

Mealtime Minutes

Newsletter for the Child and Adult Care Food Program

'Adding Whole Grains to Your Menu'

A webinar on **"Adding Whole Grains to Your Menu"** is set for Thursday, June 21. Registration is on the U.S. Department of Agriculture's [Team Nutrition Webinars and Training webpage](#).

The "CACFP Halftime: Thirty on Thursdays" webinar is part of a series of interactive, skills-building webinars on the updated Child and Adult Care Food Program (CACFP) meal patterns. They are offered in both English and Spanish. The English webinar is held from 1-1:30 p.m. CT, and the Spanish webinar is held from 2-2:30 p.m. CT.



A webinar on "Feeding Infants: 0-5 Months" is set for July 19, followed by "How to Support Breastfeeding in the CACFP" Aug. 16, and "Feeding Infants: Starting With Solids" Sept. 20.

The audience will have the opportunity to submit questions to the webinar presenters. The webinars are recorded and will be made available at a later date on the

[Team Nutrition website](#).

Questions about the CACFP Halftime Webinar Series can be sent to teamnutrition@fns.usda.gov. Certificates of participation are provided for those who attend the entire 30-minute webinar.

In Case You Missed Them

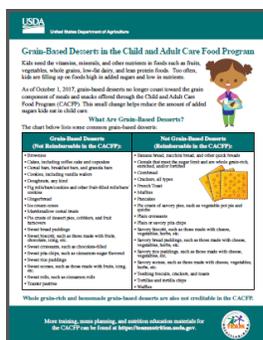
Recordings of the CACFP Halftime webinar series are available online. At just 30 minutes each, they are a great way to get free training. Previous webinars include:

- **"Methods for Healthy Cooking"**
- **Offer Versus Serve in the CACFP"**
- **"Choose Breakfast Cereals That Are Lower in Added Sugars"**
- **"Choose Yogurts That Are Lower in Added Sugars"**
- **"Serving Milk in the CACFP"**
- **"Meal Planning for the CACFP"**
- **"Serving Meat and Meat Alternates at Breakfast"**

Visit <https://www.fns.usda.gov/cacfp-halftime-thirty-thursdays-training-webinar-series>.

Know the Grain-Based Desserts

Check out the U.S. Department of Agriculture's [CACFP Meal Pattern Training Worksheets webpage](#) for several new resources, including one on Grain-Based Desserts in the CACFP. This worksheet features a handy chart of grain-based desserts not reimbursable in the CACFP and food items not considered grain-based desserts, which are reimbursable.



As of Oct. 1, 2017, grain-based desserts no longer count toward the grain component of meals and snacks offered through CACFP.

Other new training worksheets include "Methods for Healthy Cooking," "Offer Versus Serve in the CACFP," and "Serving Meal and Meat Alternated at Breakfast"

All of the training worksheets are available in both English and Spanish.

CACFP CALENDAR

- ◆ **"Adding Whole Grains to Your Menu"** Webinar, Thursday, June 21
- ◆ ISBE closed for **Independence Day** on Wednesday, July 4
- ◆ **"Feeding Infants: 0-5 months"** Webinar, Thursday, July 19

USDA Policy Memos



View the latest policy memos from the U.S. Department of Agriculture for CACFP. All policy memos can be found online at www.fns.usda.gov/cacfp/policy. Here are recent highlights:

- ◆ [Conducting Five-Day Reconciliation in the Child and Adult Care Food Program, with Questions and Answers \(4/4/2018\)](#). The purpose of this memorandum is to highlight State flexibilities and local choices for complying with the five-day reconciliation requirement in the Child and Adult Care Food Program (CACFP). Under 7 CFR 226.6(m)(4) and 226.16(d)(4), all reviews of day care homes and sponsored centers must include the reconciliation of meal counts with enrollment and attendance records for five consecutive operating days. USDA's Food and Nutrition Service (FNS) is issuing revised guidance to eliminate disparities and reduce duplication in this review process. This guidance supersedes CACFP 24-2016: Conducting Five-Day Reconciliation in the Child and Adult Care Food Program, with Questions and Answers, issued on Sept. 7, 2016.
- ◆ [Grain Requirements in the Child and Adult Care Food Program; Questions and Answers \(4/12/2018\)](#). This memorandum explains the grain requirements for the Child and Adult Care Food Program (CACFP) established in the final rule, "Child and Adult Care Food Program: Meal Pattern Revisions Related to the Healthy, Hunger-Free Kids Act of 2010." This revision further clarifies how to determine if a grain product meets the whole grain-rich criteria. It also includes updated Questions and Answers in Attachment 3. This memorandum supersedes CACFP 01-2018, Grain Requirements in the Child and Adult Care Food Program; Questions and Answers, October 19, 2017. Here is one of the new /updated questions and the answer:

Q: Can centers and day care homes use the Whole Grain Stamps from the Whole Grain Council to determine if a grain product meets the whole grain-rich criteria?

A: *No. While the Whole Grain Stamps provide useful information on the amount of whole grains a product contains, they are not sufficient documentation to determine if a food is whole grain-rich. This is because products that display a Whole Grain Stamp may also contain high amounts of non-creditable grains, such as non-enriched, refined flour. Centers and day care homes may instead use any one of the six options presented in this memo for determining whether the product meets the whole grain-rich criteria.*

- ◆ [Child Nutrition Program Waiver Request Guidance and Protocol — Revised \(5/24/2018\)](#). This memorandum revises the current USDA Food and Nutrition Service (FNS) process for State agencies and eligible service providers [1] seeking a waiver of statutory or regulatory Program requirements for the Child Nutrition Programs (CNPs), including the Child and Adult Care Food Program (CACFP), the Summer Food Service Program (SFSP), the National School Lunch Program (NSLP), the Fresh Fruit and Vegetable Program (FFVP), the Special Milk Program (SMP), and the School Breakfast Program (SBP). This memorandum supersedes SP 27-2017, CACFP 12-2017, SFSP 08-2017, Child Nutrition Program Waiver Request Guidance and Protocol, dated April 26, 2017.

Updated Enrollment and Eligibility Forms Available

The CACFP Enrollment Form, Parent Letter, Household Eligibility Application, and Income Eligibility Guidelines for July 1, 2018 – June 30, 2019, are now available on the website at <https://www.isbe.net/Pages/Child-Adult-Care-Food-Program-Documents.aspx>. Look under "Enrollment and Household Eligibility Information."

Some organizations have a specific month annually when all parents/caregivers renew CACFP forms, and some organizations have parents complete them on a rolling basis, as forms expire during the year. Either method is acceptable, but always use the most current version of the forms at the time you normally renew these documents.

The CACFP Enrollment Form (ISBE form 67-98) must be completed annually for every child enrolled in:

- Child Care Centers
- Pre-kindergarten Programs
- Head Start or Even Start Programs
- Outside School Hours Programs

Hungry for new recipes? Discover recipes for use in child nutrition



programs at the [Team Nutrition website](#) and the [What's Cooking? USDA Mixing Bowl](#).

Questions or comments? Email us at cnp@isbe.net or call (800) 545-7892 or (217) 782-2491. [This institution is an equal opportunity provider.](#)