

# THE OUTLOOK

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## 2016 National School Breakfast Week

National School Breakfast Week (NSBW) 2016 will take place March 7-11, 2016. Use the 2016 NSBW theme "Wake Up to School Breakfast" to spread the message to administrators, parents, and students that a healthy school breakfast brings a sunny start to the day for students.

Visit <https://schoolnutrition.org/NSBW2016/LetsGetStarted/> to download SNA's resources and celebration tips to get started today.

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## Grant: Fresh Fruit and Vegetable for SY2016-17

The Fresh Fruit and Vegetable Program (FFVP) grant application for School Year 2016-2017 will be posted online mid-March under *What's New* at <http://www.isbe.net/nutrition>. Carefully review the application for all of the FFVP program requirements. All elementary schools (grades 8 and below) that participate in the National School Lunch Program and have 50% or more of their students eligible for free and reduced price meals are eligible to apply. The deadline to apply for FFVP (School Year 2016-2017) will be in April and listed within the application.

The purpose of FFVP is to increase fresh fruit and vegetable consumption in elementary schools participating in the National School Lunch Program (NSLP). FFVP grant funds are used to provide fresh fruits and vegetables to children at no cost, during the school day outside of the reimbursable meal(s) periods. **This program is different from the Department of Defense (DoD) Fresh Fruit and Vegetable Program.** The DoD Fresh Fruit and Vegetable Program allocate USDA Foods planned assistance level (pal) monies so that schools may acquire fresh fruits and vegetable to use during the service of reimbursable meals to students (breakfast and lunch).

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## Grants: Kitchen Equipment for SY2016-17

### USDA/ISBE NSLP Equipment Grant

The USDA has announced that Illinois will receive \$1,127,625 for kitchen equipment grants for school year 2016-17! These funds will allow SFAs to purchase equipment to serve healthier meals that meet the updated meal patterns, with emphasis on more fruits and vegetables in school meals, improve food safety, and expand access.

The IL State Board of Education (ISBE) is required to competitively award equipment assistance grants to eligible school food authorities (SFAs) participating in the National School Lunch Program (NSLP). Higher priority must be given to high need schools (i.e., schools in underserved areas, schools with limited access to other resources, and age of food service equipment) where 50 percent or more of the enrolled students are eligible for free or reduced price meals.

The ISBE plans to release a Request for Proposals (RFP) late March/early April with proposals being due in May. The release will be announced on the [ISBE's RFP website](#), in the [Superintendent's Weekly Message](#), via email to NSLP sponsors, and in April's *Outlook* newsletter.

If you have questions regarding this USDA/ISBE Equipment Grant, contact Shawn Backs at [sbacks@isbe.net](mailto:sbacks@isbe.net).

## Fuel up to Play 60 Grant

Midwest Dairy Council is excited to share that USDA is partnering with [Fuel Up to Play 60](#) through a commitment of \$30 million in nutrition-equipment grants that will combine with a \$5 million commitment from America's dairy farmers to improve nutrition at school. These dollars will be instrumental in helping schools achieve their wellness goals particularly around serving nutritious meals that students want to eat.

The purpose of these grants is to assist School Nutrition Directors in the purchase of equipment that will enhance the long term implementation of their school breakfast and lunch programs. Funding will support the purchase of new equipment and/or the renovation/replacement of existing equipment. Equipment may include large and small items such as utility carts, utensils, large-capacity food processors, industrial scales, steamers, freezers, etc. Infrastructure elements may include building needs related to physical space, electricity, plumbing, ventilation and other remodeling needs related to school nutrition services.

Schools may apply individually, or districts may apply for multiple schools within their district. More information on the grant and application can be found [here](#).

As we continue to work together toward a common goal of helping kids lead healthier lives and fueling healthy families, we ask that you spread the word about this amazing opportunity for schools across Illinois.

If you have questions regarding this Fuel up to Play 60 Grant, contact Midwest Dairy Council at [MidwestDairyCouncil@MidwestDairy.com](mailto:MidwestDairyCouncil@MidwestDairy.com).

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## **Grants: School Breakfast, Physical Activity/Nutrition for SY2016-17**

Action for Healthy Kids is accepting School Grants for Healthy Kids applications for the 2016-2017 school year. Schools may apply for School Breakfast grants (\$500 - \$5,000) to pilot or expand their School Breakfast programs or Game On Grants (\$500 - \$2,500) to fund physical activity/nutrition initiatives. Deadline to apply is April 1. Visit [actionforhealthykids.org/grants](http://actionforhealthykids.org/grants) for more information and register for informational webinars: [School Breakfast](#) (March 1) and [Game On](#) (March 2).

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## **Department of Defense Fresh Fruit and Vegetable Program (DoD Fresh) – Unused Funds**

For the current school year (SY16), ISBE and the Department of Defense allowed participation in the program to all schools that requested to participate. Schools determined themselves how much of their entitlement they would spend on the DoD program.

Recent reports from DoD indicate Illinois is way behind schedule to utilize allocated funds and many schools that have money allocated to them have yet to place any orders for fresh fruits or vegetables.

Schools can see how much SY16 entitlement they allocated by selecting *DoD Fresh Fruits and Vegetables* - on the *Annual Order Forms* drop-down menu option on the Illinois Commodity System (ICS). Those schools that have not spent any of the money allocated to them are advised to contact the DoD, Evan Newpher-Lockard at 215-737-5373 to begin placing orders or risk having the money

used by other schools participating in the program. You may also call ISBE at 217-782-2491 if you have questions regarding the DoD Fresh program or visit the DoD information page here:

[http://www.isbe.net/nutrition/PDF/DoD\\_FreshFruitandVegProg.pdf](http://www.isbe.net/nutrition/PDF/DoD_FreshFruitandVegProg.pdf)

The DoD Fresh program is a “use-it-or-lose-it” program, unless the current trend ceases, as in previous years, we anticipate there will be unused funds available for use by schools participating in the program beginning sometime in April 2016. Watch the ICS message board for updates on the DoD Fresh program. **Also, please be advised that after April 2016, we cannot guarantee for how long any SY16 funds will remain. Please use your DoD funds now!**

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## Training: Food Safety

### School Nutrition Programs Food Safety Plans and Requirements

Beginning on July 1, 2016 the Illinois Department of Public Health (IDPH) is requiring all school food service staff to receive food handler training. This workshop, conducted by IL State Board of Education staff, will meet the requirements set by IDPH. Attendees that pass the required assessment will be certified for 3 years. First 2 hours of workshop.

- March 18<sup>th</sup> - Biggsville
- March 23<sup>rd</sup> – Crestwood with Train the Trainer Option
- March 28<sup>th</sup> – Carterville with Train the Trainer Option
- April 28<sup>th</sup> – Chatham
- May 10<sup>th</sup> – Lombard with Train the Trainer Option
- May 24<sup>th</sup> – Fairview Heights with Train the Trainer Option

### HACCP/School Food Safety Plan Requirements

This workshop, conducted by IL State Board of Education staff, will assist schools in the NSLP and/or SBP programs meet the requirement of having a HACCP based food safety plan in place.

- March 29<sup>th</sup> – Carterville – 9:00 am (registration at 8:30 am)
- May 25<sup>th</sup> – Fairview Heights

Additional dates will be posted at registration link as they are confirmed. Space is limited. Please **register** at <http://www.isbe.net/nutrition/> (under Child Nutrition Program Workshops).

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## Training: Summer Food Service Program

The Summer Food Service Program (SFSP) is designed to provide nutritious meals during the summer months to children from areas where at least 50 percent are eligible for free or reduced-priced meals during the school year through the National School Lunch and School Breakfast Programs. **Does your area meet this criterion?** If so, consider becoming a sponsor to help bridge the gap for the children in your community. All sponsors will be required to submit the program application and monthly claims for reimbursement via the internet.



If the responsibilities of sponsorship of the SFSP are not possible, you can still participate in the program by operating a site, being a vendor, or volunteering your time. Visit our website at

<http://www.isbe.net/nutrition/htmls/summer.htm> to learn more about this vital program and how you can help.

Workshops for the Summer Food Service Program will be conducted by IL State Board of Education staff and be held at the locations listed below for organizations interested in sponsoring the SFSP during the summer of 2016. All current sponsors must attend a state training prior to the beginning of their program. Visit our web site at <http://www.isbe.net/nutrition/htmls/summer.htm> for workshop details, locations, times, and registration.

#### SFSP New Sponsor Training Schedule

- March 8, 2016 and March 9, 2016 in Champaign
- March 23, 2016 in Mt Vernon
- March 29 and March 30, 2016 in Alsip
- April 6, 2016 and April 7, 2016 in Chicago
- April 12, 2016 and April 13, 2016 in Fairview Heights
- April 20, 2016 in Peoria
- April 27, 2016 in Woodstock
- May 11, 2016 in Springfield

The training sessions are designed to provide a complete overview of the SFSP including ISBE's internet-based program application and claim system. All **new** sponsors and sponsors who were new to the program last year are required to attend one of the trainings above.

#### SFSP Current Sponsor Training Schedule

- March 10, 2016 in Champaign
- March 31, 2016 in Alsip
- April 13, 2016 in Fairview Heights

A webinar is also being scheduled for those current sponsors that cannot attend the workshops above. Save the date—April 19, 2016; it will be posted on the SFSP website under *Workshop Information* - <http://www.isbe.net/nutrition/htmls/summer.htm>.

**Note: SCHOOLS** should cooperate with SFSP sponsors to inform families of the availability and location of free summer meals for students when school is not in session.

For additional information, contact Amy Bianco or Naomi Greene at 800/545-7892 or email [abianco@isbe.net](mailto:abianco@isbe.net) or [ngreene@isbe.net](mailto:ngreene@isbe.net).

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## **Training: *Pump Up P.E.* for Physical Educators**

The Illinois Public Health Institute (IPHI) is offering a series of FREE, one-day trainings for physical educators. Professional Development hours are available.

Physical educators who attend this one-day training, will learn about:

- Recent revisions to State Learning Standards (SLS) on Physical Development & Health including a thorough review of the SLS and recent P.E. developments in Illinois
- Benefits of Enhanced P.E. for students' health and academic achievement

Physical educators will leave the training with practical, immediately applicable strategies, tools & resources to:

- Increase MVPA using modified games and classroom management procedures

- Use backwards design to align curriculum with State Learning Standards
- Administer the fitness tests that will be required in IL starting in the 2016-17 academic year
- Understand what to do with fitness data – keys to meaningful implementation
- Teach the brain/body connection – getting students to ‘own’ their fitness
- Champion P.E. and wellness efforts in their schools, districts and communities

**For dates, locations, and registration for Cook County, go to:**

[http://iphionline.org/register\\_Cook\\_Co\\_PE\\_Trainings\\_1/](http://iphionline.org/register_Cook_Co_PE_Trainings_1/)



**For dates, locations, and registration for collar counties, go to:**

[http://iphionline.org/register\\_pump\\_up\\_pe\\_collar\\_counties](http://iphionline.org/register_pump_up_pe_collar_counties)

These trainings are being made possible with funding from the Centers for Disease Control and Prevention through the Healthy HotSpot initiative led by the Cook County Department of Public Health and the Illinois Department of Public Health.

Questions? Contact Sarah Chusid at (312) 850-4744 or [Sarah.Chusid@iphionline.org](mailto:Sarah.Chusid@iphionline.org).

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## **Webinar: 2015 Dietary Guidelines for Americans- Translating Science to Your Table**

Midwest Dairy Council would like to invite you to attend a free webinar on March 3, 2016 at 11:00 am CST. The webinar titled “2015 Dietary Guidelines for Americans: Translating Science to Your Table” will discuss:

- The process of the Dietary Guidelines for Americans and the role of the Dietary Guidelines Advisory Committee (DGAC)
- A better understanding of the levels of evidence used in a systematic review and why few nutrient questions would be rated “strong”
- Description of how the 2015 DGAs differs from the 2010 DGAs
- Understanding of the three dietary patterns and the importance of dairy within these dietary patterns
- Discussion of why experts continue to question why fat-free dairy and low fat dairy are recommended when the latest research shows otherwise
- A description of the nutrients of concern and how dairy is an important source of these nutrients

This webinar has been approved by the Commission on Dietetic Registration for 1 CPEU credit earning codes and provides the following learning codes: 1080, 4030, 9020, 9050. Space is limited, so sign up today!

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## **Webinars: 2016 School Wellness**

University of Illinois Extension Illinois Nutrition Education Programs (INEP) is back with its free webinar series for the Spring! Please join us **the 1<sup>st</sup> Wednesday of every month from 3:00-3:30 pm through May** for reliable & practical information about exciting & relevant school wellness topics:

**March 9:**

Fresh Fruit & Vegetable Grant: Everything You Need to Know!

**April 6:**

Backpack Nutrition Programs: How to Get Started for Success

**May 4:**

USDA Team Nutrition 101: Navigating & Using Materials Like an Expert!

Participants will understand the benefits of each topic, learn how they can support their school, and what resources are available to help them. Each webinar includes live Q&A and can be accessed using the internet or phone. Plus, this webinar counts toward your Professional Development Standards! To register, please visit [http://go.illinois.edu/inep\\_spr2016](http://go.illinois.edu/inep_spr2016).

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## **Webinar: An Overview of Food Insecurity and Resources to Implement Child Nutrition Programs in Illinois**

On March 3, 2016 at 10 am CST, staff with the Nutrition and Wellness Programs Division of the Illinois State Board of Education in partnership with the Illinois Commission to End Hunger and Illinois No Kid Hungry will present a webinar to provide Illinois School Food Authorities(SFAs) an overview of Food Insecurity in Illinois and what resources including grants might be available for SFAs to implement a variety of Child Nutrition Programs in your communities. More detailed information about the Illinois Commission to End Hunger is available online at <http://www.illinois.gov/gov/endlunger/Pages/default.aspx> and more information on Illinois No Kid Hungry is available at [www.riseandshineillinois.org](http://www.riseandshineillinois.org)

**Register now!**

<https://attendee.gotowebinar.com/register/2414476230016284673>

After registering, you will receive a confirmation email containing information about joining the webinar. [View System Requirements](#)

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## **Webinars: School Nutrition Association**

SNA has a full schedule of new webinars just in time for the New Year. Participation in Webinar Wednesdays will help you earn CEUs toward your USDA Professional Standards annual training requirements, along with your SNA Certificate or SNS Credential. Register today for these SNA upcoming webinars:

- Wed, February 10, 2016: [Adult Learning Principles and CEU Training](#)
- Wed, February 17, 2016: [Blueberries: Nutrition, Benefits, Recipe Ideas and Food Pairings](#)
- Tue, February 23, 2016: [Welcome Webinar for New Members](#)
- Wed, February 24, 2016: [Managing Food Allergies](#)

All webinars are held at 1 pm Central Time. For more information and to access the webinar archive, please visit [schoolnutrition.org/Webinars](http://schoolnutrition.org/Webinars).

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## Conference: Annual IL School Nutrition Association



Come for 10+ hours of professional development CEUs, but stay for the fun! NEW and specially designed for operations staff, a management seminar that runs concurrent with the annual conference. More to come on this, so stay tuned at <http://www.ilsna.net>. Special book reading and signing with the author of the Lunch Lady graphic novel series, Jarrett Krosoczka. Inspiring keynote speakers, informative breakout sessions, expansive food show (Tuesday, 6/14/16) and lots of networking!

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## IL Food Service Director Featured in School Nutrition Magazine!



Congratulations to *ILSNA Past President* Coletta Hines-Newell, SNS, for being featured in January's SNA Magazine. Coletta is also Director of Food Services at Arlington Heights SD 25 in Illinois.

[Check out the article on Page 16!](#)

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## Summary of New Rules: Physical Fitness Assessment, Data Collection, & Reporting

[Public Act 98-0859](#) created the Stakeholder and Expert Task Force on Physical Education (SETFPE). The purpose of this task force was to submit recommendations for ISBE to consider for adopting rules for implementation of physical fitness assessments as well as the collection and reporting of aggregate fitness information.

The SETFPE submitted its [recommendations](#) to ISBE on April 1, 2015, and after seeking public comment, ISBE adopted rules based on these recommendations. These rules went into effect January 27th and were released on February 16th in the [Illinois Register](#) (Part 1, Section 1.425, pages 2991 and 3013-3016). This new section puts into rule the Task Force's recommendations regarding the use of the Fitnessgram or the Brockport Physical Fitness Testing protocols for students with disabilities whose individualized education program (IEP) identifies the Fitnessgram as not



appropriate. Scores achieved on the testing may not be used as part of a student's grade or to evaluate a teacher.

Starting SY2016-17, schools must:

- ensure that school personnel administering the assessments participate in training related to the proper administration and scoring of the assessment by reviewing the applicable chapters of the [FitnessGram Test Administration Manual](#) and, if applicable, the [Brockport Physical Fitness Test Manual](#). Each district must maintain evidence of an individual's successful completion of the training and make it available to the IL State Board of Education upon request
- establish procedures and protocols to ensure the confidentiality of individual student assessment results consistent with the requirements of the [IL School Records Act](#) and [Family Educational Rights and Privacy Act](#)
- begin administering the following four portions of Fitnessgram protocols in grades 3-12 in the second semester (first and second semesters preferred for pre and post results) and annually thereafter:
  - for Aerobic Capacity - the PACER test (recommended) or Mile Run (alternate) or Brockport test (any of the adapted tests for aerobic functioning for students with disabilities) for students in grades 4-12;
  - for Flexibility - the Back-Saver Sit and Reach test (recommended) or Trunk Lift test (alternate), or Brockport test (any of the adapted tests for flexibility or range of motion for students with disabilities);
  - for Muscular Endurance - the Curl-Up test or Brockport test (any of the adapted tests for strength and endurance for students with disabilities); and
  - for Muscular Strength – the Push-Up test or Brockport test (any of the adapted tests for strength and endurance for students with disabilities)
- collect and report the following data by your district's established date for grades 5, 7 and 10. The district in turn must report results electronically to the IL State Board of Education, through the Student Health Data in IWAS, by May 1, 2017, and annually thereafter.
  - Number of students tested by grade (5, 7 and 10 only) and gender in each of the 4 tests above
  - Number of students that achieved a healthy fitness zone by grade (5, 7 and 10 only) and gender in each of the 4 tests above
  - Number of students that were identified as needing improvement by grade (5, 7 and 10 only) and gender in each of the 4 tests above

For further assistance, including a Q & A document, please go to [www.isbe.net/EPE/default.htm](http://www.isbe.net/EPE/default.htm).


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## Calendar of Events

### March 2016

- 3 [ISBE Training: School Nutrition Program Food Handler](#) - Rockford
- 4 [ISBE Training: School Nutrition Program Food Handler](#) - Richmond

- 6 Deadline to order and/or make diversion to processor is March 6, 2016
- 8 [ISBE Training: Summer Food Service Program](#) – NEW SPONSORS – Champaign
- 9 [ISBE Training: Summer Food Service Program](#) – CURRENT SPONSORS – Champaign
- 10 Begin submitting last month’s child nutrition claims for reimbursement in WINS through IWAS. ALL child nutrition program claims (original and revised) must be received by ISBE no later than 60 days from the last day of the month you are claiming. Due dates for reimbursement claims are listed at [http://www.isbe.net/funding/pdf/nutrition\\_claim\\_due\\_dates.pdf](http://www.isbe.net/funding/pdf/nutrition_claim_due_dates.pdf)
- 10 [ISBE Training: Summer Food Service Program](#) – NEW SPONSORS – Champaign
- 13-20 Make changes to next month’s USDA Foods order
- 16 ISBE Board Meeting – Springfield <http://www.isbe.net/board/default.htm>
- 18 [ISBE Training: School Nutrition Program Food Handler](#) - Biggsville
- 23 [ISBE Training: School Nutrition Program Food Handler](#) - Crestwood
- [ISBE Training: Summer Food Service Program](#) – NEW SPONSORS – Mt Vernon
- 28 [ISBE Training: School Nutrition Program Food Handler](#) - Carterville
- 29 [ISBE Training: HACCP/Food Safety Plan](#) – Carterville
- [ISBE Training: Summer Food Service Program](#) – NEW SPONSORS – Alsip
- 30 [ISBE Training: Summer Food Service Program](#) – NEW SPONSORS – Alsip
- 31 [ISBE Training: Summer Food Service Program](#) – CURRENT SPONSORS – Alsip

	<p align="center"><b>Nutrition and Wellness Programs</b>          Illinois State Board of Education          100 North First Street, W-270          Springfield, IL 62777          Phone: 800/545-7892 or 217/782-2491          Fax: 217/524-6124          Email: <a href="mailto:cnp@isbe.net">cnp@isbe.net</a></p>
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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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