

**Critical Health Problems (CHP)
&
Comprehensive Health Education (CHE) Advisory Committee
aka
School Health Advisory Committee (SHAC)**

**October 3, 2013
1 p.m. – 4:30 p.m.**

**Illinois State University Campus
Conference Room # 309
Felmley Hall
Normal, Illinois**

I. Present:

Members:

Vince Champagne
Jeffrey Clark
Yamani Hernandez
Sue Ickes
Victoria Jackson

Lise Jankowski (proxy for DHS
member Harris)
Linda Kimel
Conny Moody

Members Absent/Excused:

Tom Shafer
Daniel Harris
Kim Peck
Alexandra Schaible

ISBE Staff:

Jessica Gerdes

Public Visitors:

Adrian Lyde

II. Opening Remarks:

Jessica welcomed everyone to the Committee Meeting and went over the Meeting Objectives. No changes to agenda. Members introduced themselves and one member of the public introduced herself. Quorum was met.

III. Minutes of previous meeting were reviewed, approved as read.

Discussion:

- A. Agenda item: Update on Enhance PE Task Force and Recommendations was postponed to January because State Board of Education has them under public comment until Nov. 18.
- B. There was lengthy discussion regarding implementation of current health education curriculum across the state in K-12 schools, in particular how different districts define their health curriculum and how they differently meet the Illinois

Learning Standards for health and physical development. There are different perspectives and different levels of the definition. Several members spoke on the topic, including Jeff Clark, who led the discussion, and Linda Kimel, Vyki Jackson, Conny Moody and chair Yamani Hernandez. Vyki Jackson reported that 15 state school districts have implemented coordinated school health approach due to a federally funded, state administered grant from IDPH for selected districts. Also to be factored into implementation of a health curriculum is the new state law effective January 1, 2014, requiring instruction on abstinence and contraception education in 6-12 schools that teach sex education. And how to determine what is developmentally appropriate at different age and developmental levels? Districts are all to use Illinois Learning Standards but some add the national sexual health education standards and the curriculum will differ based on these additional standards. Members discussed providing to ISBE guidance on how to address these problems in school health and health education. Conny suggested they look at recommendations on curriculum and share info with schools and to take this step together as a committee. Jeff Clark led a discussion on how do we move a health promotion program forward with the schools? Should there be creation of a consortium on school health? He advocates a broader vision of health education. He said at our last meeting the members spoke about National Standards and there was a request for those to be distributed; but Jeff didn't know if they were distributed to the committee or not? Currently there is a very skill based approach, no change; how does this compare to IL learning standards. Developing consistent curriculum and have reference point as to why it needs to be this way. Curriculum is designed for particular population. National Standards should drive what happens in classroom and health needs of population. We need curriculum that addresses the particular health issue in a particular population. Needs of community should be stressed and National Standards address this.

Action Item: Members asked for ISBE add to its website the CDC website that contains the National Standards for Health Education. Jessica said that ISBE will be providing some guidance as required by the new law, and it will be posted on the ISBE website as soon as available along with the standards requested today to be posted.

- C. Some discussion on school vending machines and whether more schools are removing the items with empty calories and substituting with low calorie or healthier choices.
- D. Yamani led a discussion on all the current state mandates included in the Critical Health Issues and Comprehensive Health Education Act. Sue Ickes said that, as a school board member, she knows administrators and teachers would love to have some general guidance and less "topic specific" in the law because they "go crazy" with each mandate. Schools find it difficult at times to keep track of what they are to teach at every grade level. Jessica said the "topic specific" aspect of the law is that often, a legislator may want a particular topic included, sometimes due to a death related to that disease or condition, so the law is amended to add

instruction in that topic. Lise Jankowski said some districts use a holistic approach, teaching overall general health education, with skill building and building of healthy concepts rather than individual disease or health projects. Other agreed that giving kids necessary skill building tools to think beyond now and think about their futures is important, as important as learning about specific health topics. There was agreement that this committee think about producing (in next four years) some product revising health education in the state, a proposal that will revise the current Critical Health problems and Comprehensive Health Education Act and create a vision statement/road map on how to get “there.” Yamani concluded the discussion by asking the group to, each time it meets, have as a goal to recommended changes that are necessary and add value to health education. Education, Resources, Policy, Monitor and Accountability, all these pieces need to be categorized.

- E. Jessica described ISBE’s role on this committee: to facilitate, make some of the appointments, find locations and make logistics, provide administrative support, create an agenda based on chair and membership input, and in general that the committee, not ISBE, drive the agenda, explore student health problems and health education, and provide advice and make recommendations to ISBE. She added that it would be permissible for the committee to request for speakers to present on items under discussion, so to better inform the members. It was suggested that Jeff Aranowski, in the ISBE legal division, speak at a future meeting on the public school recognition and monitoring process. Jessica will inquire as to his availability for the January 2014 meeting.

- F. Public comment: Adrian Lyde, a student of health education at ISU, spoke about the state of preparation of teachers for secondary education.

- G. Motion to appoint Jackie Ruenzi, ISBE Program Specialist, as secretary to SHAC Committee:
 - 1st Motion – Conny Moody
 - 2nd Motion – Victoria Jackson

- H. Committee voted to set time for next meeting: Jan. 8th, 1:30-4, by video conference? Springfield, Normal, and Chicago. It was mentioned that it is easier for some to drive to Normal instead of Chicago. April meeting dates set for either April 1, 2, or 3.
- I. Agenda for next meeting: Start working through legislation, curriculum and resources. Jeff asked Jessica to please send an email of tasks they should have completed before next meeting.

Motion to adjourn:

- 1st Motion - Jeff Clark
- 2nd Motion – Conny Moody
- All in favor; meeting adjourned at 3:50 p m