

Critical Health Problems (CHP)
&
Comprehensive Health Education (CHE) Advisory Committee
Aka
**School Health Advisory Committee
(SHAC)**

Tuesday, April 14, 2015
2:10 – 4:30

**Illinois State Board of Education
Alzina Building
100 N First Street
3rd Floor (V-Tel)
Springfield, Illinois**

**Illinois State Board of Education
James R Thompson Center
100 West Randolph Street,
14th Floor (V-Tel)
Chicago, Illinois**

**Illinois State University Campus
Technology Development Center
301 S. Main Street
Room# 103 D
Normal, Illinois**

I. Opening Remarks:

The meeting was called to order by Dr. Jeffrey Clark at 2:25 p.m. Dr. Clark facilitated and welcomed everyone to the meeting and went over the meeting objectives. Roll call was made and quorum was established. The role of the School Health Advisory Committee is to provide advice to the Illinois State Board of Education for the implementation of the Act and to assist in developing relationships among agencies related to this Act.

II. Committee Members Present:

Chair, Dr. Jeffrey Clark, Illinois State University, Normal
Linda Kimel, Illinois Association of School Nurses, Normal
Sue Ickes, Member, United Township HS Board of Education, Normal
Alexandra Mays, Healthy Schools Campaign, Chicago Office
Brian Van Mersbergen, New Trier High School, Chicago Office
Victoria Jackson, Illinois Department of Public Health, Springfield Office
Joy Messenger, ICAH, Chicago Office – (attending for Tiffany Pryor, ICAH)
Glendean Burton, attending for Dan Harris, DHS – via Telephone

Committee Members Absent/Excused:

Brian Goodwin, Department of Children and Family Services
Dan Harris, Department of Human Services
Shaan Trotter, Northwestern University

ISBE Staff Present:

Jessica Gerdes, Chicago Office, V-Tel Room
Reginald Patterson, Chicago Office, V-Tel Room

Jackie Ruenzi, Springfield Office, V-Tel Room

III. **Approval of Agenda**

Jessica requested an addition to the agenda: “Report on School Health Legislation”. Motion was made for approval of the agenda, all in favor, agenda approved:

- 1st Motion – Sue Ickes
- 2nd Motion – Victoria Jackson

IV. **Approval of Minutes from October 2014 Meeting**

No additions or changes were made to the minutes from the January 2015 meeting. Motion was made for the approval of the minutes, all in favor, minutes approved:

- 1st Motion – Sue Ickes
- 2nd Motion – Linda Kimel

V. **Discussion Items**

- **Dr. Jeff Clark** made reference to the minutes of January regarding the “Whole Child, Whole School, and Whole Community” and the “Mapping Curriculum” documents. He asked if Jessica and Reginald had the opportunity to review. Jessica and Reginald responded that they would review and if needed would ask Dr. Clark to make the revisions and for approval to submit to the committee. Jackie will email to the committee for their review after completion of revisions, if any.
- **Advisory role to ISBE related to CDC award on Adolescent Health/HIV/STD/Teen Pregnancy Prevention Grant** – Jessica Gerdes and Reginald Patterson facilitated discussion.
 - Reginald Patterson – I don’t believe we had a clear synopsis of what that advisory was going to be. We broadened our scope in terms of looking at legislation and possible referrals. As far as the CDC health grant, the advisory role would be more of “what are the goals” and then also what our “projected outcomes” are and have further discussion on those topics. No format has been established yet for comment or advisory at this point.
 - Jessica Gerdes – For benefit of new committee members, I would like to give an update on where we are at this time. We have a grant from the CDC to reduce HIV/STD and Teen Pregnancy through education and surveillance. Surveillance is administered with the School Health Profile and the Youth Risk Behavior Survey (YRBS). The School Health Profile was administered to sample districts last year (2014) and we are preparing to mail the weighted results of the survey in Mid-May to all school districts in the state. The “weighted” results will be directed to the “Lead

Health Education Teachers” within the districts so they may see where the state sample is on school health policies and practices. The YRBS is being administered currently to selected samples in Illinois also. We have hired a contractor. However, we are having difficulty getting schools on board because of the PARCC testing and other testing issues during March. We have extended the dates during which they could administer the survey. We don’t yet have a weighted sample. We have 45% but need 60% of schools participating. Even with the \$500 incentive, they are having difficulty getting school administrators on board across the country. However, Illinois is particularly difficult. Administrators are not agreeing to allow the survey to be implemented. We may ask to have some assistance (if possible) from committee members who may know or have contact with some of the priority district administrators or district contacts to attempt getting more positive cooperation in participating. We are getting close to 2nd year of this grant. Again, we will be completing the School Health Profile Survey (2016) and also the sexual education and referral to sexual health services and provision for safe and supportive environment for students. Also policy development on state and local level.

- Reginald Patterson reviewed the 3 approaches under the CDC health grant. They are:
 - **ESHE – Exemplary Sexual Health Education:** curriculum component of comprehensive sexual education grades 6-12 in Illinois. This includes contraception and abstinence.
 - **SHS – Sexual Health Services:** collaboration between school districts and health service agencies. Working with 12 priority districts to make sure there is a connection between district and local public health organizations to provide additional support to the schools. Focus is also on alternative school students.
 - **SSE – Safe & Supportive Environment:** working with youth who fall in special populations such as: alternative programs, incarcerated youth, homeless students, to provide support to these agencies and students. We want to be sure that every student feels safe and supported based on their particular needs. This support may include clubs, counselors, and teachers who students feel safe with, confide in and knowing confidentiality will not be broken. We will be keeping the committee updated with goals and objectives and progress being made.

- Jessica Gerdes - we will be writing up some grant “request for bids” for portions of this work. We may request assistance in broadcasting this information to obtain bids on specific areas.
 - Jeffrey Clark - put together a document outlining goals and objectives and timelines, and also a report of this information so we have an idea of our role and what is needed from the advisory committee.
 - Reginald Patterson – we will provide that document at the July meeting or before the end of summer.
 - Jessica Gerdes – we might ask for help from committee to meet our 60% goal only if the contractor hired cannot meet the 60% goal. It would simply be an email from Jessica to a committee member asking if they know someone with influence within one of the priority districts who could participate and help us reach goal for the YRBS. We would like to have this completed by the end of this school year.
- Jeffrey Clark asked if there were questions/comments to Jessica and Reginald’s summary:
 - Sue Ickes – at a recent school board meeting, frustration from teachers and board members regarding the quantity of testing; March testing has been completed and now we are looking at more in May again. Frustration is very high and causes additional stress to students and teachers.
 - Linda Kimel - Stress producing problems are off the charts related to testing. We are almost doubling truancy problems, behavior problems, at school and on the buses, illness among teachers and students. School is not fun!
 - Brian Van Mersbergen – in response to Linda, are you mostly speaking of K-8 students?
 - Linda Kimel – both! I work with Preschool-6th grade students and this is area where I see the most frustration. How are we helping our kids cope with the stress?
 - Brian Van Mersbergen – Critical Health Problems and the Comprehensive Health Education Act- does not address issues with stress in schools related to testing. No mention of stress reduction; it is noticeably absent in the Act.
- **Review/Revision of School Health and Physical Education Legislation - Bill status**
 - Jessica Gerdes emailed a brief update on health legislation introduced during spring 2015 to committee shortly before

meeting. This includes Bill No., description, and Status as of April 14, 2015. There was discussion among members related to specific Bills. Discussion commenced with HB 438 regarding “administration of undesignated heroin antidote without prescription for use on particular student”.

- Jeffrey Clark – posed question to Linda Kimel regarding her thoughts of this since she is a school nurse?
- Linda Kimel – We have no problem allowing people to use it. The way we understand it is they have the option to decide whether to administer the drug, but are not required to do so. Most of the high school nurses up in the Suburban area want it. We have already had a heroin issue in Rockford this year. This medicine would be not injectable; it would be administered through the nasal tissue. The risk is minimal and benefit is profound; she feels nurses will be in favor of use.
- Jessica Gerdes – directed question to Sue Ickes - Can a school district enact a policy for undesignated heroin antidote (Narcan) without this legislation being present?
 - Sue Ickes – I suppose a school board could enact a policy they want; now whether the school's legal team would support it may be a different story. The school board can write a policy for what they want to do. However, lawyers do not want school districts to implement such a plan. Therefore, administrative team would be reluctant to administer without legal team approval. This legislation would encourage heroin antidote (Narcan) use.
- Vyki Jackson – did a survey about four years ago on heroin antidote use in schools, (before there was state law authorizing it) and there were probably forty districts already using heroin antidote or have had a stock supply available for use in past 30 years – and she knows of one school that has been using heroin antidote for 30 years.
- Linda Kimel, there will come a time when ISBE needs to develop a policy on aggregate emergency care.
- Jeffrey Clark – should we possibly develop a small subcommittee to give direction to ISBE. Do we have ISBE mandated guidelines for addressing this?
- Jessica Gerdes – ISBE and IDPH medication guidelines, updated in 2000, are located on our website at www.isbe.net.
- Jeffrey Clark – Could Linda and Sue look at current policy and possibly have feedback at our next meeting and recommendations on what our next steps could be.

- Vyki Jackson – also would be happy to assist with review of current policy.
- Jessica Gerdes - In regards to the Open Meetings Act, we may need to give notice of actions the subcommittee takes. Jessica will check with ISBE’s Ethics Officer, Marci Dutton to determine if this will be necessary.
- Jeffrey Clark – SB 1793 – development of youth suicide prevention policy, in third reading, what does this mean?
 - Jessica Gerdes – Third reading is usually the step before passage.
 - Jeffrey Clark – if I’m reading this correctly, will this Bill make school boards develop a policy as well as develop awareness and prevention programs?
 - Jessica Gerdes - Yes.
 - Jeffrey Clark – will ISBE be responsible for development of model policies?
 - Jessica Gerdes - Yes, IDPH, myself, and probably Reginald would be responsible along with Legal to develop implementation guidance. Local school boards would have to develop training and implementation as well.
 - Alexandra Mays – Was there a bill regarding certification of school nurses?
 - Jessica Gerdes - Yes, it was tabled March 19th.
 - Jeffrey Clark – There is a Federal Bill aimed at health education (Elementary and Secondary school act), that does not include health or physical education among the core subjects.
 - Alexandra Mays, Physical Education is a mandated K-12 course in Illinois. Senate may vote by Memorial Day on “Every Child Learns Act”, (i.e. No Child Left Behind).
 - Brian Van Mersbergen – requested Alexandra to forward that information to him. Then he could send along for abolition of the Bill.

V. New Business/Questions

No new business/questions to report.

VI. Public Comment

There were no members of the public among the three locations on April 14, 2015.

VII. Future Meeting Scheduled:

- **Tuesday, July 14, 2015**
- 2:00 – 4:30 (**note new time**)
- Chicago, Springfield, and Normal via Video Teleconference

VIII. Adjournment

Dr. Clark made a motion to adjourn

- 1st motion: Brian Van Mersbergen
- 2nd motion: Linda Kimel

All in favor; meeting adjourned at 3:25 p.m.