

Critical Health Problems (CHP)
&
Comprehensive Health Education (CHE) Advisory Committee
Aka
**School Health Advisory Committee
(SHAC)**

Tuesday, October 14, 2014
1:30 – 4:30

Illinois State Board of Education
Alzina Building
100 N First Street
3rd Floor (V-Tel)
Springfield, Illinois

Illinois State Board of Education
James R Thompson Center
100 West Randolph Street,
14th Floor (V-Tel)
Chicago, Illinois

**Illinois State University Campus
Technology Development Center**
301 S. Main Street
Room# 103 D
Normal, Illinois

I. Opening Remarks:

The meeting was called to order by Reginald Patterson at 1:35 p.m. Reginald welcomed everyone to the Committee Meeting and went over the meeting objectives. Roll call was made and quorum was established. The meeting was facilitated by Reginald in Jessica's absence.

II. Committee Members Present:

Dr. Jeffrey Clark, Illinois State University, Normal
Linda Kimel, IL. Association of School Nurses, Normal
Sue Ickes, Member, United Township HS Board of Education, Normal
Dan Harris, Department of Human Services, Chicago Office
Yamani Hernandez, Illinois Caucus for Adolescent Health, Chicago Office
Alexandra Mays, Healthy Schools Campaign, Chicago Office
Shaan Trotter, Northwestern University, Chicago Office, new member
Victoria Jackson, Illinois Department of Public Health, Springfield Office

Committee Members Absent/Excused:

Kim Peck, Department of Children and Family Services
Jessica Gerdes, ISBE

ISBE Staff Present:

Reginald Patterson, Chicago Office, V-Tel Room
Jackie Ruenzi, Springfield Office, V-Tel Room

Guest(s) Present

Representative Linda Chapa-LaVia/Chicago Office

III. **Approval of Agenda Items and Minutes from April and July 2014 Meeting**

No additions or changes were made to the Agenda or to the April and July meeting minutes. Approval of the agenda and minutes made:

- 1st Motion – Linda Kimel
- 2nd Motion – Victoria Jackson

IV. **Discussion Items**

- **Follow up to Dr. Clark’s Presentation – “Mapping Out Current Health Curriculum” - presented at July meeting** – Dr. Jeff Clark facilitated discussion and gave a brief overview of the Excel spreadsheet he developed on alignment of the Illinois state goals with national standards on health education. The spreadsheet gives various components assembled to outline topics and grade levels based on Illinois state legislation on national CDC health education topics: activity, nutrition, sexuality, alcohol and drugs, injuries, and tobacco. Within the spreadsheet, he cross referenced state requirements and national standards; then national standards with state legislation and Illinois state goals for education. There is limited common language across these documents. Dr. Clark mentioned that Illinois legislation written in the 1970’s had a very strong focus on content. He believes it has changed over the past 3-4 decades to more of a process focus and skill building to address challenges in today’s educational instruction regarding health issues. It is Dr. Clark’s individual opinion that Illinois Legislature doesn’t address these issues very well. This committee may or may not agree with his observation. In terms of health education, our educational focus needs to be more proactive instead of reactive. Legislation is much more reactive at present. Jackie will email Dr. Clark’s spreadsheet to members present today for their further review (per Reginald’s request).
- **Yamani Hernandez’s resignation as committee chairperson has been submitted and has been accepted by the committee.** However, Ms. Hernandez wrote a letter and will remain a committee member and that was also accepted by the committee. Committee agreed we need to nominate and vote on a new Chairperson.
- **Dr. Jeff Clark was nominated to serve as the new Chairperson.** He accepted the nomination and will follow up with Jessica regarding their conversation prior to the meeting and he is very willing to serve at this time. A vote was taken and all committee members are in favor. Motion to accept:
 - 1st Motion - Sue Ickes
 - 2nd Motion - Victoria Jackson.

- **Dr. Shaan K. Trotter was introduced and welcomed as a new member.** Dr. Trotter comes to us from Northwestern University, Robert H. Lurie Comprehensive Cancer Center. His focus includes innovation and discovery in patient care, community interests in the area of HPV vaccines, policy issues related to obesity, health education, as well as nutrition and food access. His office also works in tobacco prevention and smoking cessation programs to reduce addiction to tobacco products.
- **Discussion of New Member appointed by DHS.** Dan Harris stated they are expecting a letter from Secretary Saddler, from the Illinois Department of Human Services on the appointment of another representative from DHS (Glendean Burton).
- **Discussion-Advisory role to ISBE related to CDC award on adolescent health/HIV/STD prevention.** Linda Kimel stated this was initially discussed at the April meeting and thought we needed to follow up. Is there an actual plan yet or is it still in planning stage? Reginald stated that we are in the process of assessing the bids to determine who will receive the contract hopefully this month and announce contract award next month. Some of these issues will be addressed at our Statewide District Meeting on October 28, 2014. After discussion the committee decided that we need to have the opportunity to review this with Jessica. This will be placed on the agenda for the January 2015 meeting.
- **Representative Linda Chapa-LaVia** – led a short discussion on health education legislative issues. Representative Chapa-LaVia acknowledges all the work this committee has done to work on changes in curriculum and to make this a priority in education for Physical Education and comprehensive Health Education. Representative Chapa-LaVia responded to several questions from committee members:
 - Dr. Jeff Clark stated that he and Jessica Gerdes recently returned from a conference in Portland, Oregon (American School Health Association Conference). They have developed a new model called, “American School Curriculum and Development” (ASCD); ASCD/CDC’s role for school health education, entitled, “Whole School, Whole Community, Whole Child Model. The American School Curriculum and Development (ASCD), Whole Child, Whole School, Whole Community model began in 2007. It is an effort to move education from a narrowly defined academic achievement to something that promotes long term development and the success of children and the improvement of health education across the country. After review, he will email this document to Representative Chapa-LaVia for her review.

- Representative Chapa-LaVia - we need to look at education as a community or municipality.
 - Linda Kimel, has been involved in conversations with administrators and there are many concerns about health education mandates for teachers and school staff. There are over 16 hours of mandated trainings they must attend per school year. Rather than mandating each issue, could we look at a more proactive approach instead of touching on each individual subject (i.e. ADHD, obesity, food allergies, asthma, diabetes, CPR, disaster preparedness)
 - Representative Chapa-LaVia – the fewer mandates we have the better, however we need nurses from this committee to develop a list of subjects that could be removed and what language and issues need to be included. This needs to be done cautiously and with purpose.
 - Representative Chapa-LaVia thanked committee for everything they do to improve health education in our schools statewide.
- **Linda Kimel – per the minutes of the July 15th meeting regarding discussion of Current Health Curriculum** - she had suggested the committee meet to collaborate as a whole to determine what suggestions they will offer and if there are any potential problem areas. In the area of minimum requirements for elementary health education, there are minimum hours mandated in secondary schools but not in elementary schools. Do we need to propose mandated hours at the elementary level? This would require legislative action.
 - Dr. Clark, there's a connection to the Whole Child, Whole School, Whole Community Model. If we move forward with a recommendation; we need to have a conversation with Representative Chapa-LaVia. Moving this direction may call for a complete re-vamping and force re-structuring of how they require health and physical education in schools.
 - Victoria Jackson - What will content focus be? It would be difficult to decide how many hours when we don't know exactly what the content focus will be?
 - Yamani Hernandez – at April meeting, when Jeff Aranowski attended, he stated there are mandates for Elementary and Secondary education. However, this is only for Physical Education, not Health Education.
 - Linda Kimel – there is an emphasis on reading and a coordinated approach. Schools are using science and health reading as part of their Language Arts block. Therefore, health education is not the main focus of instruction.
 - Yamani Hernandez – in new evaluation systems, reading and math achievement is prevalent. Health education is not the main focus.

- Dr. Clark - health and academics are connected; how can we better advocate a more holistic approach that might be more efficient and make it easier for administrators to make this shift.
 - We will move forward on this topic for follow up and input at the January meeting.
 - Dr. Clark will forward informational material on the Whole Child Whole Community to Jackie and she will email to all committee members.
- **Reginald wanted to give Dr. Clark, our new Chair, the opportunity to speak** to the committee on where we are now, his participation as Chair, and the direction we should look to for the future of this committee. Dr. Clark responded, “I believe our role is to provide advice and counsel on the implementation of state legislation and rules to the Illinois State Board of Education. This is my second year on the committee, and many of us want to be more proactive in our approach to changing health education. We should be aware of current issues and strive to provide advice and assist with strong legislation. I will look to other members for their advice within their specific areas of expertise.”

V. New Business/Questions

No new business/questions to report.

VI. Public Comment

There were no members of the public among the three locations on October 14, 2014.

VII. Future Meeting Scheduled:

- **Tuesday, January 13, 2015**
- 1:30 – 4:30
- Chicago, Springfield, and Normal via Video Teleconference

VIII. Adjournment

Dr. Clark made a motion to adjourn

- 1st motion: Dan Harris
- 2nd motion: Sue Ickes

All in favor; meeting adjourned at 2:50 p.m.