

THE OUTLOOK

A Monthly Newsletter for School Nutrition Programs

SCHOOL YEAR 2018-19

ANNUAL APPLICATION TIME IN WINS

Districts wishing to participate in any of the programs listed below during Program Year 2018-19, must complete the 2019 application. **We ask that you complete your annual application by May 31, 2018.**

- National School Lunch Program
- National School Breakfast Program
- Special Milk Program
- After School Snack Program
- Illinois Free Lunch Program
- Illinois Free Breakfast Program
- Seamless Summer Option

This application covers July 1, 2018, to June 30, 2019, and is now available in the Web-based Illinois Nutrition System (WINS) which can be accessed by logging in IWAS. [Click here for instructions](#) for accessing and completing your 2019 annual application. Instructions are also available in the WINS system under the blue and yellow question mark. There is a [separate set of instructions for sponsors that include participation in the Seamless Summer Option](#).

When you are in the WINS system you will see a button that says "Renew Application"; clicking this button will start the 2019 Annual Application re-

newal. If you are not yet ready to complete your 2019 application, we recommend waiting to click that Renew Application button. If you clicked the Renew Application button in error, you can always come back and complete the application when you are ready using the instructions.

If you contract with a Food Service Management Company (FSMC), vendor or another school for your food service, ensure that you have submitted a copy of your contract to our office for approval. Preapproval of your contract will provide for a more streamlined annual application process. If you have not yet started your contract process, please do so as soon as possible. Follow the three-step process provided at the following website: <https://www.isbe.net/Pages/Meal-Services-Contracts.aspx>. Please remember that all contract renewals must be submitted prior to the end of the current contract. You can submit your contract via email to kshelton@isbe.net. You can still complete your annual application without your contract approved, however the application will be in a pending status. Once your contract is received, reviewed, and approved, we will enter it into the system and your annual application will be approved.

Please note that once you have clicked the Renew Application button in WINS, the system will default to Program Year 2019. If you are going into WINS to complete a February, March, April, May, or June claim you will need to change the program year at the top of your screen to 2018 in order to access those claims. If you have any questions, please contact our office at cnp@isbe.net or via phone at (217) 782-2491 or (800) 545-7892 (Illinois only).

NEWS BRIEFS

PROFESSIONAL STANDARDS

The U.S. Department of Agriculture's Food and Nutrition Service published a proposed rule entitled "Hiring Flexibility Under Professional Standards."



The proposed rule is available for public comment through May 7. Electronic comments are preferred and can be submitted on the [regulations.gov website](http://www.regulations.gov).

UPCOMING CONFERENCES

The Illinois School Nutrition Association's 2018 Annual Conference is just around the corner, June 26-27 in Springfield. View a summary of events and register on the [ILSNA website](http://www.ilsna.org).



This School Nutrition Association's Annual National Conference is in Las Vegas this year, July 9-12. Learn more on the [SNA website](http://www.sna.org).

STATE SHOUT-OUT

Earlier this semester, more than 40 schools from Illinois participated in [No One Eats Alone Day](http://www.nooneatsalone.org), a national event that aims to teach every one how to make friends at lunch. A [list of participating schools is online](http://www.nooneatsalone.org). No One Eats Alone is a project of [Beyond Differences](http://www.beyondifferences.org), a non-profit organization that aims to end social isolation in schools and create a culture in which all kids feel included, valued, and accepted by their peers.



'Team Up for School Nutrition Success' June 25 in Springfield

ISBE's Nutrition Division is teaming up with the [Illinois School Nutrition Association](http://www.ilsna.org) (ILSNA) and the Institute of Child Nutrition to present "Team Up for School Nutrition Success" on June 25 in Springfield. The free day-long training is being offered as a pre-event to ILSNA's 2018 Annual Conference, which is set for June 26-27 in Springfield.



The Team Up for School Nutrition Success pre-event offers participants the unique opportunity to work with peer mentors who will provide technical assistance related to menu planning and increasing program participation. Topics to be covered include best practices

related to creative menu writing, student engagement, nutrition program marketing, and more.

Attendance at ILSNA's annual conference is not required to sign up for the

"Team Up for School Nutrition Success" event. "Team Up" attendees can register as either a participant or mentor. Mentors are required to attend training 6-8 p.m. on June 24. [Find more information and register online today](#). The [agenda is also available online](#).

Both the "Team Up" event and ILSNA's conference will be held at the President Abraham Lincoln Springfield hotel. Visit [ILSNA's conference page](#) for more information.

USDA POLICY UPDATE

◆ **Paid Lunch Equity: Guidance for School Year 2018-19.** (4/24/18) In Section 776 of the Consolidated Appropriations Act, 2018 (Public Law 115-141) (the Act), Congress provides that only school food authorities (SFAs) that had a negative balance in the nonprofit school food service account as of Jan. 31, 2018, shall be required to establish prices for paid lunches according to the Paid Lunch Equity (PLE) provisions in Section 12(p) of the Richard B. Russell National School Lunch Act, 42 U.S.C. 1760(p) and implemented in National School Lunch Program regulations at 7 CFR 210.14(e).

Consistent with the terms of the Act this memorandum provides notice

that any SFA with a positive or zero balance in its nonprofit school food service account as of Jan. 31, 2018, is exempt from PLE requirements found at 7 CFR 210.14(e) for school year (SY) 2018-19. SFAs that had a negative balance in the nonprofit school food service account as of Jan. 31, 2018, must follow PLE requirements when establishing their prices for paid lunches in SY 2018-19.

The PLE Tool was distributed to State Agencies via email.

View all policy memos for school meals on the [USDA website](http://www.usda.gov). Visit ISBE's [Paid Lunch Equity webpage](#) for the School Year 2018-19 PLE Tool and additional resources.

Meet the nominees ...



SCHOOL NUTRITION CHAMPION AWARD

(Thank you to all the nominators from across the state!)

Congratulations to all of the nominees for ISBE's second annual School Nutrition Champion Award. The award will be presented to one school nutrition champion from Illinois on May 4, which is [School Lunch Hero Day](#). The special day will help launch School Nutrition Employee Week (May 7-11). Here are the remaining nominees. Additional nominees were featured in the [February](#), [March](#), and [April](#) issues. (The nomination deadline was March 30.)

Kathleen Langley, Head Cook, Greenfield Community Unit School District 10

From the nomination: *"Kathleen led the charge for our school to apply for the Fuel Up to Play 60 grant, so she could purchase a new glass front refrigerator in order to showcase and offer special fruit drinks, milk products like cheese, and healthy choices for students. The cafeteria is now a friendly and welcoming environment for all students, parents, and staff members."*

Kris Hinderks, Kitchen Coordinator, Corpus Christi Catholic School

From the nomination: *"Kris makes a point of welcoming each student as they come through the lunch line, she helps coordinate our lunchroom volunteers, and strives to truly develop a personal relationship with our students. The kids all know Miss Kris, and they appreciate that she knows them!"*

Chad Martel, Director of Food Service for Ball Chatham Community Unit School District 5

From the nomination: *"Mr. Martel's blend of leadership, nutrition education, and gentle demeanor have all been instrumental in improving the work environment and creating nutritional meals that appeal to the current student's tastes."*

Celebrate School Nutrition Employee Week

Plan something special for [School Lunch Hero Day \(Friday, May 4\)](#) and [School Nutrition Employee Week \(May 7-11\)](#). You can get a [sample news release and sample proclamation](#) on the School Nutrition Association website.

Dawnal Mahan, Cafeteria Manager, Chatham Elementary School, Ball Chatham CUSD 5

From the nomination: *"Since the 2013-14 school year Dawnal has seen a steady increase in her participation without any increase in her enrollment. She is on pace this year to serve an estimated 5,000 more meals this year than 2013-14, and approximately 1,700 more meals than last year."*

Nancy McCord, Cafeteria Manager, Glenwood Intermediate School, Ball Chatham CUSD 5

From the nomination: *"Evidence of how well Nancy and her team work together is how they have handled the increase in participation this school year. Her cafeteria is on pace to serve close to 3500 more meals this year than last year. Nancy and her staff have been working together to find foods the students want and will eat which is key to the increase this year, and the past few years."*

Marcus Shelton, Director of Food and Nutrition Services, Berkeley School District 87

From the nomination: *"He has brought wellness and nutrition to our schools in such a way the students and staff don't even realize how much better and healthier their choices are now because he has made them so appealing!"*

USDA Offers Three Menu Planning Flexibilities for School Year 2018-19

The USDA's Food and Nutrition Service has issued an [interim final rule](#), making available three menu planning flexibilities for certain Child Nutrition Programs regarding milk, grains, and sodium. This interim final rule becomes effective July 1, 2018, and applies to the 2018-19 school year. The optional flexibilities include the following:

- ◆ National School Lunch Program (NSLP), School Breakfast Program (SBP), Special Milk Program (SMP), and Child and Adult Food Care Program (CACFP) operators may offer flavored, low fat (1%) milk as part of a reimbursable meal for K-12 students. Additionally, this flexibility extends to children age 6+ participating in the SMP and CACFP. Flavored, low-fat milk may also be sold as a competitive beverage.
- ◆ State agencies may continue accepting whole grain-rich exemption requests for specific grain products from SFA's participating in the NSLP and SBP. SFA's wishing to receive an exemption for a certain product(s) must demonstrate hardship in procuring, preparing, or serving the requested product(s).
- ◆ NSLP and SBP Sodium Target 1 will remain as the regulatory limit for sodium.

The USDA is expecting to issue a final rule for SY 2019-20 in fall 2018 based on comments submitted during the comment period for the interim final rule, which ended Jan. 29, 2018. Additional guidance on the interim final rule can be found at the link above. SFAs currently approved for Whole Grain-Rich Exemptions for the 2017-18 school year will be given the option to continue those exemptions into the coming school year. The SY 2018-19 application period for SFAs without current approved exemptions will begin July 1, 2018, for those who wish to apply. More information and application materials will be coming soon.

School Nutrition Programs Back to School Conference

“Nutritional Pursuit”

Aug. 6 & 7, 2018


Get ready for the next school year with a **FREE TWO-DAY CONFERENCE** in Springfield presented by ISBE's Nutrition Division. **EARN UP TO 12.5 TRAINING HOURS!**

SESSIONS INCLUDE: Administrative Review Top 10 Findings, Making the Best School Breakfast Program, Whole Grain Rich Foods, Menu Recordkeeping, Vegetable Subgroups, Resource Management, Accommodation of Special Dietary Needs, and more!

REGISTER TODAY: <http://www.isbe.net/SNPb2S>



Illinois
State Board
of Education

#SNPB2S 
cnp@isbe.net

Deadline Reminder: FFVP Applications Due May 4

The Fresh Fruit and Vegetable Program (FFVP) application for School Year 2018-19 (<https://www.surveymonkey.com/r/FFVP1819>) is available. Carefully review the application for all of the FFVP program requirements. The deadline to apply is May 4, 2018. All elementary schools (grades 8 and below) that participate in the National School Lunch Program and have 100 percent of their students eligible for free and reduced price meals are eligible to apply.



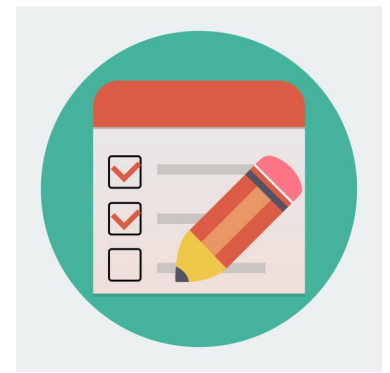
is being released only to elementary schools with 100 percent free and reduced price eligibility based upon October 2017 eligibility data.

If unable to fund all schools that apply with 100 percent free and reduced price eligibility, the enrollment based on October 2017 eligibility data will be the deciding factor, with the smaller enrollment number being awarded. If funds remain after awarding under this application release, an additional application will be released for additional schools to

The U.S. Department of Agriculture requires highest priority be given to schools with the highest percentage of low-income students. Due to the number of elementary schools in Illinois at 100 percent free and reduced price eligibility and that there was not enough funding the prior year to cover all schools that applied at that level, this application

apply.

More information is available at <https://www.isbe.net/Pages/Fresh-Fruit-and-Vegetable-Program.aspx>. For FFVP application questions, contact Roxanne Ramage at rramage@isbe.net or (800) 545-7892.



Help Shape Training By Sharing Your Thoughts

ISBE's Nutrition Division is partnering with the University of Illinois Extension on a [short survey](#) to learn more about the learning needs and training needs of people who have job duties related to child nutrition programs. We would also like to know if training needs are different depending on your district type or your role with child nutrition programs.

Upon completion of this survey, you will have the option to provide your email address to enter a drawing to win a school nutrition promotional banner valued at \$200 as a thank you for participation. There will be up to three winners of the drawing. Your email address will not be used to identify you and will solely be used to contact you in the event you are a winner.

We greatly appreciate your time and effort completing the survey and look forward to better meeting your training needs in the future! The **Training & Learning Needs Survey for Illinois Child Nutrition Programs** is located at https://illinoisaces.co1.qualtrics.com/jfe/form/SV_1RLczGO4WIETMCV. The survey takes about five minutes to complete.

Community Eligibility Provision Application Period Now Open

The Community Eligibility Provision (CEP) application period is open for School Year 2018-19. To get started visit <https://www.isbe.net/Pages/Guidance-for-HHFKA.aspx> and click the "Application Process" tab. Applications must be submitted by June 30, 2018, and based on April 2, 2018, enrollment and SY 2017-18 identified student data.

For any school electing CEP for the first time, it is highly recommended that you complete [evaluation worksheets available on our CEP website](#) to ensure that election to CEP is financially feasible for your

school/district.

CEP is an alternative to collecting, approving, and verifying Household Eligibility Applications for free and reduced price eligible students in high poverty local educational agencies (LEAs) for schools participating in the National School Lunch and School Breakfast programs. NSLP and SBP are funded by the U.S. Department of Agriculture and administered by the Illinois State Board of Education.

For questions, contact our Nutrition Division at (800) 545-7892 or email cnp@isbe.net.

Apply for the ISBE Advisory Board

ISBE's Nutrition Division is committed to working with school nutrition professionals, industry members, and advocacy groups to gain knowledge about program operations to better administer the School Nutrition Programs throughout Illinois schools.

We are looking for individuals representing partners in the overall administration and operations of the School Nutrition Programs to become a member of the **Illinois School Nutrition Advisory Council** for School Year 2018-19.



Interested persons should complete and submit the [online survey application](#) no later than May 10, 2018.

We anticipate hosting up to four meetings annually (May-April) with the first meeting planned for May 22, 2018, in Springfield at the Illinois State Board of Education offices located at 100 N. First St.

The meeting will begin at 10 a.m. and conclude no later than 3:30 pm.

For questions regarding the Illinois School Nutrition Advisory Council, please contact Roxanne Ramage at rramage@isbe.net or (800) 545-7892.



Fuel Up to Play 60 Funding Available

Fuel Up to Play 60, the in-school nutrition and physical activity program from National Dairy Council, Midwest Dairy Council, and the NFL, in collaboration with the U.S. Department of Agriculture, is helping to make wellness part of the game plan in more than 73,000 schools across the country.

Funding opportunities for Fuel Up to Play 60 are available to K-12 schools enrolled in Fuel Up to Play 60. The competitive, nationwide funding program is designed to support schools that implement "Plays" from the 2018-19 edition of the Fuel Up to Play 60 Playbook.

Whether you're just starting out with Fuel Up to Play 60 or looking to expand and extend an initiative that's already in motion, funding opportunities from Fuel Up to Play 60 can help. Funding opportunities for Fuel Up to Play 60 are competitive. Funds are awarded based on the quality of the application and the suitability of the specific request.

To download a PDF of the application and find instructions to apply for funding, visit FuelUpToPlay60.Com. The deadline to apply is June 13.

Illinois Farm to School Network Offering Free Webinar May 16

Join the Illinois Farm to School Network for a free webinar on May 16.

"Harvest of the Month in Action: Stories from School Districts" is set for 2-3 p.m. CDT on that Wednesday.

Learn about how school districts across Illinois used the Harvest of the Month Program in their nutrition programs during the 2017-18 school year. Foodservice directors will share how they sourced the featured fruit or vegetable each month and how they engaged parents, students, and teachers in the celebration. Webinar presenters will also share how they used this program to enhance school garden and culinary arts programs.

Registration for the 2018-19 Illinois Harvest of the Month Program goes live on June 1. This webinar is a great



way to learn more about what the program looks like on the ground before you sign up.

Join the webinar here:

<https://global.gotomeeting.com/join/453127381>

You can also call in by phone: (872) 240-3212; Access Code 453-127-381

First GoToMeeting? Let's do a quick system check: <https://link.gotomeeting.com/system-check>

Turnip the Beet!

Illinois Sponsors Win Awards for Summer Meals

The U.S. Department of Agriculture's Food and Nutrition Service selected three Summer Meals sponsors from Illinois as recipients of Turnip the Beet awards.

The Turnip the Beet award program recognizes Summer Meals sponsors who are working hard to serve nutritious and appealing meals during the summer months. Three award levels (gold, silver, and bronze) were available, and nominations were evaluated based on a wide range of nutrition and meal quality criteria. Select-

ed as awardees are:

- ◆ City of Evanston – Bronze Award
- ◆ Northern Illinois Food Bank – Silver Award
- ◆ Greater Chicago Food Depository – Gold Award

These three sponsors from Illinois are among 111 award-winning sponsors nationwide. ISBE is proud to administer the federally funded Summer Food Service Program and the Seamless Summer Option (SSO). Many children rely on free and reduced priced meals during the school year but do not have access to healthy meals when school is out for the summer.

For more information, visit [ISBE's SFSP page](#) or the [SSO page](#). ISBE counts on sponsors and sites across Illinois to help fight hunger during the summer months.



A [SFSP New Sponsor Training](#) is scheduled for 8:30 a.m. to 3:30 p.m. May 16 in Springfield. Call the Summer Meals team at (800) 545-7892 for any questions.

USDA FOODS

Unused DoD Funds Available in FFAVORS

Unused School Year 2017-18 Department of Defense (DoD) Fresh Fruit and Vegetable Program funds are available to schools beginning Monday, May 7, 2018. Please order anything you can use by the end of the school year. Place orders as usual in FFAVORS.

Visit ISBE's Food Distribution page online. For questions, contact ISBE's Nutrition Division by emailing cps@isbe.net or calling (800) 545-7892 (ask for the USDA Foods team).

Mosaic Back of House Training Gets an Upgrade

A new Heartland School Solutions University Learning Path has been created for Mosaic Back of the House. It consists of more than 50 self-teach videos that demonstrate and explain all of the Menu Planning and Inventory Management functions in the program. It includes the latest content and allows learners to navigate directly to the content that is needed.

No longer will you need to wade through a long video to find the one piece of information you may be looking for! Need to learn how to do a quick Nutrient Analysis of your weekly menu? There's a video on that! Need to find out how to create a purchase order based on your menu

plan? There's a video on that!

This new learning path replaces the previous path that was originally created for the Illinois State Board of Education.



To obtain access to this new Learning Path:

[Register for Mosaic BOH Self Teach Videos](#) (Use code **MosaicBOH**)

Note: We are still offering live Mosaic Back of the

House training webinars as another training option for you and your staff. [View Webinar Schedule](#)

If you have any support related questions, please call (800) 256-8224 Option 1 (6 a.m. to 6 p.m. CT Monday through Friday).



**Illinois State
Board of Education
Nutrition Division**

100 N. First St.
Springfield, IL 62777
Phone: (800) 545-7892
Fax: (217) 524-6124
Email: cnp@isbe.net
Web: www.isbe.net

Events, Meetings, and Deadlines

- May 4 – [School Lunch Hero Day](#)
- May 4 – [Fresh Fruit and Vegetable Program application](#) deadline
- May 7-11 – [School Nutrition Employee Week](#)
- May 10 – [Illinois School Nutrition Advisory Council application](#) deadline
- May 16 – [SFSP new sponsor training](#), Springfield
- May 28 – ISBE offices closed for Memorial Day

Please note this is not a complete list of Nutrition Division events, meetings, and deadlines. Visit us online at www.isbe.net/nutrition.

What's New?

- [SNP: Program Year 2018-19 Application Instructions for WINS](#)
- [SNP: Application Instructions with Summer Seamless Option](#)
- ["Team Up for School Nutrition Success" \(June 25 in Springfield\) Registration](#)
- [Summer Food Service Program: USDA Foods Order Form 2018](#)
- [School Nutrition Programs Back to School Conference Registration](#)
- [FY 2018 Free and Reduced-Price Meal Eligibility Data](#)

Watch for our latest news and posts under What's New? at www.isbe.net/nutrition.

Non-Discrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at <https://www.ascr.usda.gov/how-file-program-discrimination-complaint>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. **Mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
2. **Fax:** (202) 690-7442; or **Email:** program.intake@usda.gov.

This institution is an equal opportunity provider.



May 2018

MEAL(S!) OF THE MONTH

It's a first -- we couldn't choose between our top entries, so we decided to have two winners this month!



CHRIST THE KING SCHOOL (SPRINGFIELD)

Submitted by Samantha Black: Homemade chicken noodle soup, spinach/romaine salad with cherry tomatoes and secret recipe homemade Italian dressing, plus fresh strawberries and whole wheat crackers!



SYCAMORE CUSD #427 (SYCAMORE)

Submitted by Lacey Lantz: Turkey sub on whole grain bun with fresh vegetables and crispy tots, plus fresh roasted Italian medley of zucchini, carrots, red onion, and tomato and a mix of strawberries and blueberries.

Both winners will receive up to \$100 of school nutrition goodies for winning the contest! Great job!

LAST MEAL OF THE MONTH CONTEST OF SY 2017-2018!

REPRESENT YOUR REGION AND SEND IN YOUR MEAL OF THE MONTH ENTRIES FOR MAY BY 5/16, 5:00 PM

- Northwest (Rockford, Freeport, Galena, Clinton, Sterling area)
- North Central (Ottawa, Oglesby area)
- Central (Bloomington, Peoria, Champaign, Springfield area)
- West Central (Quincy, Beardstown, Macomb, Jacksonville area)
- Southern, South Central (Patoka, Centralia, Effingham, Carmi, Mount Vernon, Carbondale, Benton, Marion, Vienna, Pulaski area)

DO YOU SERVE SUMMER MEALS?

WATCH FOR OUR SUMMER MEAL SERVICE EDITION!

To enter the contest, send your school meal pictures to schoolnutrition@illinois.edu. The winner receives up to \$100 worth of school nutrition swag & recognition for serving a great school meal!



CONTENTS

- 1 Meal of the Month
- 2 Battle of the Salads
- 2 Featured Recipe
- 3 Salad Bar Menu
- 4 Dessert for Breakfast
- 4 Focus on Fruit Video
- 4 A Fresh Display
- 5 ABCs Updates



BATTLE OF THE SALADS!

Ashley Hoffman (SNAP-Ed Educator) of University of Illinois Extension has been working with Irvington Grade School (Irvington, IL) on implementing Smarter Lunchroom practices, particularly trying different fresh fruits and vegetables.

To get students excited to try new foods, Ashley and Dan Spangler ("Mr. Dan"), SNAP-Ed Community Worker, dressed up in strawberry and carrot costumes and dished up Strawberry Romaine Salad and Carrot Raisin Salad in a taste test.

She said, "[the students] loved the outfits" and a few younger kids even tried to eat the costumes. They voted for their favorite salad, and Strawberry Romaine came out on top. Way to make school nutrition FUN!

Remember, if you need help coordinating taste tests, drop us a line at schoolnutrition@illinois.edu to work with us!



FEATURED RECIPES: STRAWBERRY ROMAINE AND CARROT RAISIN SALADS

The Strawberry Romaine Salad comes from Team Nutrition Iowa and was developed by Chef Dee Dee Olson as part of a Team Nutrition grant in 2014. The salad is bursting with flavor from ripe strawberries and juicy mandarin oranges, and is dressed with a homemade strawberry vinaigrette. Delicious!

[Click here for the recipe.](#)

If you're in the mood for a salad on the creamy side, try the Carrot Raisin Salad from the USDA Mixing Bowl. It combines crunchy carrots and apples with pineapple, coconut, and golden raisins for texture and a tangy mayo-yogurt dressing with apple cider vinegar and honey. [Click here for the recipe.](#)



Today's Salad Bar Menu



Features

Vegetables

Fruits



Like what you see?
Download the full resolution file in the Resources section of our website!



DESSERT FOR BREAKFAST!

Laquitsha Bejoile-Hayes and Mariel Lemon of University of Illinois Extension sent us this mouthwatering photo from Roxana Central Intermediate School (Roxana, IL), where they coordinated a breakfast promotion late last month.

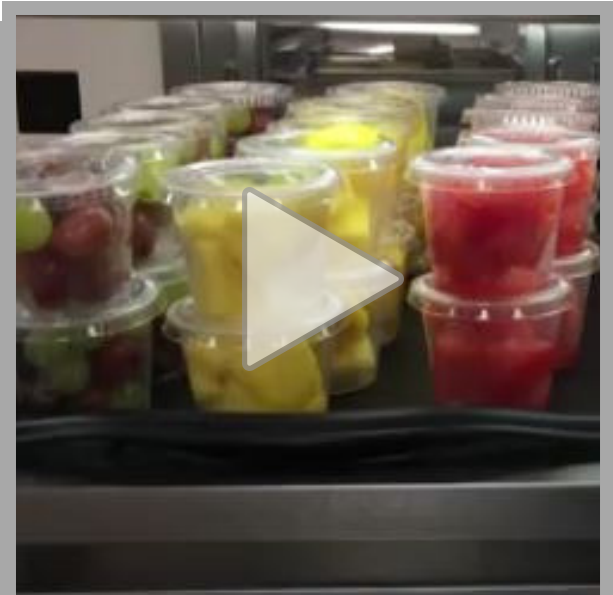
Students enjoyed banana split parfaits – a banana split in half and covered with a scoop of vanilla yogurt, berries, and crunchy granola. After eating, students participated in a photo booth with different backdrops and props to show their love for school breakfast. The photos were printed out and made into a collage, which was then displayed in the cafeteria. They also got to take home a goodie bag with a pencil, puzzle, wristlet, and activity booklet. So fun!



SMARTER LUNCHROOM STRATEGIES: FOCUS ON FRUIT (VIDEO!)

Have you been wary of implementing Smarter Lunchroom strategies? We've been working on a new series of short videos to help you out. It's easy (we promise!) and these changes cost little to nothing. See how schools around Illinois are improving consumption of FRUIT with these simple solutions!

Get in touch with us at schoolnutrition@illinois.edu if you have questions or want a Smarter Lunchroom makeover!



A FRESH DISPLAY

Need some inspiration to keep students excited about nutrition as the school year winds down?

Pam Haywood, SNAP-Ed Program Coordinator with University of Illinois Extension, worked with members of the Student Council at Booth Elementary School (Enfield, IL) to put together this beautiful seasonal display celebrating healthy eating.

We especially love how they creatively included produce as part of the flowers!

NEW ON OUR WEBSITE

NEW DOWNLOADABLE RESOURCES:

- Danger Zone Poster
- Salad Bar - Take What You Want Table Tents (English and Spanish)
- Salad Bar - Utensils Table Tents (English and Spanish)
- Salad Bar Daily Options Sign (as previewed on page 3!)
- Use That Thermometer Poster

If you have trouble accessing our courses, printing your completion report, or have other issues, please e-mail us!

[Click here to access our website now!](#)

RECENT MINI-COURSE ADDITIONS:

AVAILABLE NOW

Maintaining Safety and Quality throughout the Flow of Food (45 minutes credit; USDA Professional Standards 2520, 2610, 2620)

Hazard Analysis Critical Control Points (30 minutes credit; USDA Professional Standards 2610, 2620)

COMING SOON

Vegetables in School Foodservice (15 minutes credit; USDA Professional Standards 1300)

Food Allergies (15 minutes credit; USDA Professional Standards 1160)

STAY IN TOUCH!

Website: go.illinois.edu/abcsofschoolnutrition

E-mail: schoolnutrition@illinois.edu

@ABCsNutritionIL



I ILLINOIS

Extension

COLLEGE OF AGRICULTURAL, CONSUMER
& ENVIRONMENTAL SCIENCES

This material funded by the USDA's Supplemental Nutrition Assistance Program – SNAP and the Illinois State Board of Education.

University of Illinois * United States Department of Agriculture * Local Extension Councils Cooperating
University of Illinois Extension provides equal opportunities in programs and employment.