marquardt School District 15

Equipment Grant Awardees Announced

The Illinois State Board of Education's Nutrition Division recently announced the recipients of the latest wave of National School Lunch Program (NSLP) Equipment Assistance Grants. A list of awardees is available on ISBE's website at <https://www.isbe.net/Pages/Equipment-Grants.aspx>. There are 55 NSLP sponsors with 81 sites.

ISBE released a fiscal year 2018 Notice of Funding Opportunity (NOFO)/Request for Proposal (RFP) in December 2017 for the FY 18 NSLP Equipment Assistance Grant. ISBE received 151 applications requesting more than \$4.6 million in total funding.

A team of evaluators reviewed and scored each proposal. Schools/sites were ranked based upon the scoring criteria and funding awarded to each site in ranked order until grant funds were depleted.

The U.S. Department of Agriculture (USDA) Food and Nutrition Service (FNS) provides grants to ISBE to provide equipment assistance through competitive grants to districts/sponsors participating in NSLP. Funds allocated for this program are intended to assist schools in purchasing equipment to serve healthier meals, improve food safety, and expand access.

School Nutrition Programs Back to School Conference

**Monday, Aug. 6 and
Tuesday, Aug. 7, 2018**

Attention School Nutrition

Professionals: Get ready for the next school year with a free two-day conference presented by ISBE's Nutrition Division.

Sessions include:

- Breakfast and Lunch Menu Planning
- Procurement & Resource Management
- Special Dietary Accommodations
- USDA Foods
- USDA Professional Standards
- USDA Smart Snacks
- Administrative Reviews
- WINS and more!



NUTRITIONAL
PURSUIT

WHERE

Crowne Plaza Hotel, 3000 S. Dirksen Parkway, Springfield, IL 62703, (844) 415-7141

WHEN

- Day One, 10 a.m. to 5 p.m., Monday, Aug. 6, (Registration starts at 9 a.m.)
- Day Two, 8-4 p.m., Tuesday, Aug. 7 (Registration starts at 7:30 a.m.)

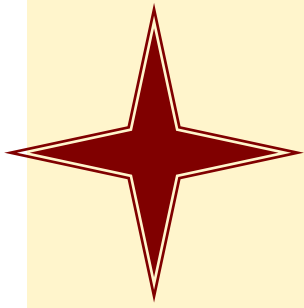
EARN up to 12.5 trainings hours!

MORE INFO: <https://www.isbe.net/SNPB2S>



Register at <http://www.surveymonkey.com/r/2018SNPB2S>.

Email cnp@isbe.net or call (800) 545-7892 for questions.



Navigating

WINS

(Web-Based Illinois Nutrition System)

This is the time of year when many participants need to make updates for next year, for example you may have a site that is closing or a new site that is opening. Here are instructions for making these types of updates.

Adding a New Site

If you have a new site opening up the first step is that if the new site is a school, you will need to ensure that the school has been added to the [Entity Profile System \(EPS\)](#). The District Administrator/Authorized Representative must submit this information to the staff that work with the EPS system for approval. Once it has been approved in EPS, then you would login to IWAS, click on "System Listing" and then select WINS. Once in WINS, under the "Sponsor Tasks" tab there is a button for "Add New Site." Click on "Add New Site," enter all of the required information and hit submit. This sends the new site request to our staff to review and approve. Once approved you will receive an email with instructions for completing the new site process. Non-school sites do not need to be in EPS first, for non-school sites you can just login to WINS,

click on the "Add New Site" button and enter the required information.

Closing a Sponsor/SFA

If **all** of your sites in the meal/milk program are closing or withdrawing from the meal/milk program login to IWAS, click on "System Listing" and select WINS. Once you are in the WINS system, click on the blue and yellow question mark icon at the top of the WINS screen and select the document called "Sponsor Close Form," complete the form, and submit it via email or fax (information is provided on the form).

Closing a Site

Login to IWAS, click on "System Listing" and select WINS. Once you are in the WINS system, click on the blue and yellow question mark icon at the top of the WINS screen and select the document called "Close Site Form," complete the form and submit it via email or fax (information is provided on the form).

If you have any questions or need assistance with any of these updates please contact our office either by email at cnp@isbe.net or call 800/545-7892.

Don't Forget to Complete the 2018-19 Application

Those planning on participating in any of the School Nutrition Programs next school year should have completed the annual application by now in WINS. This includes the National School Lunch Program, National School Breakfast Program, Special Milk Program, After School Snack Program, Illinois Free Lunch Program, Illinois Free Breakfast Pro-

gram, and Seamless Summer Option (SSO).

This application covers July 1, 2018, to June 30, 2019, and is now available in the Web-based Illinois Nutrition System (WINS) which can be accessed by logging into IWAS. [Click here for instructions](#) for accessing and completing your 2019 annual application. Instructions are

also available in the WINS system under the blue and yellow question mark. There is a [separate set of instructions for sponsors that include participation in the Seamless Summer Option](#).

If you have any questions, please contact our office at cnp@isbe.net or via phone at (217) 782-2491 or (800) 545-7892.

New Household Eligibility Application

The new Household Eligibility Application (HEA) for School Year 2018-19 will be available soon on our [Household Eligibility Resources page](#). This includes the application form, instructions, and template letter to households. The document includes Income Eligibility Guidelines effective from July 1, 2018, to June 30, 2019. We will send out email notification upon its availability.

Near the beginning of each school year, the letter to household,

Fiscal Year 2019 Income Eligibility Guidelines are available on the ISBE Website.

HEA, and instructions (Form 68-06) announcing the availability of nutrition programs must be distributed to all households, except students that are directly certified. Please note it is not acceptable to only post the HEA on a website and require households to

download and print the HEA for submission.

Please review the [“Certification of Eligibility – Processing of HEAs”](#) section of our [School Nutrition Programs Administrative Handbook](#) for additional guidance.

Fuel Up to Play 60 Funding Available

Fuel Up to Play 60, the in-school nutrition and physical activity program from National Dairy Council, Midwest Dairy Council, and the NFL, in collaboration with the U.S. Department of Agriculture, is helping to make wellness part of the game plan in more than 73,000 schools across the country.



Funding opportunities for Fuel Up to Play 60 are available to K-12 schools enrolled in Fuel Up to Play 60. The competitive, nationwide funding program is designed to support schools that implement “Plays” from the 2018-19 edition of the Fuel Up to Play 60 Playbook.

Whether you’re just starting out with Fuel Up to Play 60 or looking to expand and extend an initiative that’s already in motion, funding opportunities from Fuel Up to Play 60 can help. Funding opportunities for Fuel Up to Play 60 are competitive. Funds are awarded based on the quality of the application and the suitability of the specific request.

To download a PDF of the application and find instructions to apply for funding, visit [FuelUpToPlay60.Com](#). **The deadline to apply is June 13.**

Time Running Out to Take the HealthierUS School Challenge

The U.S. Department of Agriculture announced that they will be bringing the [HealthierUS School Challenge](#) (HUSC) award program to an end but there is still time for districts and schools to apply. **Applications must be submitted to the Illinois State Board of Education no later than June 30.**

The U.S. Department of Agriculture’s HealthierUS School Challenge is a voluntary certification initiative recognizing those schools enrolled in the USDA’s Team Nutrition that have created healthier school environments through promotion of nutrition and physical activity. There are four levels of HealthierUS School Challenge certifications that schools can earn: Gold Award of Distinction, Gold, Silver, and Bronze. Award-winning schools receive a monetary incentive (Bronze, \$500; Silver, \$1,000; Gold, \$1,500; Gold Award of Distinction, \$2,000), an award plaque, and a banner to display in the school.

To qualify for an award, a school

must submit an application and meet basic criteria set by the USDA Food and Nutrition Service and Smarter Lunchroom Movement techniques. The criteria reflect the recommendations of the 2010 Dietary Guidelines for Americans and the recommendations published by the Institute of Medicine for foods that should be served outside the organized school meals program. HealthierUS Schools also must demonstrate commitment to a healthy school environment and implement a local school wellness policy. Schools then commit to meeting the criteria throughout a four-year certification period.

A [complete list of HealthierUS School Challenge award-winners in Illinois](#) is available online. The recognition program is administered in Illinois by ISBE.

[Applications materials are available on the USDA website](#). They should be submitted to ISBE at cnp@isbe.net by June 30 so they can be reviewed and sent to the USDA.

Summertime Kick Off

The Summer Food Service Program (SFSP) will provide healthy meals and snacks this summer to children and teens age 18 and younger. The SFSP is federally funded by the U.S. Department of Agriculture (USDA) and administered by the Illinois State Board of Education in partnership with local organizations across the state.

Hunger touches every community in Illinois. The need is great for this criti-

cal program. For every 100 children who have a school meal during the school year in Illinois, only 11 receive a SFSP meal in the summer, according to the Food Research & Action Center's 2017 Summer Nutrition Status Report.

"Children need healthy food during the summer as much as they need it during the school year," said State Superintendent of Education Tony Smith, Ph.D. "The Summer Food Service Program brings critical resources

to communities across the state and helps all our children stay ready to learn. ISBE is proud to administer the Summer Food Service Program."

Illinois sponsored 2,183 SFSP sites last summer throughout the state. Families can find their nearest summer meals site by calling (800) 359-2163, texting "FoodIL" to 877-877, or visiting <http://summerfeedingillinois.org/>.

Read more in the [ISBE news release on Summer Meals](#).

Schools Help Spread the Word

ISBE's Nutrition Division requests the help of School Food Authorities to cooperate with Summer Food Service Program sponsors to inform families of the availability and location of free summer meals for students when school is not in session. SFAs are strongly encouraged to inform families of the availability and location of free summer meals through the Summer Seamless Option as well. What can schools do to help?

- Download and distribute program flyers: <https://www.isbe.net/Pages/Summer-Food-Service-Program-Resources.aspx>
- Post and share the texting hotline information: Text "FoodIL" to 877877 (For Spanish, text "ComidasIL")

- Publicize the National Hunger Hotline to your community, (800) 359-2163. Families can use the hotline to find summer meal sites.
- Check out the USDA SFSP Outreach Toolkit. Visit <http://www.summerfood.usda.gov/Outreach.htm>.

ISBE teams up with partners and sponsors to offer free meals to children each summer at more than 2,000 sites across Illinois. Participants can call (800) 359-2163, text "FoodIL" to 877-877, or visit SummerMealsIllinois.org to find the closest meal sites. ISBE's partners, No Kid Hungry and the Illinois Hunger Coalition, staff the hotline and texting numbers, referring families to feeding sites during the summer months.



The Seamless Summer Option

An updated [Seamless Summer Option Training PowerPoint](#) is now available on the ISBE website. A link to the PowerPoint and other resources are on the [SSO webpage](#).

The [2018 Summer Food Service Program Handbook](#) is now available online.



**Illinois State
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Nutrition Division**

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Events, Meetings, and Deadlines

- June 25 – [“Team Up for School Nutrition Success” in Springfield](#)
- June 26-27 – [Illinois School Nutrition Association 2018 Annual Conference](#)
- June 30 – [Application Deadline for Community Eligibility Provision](#)
- July 4 – ISBE offices closed for Independence Day

Please note this is not a complete list of Nutrition Division events, meetings, and deadlines. Visit us online at www.isbe.net/nutrition.

What's New?

- [Fiscal Year 2019 Income Eligibility Guidelines](#)
- [ISBE's 2018 School Nutrition Champion Award Winner and Nominees](#)
- [Paid Lunch Equity Tool and Exemption for School Year 2018-19](#)
- [School Nutrition Programs Back to School Conference Registration](#)
- CACFP: June/July Issue of Mealtime Minutes



**SCHOOL
NUTRITION
CHAMPION
AWARD**

Watch for our latest news and posts under What's New? at www.isbe.net/nutrition.

Non-Discrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at <https://www.ascr.usda.gov/how-file-program-discrimination-complaint>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. **Mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
2. **Fax:** (202) 690-7442; or **Email:** program.intake@usda.gov.

This institution is an equal opportunity provider.



June 2018

WELCOME TO THE MEAL OF THE MONTH CLUB!

Congratulations to Wethersfield CUSD #230 (Kewanee, IL) for winning May's contest!

Sherri Matuszyk, Food Service Director, submitted their entry which included:

- *Boneless Crispy Chicken Wings
- *Steaming Hot Baked Potato
- *Soft Dinner Roll
- *Tossed Romaine Salad with Juicy Tomatoes (from the salad bar)
- *Colorful Mini Peppers and Cool Cucumbers
- *Delicious Banana and Peaches
- *Refreshing Strawberry Milk



We loved the colorful variety of fruits and vegetables on the tray and the combination of different textures to appeal to students' tastebuds. Sherri and her team did a great job marketing their healthy meal with descriptive words!

Wethersfield CUSD #230 will receive up to \$100 of school nutrition goodies for winning the contest. Thanks so much for serving up a great school meal and for your dedication to school nutrition!

MEAL OF THE MONTH CONTEST...



Send us a photo of a meal you serve (breakfast, lunch, or dinner) and get entered to win a Fruit and Vegetable of the Month Super Bulletin Board Kit from LearningZoneXpress, valued at \$119.95!

ENTRIES FOR JUNE DUE BY 6/13, 5:00 PM

To enter the contest, send your SUMMER meal pictures to schoolnutrition@illinois.edu or share with us on social media!

CONTENTS

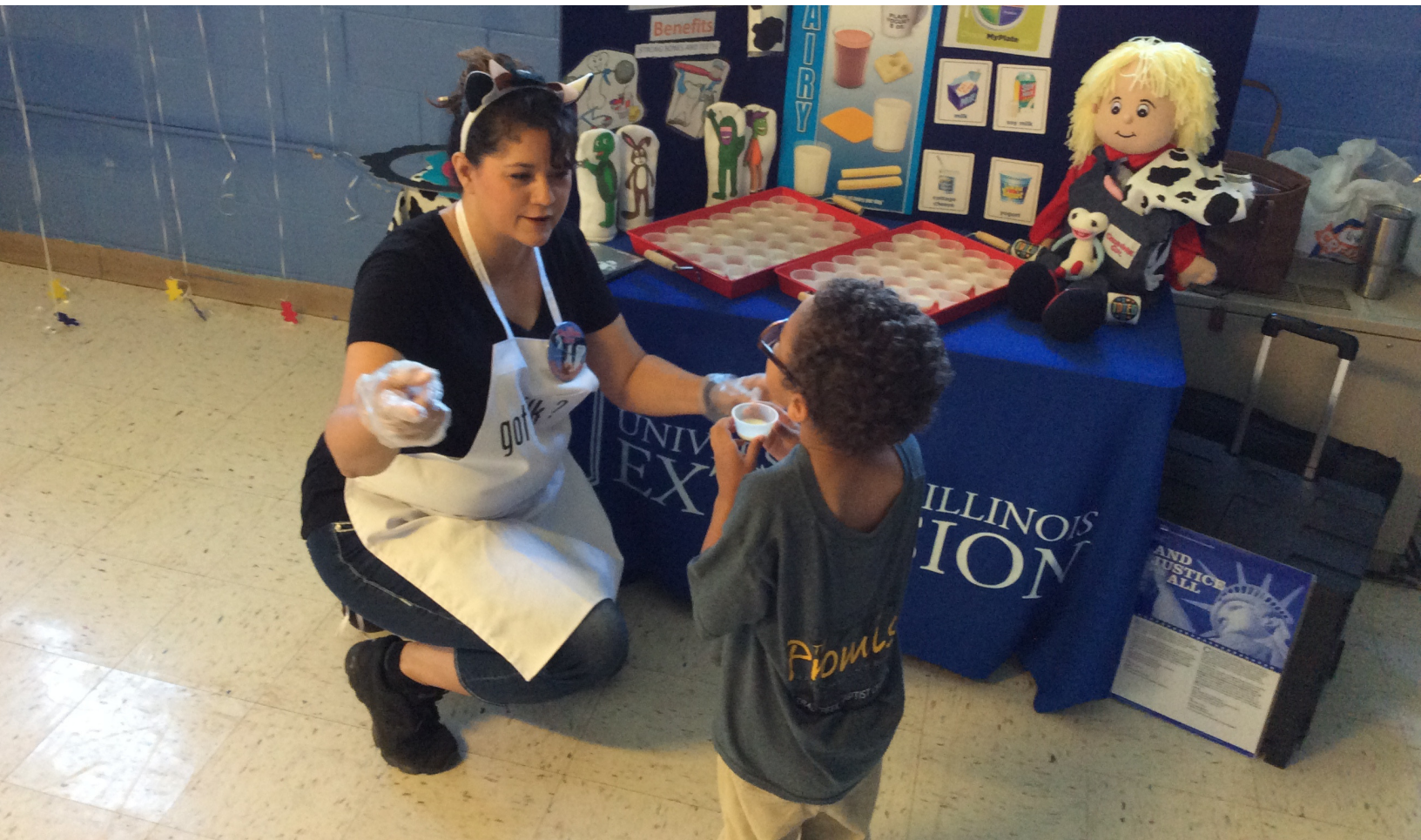
- 1 Meal of the Month
- 2 Moo-ving More White Milk
- 4 Table Tent Resource
- 5 Learning Institutes
- 5 Featured Recipe
- 6 ABCs Updates

MOO-VING MORE WHITE MILK!

University of Illinois Extension staff in southern Illinois had a lot of fun during their white milk promotion at Maple Grove Elementary School (Metropolis, IL). Toni Kay Wright (Extension Educator) and Lacey Barnhill (Extension Program Coordinator) held a coloring contest and milk mustache contest after visiting with each class to discuss white milk and tell a few cow jokes!

If students chose white milk, they got to use a cow print straw and some even won a pencil if their white milk carton had a surprise message on the bottom!





Patsy Bishop, Extension Community Worker, hosted an interactive education table about white milk along with a taste test for students who still weren't convinced.

Interested in hosting a fun white milk promotion?

Drop us a line at schoolnutrition@illinois.edu to work with us!

Right: Head Cook Carol Warfield joined in for some silly picture fun!





**Please use
and NO**

Download and print this table tent (source: The Lunch Box/Chef Ann Foundation) from the Resources section of our website!
Includes both English and Spanish versions.

Print on heavier cardstock, fold, and place on top of self-serve areas like fruit/vegetable bars.

Wash your hands.

Wash your hands.

**Please use
and NO**





**LEARNING
INSTITUTES**

JOIN US THIS SUMMER!

ABCs of School Nutrition Learning Institutes are FREE workshops held at a central location, where staff from many schools come together for USDA Professional Standards training.

Registration now open for June 14 in Pearl City and June 21 in South Beloit!

Click here for more information and to sign up to receive notifications when we add more dates and locations around the state.

FEATURED RECIPE: Baked Egg Rolls

Celebrate Asian American Pacific Islander Heritage Month with this yummy recipe from the USDA Mixing Bowl, scaled to 25 or 50 servings.

These egg rolls are baked, not fried, and are made of seasoned ground beef, green cabbage, and carrots in a dough wrapper.

Click here for the recipe!



NEW ON OUR WEBSITE

LATEST DOWNLOADABLE RESOURCES:

- Danger Zone Poster
- Salad Bar - Take What You Want Table Tents (English and Spanish)
- Salad Bar - Utensils Table Tents (English and Spanish)
- Salad Bar Daily Options Sign
- Use That Thermometer Poster

If you have trouble accessing our courses, printing your completion report, or have other issues, please e-mail us!

[Click here to access our website now!](#)

RECENT MINI-COURSE ADDITIONS:

AVAILABLE NOW

Maintaining Safety and Quality throughout the Flow of Food (45 minutes credit; USDA Professional Standards 2520, 2610, 2620)

Hazard Analysis Critical Control Points (30 minutes credit; USDA Professional Standards 2610, 2620)

COMING SOON

Vegetables in School Foodservice (15 minutes credit; USDA Professional Standards 1300)

Food Allergies (15 minutes credit; USDA Professional Standards 1160)

STAY IN TOUCH!

Website: go.illinois.edu/abcsofschoolnutrition
E-mail: schoolnutrition@illinois.edu

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