

# THE OUTLOOK

Your Guide to School-Based Child Nutrition Programs



## Child Nutrition Reauthorization Updates

**T**he *Healthy, Hunger-Free Kids Act of 2010* (Public Law 111-296) brings about many important improvements to the Child Nutrition Programs.

To assist schools with implementation, the Nutrition Programs Division at the Illinois State Board of Education has recently updated a summary of the sections of this act that impact school-based programs at [www.isbe.net/nutrition/htmls/hunger\\_free.htm](http://www.isbe.net/nutrition/htmls/hunger_free.htm) (click on *School-Based Child Nutrition Programs*). The USDA continues to issue guidance on these changes, and we will update chart accordingly. If you have questions, please contact us at (800) 545-7892 or [cnp@isbe.net](mailto:cnp@isbe.net).



## Enhancing the School Food Safety Program: Inclusion of All Child Nutrition Programs

**R**ecent changes in the federal law require that the school food safety program, which has been required since 2004, now address food safety in all aspects of school meal preparation, ranging from procurement through service. This requirement applies to school breakfast or lunch meals served through the National School Lunch and School Breakfast Programs as well as the Special Milk, the Fresh Fruit and Vegetable Program and afterschool snack or supper programs. Program operators should ensure compliance with this requirement during the 2011-12 school year.

For more information and guidance related to the required school food safety program, visit [www.isbe.net/nutrition/htmls/safety.htm](http://www.isbe.net/nutrition/htmls/safety.htm).

## Summer Food Service Program Mandate — Public Act 096-0734

**P**ublic Act 096-0734 amends Section 20 of the Childhood Hunger Relief Act (105 ILCS 126/20). This amendment requires a school district to implement a summer breakfast

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and/or lunch program for the duration of the summer school program in all schools where 50 percent or more of the student population is eligible for free or reduced-price meals AND that have a summer school program. This amendment applies to all schools that meet the above criteria, including those schools not currently participating in any federal Child Nutrition Program

Two federal Child Nutrition Programs administered by the Illinois State Board of Education, the National School Lunch Program's Seamless Summer Option (SSO) and the Summer Food Service Program (SFSP) assist school districts in implementing a successful program and in supplementing the costs of providing meals to students during the summer. The legislation along with question and answers are accessible at [www.isbe.net/nutrition](http://www.isbe.net/nutrition) on the National School Lunch Program website under Public Act 096-0734 — Summer Food Service Program or on the Summer Food Service Program web page under *Regulations and Policies* and then click on *Public Act 096-0734 — Summer Food Service Program*.

Public Act 096-0734 (accessible at [www.ilga.gov](http://www.ilga.gov)) also includes information regarding an opt-out provision. If the opt-out provision is elected, the petition to request an exemption must be to the regional superintendent by Jan. 15, annually; access the legislation to receive details on what must be included in the petition.

Staff from our Nutrition Programs Division is available at (800) 545-7892 or (217) 782-2491 for technical assistance with reimbursement or program operations.

Note to CEO Approved Sites: A school building(s) participating in the Community Eligibility Option (CEO) and conducting a summer school program must operate a summer breakfast and/or lunch program or complete the *opt-out* provision requirements no later than Jan. 15, annually. CEO buildings conducting a summer school program without completing the *opt-out* provision must apply for SSO or SFSP to implement a summer breakfast and/or lunch program.

### HealthierUS Schools Awardees Waiting Period to Seek Higher Level Award

Effective July 1, 2011, HealthierUS School Challenge awardees may submit new applications for consideration at a higher level reward, beginning one year from the date of their last reward. For example, a school certified in November 2010, may submit an application for a higher award in November 2011.

Schools interested in taking the HUSSC challenge and submitting the application can find the application and additional information and tools at <http://teamnutrition.usda.gov/healthierus/index.html>.

### Claim Common Cent\$



Funding & Disbursement Services Division  
Phone 217/782-5256  
Fax 217/782-3910

### Reminders for Fiscal Year 2012

As you start submitting claims for the 2011-12 school year, remember that the programs and claims run on a Federal Fiscal Year of October through September. This means that September and prior claims are **FY 2011**, and October and subsequent claims are **FY 2012**. Be sure you select the correct Program Year when filing your claims online. If the status of the site claim says 'consolidated' or there are numbers already filled-in on the claim; it is very likely that you are in the wrong fiscal year. Double-check the Program Year field on the gold bar on the left side of the screen.

**Also, effective with October 2011 claims, all original claims and upward revised claims must be submitted by sponsors within 60 calendar days of the end of the claiming month in order to be paid with program funds. Please refer to the full article regarding this policy change in the September Outlook for complete details. Final claim due dates are:**

<u>Claim Month</u>	<u>Due Date</u>
October	December 30
November	January 29
December	March 1 (February 29 if leap year)
January	April 1 (March 31 if leap year)
February	April 29
March	May 30
April	June 29
May	July 30
June	August 29
July	September 29
August	October 30
September	November 29

If you have any claim questions please contact Gladys Rothenberg or Sharon Hopson in Funding & Disbursements at 217/782-5256.

## Spotlight on Schools

### Fourth Illinois School Earns Highest Certification in HealthierUS School Challenge

Congratulations to Fairview South School, Fairview School District 72, in Skokie, for achieving the Gold Award of Distinction certification in the HealthierUS School Challenge (HUSCC). This marks Illinois' fourth school to receive this distinguished recognition. This recognition exemplifies the school's effort to build a healthier school environment through better nutrition and physical activity practices. Kudos to all of the HUSCC certified schools in Illinois. For the complete list of Illinois award winners, please visit [www.fns.usda.gov/tn/healthierus/index.html](http://www.fns.usda.gov/tn/healthierus/index.html). To locate the schools, visit the Healthy Access Locator, also available at that website.

### Spotlight on Schools WebPages Updated



Check out the newly updated Spotlight on Schools WebPages on the Nutrition Programs Division's website at [www.isbe.state.il.us/nutrition/htmls/sos.htm](http://www.isbe.state.il.us/nutrition/htmls/sos.htm) for new grant announcements, a HealthierUS School Challenge update, and much more!

### MyPlate's Fruit and Vegetable Video Challenge Submissions due November 15

Calling all video producers! Now is your chance to win money to produce a 30-second video with tips to encourage fruit and vegetable consumption to one of three groups, kids, eating at home or eating away from home. Produce your 30-second video, and then submit it to <http://fruitsandveggies.challenge.gov/>. Hurry, the due date is approaching, November 15. Good luck!



## Professional Development

### School Meal Service Procurement — The Invitation for Bid and Contract Process

This training is designed to assist school food authorities (SFAs) who currently contract or are seeking to contract for school meal services with a food service management company or meal vendor in meeting all requirements associated

with the Invitation for Bid and Contract process. Participants will better understand the three-step document submission and review process and receive training in developing Invitation for Bid and contract documents that meet federal and state regulations and statutes.

The training is presented in three separate webinar sessions and participants should try to "attend" all three sessions. All SFAs conducting a new procurement or considering contracting for school meal services are highly encouraged to participate in the training. Participants **must** be employees of the school food authority (school or district).

Pre-registration is required and is available on the Nutrition Programs Division website at [www.isbe.net/nutrition](http://www.isbe.net/nutrition).

**Title:** Session 1: *The "Appetizer"—Introduction and General Requirements*

**Date:** Tuesday, Nov. 29, 2011

**Time:** 1-3 p.m. (CST)

**Title:** *Session 2: The "Entrée"—Invitation for Bid and Contract Prototype*

**Date:** Tuesday, Dec. 6, 2011

**Time:** 1-3 p.m. (CST)

**Title:** *Session 3: The "Side Dishes"—Attachments and Exhibits*

**Date:** Tuesday, December 13, 2011

**Time:** 1-3 p.m. (CST)

### USDA Foods and Illinois Commodity System Webinar

USDA Foods and Illinois Commodity System training will be available via webinar on Dec. 15, 2011. The webinar will focus on the Illinois Commodity System, placing the annual commodity order, diversions to processors, Department of Defense (DOD) fresh fruit and vegetable program, and additional monthly processes aimed at teaching better management of commodity entitlement.

**Date:** Thursday, December 15, 2011

**Time:** 8:30-10 a.m. (CST)

### Are We Ready for Summer?

Did you say summer? Although summer 2011 has just ended, plans for next year are already a work in progress. Trainings for the 2012 summer will be a combination of workshops, webinars, and training modules. These

trainings will be posted on the Summer Food Service Program (SFSP) website at [www.isbe.net/nutrition/htmls/summer.htm](http://www.isbe.net/nutrition/htmls/summer.htm) during December 2011. A sneak peek of the 2012 SFSP webinars are listed below:

**Title:** *Session 1: SFSP Food Contracts – The IFB Process- over \$100,000 (Part 1 of 2)*

**Date:** January 19, 2012

**Time:** 2:00–3:30 p.m. (CST)

**Title:** *Session 2: SFSP Food Contracts- Reviewing Forms and the Renewal Process (Part 2 of 2)*

**Date:** January 26, 2012

**Time:** 2:00–3:30 p.m. (CST)

**Title:** *Current SFSP Sponsor Training (Review of Regulations, New Developments, etc.)*

**Date:** February 22, 2012

**Time:** 2:00–3:30 p.m. (CST)

**Title:** *SFSP Claims for Reimbursement (Step by Step through a Claims for Reimbursement)*

**Date:** April 4, 2012

**Time:** 2:00–3:30 p.m. (CST)

**Title:** *Current SFSP Sponsor Training (Review of Regulations, New Developments, etc.)*—Repeat of February 22, 2012

**Date:** April 20, 2012

**Time:** 2:00–3:30 p.m. (CST)

**Save the Date!!**

- Get the students' input. Take a survey and offer taste tests of new healthy menu items.
- Read the ingredient labels on grain products. The first ingredient should be whole grain to qualify. Whole wheat flour, whole corn and brown rice are examples of whole grains.
- Begin with a 50/50 Romaine and iceberg mix for salad then move toward a 70/30 blend.

#### *Serving More Cooked Dry Peas and Dry Beans*

Planning and preparing cooked dry beans and cooked dry peas in a tasty way can be a challenge. The Illinois NET Program developed the *Serving More Cooked Dry Peas and Dry Beans* flyer to provide menu planning resources. Some tips for success from the flyer include:

- Use canned and dried beans available free from USDA Foods to save money and reduce sodium. USDA has reduced sodium in all canned beans and vegetables to 140 mg. per serving.
- Opt for canned beans when time is at a premium.
- Gradually reduce salt used in cooking by substituting more herbs and spices and/or citrus to enhance flavor.

Limited quantities of these flyers can be mailed to you for an upcoming meeting. Send your request to [ilnet@kidsroe.org](mailto:ilnet@kidsroe.org) or call (800) 466-7998. Both flyers are also available for download at [www.KidsEatWell.org](http://www.KidsEatWell.org).


## Two New HealthierUS School Challenge Resources Now Available

Now is an exciting time to be involved in school nutrition. Schools throughout the country are taking part in USDA's HealthierUS School Challenge. The Illinois Nutrition Education and Training (NET) Program has developed two new HealthierUS School Challenge resources.

### *Illinois Schools Rise to the Challenge*

Many schools in Illinois have risen to the HealthierUS School Challenge (HUSSC) to improve school meals and provide students with nutrition education, physical education and additional physical activity opportunities. The Illinois NET Program developed the *Illinois Schools Rise to the Challenge* flyer to highlight strategies and tips from schools winning a HUSSC award. Some tips in the flyer for creating a healthier menu include:

## Date Saver! Fifth Annual Illinois School Wellness and Recognition Conference Announced

 Highlight Thursday, May 10, 2012, on your calendar for the fifth annual Illinois School Wellness Recognition Conference. This year's conference will be held in Springfield at the Crowne Plaza. The annual conference fulfills the intent of PA094-0190, establishing a school health recognition program that publicly identifies those schools that have implemented programs to increase the level of physical activity of their students; publicly identifies those schools that have adopted policies or implemented programs to promote healthy nutritional choices for their students; and allows recognized schools to share best practices and model services with other schools throughout the State. Watch [www.isbe.net/nutrition](http://www.isbe.net/nutrition) for further details after the new year!

# The Melting Pot

## Easy Online Team Nutrition Enrollment Available

USDA's initiative, Team Nutrition, supports the Child Nutrition Programs through training and technical assistance for foodservice, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

It is now easier than ever to enroll in Team Nutrition. Just visit the following URL and apply online at: [http://healthymeals.nal.usda.gov/hsmrs/TN\\_Enrollment\\_Form/enrollment.php](http://healthymeals.nal.usda.gov/hsmrs/TN_Enrollment_Form/enrollment.php). Or if you need to update any information related to your TN enrollment; use this website to make those changes as well.

Kudos to the over 1,400 Illinois schools that have enrolled in Team Nutrition. They have taken the first step toward meeting the HealthierUS School Challenge.

## MyPlate Theme Messages

Balancing Calories, Foods to Increase, and Foods to Reduce are the three main categories of the MyPlate's themed messages, based on the 2010 Dietary Guidelines for Americans.

MyPlate's first campaign theme, under the umbrella of Foods To Increase, reminds us to *Make Your Plate Half Fruits and Vegetables*. Have you communicated this message to the students and school community? Start with visuals and print materials available to download at [www.choosemyplate.gov/tipsresources/printmaterials.html](http://www.choosemyplate.gov/tipsresources/printmaterials.html). Or visit this site for more MyPlate resources, [www.fns.usda.gov/tn/myplate.html](http://www.fns.usda.gov/tn/myplate.html). Team Nutrition schools may order MyPlate posters at [www.fns.usda.gov/tn/Resources/myplateposter.html](http://www.fns.usda.gov/tn/Resources/myplateposter.html). This theme runs through December 2011, so there is still plenty of time to incorporate it in your school nutrition environment.



## Subscribe to the *Illinois Schools Can!* eNewsletter

The Illinois Nutrition Education and Training (NET) publishes a quarterly e-newsletter, *Illinois Schools Can!*

Targeting school staff, educators, administrators, and food service personnel, *Illinois Schools Can* offers current information on school wellness resources, grant opportunities and training. Subscribe for free at <http://kidseatwell.org/Enewsletter.htm>. Read the e-newsletter online or download the current or previous issues.

## WHO ARE YOU GOING TO CALL? In the Division of Nutrition Programs

The Division of Nutrition Programs, Illinois State Board of Education administers the following school-based Child Nutrition Programs.

School-Based Child Nutrition Programs	
<b>NSLP</b> National School Lunch Program	<b>NSLP</b> After-School Care Program
<b>SBP</b> School Breakfast Program	<b>SMP</b> Special Milk Program
<b>Illinois Free Lunch and Breakfast Program</b>	<b>SSO</b> Seamless Summer Option

The division contact information is listed below.

**PHONE NUMBER:** (217) 782-2491, (800) 545-7892 (IL only)

**FAX:** (217) 524-6124

**E-MAIL:** [cnp@isbe.net](mailto:cnp@isbe.net)

**NUTRITION WEBSITE :** [www.isbe.net/nutrition](http://www.isbe.net/nutrition)

**FOOD DISTRIBUTION WEBSITE:** [www.isbe.net/business](http://www.isbe.net/business)

**MAILING ADDRESS:** Illinois State Board of Education, Nutrition Programs, 100 North First Street, W-270, Springfield, Illinois 62777-0001.

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To receive monthly notices of *The Outlook* newsletter link, join *The Outlook* List Serve. Email: [Outlook10-join@list.isbe.net](mailto:Outlook10-join@list.isbe.net) and type only the e-mail address to be added in the message section. A confirmation will be sent to the e-mail address provided. School staff listed as the contact person on NSLP site and/or sponsor applications are already on *The Outlook* List Serve. For questions regarding *The Outlook* newsletter or list serve, please e-mail Joan Love at [jlove@isbe.net](mailto:jlove@isbe.net) or call 800/545-7892 (in Illinois) or 217/782-2491.



Share this newsletter link with staff in your school.

[www.isbe.net/nutrition/htmls/newsletters.htm](http://www.isbe.net/nutrition/htmls/newsletters.htm)

## Calendar of Events – December 2011

Continue On-Site Reviews of all feeding sites (required for all multi-site sponsors) – must be completed annually by February 1. Keep on file at the sponsor.

Complete the meal count edit prior to submission of the Claim for Reimbursement

- 1 Fuel Up to Play 60 Grant Due Date  
<http://school.fueluptoplay60.com/funds>
- 4-10 National Handwashing Awareness Week  
[www.henrythehand.com](http://www.henrythehand.com)
- 10 Submit Claim for Reimbursement
- 13–20 Make changes, if needed, for January commodity deliveries
- 15 Deadline for submitting Verification Summary Report, [www.isbe.net/nutrition](http://www.isbe.net/nutrition)
- 26 Christmas Day Holiday—ISBE office closed
- January 2 (Monday)  
New Year's Day Holiday—ISBE office closed

## [www.isbe.net/nutrition](http://www.isbe.net/nutrition) Your link to the Child Nutrition Programs in Illinois

*The Outlook* is published ten times per year, October through May, for those participating in School Nutrition Programs, by the Nutrition Programs, Illinois State Board of Education, 100 North First Street, Springfield, Illinois 62777-0001. FAX number 217/524-6124; TOLL FREE number 800/545-7892, <http://www.isbe.net/nutrition>.



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