

THE UTLOOK

Your Guide to School-Based Child Nutrition Programs

April 2013

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CALENDAR OF EVENTS

Administrative Alerts

Talk-It-Up Tuesday Webinars!

As a reminder, we continue to offer *Talk It Up Tuesday* Webinars. Please mark your calendar with dates below and join ISBE's Nutrition and Wellness Programs Division staff as we discuss hot topics, provide new information, and address frequently asked questions! These webinars will be offered the third Tuesday of each month through May from 2:00-3:00 pm. and are an open forum to hear from schools and to address any questions and/or concerns school may have regarding the National School Lunch and Breakfast Programs.

- April 16, 2013
- May 21, 2013

Register monthly at <http://www.isbe.net/nutrition> (under *Upcoming Webinars*).

IMPORTANT PROPOSED RULES: All Foods Sold in Schools

On February 8th, the USDA published proposed nutrition standards for all foods and beverages sold to children at school during the school day. The proposed standards, entitled "Smart Snacks in Schools" and required by the Healthy, Hunger- Free Kids Act of 2010, are available for review at <http://www.gpo.gov/fdsys/pkg/FR-2013-02-08/pdf/2013-02584.pdf>. Public comment is being accepted through April 9, 2013 through:

Website at <http://www.regulations.gov>

or

Mail: Julie Brewer, Chief, Policy and Program Development Branch
Child Nutrition Division, Food and Nutrition Service,
P.O. Box 66874
Saint Louis, MO 63166

National School Lunch Program SY2013-14 Paid Lunch Equity Requirement

The Healthy, Hunger-Free Kids Act of 2010 requires school food authorities to ensure there are sufficient funds provided to the nonprofit school food service account for lunches served to students not eligible for free or reduced priced meals. There are two ways to meet this requirement: either through the prices charged for paid lunches or through other non-Federal sources provided to the nonprofit school food service account. (SP 25-2013 at <http://www.fns.usda.gov/cnd/Governance/policy.htm>)

A tool to calculate the necessary increases in student paid meal prices and/or non-federal contributions for School Year 2013-14 are available on the IL State Board of Education's website http://www.isbe.net/nutrition/htmls/nslp_hhfka_implementation.htm.

ISBE hosted a webinar on **March 27, 2013** to discuss the newly released guidance for determining what calculations School Food Authorities must make in order to be in compliance with this requirement for next school year. This webinar was recorded and will be posted, along with the power point presentation, at http://www.isbe.net/nutrition/htmls/nslp_hhfka_implementation.htm.

If you have any questions, please contact our office via email at cnp@isbe.net or via telephone at 800/545-7892.

“Sharing Tables” at Schools

Are “sharing tables” at schools allowed? The United States Department of Agriculture (USDA) defines sharing tables as carts and/or tables where children can place unconsumed food and beverages items (pre-packaged food and beverages, unopened wrapped food and beverages, or food items with a peel) that they choose not to eat/drink. These tables provide an opportunity for other children to take additional helpings of food or beverages at no cost to them for their consumption at school during meal period.

The use of sharing tables is permitted by the Illinois Food Service Sanitation Code (77 Ill. Adm. Code 750) only if all of the following conditions are met:

1. No potentially hazardous food or beverage or any unpackaged food may ever be returned to the food preparation, food service, or food storage areas for use by the food service operation. (Section 750.320)
2. Potentially hazardous foods or beverages on the sharing tables are consumed or discarded within four hours of the food or beverage entering the temperature danger zone of 41° F to 135° F. (Section 750.153)
3. The sharing table is supervised by a member of the food service staff to ensure that no food, beverage, or condiment has been contaminated (opened, partially consumed etc.), and the original packaging is maintained in sound condition.

We recommend that any school wishing to start up a “sharing table” contact their local health department for any further guidelines.

If you have any questions regarding “sharing tables”, please contact Patricia Welch, Illinois Department of Public Health, Food Program Manager at 217-785-2439.

The Melting Pot

School Grants for Healthy Kids due April 19

Action for Healthy Kids announces its newest grant opportunities through partners CSX Transportation, Kellogg Company and the Walmart Foundation for the school year 2013-2014.

Interested schools are invited to participate in a webinar on March 21, 2013 and/or April 10, 2013 to learn about the three different grant opportunities.

- School Breakfast Program creation or expansion, average grant size is \$1,500
- Universal School Breakfast Pilot, grants up to \$5,000
- Physical Activity, grants from \$1,000 to \$5,000

Visit the following website to learn more: <http://www.actionforhealthykids.org/upcoming-events/grant-opportunities/school-grants-for-healthy.html>.

Team Nutrition Newsletter Highlights New Resources

The March 2013 issue of the USDA's *Team Nutrition* newsletter highlights the newly revised nutrition education resources. Read about two new school gardening nutrition education curricula expected to be available soon as well. They are titled, *The Great Garden Detective Adventure* for grades 3 and 4 and *Dig In!* for grades 5 and 6 which connect nutrition education to course curriculum standards for Math, Science, and English Language Arts through fun and interactive activities. Learn about grant opportunities and resources from the Healthy Meals Resource System. Read the Team Nutrition Newsletter at http://healthymeals.nal.usda.gov/hsmrs/TN_Newsletters/TN_Newsletter_March_2013.html.

To subscribe to the Team Nutrition newsletter, visit <http://healthymeals.nal.usda.gov/get-connected/team-nutrition-e-newsletter>.

New USDA Food added to SY 14 Annual Order Form: Smaller Beef Patty with spp Fully Cooked Homestyle

The USDA has offered a new smaller beef patty! Now available for SY14 - 110322 - Beef Patty w/spp fully cooked homestyle 2.2oz patty. Each 40# case will provide approximately 290 - 2.2 oz patties. One 2.2 oz patty provides 2.0 oz equivalent meat/meat alternate. The commodity value is \$88.67 per case. If you are interested in receiving this commodity, please place your request as soon as possible on the SY14 Annual Order Form, under PAL - Meats/Alternates so that we know how many trucks we need to order from the USDA. If you request this product, remember to make adjustments to other requests to stay within the ordering guidelines. The Fact Sheet is available at <http://www.fns.usda.gov/fdd/schfacts/>.

Join Action for Healthy Kids for the Healthy, Sustainable Communities Event April 25

Healthy people. Healthy communities. Join DuPage FORWARD for GreenTown, an experience designed to create healthy, sustainable communities. Our aim: to bring together the public sector and the private sector to "connect the dots", to inspire and to work together to remake our communities. **The IL AFHK team will sponsor a day-long school wellness track appropriate for Northern Illinois parents, teachers, school administrators, board members, community-based youth organizations and anyone else who is interested.** Join us Thursday April 25, 2013 at the Hotel Arista, Naperville, IL. For more details: go to <http://www.greentownconference.com/register/>

Celebrate School Nutrition Employee Appreciation Week May 6-10

Recognize Your School Lunch Superheroes on May 3, 2013

Are you celebrating School Nutrition Employee (formerly Child Nutrition) Appreciation Week, May 6-10, 2013? One simple way to do that is by sending an email card to your School Nutrition employees. Just go to http://www.schoolnutrition.org/Level2_SNEW2013.aspx?id=18422 and click away.

New to School Nutrition Employee Appreciation week is the School Lunch Superhero Day, May 3, 2013. Visit the School Nutrition Association's website at

<http://www.schoollunchsuperheroday.com/> to learn more about SNA's partnership with Jarrett J. Krosoczka, author of the "Lunch Lady" book series. Make plans to recognize the School Lunch Superheroes in your schools in early May

Professional Development



Illinois School Nutrition Association (ILSNA) Annual Conference

Save the Date! ILSNA Annual Conference
June 26 – June 28, 2013
Tinley Park Convention Center
Tinley Park, IL

Plan to join school nutrition professionals from across Illinois at the 63rd Annual ILSNA Conference! This conference will feature professional development opportunities for every food service worker. Attendees may want to register for one of several pre-conference opportunities. Options include Healthy Edge Nutrition Course, a tour of a dairy farm, the 5 hour Sanitation Refresher Course, sitting for the School Nutrition Specialist (SNS) Credentialing exam or a Cooking Competition with teams representing Illinois schools.

After the pre-conferences end, the learning will continue! The conference will host a variety of educational sessions, industry exhibits, culinary demonstrations and much more focusing on the key areas of professional development. The key areas include Operations, Nutrition, Administration and Communications/Marketing!

Registration information forthcoming!

Exhibitor application is available on the ILSNA website, www.ilsna.net, meetings/events tab, annual conference.

6th Annual School Wellness Conference Slate Announced!

The School Day *Keeps Getting* Healthier



Please join us for the 6th Annual Illinois School Wellness Conference on Friday, May 3, 2013. The Illinois State Board of Education and the Action for Healthy Kids (AFHK) is once again sponsoring this exciting conference. The theme is "The School Day Keeps Getting Healthier". The conference is ideal for school administrators, school nurses, educators, food service staff,

wellness committee members, parents, students and anyone else who wants to learn more about encouraging healthy lifestyles and healthy food at school.

The conference's two keynote speakers are Action for Healthy Kids CEO Rob Bisceglie, M.A. and Connie Mueller, Former Bloomington School District Food Service Director, who will present the key findings of The Learning Connection report, describe the Every Kid Healthy Week and share an update on the Illinois Action for Healthy Kids. Other topics will include an update on the Healthy, Hunger-Free Kids Act of 2010, School Health Initiatives, New National Nutrition Education Standards, Free Health and Wellness Programs, Employee Staff Wellness, and more! CPDUs will be available.

Register now! Win a chance to receive a Do-It-Yourself Health Fair (valued at \$499.00) and other great wellness resources.

The conference is Friday, May 3, 2013 at the Springfield Hilton located at 700 East Adams Street, Springfield, Illinois.

Registration opens at 8:00 am. The conference begins at 9:00 a.m. and concludes at 3:15 p.m. Space is limited, register today! Register on or before April 19, 2013 for \$45.00 per person rate. After April 19, 2013 the registration fee is \$55.00 per person. Registration includes continental breakfast, lunch and materials. Watch the Nutrition and Wellness Programs Division website under What's new for registration information in early March.

We hope to see you on May 3, 2013. On behalf of the Illinois State Board of Education and Action for Healthy Kids, thank you

NFSMI's Midwest Regional Training

National Food Service Management Institute is offering training in Illinois on the following topics:

Meal Pattern – May 14, 2013

This six-hour session focuses on Food-Based Menu Planning (FBMP) required for the National School Lunch Program (NSLP). It provides an overview of the Meal Pattern. 8:00 am – 3:30 pm

Food Safety Basics – May 15, 2013

This four-hour training is designed to provide a basic understanding of food safety. Lesson content focuses on food safety and why it is important, methods for training school nutrition staff on food safety, how to prevent foodborne illness, and checklists to monitor food safety. 8:00 am – 12:00 pm

Food Defense Tabletop Exercise – May 15, 2013

This four-hour training explains how school food supplies may be at risk for bioterrorism, how to assess the risk in school nutrition operations, and how to take action to successfully prevent or reduce the likelihood of intentional attacks on food and during receiving, preparation, and service. 1:30 pm – 5:30 pm

Inventory Management and Tracking – May 16, 2013

The ability to track food products across the supply chain is at the center of modern inventory management in school nutrition programs. The goals of this four-hour session are to incorporate food product tracking into standard inventory management practices addressing cost efficiencies, food safety, and effective responses to recalls, foodborne illness, and bioterrorism. 8:00 am – 12:00 pm

Everyone Plays a P.A.R.T in Norovirus Control – May 16, 2013

This two-hour session discusses implementing and monitoring basic food safety practices in order to provide safe meals to students. 1:30 pm – 3:30 pm

Training materials will be provided. Training sessions will be held at Western Illinois University, Knoblauch Hall, West Murray Street, Macomb, IL 61455. Participants are responsible for arranging and paying for their own travel, lodging, and meals each day of the training.

Registration deadline is April 15, 2013. For further information, including Registration Form, go to <http://www.nfsmi.org/Events.aspx?id=151> or contact NFSMI at 800-321-3054

Upcoming Webinar - Professional Standards for School Food Service – April 24, 2013 1:30pm – 3:00pm - Register today!

Staff with the Nutrition and Wellness Programs Division of the Illinois State Board of Education as well as Executive Council of the Illinois School Nutrition Association (ILSNA) will present this webinar for National School Lunch Program sponsors. An overview of Section 306 of the Healthy Hunger Free Kids Act of 2010, *Professional Standards for School Food Service* will be provided. ISBE along with ILSNA will detail a professional development partnership and identify key training opportunities for all schools within Illinois for SY2013-2014 on a variety of training topics. Register today at <https://www1.gotomeeting.com/register/725294913>.

Calendar of Events

April 2013

- 1 Team Nutrition Training Mini-grant Application due
- 3 SFSP New Sponsor Orientation—Elgin at Holiday Inn
- 4 SFSP Current Sponsor Orientation-Elgin at Holiday Inn
- 7 World Health Day
- 9 Comments due for Nutrition Standards for All Foods Sold in Schools to USDA
- 10 SFSP New Sponsor Orientation—Galesburg at Prairie Inn
Submit monthly claim for reimbursement <http://www.isbe.net/funding/pdf/wins-claim-inst.pdf>
- 13-20 Make changes, if needed, for next month's commodity deliveries
- 16 ISBE's *Talk it Up!* Tuesday NSLP Webinar – 2:00 – 3:00 pm
Register at <http://www.isbe.net/nutrition> under *Upcoming Webinars*
- 17 SFSP New Sponsor Orientation—Springfield at Illinois Education Association
- 19 Early Registration for Wellness Conference due date

23-25 NSLP Administrative Review Training, Chicago

24 School Foodservice Professional Development Webinar – 1:30-3:00 pm
Register at <https://www1.gotomeeting.com/register/725294913>



Nutrition and Wellness Programs

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