

THE OUTLOOK

Your Guide to School-Based Child Nutrition Programs



Second Illinois School to Receive Highest HealthierUS School Challenge Award

Congratulations to Namaste Charter School, the second Illinois school to attain the Gold Award of Distinction certification in the USDA’s HealthierUS School Challenge (HUSSC). Namaste Charter School will be recognized by receiving:

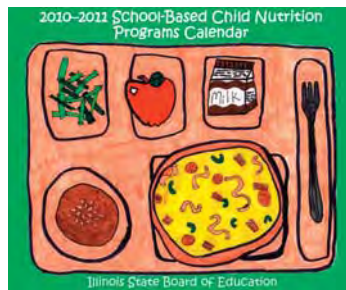
- A large HealthierUS Gold banner for immediate display in their school
- A plaque of recognition signed by the Secretary of Agriculture, which will be presented to the staff
- A financial award of \$2,000 to be deposited into their nonprofit foodservice account. Recognition on the Team Nutrition website

Namaste’s mission is to *educate children from the inside out*, integrating comprehensive health and wellness programming with rigorous academic instruction. Namaste joins the Academy for Global Citizenship (AGC), Chicago Public Schools in the Gold Award of Distinction certification.

Other Illinois HUSSC certified schools include: Ridgeview Elementary School from Ridgeview Community Unit School District 19, and Bushnell-Prairie City Elementary School from Bushnell-Prairie City Community Unit School District 170, both recipients of the silver level certification.

Calling All Artists!

The School-Based Child Nutrition Programs’ staff is working on next year’s Nutrition Programs’ calendar and needs help from your students. This year we are promoting healthful eating habits and will be creating a calendar full of fruits and vegetables. We would like to have your students draw a picture of their favorite fruit(s) and/or vegetable(s). In addition, we are asking for ten words describing healthy eating habits!



Have your students draw a picture of their favorite fruit(s) and/or vegetable(s) and have them follow the guidelines below.

- Artwork is to be done on a white piece of paper (8½” x 11”); have them utilize as much of the paper as possible.
- Use crayons and/or markers (no colored pencils)

DECEMBER 2010 — THE OUTLOOK

WHAT’S NEW

Second Illinois School Receives Highest HealthierUS School Challenge Award	1
Calling All Artists!.....	1
Breakfast Summit Educates and Enlightens	2

TAKING CARE OF BUSINESS

Direct Certification in Illinois	3
School Breakfast Program Mandate	3
The Scoop on Summer	3
Guidelines for Management of Life Threatening Food Allergies – Local Policies Required by Start of 2011	4
How To Ensure a Tip-Top Review	4
Claim Common Cent\$ – Filing Your December Claim	5

USDA FOODS

School Year 2012 Annual Commodity Order Approaching	6
New Product Offered for Further Processing Next School Year – Pollock	6

SPOTLIGHT ON SCHOOLS

Deputy Secretary Merrigan Presents Academy for Global Citizenship with Top Award	6
Dairy Fully-Fueled Event Held at Heyworth Elementary School	7
Funding Available to Help K-12 Schools Fuel Up to Play 60..	7

FLAVOR OF THE MONTH

Veggie du Jour	7
----------------------	---

PROFESSIONAL DEVELOPMENT

Whole Grains Webinar Scheduled February 10	7
Earn Recognition with the HealthierUS School Challenge Webinar and Grant Opportunity	8

THE MELTING POT

School Breakfast Detectives, National School Breakfast Week’s Theme	8
Join Action for Healthy Kids/Bookmark the Website	8
Let’s Move Cities and Towns! Initiative	8
Join <i>The Outlook</i> Newsletter List Serve	9

CALENDAR OF EVENTS.....	9
-------------------------	---

This institution is an equal opportunity provider.

please). The more color the better!

- On the back include:
 - o The student's first name, grade level, school, and city
 - o The name of the fruit(s) and/or vegetable(s) that were drawn
 - o Ten words describing healthy eating habits

Please submit completed projects by Friday, February 4, 2011, to:

Nutrition Programs Division—Calendar
 Illinois State Board of Education
 100 North First Street (W-270)
 Springfield, Illinois 62777-0001



Selected drawings will be displayed in next year's program calendar (July 2011 – June 2012). Incomplete or late submissions will not be considered. Drawings will not be returned.

Thank you for your help in making next year's calendar a success. We are excited to see your students' masterpieces!

Illinois School Breakfast in Action Summit

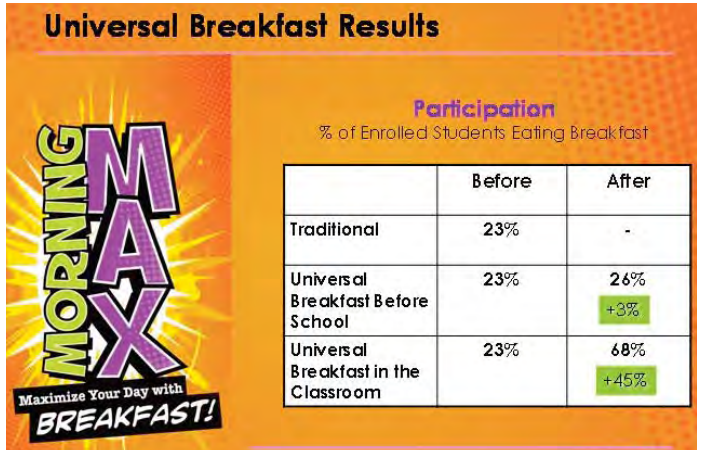


Breakfast Summit Educates and Enlightens

Almost 100 school administrators, educators, food service professionals, nurses, and industry representatives participated in the first annual Illinois School Breakfast in Action Summit held in Bellwood last month. Alicia Dorazio with the Institute of Health and Nutrition opened the summit with her session, *Breakfast=School Success*.

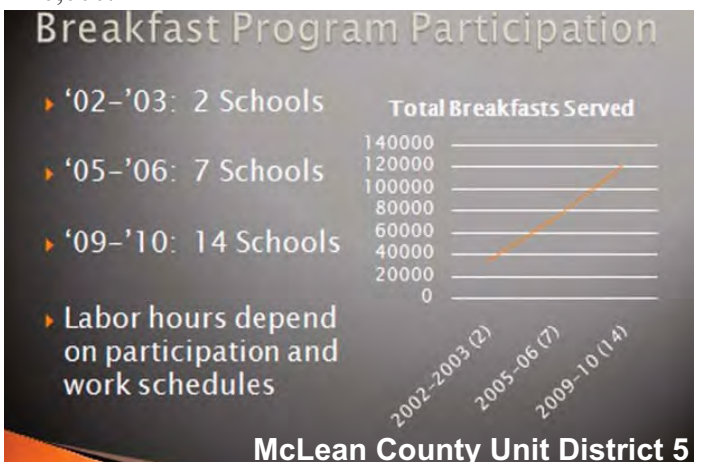
The first panel session addressed challenges and solutions of offering breakfast at school. Among some of Elgin School District U-46's accomplishments, Claudie Phillips, Director of Food and Nutrition Services, stressed that the Food Service Division has positioned themselves as an integral part of the educational program for U-46. The district started two Breakfast Programs, offers breakfast carts "To Go" to their students, purchased vending machines for breakfast, offers a choice of a hot and cold breakfast daily, and has increased their breakfast participation to over 50 percent in some schools.

Louise Esaian, Logistics Officer, Nutrition Support Services; Bob Bloomer, Chartwells-Thompson Hospitality; and Serena Peterson, Assistant Principal at McAuliffe Elementary School, described Chicago Public Schools 299 universal breakfast program. First piloted at McAuliffe Elementary School in October 2007, presently 62 schools participate in Breakfast in the Classroom (BIC). A communication strategy, titled Morning MAX, Maximize Your Day with Breakfast, was launched the following year 2008-2009. Students are able to select from both hot and cold breakfast bags. The chart below details breakfast participation at CPS with different serving methods, traditional, universal breakfast before school, and universal breakfast in the classroom.



Crete-Monee's Director of Food and Nutrition Services, Beth Proctor, explained how the school is reaching student walkers with vending carts near entranceways, and grab 'n' go bags in the classroom.

McLean County USD 5, Normal's Food Service Director, Pat Powers, exclaimed that USD 5 overcame their main obstacles, supervision and bussing, by offering breakfast in the classroom, and the offering of traditional service in their satellite and cooking schools. In 2003, McLean County USD5 had two school breakfast sites; the number is now 14 schools. Participation has tripled from slightly under 40,000 breakfasts annually to just over 120,000.



During the second Panel session, Top 10 Breakfast Tools, Samia Hamdan, USDA/FNS Nutritionist, described *What Might Look Different for School Breakfast?* under the Institute of Medicine's recommendations. Specifically, one cup of fruit to two cups offered must be selected, a focus on whole fruit- less juice, only skim and low-fat milk will be offered and more whole grains. In addition, expect to see upper and lower limits for calories, keeping trans fat as low as possible, sodium ranges of less than 430 to less than 500 mg at breakfast by the year 2020, and keeping saturated fat below 10 percent of calories.

Attendees learned about breakfast resources such as USDA's Expanding Breakfast Toolkit, Fuel Up to Play 60, menus, marketing tools, and National School Breakfast Week, and visited exhibits, and sampled whole grain breakfast items.

Hopefully, the summit helped more schools to realize the importance of breakfast at school, which will translate into more schools offering school breakfast, and increased student participation as well. To view the summit's presentations, go to our website at www.isbe.net/nutrition, click on NSLP, National School Lunch Program, and then click on *Spotlight on Schools*.

Watch for an announcement of next year's Illinois School Breakfast Summit in *The Outlook* this spring.

Taking Care of Business

Direct Certification in Illinois

The United States Department of Agriculture (USDA) recently released *Direct Certification in the National School Lunch Program: State Implementation Progress School Year 2009-2010 - Report to Congress*. For further review, the report is available online at <http://www.fns.usda.gov/ora/MENU/Published/CNP/cnp.htm>. This report responds to a legislative requirement to assess the effectiveness of State and local efforts to directly certify children for free meals.

The key findings in the report are as follows:

- States and LEAs directly certified 1.6 million more children at the start of FY 2009-2010 than they did one year earlier, a 24 percent increase.
- The number of LEAs directly certifying SNAP-participant children continues to increase.

This report highlights direct certification efforts in Illinois as best practices. Illinois showed an improvement in direct

certification effectiveness in FY 2009-2010 compared with the prior school year, ranking Illinois among the **five most improved states**. Keep up the great work!

School Breakfast Program Mandate

The Childhood Hunger Relief Act (Public Act 096-0158) mandates that a school must provide a breakfast meal if it had 40 percent or more students eligible for free or reduced-price lunches in the preceding school year. Requests for exemptions from this mandate must be sent to your Regional Office of Education no later than February 15 of each year. For additional information on this mandate, including how to determine which schools are mandated, go to http://www.isbe.net/nutrition/htmls/hb_756.htm.

The Scoop on Summer



Public Act 096-0734 (amends Public Act 095-0155), amends Section 20 of the Childhood Hunger Relief Act (105 ILCS 126/20). This amendment requires a school district to implement a summer breakfast and/or lunch program for the duration of the summer school program in all schools where 50 percent or more of the student population is eligible for free or reduced-price meals AND that have a summer school program. This amendment applies to all schools that meet the above criteria, including those schools not currently participating in any federal Child Nutrition Program. The legislation along with questions and answers are accessible at www.isbe.net/nutrition on either the National School Lunch Program or Summer Food Service Program webpage under *Public Act 096-0734—Summer Food Service Program*. Staff from our Nutrition Programs Division is available at 800/545-7892 or 217/782-2491 for technical assistance with reimbursement or program operations.

Important Dates to Remember

January 15

- Deadline to submit **written Opt-Out** Request to your regional superintendent of schools

February 15

- Deadline to develop and keep on file the district plan to conduct a summer lunch and/or breakfast program for each school where at least 50 percent of the students are eligible for free or reduced-price

school meals AND that have a summer school program

- Sign up for the Summer Food Service Program (SFSP) training (to be posted in December 2010) if participating in the SFSP. For more information on the SFSP, visit <http://www.isbe.net/nutrition/htmls/summer.htm>.

Prior to March 1

- Regional superintendent of schools must convene a public hearing to hear testimony from the school district and interested community members

March 1

- Deadline for regional superintendent to:
 - o Inform the school district, in writing, of his or her decision, along with the reasons why the exemption was granted or denied
 - o Provide a listing to the Nutrition Programs Division of all districts that applied to *opt-out*, along with the affected schools, whether the exemption was *granted* or *denied*, and the reasons for the action

April 1

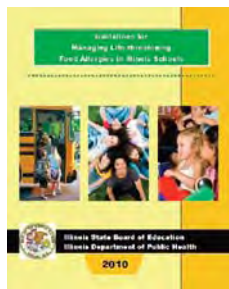
- Deadline for the Illinois State Superintendent of Education to hear appeals on the decisions of regional superintendents of schools

Staff from our Nutrition Programs Division is available at 800/545-7892 or 217/782-2491 for technical assistance with reimbursement or program operations.

Guidelines for Management of Life Threatening Food Allergies – Local Policies Required by Start of 2011

By Jan. 1, 2011, each school board is required to implement a policy based on the *Guidelines for Managing Life-Threatening Food Allergies*. Also, at least every two years, an in-service training program for school personnel who work with students must be conducted by persons with expertise in anaphylactic reactions and management.

Please visit http://www.isbe.net/nutrition/htmls/food_allergy_guidelines.htm to access the *Guidelines for Managing Life-Threatening Food Allergies in Illinois Schools* as well as instructions on how to obtain a sample policy and administrative procedures.



How to Ensure a Tip-Top Review

Here are some tips on how to prepare for a National School Lunch Program (NSLP) Administrative review. These reviews are actually called “CRE” (Coordinated Review Effort) reviews. The cycle for the reviews is every four to five years. When your district’s cycle approaches, an announcement letter will be sent with a check list. An ISBE monitor will call to schedule the review dates. The current Administrative Review Checklist can be found at: http://www.isbe.net/nutrition/pdf/nslp_review_checklist.pdf.

This is the first in a three-part series about working toward compliance. The first part deals with the responsibilities of the LEA. The second part will cover the responsibilities of the sites and the third part will include more general areas.

For further information on the CRE review, go to pages 4-6 at the following link: http://www.isbe.net/nutrition/sbn_handbook/reviews.pdf.

After each area, there will be a link to the administrative handbook for further information.

LEA Responsibilities:

Meal Count Edits

1. Completed monthly per site for lunch, recommended for breakfast
2. Ensure all data is accurate per site
3. Ensure daily meal counts never exceed number of eligibles
4. Daily meal count edits, by site, will be needed by ISBE monitor prior to determining the sites to be reviewed
5. Sample Form: http://www.isbe.net/nutrition/pdf/67-37_meal_count.pdf

On-Site Reviews (sponsors with more than one feeding site)

1. Conducted of all sites by February 1 of each year
2. Must be complete and accurate
3. Must be completed by sponsors, not food service management company
4. Sample Form: http://www.isbe.net/nutrition/pdf/67-35_onsite_review.pdf

Verification (Basic Sample Size)

1. Completed by November 15 of each year

2. Exclude any student who was Directly Certified
3. Only verify 3 percent of total approved applications as of October 1 and always round up to the next number
4. Select from error-prone applications, as applicable
5. Conduct a confirmation review of all the applications selected for verification, sign application in appropriate area
6. Always conduct a follow up of any household who does not respond to the first request and document
7. When evaluating documentation from households always ensure that:
 - o A social security number is obtained where applicable, for income applications
 - o It can be determined from documents the income and frequency
8. A letter must be sent home to each household informing them of the outcome of the verification process
9. When reducing or terminating benefits, this must happen within 10 calendar days
10. Ensure benefits are changed where applicable at the site level, for all students
11. Sample Form: http://www.isbe.net/nutrition/sbn_handbook/verification.pdf

Eligibility Documentation - CRITICAL AREA: Monetary Assessments Possible!

1. All household eligibility applications (HEA) and Direct Certification (DC) listing must be available for review.
 - a. Household Eligibility Applications:
 - i. Must be current, correct and complete!
 - ii. All household members listed including students
 - iii. All incomes listed with frequency; if no income for household members, the “no income” box must be checked
 - iv. A Social security number for the adult signing the application is needed for all income-based HEA or indicate by checking the no-income box
 - v. Signed and dated by school official
 - vi. Foster: individual applications for each child
 - vii. TANF/SNAP: number must follow format; ensure extension of benefit is properly notated
2. Direct certification listings:
 - a. Ensure extension of DC eligibility is properly notated

b. Note: *Identifying students by application, direct certification, or extension of benefits aids in the review of benefits. It will reduce the length of review time significantly and avoid unnecessary errors.*

3. Benefit Issuance
 - a. Compare the list of eligibles to their HEA or DC; do they match? Are students claimed in the appropriate category?
 - b. **Children without HEA or DC: CLAIMED AS PAID**
4. http://www.isbe.net/nutrition/sbn_handbook/pub_announcement.pdf

For further information about the NSLP CRE review, refer to School-Based Child Nutrition Program Administrative Handbook found at: http://www.isbe.net/nutrition/sbn_handbook/toc.htm. You can also call our office at 800/545-7892 or email us at cnp@isbe.net. Good luck on your reviews!

Claim Common Cent\$



Funding & Disbursement Services Division
Phone 217/782-5256
Fax 217/782-3910

Filing Your December Claim

Did you know that you do not have to wait until the full month is complete in order to file your monthly claim? You may file your claim after the number of serving days in the month has been completed. This means that if your school is closing for winter break you can file your December claim before leaving on break rather than waiting to file upon your return in January. Your claim can only contain up to the number of serving days that have been completed. For example: Your school is closing on Dec 17 for break; on Dec 17 you may claim up to 13 serving days (assuming the school operates 5 days per week) on the claim and submit it. Filing your claim before leaving on break leaves one less thing to worry about upon your return in January.

You can actually file any claim before the end of the month as long as the number of serving days has been completed. So, in June when school ends a few days into the month, you can file your claim after your last serving day; you do not have to wait until the month is completed.

Remember that the number of serving days is used in many of the edit checks and that the claim must pass all edit checks in order to be successfully submitted. Remember to file your Sponsor claim after all the site claims are submitted. If you have any questions regarding claims, you may contact Gladys Rothenberg (grothenb@isbe.net) or Sharon Hopson (shopson@isbe.net) at 217/782-5256.

USDA Foods

School Year 2012 Annual Commodity Order Approaching

The Illinois Commodity System (ICS) will be accepting orders beginning December 20, 2010 for next school year. Due to time constraints placed on states by the USDA, we must require that you have your order completed by **Friday, January 21, 2011**.

Schools that choose to divert commodities to processors should watch the ICS message board carefully on January 21, 2011 for important news regarding processors who are getting trucks of commodities. Orders placed with processors that do not get trucks can be changed to those processors that are getting trucks from **January 31st through February 6th**. If you placed an order with a processor that did not get a truck, that order will be deleted.

Please contact the Food Distribution Program staff at 217/782-2491 if you have any questions regarding the annual order process.

New Product Offered for Further Processing Next School Year – Pollock

If you serve fish on your menu, be sure to check out the options available for a new product being offered for diversion in the Food Distribution Program. For the first time in the Food Distribution program, Frozen Alaska Pollock is being offered. This is a divertible item and will require further processing. For the upcoming annual order period, *Pollock (Fish)* will be a processing diversion option for FY 12 on the Illinois Commodity System (ICS). You can divert this and other commodities on your annual order form by selecting the *Diversion to Processor* option on the *Annual Order Form* main menu on ICS.

During the annual order period (December 20, 2010 through January 21, 2011) you will be able to see what

items are offered for this new commodity by selecting *Approved End Products Report* from the *Reports* menu on ICS. Select 2012 for the Program Year and select Pollock (Fish) in the Donated Food Category. A listing of all approved end products will be listed.

Spotlight on Schools

Deputy Secretary Merrigan Presents Academy for Global Citizenship with Top Award

On October 5, 2010, Deputy Secretary Kathleen Merrigan presented the Academy of Global Citizenship (AGC) with the HealthierUS School Challenge Gold Award of Distinction. Joining her was State Representative Daniel Burke and representatives from Midwest USDA, ISBE, Chicago Tribune, Chicago Public Radio, and the Rachel Ray Foundation. Before the ceremony, guests ate a tasty breakfast, which included vanilla-spiced oatmeal and local pears. They joined first and second graders for yoga and went on a student-led garden tour.



Deputy Secretary Merrigan listens as two students from the Academy of Global Citizenship explain what they feed their chickens.

* Photo courtesy of USDA Blog

During the ceremony, AGC received a HealthierUS Gold banner and a plaque signed by Secretary of Agriculture Tom Vilsack. In addition, AGC will receive a \$2,000 award for their general non-profit school food service account.

AGC utilized a USDA Team Nutrition grant awarded by Illinois Nutrition Education and Training (NET) Program to help achieve this honor. With their grant funds, they hired an expert chef to help

enhance the menus to include healthier options like whole grains. In addition, a five-week parent outreach program was made possible. Parents learned how to prepare quick and healthy snacks that included fresh and local foods. They received recipe cards with nutrition details at the end of the program.

Interested in taking the HUSSC Challenge? Apply for a HealthierUS School Challenge mini-grant. Illinois NET will award competitive mini-grants of \$3,500 (funded by

USDA Team Nutrition) to thirteen schools committed to taking the Challenge. Visit www.KidsEatWell.org to download the application or call 800/466-7998 with grant questions.



WELCOME TO
DAIRY FULLY FUELED



Dairy Fully-Fueled Event Held at Heyworth Elementary School

Question: What do you get when you combine size 18 football shoes, a St. Louis Rams football jersey, elementary students in groups of 45-60, a local dairy farmer, and eight interactive stations, specifically, *Highway*, *Complete Pass*, *Yogurt Swirl*, *Pledge to the Big 4*, *Measure Up*, *What's Your Flavor?*, *The Big Four*, and the *Power Block*?

Answer: The Dairy Fully-Fueled Event!, sponsored by the St. Louis District Dairy Council and local dairy farmers. The Big 4 refers to the Nutrient-Rich Food Groups—also known as the Food Groups to Encourage (FGTE) Low Fat Dairy, Fruits, Vegetables, and Whole Grains.



Recently, the 2010 Dairy Fully-Fueled special celebration was held at Heyworth Elementary school to recognize the school's School Year 2009 efforts to build healthy bodies, with nutrition and physical fitness activities. Heyworth Elementary School implemented the Fuel Up to Play 60, national youth-led program from the National Dairy Council and the National Football League. Heyworth Elementary School is located in McLean county, just south of Bloomington. Heyworth Elementary School was just one of 32 winning schools selected randomly from 75 qualified applicants to receive the Dairy Fully-Fueled tour.

Elementary students identified their favorite flavored milk at the Fueling Station, climbed the Pyramid Rock wall, signed their names on the Pledge Wall, tossed footballs into cheese wedge targets, entered the Yogurt Swirl air bubble to catch "healthy items", among other activities. Read the following article for more information on

FUTP60 and how your school may become eligible for just such an event next school year!!

Funding Available to Help K-12 Schools Fuel Up to Play 60



Fuel Up to Play 60 is offering a new nationwide funding initiative for K-12 schools enrolled in the in-school wellness program. The funding initiative provides money to help schools jumpstart and sustain healthy nutrition and physical activity improvements. Eligible schools can apply for up to \$3,000 to help them increase awareness of and access to nutrient-rich foods and physical activity opportunities for students.

The funds can be used for a variety of activities and tools, such as foodservice materials and equipment, nutrition and physical education materials, student and staff incentives, staff development and overall Fuel Up to Play 60 program implementation.

There are several application windows each year, the next one being February 15, 2011. More information about Fuel Up to Play 60 and the funding initiative can be found at www.FuelUpToPlay60.com.

Flavor of the Month

Veggie du Jour

This month's featured flavor is "Veggies du Jour" or Vegetable of the Day!



Copying from a restaurant menu concept, "Soup du Jour"; instead, offer a Veggie du Jour in your foodservice operation daily. This creative marketing technique is easy to accomplish. Using a menu border, just title it Veggie du Jour and add the featured vegetable of the day to the menu in bright colors. This may encourage students to try new vegetables.

Professional Development

Whole Grains Webinar Scheduled February 10

Illinois Nutrition Education and Training staff, with funding from the Team Nutrition Training 2010 grant will be hosting the *Whole Grains for Healthy Schools* Webinar on February 10, 2011. Save the date in your calendar and check back at www.kidseatwell.org in January to register.

Earn Recognition with the Go for the Gold: Join the HealthierUS School Challenge Webinar and Grant Opportunity

Watch the *Go for the Gold: Join the HealthierUS School Challenge* webinar and learn how to join this national movement. You can view this Illinois Nutrition Education and Training (NET) program webinar at anytime by visiting www.KidsEatWell.org.

This training program provides an overview of a national recognition program for schools that excel at school wellness. It covers the requirements of the program and provides information about a new mini-grant opportunity to support Illinois schools that join the Challenge. Hear how schools in St. Charles, Illinois added healthy choices to the menu while keeping participation up and avoiding increased cost. Learn how an HUSSC certified school in Colfax, Illinois sought out grants to provide fun, interactive nutrition education programs to their students at no cost.

One of the goals of the national *Let's Move!* initiative is to double the number of schools that meet the HealthierUS School Challenge criteria **during the next school year**. To assist this effort, Illinois NET Program plans to award thirteen competitive mini-grants of \$3,500 to schools that submit winning applications by January 14, 2011. Use the funding to support the cost of training for staff and learning resources. The application process is very easy!

The benefits to schools include financial incentives for Challenge award schools and state and national acknowledgement! It also gives you a chance to put a healthier meal program in place in advance of possible new rules.

Visit www.KidsEatWell.org to view the *Go for the Gold* webinar and download the grant application. Both have been funded, in part, by a USDA Team Nutrition grant.

The Melting Pot

School Breakfast Detectives, National School Breakfast Week's Theme



National School Breakfast Week (NSBW) will be celebrated March 7–11, 2011. Its theme is *School Breakfast Detectives—The Search for Super Energy*. Visit

www.schoolnutrition.org/nsbw for additional information on National School Breakfast Week, including nutrition puzzles, menus, recipes, proclamations, and more!

Join Action for Healthy Kids/Bookmark the Website

If you have not visited the Action for Healthy Kids Website (AFHK) in awhile, consider doing so. If you have not joined AFHK, do so today to hear about webinars, funding opportunities, and Take Action section (community member who wants to get involved) get tips, toolkits, and resources to take action in your school. Register to get access to tools, read about model policies, and much more! Bookmark this valuable website at www.actionforhealthykids.org.

Let's Move Cities and Towns! Initiative

First Lady Mrs. Obama has put a call out to elected officials in cities and towns throughout the United States to cut childhood obesity rates within a generation. The Illinois Municipal League has responded to this call and is spreading the word to cities, towns, and villages throughout Illinois in order to gather community members to join the fight against obesity. *The Let's Move Cities and Towns* initiative acknowledges that each city and town is different and has unique needs and approaches to wellness. *Let's Move Cities and Towns* is designed to encourage mayors and elected officials to adopt a long-term, sustainable, and holistic approach to fight childhood obesity. Once an elected official signs up as a prospective *Let's Move City* or a *Let's Move Town*, he or she will choose at least one significant action to take over the following twelve months in each of the following four areas:

1. Help Parents Make Healthy Family Choices
2. Create Healthy Schools
3. Provide Access to Healthy and Affordable Food
4. Promote Physical Activity

Joining the campaign has a primary objective of eliminating childhood obesity one community at a time and the program offers various opportunities for community recognition. A few examples of how a city or town could be recognized include:

- Accomplishments and ideas for future action may be highlighted on the *Let's Move* website.

- Mayors from *Let's Move Cities and Towns* will be invited to participate in conference calls with White House and federal agency staff to share ideas, discuss barriers and celebrate progress.
- *Let's Move Cities and Towns* will receive a certificate of acknowledgement confirming qualification as a *Let's Move City* or *Let's Move Town*.

Let's Move Cities and Towns is an exciting opportunity to get with your friends, neighbors, and community members to take steps towards wellness for all! To learn more about *Lets Move Cities and Towns* visit the *Lets Move* website at <http://www.letsmove.gov/officials-step-1.php>.

Join *The Outlook* Newsletter List Serve

To receive monthly notices of *The Outlook* newsletter link, join *The Outlook* List Serve. Email: Outlook10-join@list.isbe.net and type only the e-mail address to be added in the message section. A confirmation will be sent to the e-mail address provided. School staff listed as the contact person on NSLP site and/or sponsor applications are already on *The Outlook* List Serve. For questions regarding *The Outlook* newsletter or list serve, please e-mail Joan Love at jlove@isbe.net or call 800/545-7892 (in Illinois) or 217/782-2491.



Share this newsletter link with staff in your school.

www.isbe.net/nutrition/htmls/newsletters.htm.

The Outlook is published ten times per year, December through May, for those participating in School Nutrition Programs, by the Nutrition Programs, Illinois State Board of Education, 100 North First Street, Springfield, Illinois 62777-0001. FAX number 217/524-6124; TOLL FREE number 800/545-7892, <http://www.isbe.net/nutrition/>, Christine Schmitt, Division Administrator.

Calendar of Events – January 2011

Complete the meal count edit prior to submission of the Claim for Reimbursement

Continue On-Site Reviews of all feeding sites (required for all multi-site sponsors)—must be completed annually by February 1. Keep on file at the sponsor.

If meal services contract is scheduled to expire, begin preparing your bid solicitation/contract documents for submission to ISBE for review— go to www.isbe.net/nutrition, under Resources, click on *Food Service Management Companies and Vendors*, then click on *Forms*

Dec. 31 New Year's Day Holiday—ISBE office closed

Jan.

10 Submit Claim for Reimbursement

13–20 Make changes, if needed, for February commodity deliveries

16–18 School Nutrition Association Child Nutrition Industry Conference, School Nutrition Association, Seattle, WA

17 Martin Luther King Jr. Day—ISBE office closed

21 Access the Illinois Commodity System at <http://www.isbe.net/nbusiness.htm>, under *Resources* click on *Illinois Commodity System Food Distribution Program* and complete the upcoming school year's commodity order; must be completed by **January 21**.



Illinois State Board of Education

100 North First Street • Springfield, Illinois 62777-0001
www.isbe.net

Pat Quinn
Governor

Jesse H. Ruiz
Chairman

Dr. Christopher Koch, Ed.D.
State Superintendent of Education

www.isbe.net/nutrition

Your link to the Child Nutrition
Programs in Illinois