

Critical Health Problems (CHP)
&
Comprehensive Health Education (CHE) Advisory Committee
Aka

**School Health Advisory Committee
(SHAC)**

Tuesday, January 13, 2015
1:30 – 4:30

Illinois State Board of Education
Alzina Building
100 N First Street
3rd Floor (V-Tel)
Springfield, Illinois

Illinois State Board of Education
James R Thompson Center
100 West Randolph Street,
14th Floor (V-Tel)
Chicago, Illinois

Illinois State University Campus
Technology Development Center
301 S. Main Street
Room# 103 D
Normal, Illinois

I. Opening Remarks:

The meeting was called to order by Dr. Jeffrey Clark at 1:50 p.m. Dr. Clark facilitated and welcomed everyone to the meeting and went over the meeting objectives. Roll call was made and quorum was established. The role of the School Health Advisory Committee is to provide advice to the Illinois State Board of Education for the implementation of the Act and to assist in developing relationships among agencies related to this Act.

II. Committee Members Present:

Chair, Dr. Jeffrey Clark, Illinois State University, Normal

Brian Goodwin, Department of Children and Family Services, Normal, **New Member**

Yamani Hernandez, Illinois Caucus for Adolescent Health, Chicago Office

Alexandra Mays, Healthy Schools Campaign, Chicago Office

Shaan Trotter, Northwestern University, Chicago Office

Brian Van Mersbergen, New Trier High School, Chicago Office, **New Member**

Committee Members – via Telephone

Dan Harris, Department of Human Services

Sue Ickes, Member, United Township HS Board of Education

Committee Members Absent/Excused:

Linda Kimel, Illinois Association of School Nurses

Victoria Jackson, Illinois Department of Public Health

ISBE Staff Present:

Reginald Patterson, Chicago Office, V-Tel Room
Jackie Ruenzi, Springfield Office, V-Tel Room

ISBE Staff Absent/Excused:

Jessica Gerdes, ISBE

III. Approval of Agenda

No additions or changes were made to the Agenda. Motion was made for approval of the agenda, all in favor, agenda approved:

- 1st Motion – Reginald Patterson
- 2nd Motion – Sue Ickes

IV. Approval of Minutes from October 2014 Meeting

No additions or changes were made to the minutes from the October 2014 meeting. Motion was made for the approval of the minutes, all in favor, minutes approved:

- 1st Motion – Sue Ickes
- 2nd Motion – Dan Harris

V. Discussion Items

• **Appointment and Welcome of New Members to Committee:**

- **Brian K. Goodwin**, Health Policy Administrator, Department of Children and Family Services, Office of Health Services – replaces Kim Peck on Committee. Brian is a Health Policy Administrator for Department of Children and Family Services, new to this position (4 months); he has acted as child welfare advocate in various capacities for 23 years.
- **Brian Van Mersbergen**, Health and Physical Education Teacher, New Trier Township High School (in 20th year) – Illinois State University graduate. He also serves as a health representative on the Executive Board for the Illinois Association for Health, Physical Education, Recreation, and Dance.

Motion was made for approval of new appointments, all in favor:

- 1st Motion – Yamani Hernandez
- 2nd Motion – Sue Ickes

- **Continue Discussion: Dr. Clark's Presentation – "Mapping Out Current Health Curriculum"** - Dr. Jeff Clark gave an overview of the Excel spreadsheet he developed on alignment of the Illinois state goals with national standards on health education. The spreadsheet gives various components assembled to outline topics and grade levels based on Illinois state legislation on national CDC health education topics: activity, nutrition, sexuality, alcohol and drugs, injuries, and tobacco. Within the spreadsheet, he cross referenced state requirements and national standards; then national standards with state legislation and Illinois state goals for health education. Dr. Clark stated that Illinois legislation written in the 1970's had a very strong focus on content. He believes it has changed over the past decades to more of a process focus and skill building to address challenges in today's educational instruction regarding health issues is necessary today. It is Dr. Clark's individual opinion that Illinois Legislature doesn't address these issues very well. This committee may or may not agree with his observation. In terms of health education, our educational focus needs to be more proactive instead of reactive. Legislation is much more reactive at present.

Dr. Clark asked if everyone received the copy of the Critical Care Act matrix that would have been emailed last fall in late September or early October. This will also be re-submitted to be sure our new members are included. Also, the "Whole Child, Whole School, Whole Community" documents along with the "Mapping Curriculum" documents will be re-submitted to the committee for review and additional discussion. Reginald stated he and Jessica will review these documents together; confer with Dr. Clark of any necessary changes/revisions, finalize, and submit to Jackie for distribution to the committee members.

- Brian Van Mersbergen – In his preliminary review of minutes from last October, he believes entire mental health curriculum area is missing and this is a critical piece in school health education and believes it should be included in the matrix. Mental health curriculum would include: Suicide prevention, dealing with depression, emotional health issues and decision-making skills that may lead to students' desire to turn to drug and alcohol use to avoid dealing with emotional issues.
- Yamani Hernandez – In full agreement that mental health topics are a valid and important missing piece and should be addressed and included in new legislation. The committee needs to begin the process of making decisions on the process of re-writing legislation. Will it be content oriented or process oriented? The committee

seems to be going back and forth between content oriented vs. process oriented. I support content oriented and feel the committee needs to begin the process of making decisions and formalizing a plan. This is the main purpose for my interest in serving on this committee.

- Dr. Jeff Clark – our role is to advise Illinois State Board of Education of our recommendations for topics to be included in health and physical education legislation.
- Reginald Patterson – We need to start the process of reviewing legislation that is important and to be included in structure. Last year we invited a legislative liaison to attend our meeting and speak with the committee on the process of changing legislation. We should add elements we feel are important and start moving forward to making recommendations on changes to legislation.
- **Advisory role to ISBE related to CDC award on Adolescent Health/HIV/STD/Teen Pregnancy Prevention Grant** – Reginald Patterson- This will be placed on the agenda for the April 2015 meeting. Reginald stated this grant award from the CDC is in the second year and it is a five year grant. There are 3 areas we are concentrating on:
 - **ESHE – Exemplary Sexual Health Education:** curriculum piece for all grades from 6-12 in Illinois
 - **SHS – Sexual Health Services:** collaboration between school districts and health service agencies.
 - **SSE – Safe & Supportive Environment:** working with youth who fall in special populations such as: alternative programs, incarcerated youth, homeless students, to provide support to these agencies and students. Per Dr. Clark's request, Reginald will send out an overview of what this program is all about.
 - This will be added to the agenda for April.
 - **CDC Award – Proposals that ISBE will distribute regarding specific responsibilities:**
 - Still in process of obtaining an evaluator
 - The 3 areas referenced above (ESHE, SHS, SSE) – proposal in process of being posted on ISBE website – still in process.
 - In the future, we will examine how the SHAC committee can assist in the implementation of this grant.

- **Form subcommittees to address Bills regarding health & PE education topics?**
 - Yamani Hernandez - per the “open meetings act” this would not be feasible, as determined in a prior meeting. Instead, we could set up a “google” document where all committee members could go to make their specific revisions for all to see. Each committee member will propose a draft of their own suggested changes to legislation for discussion and feedback.
 - Brian Van Mersbergen – In support of this. Each individual committee member would offer their own opinion and can address all topics they have knowledge of or expertise in.
 - Sue Ickes – Is there a way to monitor proposed Bills that affect health and physical education legislation.
 - Yamani Hernandez – Could ISBE’s policy advisor monitor policies each quarter to advise committee of what they include?
 - Reginald Patterson – Jessica Gerdes could provide relevant health education policy changes on a quarterly basis. I will discuss this with Jessica.
 - Dr. Clark – make comments on legislative rules, collect ideas and place on agenda for April meeting.
 - Yamani Hernandez – will need these by April 1 for inclusion on Agenda per the Open Meetings Act.
 - Reginald will speak with Jessica about accessing legislation and policy updates online.
 - It was suggested that Yamani Hernandez and Jessica Gerdes will collect comments by committee members using “google”. Yamani will set up and send out the “Word” document for everyone to use to submit the comments.

V. New Business/Questions

No new business/questions to report.

VI. Public Comment

There were no members of the public among the three locations on January 13, 2015.

VII. Future Meeting Scheduled:

- **Tuesday, April 14, 2015**
- 1:30 – 4:30
- Chicago, Springfield, and Normal via Video Teleconference

VIII. Adjournment

Dr. Clark made a motion to adjourn

- 1st motion: Alexandra May
- 2nd motion: Dan Harris

All in favor; meeting adjourned at 2:45 p.m.