

# THE OUTLOOK

A monthly newsletter for school nutrition and wellness programs...

**May 2016**

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## **Calendar of Events**

## Participation Application....


### Sponsor Applications to Participate in SY16-17 School Nutrition Programs

**\*\* Starting school year 2016-17, School Nutrition Programs applications and claims are moving from a federal fiscal year calendar of October 1–September 30 to a state fiscal year calendar of July 1-June 30! \*\*** This change aligns applications and claims more closely with a typical school year calendar (July to June) and prevents sponsors from having to complete two applications each year, crossing from one fiscal year to another.


The SY2016-17 applications for new or continuing sponsors of school nutrition programs will be **released early May through WINS and are due June 15, 2016**. When application is available, an email alert will go out via email (to emails you have listed in WINS), along with instructions and a webinar link to assist you with completion of the application.

### Year End Claims

As you prepare to end the school year and file your final claims before summer break, take a moment now to ensure that you have the correct serving days approved for each site. If you had to add a few days to your school year due to snow days, you need to update your operating days and participation detail before you file your May or June claim for reimbursement. Instructions on how to add serving

days are available inside WINS by clicking on the  icon. They are titled “School Nutrition Programs (SNP) - Adding Serving Days.pptx.”

If you have serving days approved on which you will no longer be serving meals, you may leave those days blank or enter zeroes in those individual days. If you are currently approved to serve for the entire month of June and will not be serving any days in June, we ask that you remove June from your

participation. Instructions for removing days of operation are available at the  icon. They are titled “School Nutrition Programs - removing days of operation.”

If you need assistance with your claim please contact Funding & Disbursements Division at 217-782-5256. If you need assistance with updating participation or days of operation please contact Nutrition Programs & Support Services at 1-800-545-7892.

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## Meetings/Conferences.....

### IL School Nutrition Association Annual Conference

The 2016 Annual ILSNA State Conference will be held June 13-15, 2016 at the Peoria Civic Center, Peoria, Illinois. Join our enthusiastic and diverse crowd of school nutrition professionals, industry members, and allied organizations as we come together for a conference experience that is sure to be one of the most informative, engaging and exciting that ILSNA has offered! This year's conference theme is “Putting Our Best Food Forward.” **For more information and to register, go to <https://www.regonline.com/builder/site/Default.aspx?EventID=1814157>.**

## **Procurement in the 21<sup>st</sup> Century Workshop Planned (June 15 -16, 2016) in Peoria**

The Illinois School Nutrition Association (ILSNA), in partnership with ISBE, will offer the Institute of Child Nutrition's 2-day workshop titled [Procurement in the 21<sup>st</sup> Century](#) workshop. This sixteen (16) hour training provides general concepts about the procurement of goods, products, and/or services for School Nutrition Programs. Participants will identify key factors for implementing a fair, open, and cost-effective procurement system that supports compliance with federal, state, and local policies.

Major topic categories are:

- Procurement Principles
- Competitive Purchasing
- Solicitation for Goods, Products, and Services
- Contracts
- Cooperative Purchasing Groups

This free-of-charge workshop will be held in conjunction with the ILSNA Annual Conference, June 15<sup>th</sup> (8:30am – 6:30pm) and June 16<sup>th</sup>. (7:30am – 4:30pm) in Peoria, IL. The target audience for the workshop is foodservice directors, assistant directors, supervisors and managers and space is limited to the first fifty (50) registrants.

Attending the [2016 ILSNA Annual Conference](#)? If yes, registration is now available and will include the 2-day *Procurement in the 21<sup>st</sup> Century* workshop as an option.

For those that are unable to attend the conference, you are still welcome to attend the procurement workshop, free-of-charge. [Please complete registration online via ISBE](#). Any questions of ISBE regarding this workshop, please contact [Roxanne Ramage](#) at (800) 545-7892. If you have any questions regarding the ILSNA Annual Conference or membership, please contact [ILSNA](#) directly at (217) 529-6578.

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## **Grants....**

### **USDA/ISBE NSLP Equipment Grant**

The USDA has announced that Illinois will receive \$1,127,625 for kitchen equipment grants for school year 2016-17! These funds will allow SFAs to purchase equipment to serve healthier meals that meet the updated meal patterns, with emphasis on more fruits and vegetables in school meals, improve food safety, and expand access. The IL State Board of Education (ISBE) is required to competitively award equipment assistance grants to eligible school food authorities (SFAs) participating in the National School Lunch Program (NSLP). Higher priority must be given to high need schools (i.e., schools in underserved areas, schools with limited access to other resources, and age of food service equipment) where 50 percent or more of the enrolled students are eligible for free or reduced price meals.

The ISBE plans to release a Request for Proposals (RFP) once final guidance is received on the state's new grant pre-qualification/ GATA Web Portal requirements under the Grant Accountability and Transparency Act.

## **Dollars for Dairy**

### ***Does your school need money?***

St. Louis District Dairy Council is accepting applications for **Dollars for Dairy** grants to help schools increase participation in school meals or promote dairy items like smoothies, parfaits, or single-serve yogurt and cheese. Consider alternative breakfast programs such as Breakfast in the Classroom or Grab and Go Breakfast to improve participation and reach more students with a healthy breakfast. Click [HERE](#) to download an electronic version of the easy-to-complete 2-page application and to get more ideas on how to use funding. Don't delay, the deadline is June 17, 2016.



## **Fuel up to Play 60 Grant**

Midwest Dairy Council is excited to share that USDA is partnering with [Fuel Up to Play 60](#) through a commitment of \$30 million in nutrition-equipment grants that will combine with a \$5 million commitment from America's dairy farmers to improve nutrition at school.

The purpose of these grants is to assist School Nutrition Directors in the purchase of equipment that will enhance the long term implementation of their school breakfast and lunch programs. Funding will support the purchase of new equipment and/or the renovation/replacement of existing equipment. Equipment may include large and small items such as utility carts, utensils, large-capacity food processors, industrial scales, steamers, freezers, etc. Infrastructure elements may include building needs related to physical space, electricity, plumbing, ventilation and other remodeling needs related to school nutrition services.

Schools may apply individually, or districts may apply for multiple schools within their district. More information on the grant and application can be found at <https://www.fueluptoplay60.com/funding/nutrition-equipment-grant>. If you have questions regarding this Fuel up to Play 60 Grant, contact Midwest Dairy Council at [MidwestDairyCouncil@MidwestDairy.com](mailto:MidwestDairyCouncil@MidwestDairy.com).

## **Nutrition Education in Lunchrooms**

If you're a parent, guardian, teacher or lunch lady, you know that it's not always easy convincing kids to eat their vegetables and fruits. USDA school food standards require a serving of fruit or vegetables on every school lunch tray. But what happens when students won't eat it? Nutrition education that includes samplings of fresh fruits and vegetables helps kids accept and enjoy the foods that are key for good health. Project Produce is a grant program designed to help create experiential nutrition education when and where students make their food choices: in the cafeteria. The \$2,500 one-year grants support food costs to incorporate school-wide fruit and vegetable tastings into the school's nutrition program.

- Any district or independent school participating in the National School Lunch Program is eligible to apply
- Districts may apply for grants for up to 10 schools
- Applications for schools with 50% or higher free and reduced eligible enrollment are encouraged
- There is no deadline and grants will be administered on a rolling basis.

For more information and to submit an application, contact the Chef Ann Foundation or visit <http://www.chefannfoundation.org/programs-and-grants/project-produce/>.

## **Enhance Physical Education with the Presidential Youth Fitness Program**



Propel physical education with the Presidential Youth Fitness Program. Schools and districts can apply now to receive resources to enhance implementation of the nation's youth fitness education and assessment program. Eligible schools and districts (10 or more schools) can receive up to \$1,000 in resources including software, student recognition items and more! *Let's Move!* Active Schools that have completed their school assessment are eligible to receive up to \$2,000 in resources. Funding applications will be reviewed on a first-come, first-served basis. This funding opportunity for schools and school districts is being provided by the National Foundation on Fitness, Sports, and Nutrition. To learn more and to apply, please visit <http://www.pyfp.org/funding/index.shtml>.

## **USDA Announces \$4.7 Million Available in Grants for Food Safety Training, Outreach and Technical Assistance**

The U.S. Department of Agriculture (USDA) today announced the availability of \$4.7 million in grants for food safety education, training, and technical assistance projects that address the needs of owners and operators of small to mid-sized farms, beginning farmers, socially-disadvantaged farmers, small processors, small fresh fruit and vegetable merchant wholesalers, food hubs, farmers' markets, and others. The grants, offered through the [Food Safety Outreach Program](#) and administered by USDA's National Institute of Food and Agriculture (NIFA), are designed to help these stakeholders comply with new food safety guidelines established by the Food and Drug Administration under the Food Safety Modernization Act (FSMA).

This year, NIFA will fund three types of projects to help producers comply with FSMA. Pilot projects will support the development and implementation of new and potentially high-risk, high-impact food safety education and outreach programs in local communities that address the needs of small, specialized audiences from among the various target groups. Community outreach projects will focus on the growth and expansion of already-existing food safety education and outreach programs that are currently offered in local communities. Multistate Education and training projects will support the development and implementation of multi-county, state-wide, or multi-state food safety education and outreach programs where there are common food safety concerns, but the states are not necessarily located within the same regions.

A [webinar](#) for potential applicants is scheduled for April 19, from 2:30-3:30 p.m. EST. Applications are due June 2. See the [request for applications on the NIFA website](#) for more information.

## **Project Produce Grants for Schools**

The Chef Ann Foundation has teamed up with Skoop, a superfoods company committed to bringing the health benefits of superfoods to every American. Together they have launched Project Produce: Fruit and Veggie Grants for Schools. These grants assist in expanding students' palates, and encouraging increased consumption of and exposure to fresh produce through engagement in lunchroom education activities that encourage students to taste new vegetables and fruits offered either in a dish, cooked, or raw. The goal of Project Produce is to provide funds to support the food cost of these activities, which are designed to touch every child.

Grants of \$2,500 are available. Districts and independent schools participating in the National School Lunch Program are eligible to apply. Deadline: Rolling Please contact the Chef Ann Foundation for more information and to apply for this funding: <http://www.thelunchbox.org/programs/grants/>.

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## School Nutrition Programs

### Request trainings in your area!

The following workshops can be provided by the Illinois State Board of Education at a location of your choosing when 30 or more people sign-up.


Complete the questionnaire at:

[www.surveymonkey.com/r/SNPWorkshops](http://www.surveymonkey.com/r/SNPWorkshops)

to voice interest in having a training in your area.

### For additional information visit:

: <http://www.isbe.net/nutrition/htmls/workshops.htm>

: 800.545.7892 or 217.782.2491

: [cnp@isbe.net](mailto:cnp@isbe.net)

### School Menu Planning 101

**Purpose:** To train school food service personnel on the basic meal pattern requirements for meals served within the National School Lunch and School Breakfast Programs.

**Length:** 3 ½ hours

**Attendee Cap:** 50



### Food Handler Training

**Purpose:** Beginning on July 1, 2016 the Illinois Department of Public Health (IDPH) is requiring all school food service staff to receive food handler training. This workshop will meet the requirements set by IDPH. Attendees that get a passing score on the required quiz will receive a certificate that is valid for 3 years.

**Length:** 2 hours

**Attendee Cap:** 50

### Certification, Direct Certification & Verification

**Purpose:** To train school nutrition personnel on the requirements of electronic direct certification, certification and verification process as required in USDA School-Based Child Nutrition Programs.

**Length:** 3 ½ hours • **Attendee Cap:** 100

## **Training for Central and Southern Illinois Physical Educators – PD Hours**

The Illinois Public Health Institute will hold one more FREE *Pump Up P.E.: Promote Health, Learning & Lifelong Fitness* training this school year for elementary/middle school-level physical educators in the Sangamon area! Professional development hours are available.

The training will be held on Tuesday, May 24<sup>th</sup> from 8:30am-3:30pm and will be located at Wanless Elementary School, 2120 E Reservoir St, Springfield, IL 62702.

At this training, physical educators will learn practical, immediately-applicable strategies, and tools and resources to:

- Increase MVPA using modified games and classroom management procedures
- Use backwards design to align curriculum with State Learning Standards
- Administer the fitness tests that will be required in IL starting in the 2016-17 academic year
- Understand what to do with fitness data – keys to meaningful implementation
- Teach the brain/body connection – getting students to ‘own’ their fitness
- Champion P.E. and wellness efforts in your schools, districts and communities

Register for the training [here](#) – **spots are filling up fast so secure your spot now!**

Help spread the word with our [promotional flyer](#).

Questions? Concerns? Email Sarah Chusid at [sarah.chusid@iphionline.org](mailto:sarah.chusid@iphionline.org) or call (312) 850-4744.

## **Healthier Meals Cooking Classes - Level 1 and 2**

Experience one of our culinary classes to increase your professional skills with hands-on cooking in a state-of-the-art kitchen. You will gain practical experience while preparing and tasting delicious recipes to meet the increasing standards and meal patterns of the Child Nutrition programs. Be ahead in your industry and prepared to take on the challenge of all three levels of Healthier Meals Cooking Classes that will be provided within the next few years. Receive a certificate of completion for each completed course. Classes are free and available at Kendall College Culinary School in Chicago, Lincoln Land Community College Culinary Institute in Springfield, and Kaskaskia College Culinary Arts in Centralia, IL.

Responses about what attendees like most about classes include:

- Learning correct knife skills
- The small class size
- Tasting the food we prepared
- The instructor’s simple directions and passion to make the next generation healthy
- The hands-on experience

Classes include scaling and adapting recipes, the “mise en place” concept of efficiently preparing menu items, knife skills, preparing and adapting recipes and local procurement. You will prepare USDA Recipes from main entrees through snacks. The recipes meet the meal pattern requirements while using more whole grains, fresh fruits and vegetables.

Space is *limited* so sign up now and bring a co-worker to join in the fun! To register, follow the link, [www.isbe.net/nutrition](http://www.isbe.net/nutrition).

## **Summer Food Service Program**

The Summer Food Service Program (SFSP) is designed to provide nutritious meals during the summer months to children from areas where at least 50 percent are eligible for free or reduced-priced meals during the school year through the National School Lunch and School Breakfast Programs. **Does your area meet this criterion?** If so, consider becoming a sponsor to help bridge the gap for the children in your community. All sponsors will be required to submit the program application and monthly claims for reimbursement via the internet.

If the responsibilities of sponsorship of the SFSP are not possible, you can still participate in the program by operating a site, being a vendor, or volunteering your time. Visit our website at <http://www.isbe.net/nutrition/htmls/summer.htm> to learn more about this vital program and how you can help.

Workshops for the Summer Food Service Program will be conducted by IL State Board of Education staff and be held at the locations listed below for organizations interested in sponsoring the SFSP during the summer of 2016. All current sponsors must attend a state training prior to the beginning of their program. Visit our web site at <http://www.isbe.net/nutrition/htmls/summer.htm> for workshop details, locations, times, and registration.

### **SFSP New Sponsor Training Schedule**

- May 11, 2016 in Springfield



The training sessions are designed to provide a complete overview of the SFSP including ISBE's internet-based program application and claim system. All **new** sponsors and sponsors who were new to the program last year are required to attend one of the trainings above.

A webinar will be posted on the SFSP website under *Workshop Information* - <http://www.isbe.net/nutrition/htmls/summer.htm>.

Note: **SCHOOLS** should cooperate with SFSP sponsors to inform families of the availability and location of free summer meals for students when school is not in session.

For additional information, contact Amy Bianco or Naomi Greene at 800/545-7892 or email [abianco@isbe.net](mailto:abianco@isbe.net) or [ngreene@isbe.net](mailto:ngreene@isbe.net).

### **2016 School Wellness**

University of Illinois Extension Illinois Nutrition Education Programs (INEP) is back with its free webinar series for the Spring! Please join us for reliable & practical information about exciting & relevant school wellness topics:

#### **May 4:**

USDA Team Nutrition 101: Navigating & Using Materials Like an Expert!

Participants will understand the benefits of each topic, learn how they can support their school, and what resources are available to help them. Each webinar includes live Q&A and can be accessed using the internet or phone. Plus, this webinar counts toward your Professional Development Standards! To register, please visit [http://go.illinois.edu/inep\\_spr2016](http://go.illinois.edu/inep_spr2016).



## **INEP Trainings**

### ***June 13 – 7:30-11:30am – Illinois School Nutrition Association Pre-Conference Workshop***

Hear all about the USDA Smarter Lunchrooms Movement from University of Illinois Extension at the upcoming ILSNA conference! Register for the Smarter Lunchrooms Techniques pre-conference workshop to learn about Smarter Lunchrooms concepts and practice how to implement research-based strategies and activities to promote and engage your school community in your school nutrition program. The session will explain the main Smarter Lunchrooms concepts and guide you through exploring the changes you can make in your own schools to put your best food forward, as well as provide some hands-on practice for taste testing and plate waste evaluation. We look forward to seeing you there! Register here:

<https://www.regonline.com/builder/site/Default.aspx?eventid=1814157>.

### ***Now's the Time! Contact University of Illinois Extension for Summer and Fall Training!***

The end of the school year is here and summer awaits! Now is the time to schedule free in-service training with U of I Extension for the summer and fall months. U of I Extension offers face-to-face training on various topics that meet the new USDA Professional Standards requirements for professional development. Examples of topics are general nutrition (e.g. whole grains, sodium, fruits and vegetables), taste testing in schools, menu planning, label & recipe reading, food safety, and how to incorporate nutrition education into your school nutrition program. For the full training menu or to see if training can be provided in your area, please contact Whitney Ajie, Extension Educator, at [ajie2@illinois.edu](mailto:ajie2@illinois.edu).

### ***Coming Soon – ABCs of School Nutrition, an online training portal just for IL School Nutrition Professionals!***

University of Illinois Extension is very excited to launch an online training and resource portal specifically for Illinois school nutrition professionals. This website will be your one-stop shop for face-to-face training opportunities, online courses, webinars, instructional videos, Illinois-specific resources, and more. Please visit <http://go.illinois.edu/ABCsofSchoolNutrition> and sign up to be notified when the site launches!

### ***May 4 – 3:00-3:30pm – School Wellness Webinar Series***

Don't forget to sign up for the upcoming school wellness webinar USDA Team Nutrition 101: Navigating & Using Materials Like an Expert! Our school wellness webinars provide 30-45 minutes of credit toward your USDA Professional Standards annual requirements. Register online at [http://go.illinois.edu/inep\\_spr2016](http://go.illinois.edu/inep_spr2016). If you'd like to view any of our previous webinars, please contact Whitney Ajie, Extension Educator, at [ajie2@illinois.edu](mailto:ajie2@illinois.edu).

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## **Calendar of Events**

### **May 2016**

- 10      Begin submitting last month's child nutrition claims for reimbursement in WINS through IWAS. ALL child nutrition program claims (original and revised) must be received by ISBE no later than 60 days from the last day of the month you are claiming. Due dates for reimbursement claims are listed at [http://www.isbe.net/funding/pdf/nutrition\\_claim\\_due\\_dates.pdf](http://www.isbe.net/funding/pdf/nutrition_claim_due_dates.pdf)
- 11      ISBE Board Meeting – Springfield <http://www.isbe.net/board/default.htm>
- 13-20    Make changes to next month's USDA Foods order



## **Nutrition and Wellness Programs**

Illinois State Board of Education

100 North First Street, W-270

Springfield, IL 62777

Phone: 800/545-7892 or 217/782-2491

Fax: 217/524-6124

Email: [cnp@isbe.net](mailto:cnp@isbe.net)

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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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